



UTMB/CMC
HIV
DISCHARGE
PLANNING



UTMB/CMC HIV
DISCHARGE PLANNING
STAFF

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Director of Virology Department
and

UTMB/CMC HIV Discharge Planning

JAN JOHNS

Coordinator II

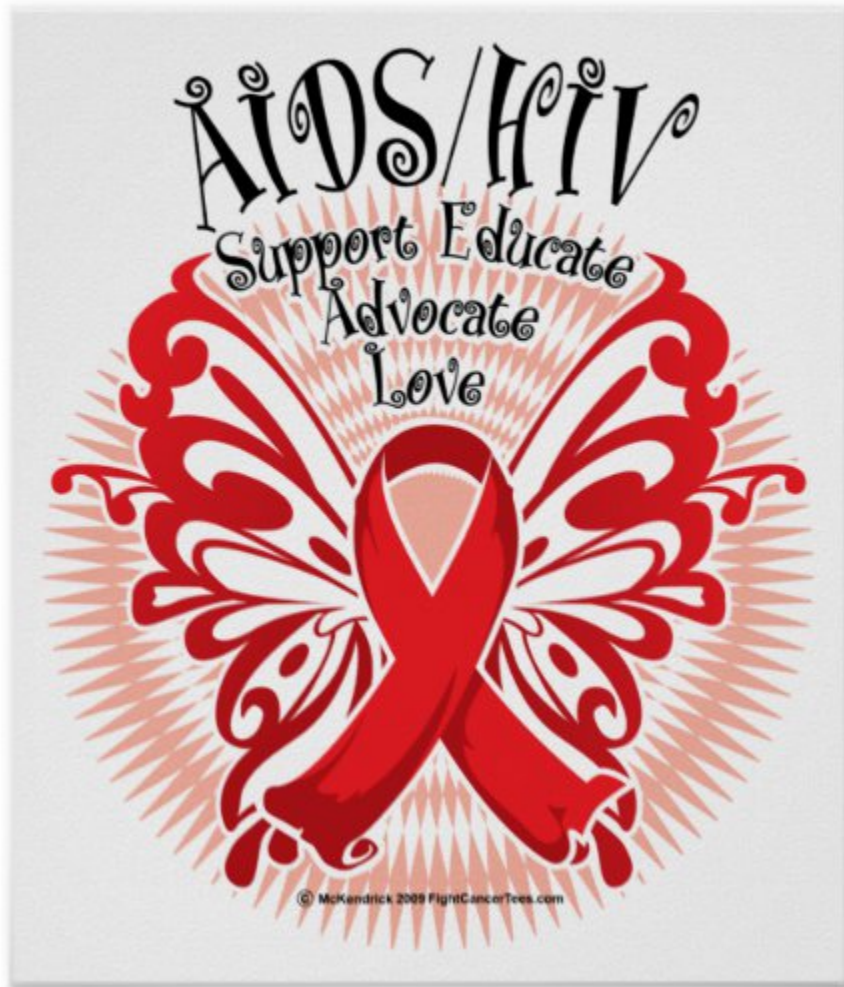
ASHLEE HALL

HIV Discharge Planner

Marie Shaffner

HIV Discharge Planner

UTMB/CMC DISCHARGE PLANNERS' MISSION STATEMENT



SERVICES WE PROVIDE

HIV MEDICATION CERTIFICATION FORM

- Requested by TCOOMMI weekly for Information and Registration.
- Filled out by UTMB/CMC staff and signed by Dr. Mekala
- Send List to DSHS to register in ARIES for UTMB and TDC
- Send signed copies to TCOOMMI
- Register clients in ARIES for UTMB and TDC
- UTMB/CMC reviews Med Cert Form with the patient during their sessions.

SERVICES WE PROVIDE

EDUCATION

- HIV disease process, including the importance of knowing and comprehending your VL and CD4 count.
- HIV routes of transmission
- Anti-Retroviral Medications, including possible side effects and the special handling as needed.
- Impact of medication compliance on the HIV disease process including development of resistance, mutations, and treatment as Prevention (TasP)

EDUCATION CONTINUED

- PrEP for your partner
- HIV: The goal of UNDETECTABLE



- Healthy Habits to prevent Comorbidities
 - Diabetes Mellitus
 - Osteoporosis
 - Cardiac complications



SERVICES WE PROVIDE

RECOGNIZING AND REDUCING RISKY BEHAVIOR

- Assess Risk Profile of patient
- History of STIs.
- Substance abuse /Alcoholism
- History Of Unprotected sex with Multiple sexual partners

SERVICES WE PROVIDE

REINFORCE POSITIVE BEHAVIER

- Create a Risk-Reduction Plan including:
- Give information about mental health support groups, substance abuse rehabs, meetings, and/or other community resources
- The ABC Strategy of Prevention:
 - Abstinence
 - Being faithful to one partner
 - Condom use

