



Texas Community Health Worker Training and Certification Program

Approved Shareable CHW and Instructor Curriculum

View list of Texas CHW certified [Training Programs](#) including their contact information and location.

CHW CEUs

<u>Curriculum title</u>	<u>CEU</u>	<u>Program</u>
Family Planning Basics	2	Cardea Services
Prevention Project for Asian American Women English-Vietnamese-Korean	7	Cardea Services
Childhood Obesity	1	Lubbock Community Health Center
Developing an Effective Outreach Program - Teen Peer to Peer Education	1.25	Lubbock Community Health Center
Well-Woman Health	1.5	Harris Health System
Perinatal Mood and Anxiety Disorders	1.5	Harris Health System
Child Home Safety: Preventing Unintentional Injuries for Children in Rural Border Homes	4	Office of Border Public Health
Mother and Baby: Prenatal and Postnatal Care English-Spanish	4	Office of Border Public Health
Cervical Cancer Prevention/Detection, Treatment, Survivorship	4 each/12 total	Texas A&M Center for Community Health Development
Breast Cancer Prevention/Detection, Treatment, Survivorship	4 each/12 total	Texas A&M Center for Community Health Development
CHWs Embracing a new Approach to LGBTQ Youth	1	Texas A&M Center for Community Health Development
Connecting Children & Adolescents to Mental Health Care	1	Texas A&M Center for Community Health Development
HPV Cancer Prevention	1.25	Texas AHEC East - Piney Woods Region
Women's Health Concerns	8	UT School of Public Health
Better Together: CHWs improving the lives of pregnant women	8.5	UT School of Public Health
Better Together: Birth Defects (Part 1)	1.5	UT School of Public Health
Better Together: Part 2	1.5	UT School of Public Health
Childhood Lead Poisoning Prevention	1	UT School of Public Health
The Hidden Dangers of Household Chemicals	3	UT School of Public Health
Immunizations & Checkups for Back to School (Adopted from Harris Health)	1	UT School of Public Health
Parent Involvement in Education	2	UT School of Public Health
Ask, Advise, Refer: Free Tobacco Cessation Referral Resources	2	UT School of Public Health
Safe Kids Curriculum for Community Health Workers - with initial application	7	DSHS HSR1

<u>Curriculum title</u>	<u>CEU</u>	<u>Program</u>
Safe Sleep for Babies – A Community Training	1	DSHS HSR1
“Healthy Texas Ladies: Why and How to Talk about Preconception (All the Time)”	1.25	DSHS HSR1
“Text Me Baby! Implement Text4Baby in Your Community”	1	DSHS HSR1
Making a Difference: Engaging Youth in Health Promotion for CHWs	1.5	DSHS HSR1
Somebody's Daughter Understanding Domestic Minor Sex Trafficking	2	DSHS HSR1
Helping Pregnant Women Quit Smoking: Best Practice Interventions	1	DSHS HSR1
First Year of Life ~ Safety for Your Baby	2	DSHS HSR1
Tobacco and Youth	1	DSHS HSR1
Secondhand and Household Smoke	1	DSHS HSR1
Advocating for Science-based Immunization Policies	1	Dia de la Mujer Latina
Dispelling the Myths and Rumors of Immunization	1	Dia de la Mujer Latina
SOAR (Human Trafficking)	2	MPH Salud

1) Chronic disease and prevention

<u>Curriculum title</u>	<u>CEU</u>	<u>Program</u>
A CHW Training Resource for Preventing Heart Disease and Stroke Chapter 7 High Blood Pressure	2.5	Baylor Scott and White Health and Wellness Center
A CHW Training Resource for Preventing Heart Disease and Stroke Chapter 9 Diabetes	2.5	Baylor Scott and White Health and Wellness Center
Ask Advise Refer: Free Tobacco Cessation Resources	3.5	Community Health Training Institute Inc
Pain Management 101 Training for Promotores/CHWs	4	Dia de la Mujer Latina
CDC Road to Health Diabetes 2 Training for P/CHWs	5	Dia de la Mujer Latina
Physical Activity in Senior Adults & Cancer Survivors Training for P/CHWs	5	Dia de la Mujer Latina
Colorectal Cancer (updated curriculum shortened to 4 CEUs)	4	Dia de la Mujer Latina
Understanding Breast Cancer & Understanding Cervical Cancer (updated curriculum shortened to 4 CEUs)	4	Dia de la Mujer Latina
Ovarian Cancer	3	Dia de la Mujer Latina
Disipar los Mitos sobre los Beneficios de Salus Esenciales	2	Dia de la Mujer Latina
Understanding the Community Health Workers role in dealing with Chronic Disease and its Emotional Effects on the Patient.	1	Lubbock Community Health Center
Hypertension	5	EBS Leadership Institute/El Buen
Heart Health Day 1 and 2 - DSHS-Consultant Joan Rivers	5	EBS Leadership Institute/El Buen Samaritano Episcopal Mission
Road to Health – How to Prevent or Delay Type 2 Diabetes in your Community	8	Familias Triunfadoras
Road to Health Toolkit	8.0-10	Harris Health System
Living with Chronic Disease	1.5	Harris Health System
Meal Planning and Shopping on a Budget	1.5	Harris Health System

<u>Curriculum title</u>	<u>CEU</u>	<u>Program</u>
Thyroid Disorders	1.5	Harris Health System
Tobacco & Electronic Cigarettes: The Cycle	1.5	Office of Border Public Health
Eating Habits and Healthy Lifestyle	4	Gateway Community Health Center
Cancer Survivorship (from CHLT 1302 Wellness and Health Promotion curriculum)	5	Northwest Vista College
Introduction to Opioid Use Disorder for CHWs	1.5	South Coastal AHEC
Medication Treatment for Opioid Use Disorder for CHWs	1.5	South Coastal AHEC
Colorectal Cancer Prevention/Detection, Treatment, Survivorship Options -Self Paced - Online module (previously approved as face to face trainings)	6	Texas A&M Center for Community Health Development
Cervical Cancer Prevention/Detection, Treatment, Survivorship	4 each/12 total	Texas A&M Center for Community Health Development
Breast Cancer Prevention/Detection, Treatment, Survivorship	4 each/12 total	Texas A&M Center for Community Health Development
Ways to Prevent Falls and Related Injuries in Older Adults-- The Role of Fall Prevention	4	Texas A&M Center for Community Health Development
Learning Skills to Reduce Falls and Related Injuries	4	Texas A&M Center for Community Health Development
Healthy Community Food Systems	1	Texas A&M Center for Community Health Development
Si Yo Puedo Controlar Mi Diabetes Class Leader Training	5	Texas A&M Center for Community Health Development
Diabetes	1	Texas AHEC East - DFW Region
Helping Clients Self-Manage Chronic Disease - belongs to Coastal	1.5	Texas AHEC East - DFW Region
Understanding HIV/AIDS for Community Health Workers (Module 1)	1	Texas AHEC East - DFW Region
The HIV Care Continuum and the Role of Community Health Workers (Module 2)	1.5	Texas AHEC East - DFW Region
Skills and Resources to Enhance the CHW's Role in HIV Management (Module 3)	2	Texas AHEC East - DFW Region
HPV Cancer Prevention	1.25	Texas AHEC East - Piney Woods Region
For Our Children: HPV Vaccine and Cancer Prevention	4	UT School of Public Health
Project ECHO Opioid Addiction Treatment Intro for CHWs	2	South Coastal AHEC
Understanding the Basics of Liver Cirrhosis	2	South Coastal AHEC
Your Health Matters: Nutritious Eating (University of Texas Community Outreach Program curriculum for CHW continuing education)	6	UT School of Public Health
Overview of Heart Disease & Related Factors	1.5	UT School of Public Health
Understanding Proper Blood Pressure Management	1	UT School of Public Health
Understanding Stroke	1	UT School of Public Health
Your Health Matters: Fitness for Life (Shared curriculum with GTC for CHW continuing education)	6	UT School of Public Health

<u>Curriculum title</u>	<u>CEU</u>	<u>Program</u>
Understanding cardiovascular disease and stroke	1	UT School of Public Health
Asthma	2	UT School of Public Health
Your Health Matters: Growing Active Communities	9.0-12	UT School of Public Health
Healthy Community Food Systems	1	UT School of Public Health
Palliative Care for CHWs	3	UT School of Public Health
Managing Diabetes	3	UT School of Public Health
Nutrition and Diabetes	2	UT School of Public Health
Immunizations and the Anti Immunization Movement - CHW CE only	1	UT School of Public Health
Understanding Diabetes	3	UT School of Public Health
Helping your Patients live with Diabetes	5	UT School of Public Health
Digging Deeper to equip CHWs in Diabetes	12	UT School of Public Health
From Nutrition...to Intuition for Community Health Workers	3	DSHS HSR1
Nutrition in Preparedness...surviving or thriving for Community Health Workers	3	DSHS HSR1
Food Safety for Farmworker Families	1	DSHS HSR1
Folk Medicine & Home Remedies in Diverse Cultures	1.5	DSHS HSR1
Electronic Cigarettes: Facts & Myths	1	DSHS HSR1
Save Your Budget & Your Health!	1	DSHS HSR1

• **3) Infectious Disease**

<u>Curriculum Title</u>	<u>CEU</u>	<u>Program</u>
Tuberculosis (TB) and Pneumonia	1.5	Harris Health System
Dengue Workshop on Disease Prevention and Identification for Promotoras and Health Professionals in South Texas	6	Texas AHEC South-South Coastal
Immunizations and the Anti Immunization Movement - CHW CE only	1	UT School of Public Health
Hepatitis C Overview	1	UT School of Public Health
Zika Awareness Prevention ZAP	3	South Texas Promotora Association
Dispelling the Myths and Rumors of ZIKA	3	<i>Dia de la Muier Latina</i>
Zika	5	Office of Border Public Health
Chagas Disease Workshop	4	Office of Border Public Health
COVID-19 Basic Contact Tracing – General	4	Office of Border Public Health
Together in the Fight Against Tuberculosis English-Spanish	8	Office of Border Public Health
COVID-19 and Diabetes: What We Need to Know	3	South Coastal AHEC
COVID-19: Clinical Trials 101	2.5	University of North Texas Health Science Center – Fort Worth
Covid-19: Vaccines 101	4	University of North Texas Health Science Center – Fort Worth

4) Mental and behavioral health

<u>Curriculum Title</u>	<u>CEU</u>	<u>Program</u>
Advocating for Victims of Domestic Violence in the Latina	3	Familias Triunfadoras
Mental Health & Chronic Illness: Supporting Individuals &	3	Harris Health System
Managing Emotions During Holidays	2	Gateway Community Health Center
Depression, Causes, Effects, Treatment, and Prevention (from CHLT 1302 Wellness and Health Promotion	5	Northwest Vista College
Behavioral Theories to Influence Change in Clients and Patients (from CHLT 1340, Community Health Field	5	Northwest Vista College
Co-occurring Substance Use and Behavioral Health Disorders for CHWs	1.5	South Coastal AHEC
Crisis Intervention	1.5	South Coastal AHEC
Harm Reduction and Overdose Prevention for CHWs	1.5	South Coastal AHEC
Mental Health in the Face of COVID-19: Building Strength During Uncertain Times	3	South Coastal AHEC
CHWs Emotional & Social Wellness	2	Texas AHEC East DFW Region
Understanding Stress & Burn Out	1	Texas AHEC East DFW Region
Connecting Children & Adolescents to Mental Health Care	1	Texas A&M Center for Community Health Development
Introduction to Mental Health	1	Texas A&M Center for Community Health Development
Mental Health First Aid (for CHWs and instructors	12	UT School of Public Health
Mental Health 101	6.5	UT School of Public Health
Mental Health Crisis Management for Community Health Workers	3	UT School of Public Health
Behavioral Health Resources	1.5	UT School of Public Health
Cuidado Informado por Trauma (Trauma Informed Care) English-Spanish	1	UT School of Public Health
Good Medicine: Stress Prevention & Reduction for Health	1	DSHS HSR1
Somebody's Daughter Understanding Domestic Minor Sex	2	DSHS HSR1

5) Oral health

<u>Curriculum Title</u>	<u>CEU</u>	<u>Program</u>
Oral Health	2	Gateway to Care

6) Other

<u>Curriculum Title</u>	<u>CEU</u>	<u>Program</u>
Using a Trauma Informed Approach with Border	1	Cardea Services
Incident Command System, Interactive Refresher & Table-top	2	Office of Border Public Health
Community Preparedness: Implementing Simple Activities for	8	Dia de la Mujer Latina
Advocacy	1	Dia de la Mujer Latina
Social Determinants of Health	2	Dia de la Mujer Latina
The Art of Patient Navigation	2	Dia de la Mujer Latina
Clinical Trials 101 – English/Spanish	3	Dia de la Mujer Latina
Advocacy for Social Change - Session 1 and Session 2	6	Familias Triunfadoras
A Las Mujeres Les Duele	2	Familias Triunfadoras
Water is Life	2	Familias Triunfadoras
Online Organizational Tools	1.5	Harris Health System
Salud Para Todos	5	MPH Salud
Unnatural Causes - Inequality is Making Us Sick (from CHLT 1340, Community Health Advocacy	5	Northwest Vista College
Adult Learning Characteristics	5	Northwest Vista College
From Confusion to Compliance: Assessing Systemic Health Literacy to Change the Conversation	2	Northwest Vista College
Cultural Competency (from CHLT 1301 Introduction to Community Health curriculum)	5	Northwest Vista College
Suicide Prevention-Spanish	3	South Coastal AHEC
Ethics and Boundaries for CHWs	1.5	South Coastal AHEC
CHWs Health Coaching for CHWs	1.5	South Coastal AHEC
Social Determinants of Health for CHWs	1.5	South Coastal AHEC
Stigma and the use of Language for CHWs	1.5	South Coastal AHEC
Your New Role and Provider Support for CHWs	1.5	South Coastal AHEC
Healthy South Texas Overview	1	Texas A&M Center for Community Health Development
Effective Communication for CHWs	1.5	Texas AHEC East - DFW Region
Positive Engagement with Limited English Proficient Patients in Health Care	8	Texas AHEC East - DFW Region
Creating Community Connections	2	Texas AHEC East - DFW Region
Census 2020: Ensuring a Full Count of Texas in 2020	2	Texas AHEC East - DFW Region
How to Thrive While Working Remotely	1	Texas AHEC East - DFW Region
Learning How to Be a Community Leader	1	Texas AHEC East - DFW Region
Understanding Stress and Burnout	1	Texas AHEC East - DFW Region
Health Literacy & Technology	3	Texas AHEC East - Greater Houston
Grant writing 101: Do's, Don'ts, Getting it Done	1.5	West Texas AHEC
CHWs Key to Reduction of Health Disparities in Rural and Underserved Communities.	1	Texas AHEC East – Piney Woods Region

<u>Curriculum Title</u>	<u>CEU</u>	<u>Program</u>
Guiding Principles for Ethics & Counseling	3	UT School of Public Health
UTSPH – Intro to the Health Insurance Marketplace in Texas for Community Health Workers Curriculum	2	UT School of Public Health
Social Justice	1	UT School of Public Health
Motivational Interviewing	7	UT School of Public Health
Professional Associations	1	UT School of Public Health
Poverty, Social Justice and Well being	1.5	UT School of Public Health
Phone & Email Etiquette	1	UT School of Public Health
Cultural Competency	2	UT School of Public Health
Patient Centered Medical Home	3	UT School of Public Health
Telemedicine 1-5 - Spanish	5	UT School of Public Health
Health Literacy 101	2.5	University of North Texas Health Science Center – Fort Worth
Preparedness, Are You Ready?	2	UT School of Public Health
Injury and Fall Prevention	2	UT School of Public Health
CHWs: A Model for Advancing the Profession	1	UT School of Public Health
Insurance 101	5	Texas AHEC East Coastal Region
Family Emergency Preparedness - Texas A&M SRPH - Office of Special Programs curricula	3	DSHS HSR1
Advocate for Your Cause	1.5	DSHS HSR1
FRESCO Training	1	DSHS HSR1
CHWs, Texas and Beyond	1	DSHS HSR1
Telemedicine and CHWs	2	West Texas AHEC
Finanzas, El Estrés y Tu Salud/Financial Stress and Your Health	2	El Buen Samaritano
El Promotor de Salud y La Ley de Cuidado de Salud a Bajo Costo/ The Community Health Worker and the	6	MHP Salud

Instructor CEUs

Curriculum Title	CEU	Program
A CHW Training Resource for Preventing Heart Disease and Stroke Chapter 7 High Blood Pressure	2.5	Baylor Scott and White Health and Wellness Center
A CHW Training Resource for Preventing Heart Disease and Stroke Chapter 9 Diabetes	2.5	Baylor Scott and White Health and Wellness Center
Prevention Project for Asian American Women English-Vietnamese-Korean	7	Cardea Services
Diabetes (Online)		Dia de la Mujer Latina
CDC Community Emergency Response Training (CERT) for Instructors of P/CHWs	18	Dia de la Mujer Latina
Hepatitis C y Otras Enfermedades Infecciosas en Comunidades Hispanas y Latinas: Curso Introductorio para Promotores de Salud	6	Dia de la Mujer Latina
Child Home Safety: Preventing Unintentional Injuries for Children in Rural Border Homes	4	Office of Border Public Health
Mother and Baby: Prenatal and Postnatal Care English-Spanish	4	Office of Border Public Health
Tobacco & Electronic Cigarettes: The Cycle	1.5	Office of Border Public Health
Together in the Fight Against Tuberculosis English-Spanish	8	Office of Border Public Health
Falls Prevention for the Elderly	5	Texas A&M Center for Community Health Development
Tobacco Cessation for CHW Instructors	1	Texas A&M Center for Community Health Development
Coordinating Food & Physical Activity Related Services	4	Texas A&M Center for Community Health Development
HidalGo Fit: Healthy Habits for Life	2.5	Texas A&M Center for Community Health Development
Message Tailoring	2.5-5	Texas A&M Center for Community Health Development
Training CHW Instructors to Deliver the NCHWTC CHW Cancer Education & Navigation Curriculum	5	Texas A&M Center for Community Health Development
Your Health Matters: Nutritious Eating (University of Texas Community Outreach Program curriculum for CHW	10.5	UT School of Public Health
Your Health Matters: Fitness for Life (Co-sponsored with Gateway to Care)	6.5	UT School of Public Health
Motivational Interviewing for instructors	9	UT School of Public Health
Telemedicine 1-5 - Spanish	5	UT School of Public Health
Covid-19: Vaccines 101	4	University of North Texas Health Science Center – Fort Worth
Health Literacy 101	2.5	University of North Texas Health Science Center – Fort Worth
Pre-Existing Condition Insurance Plan	4	Texas AHEC East Coastal Region
Patient Protection & Affordable Care Act	4	Texas AHEC East Coastal Region
Insurance 101	5	Texas AHEC East Coastal Region
Creating Community Connections	2	Texas AHEC East - DFW Region

How to Thrive While Working Remotely	1	Texas AHEC East - DFW Region
Learning How to Be a Community Leader	1	Texas AHEC East - DFW Region
Understanding Stress and Burnout	1	Texas AHEC East - DFW Region
Dispelling the Myths and Rumors of ZIKA	3	Dia de la Mujer Latina
Motivational Interviewing in Health Care for CHW	2.5	West Texas AHEC

