

**TEXAS**

**2020 School Health Profiles Report  
Weighted Lead Health Education Teacher Survey Results**

1. Percentage of schools in which students take the following number of required health education courses in grades 6 through 12.

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval	
		Interval	N		Interval	N		Interval	N		Interval	N
a. 0 courses	23.5	17.5 - 30.9	130	33.8	27.6 - 40.6	172	36.3	24.8 - 49.5	39	30.1	25.8 - 34.7	341
b. 1 course	58.5	50.6 - 66.0	130	40.7	33.8 - 47.9	172	51.0	36.5 - 65.4	39	48.7	43.8 - 53.7	341
c. 2 courses	12.8	8.4 - 19.0	130	15.1	10.8 - 20.8	172	2.5	0.4 - 14.8	39	12.8	9.9 - 16.5	341
d. 3 courses	0.7	0.1 - 4.3	130	5.8	3.2 - 10.2	172	2.5	0.4 - 14.8	39	3.4	2.0 - 5.8	341
e. 4 or more courses	4.5	2.1 - 9.4	130	4.7	2.4 - 8.8	172	7.6	2.6 - 20.8	39	4.9	3.1 - 7.6	341

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1N. Percentage of all schools that require students to take two or more health education courses.

<b>High Schools</b>			<b>Middle Schools</b>			<b>Junior/Senior High Schools</b>			<b>All Schools</b>		
95% Confidence			95% Confidence			95% Confidence			95% Confidence		
Percent	Interval	N	Percent	Interval	N	Percent	Interval	N	Percent	Interval	N
18.0	12.7 - 24.9	130	25.5	20.1 - 31.9	172	12.7	5.4 - 27.3	39	21.2	17.5 - 25.5	341

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2. Percentage of schools that taught a required health education course in each of the following grades.\*

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N
a. Sixth grade	§	§	§	30.7	23.2 - 39.3	114	34.8	19.8 - 53.6	23	31.3	24.5 - 39.1	137
b. Seventh grade	§	§	§	31.1	24.2 - 38.9	135	34.4	19.9 - 52.5	32	31.7	25.3 - 38.8	167
c. Eighth grade	§	§	§	36.2	28.8 - 44.4	135	34.1	19.9 - 51.9	32	35.8	29.1 - 43.2	167
d. Ninth grade	61.8	52.7 - 70.1	106	-	-	2	39.1	25.9 - 54.2	33	56.6	49.0 - 64.0	141
e. Tenth grade	43.4	34.0 - 53.2	102	§	§	§	31.0	16.6 - 50.4	32	40.6	32.4 - 49.3	134
f. Eleventh grade	43.3	33.9 - 53.3	98	§	§	§	24.8	12.6 - 43.1	32	39.1	31.0 - 47.7	130
g. Twelfth grade	42.2	32.5 - 52.4	98	§	§	§	24.8	12.6 - 43.1	32	38.2	30.0 - 47.0	130

\*Among schools with students in that grade.

- Results are suppressed due to insufficient number of respondents in subgroup.

§ Grade is not applicable for type of school.

N = Unweighted number of observations

## TEXAS

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3. Percentage of schools that require students who fail a required health education course to repeat it.\*

High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
95% Confidence Interval			95% Confidence Interval			95% Confidence Interval			95% Confidence Interval		
Percent	Interval	N	Percent	Interval	N	Percent	Interval	N	Percent	Interval	N
89.1	81.3 - 94.0	90	49.5	41.2 - 57.7	101	56.5	41.2 - 70.7	23	67.3	62.1 - 72.2	214

\*Among schools in which students take one or more required health education courses in any of grades 6 through 12.  
N = Unweighted number of observations

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4. Percentage of schools in which those who teach health education are provided with each of the following materials.\*

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval	
		Interval	N		Interval	N		Interval	N		Interval	N
a. Goals, objectives, and expected outcomes for health education	92.9	87.4 - 96.1	106	89.3	82.5 - 93.7	122	77.5	61.3 - 88.2	22	89.9	86.0 - 92.8	250
b. A chart describing the annual scope and sequence of instruction for health education	79.0	71.3 - 85.0	107	74.5	66.1 - 81.4	122	73.0	56.0 - 85.2	22	76.4	71.1 - 80.9	251
c. Plans for how to assess student performance in health education	82.7	75.3 - 88.3	107	71.3	62.3 - 78.9	122	68.5	49.7 - 82.7	22	76.1	70.6 - 80.8	251
d. A written health education curriculum	80.0	71.6 - 86.4	107	78.7	70.9 - 84.8	122	55.0	35.7 - 73.0	22	77.3	72.0 - 81.8	251

\*Among schools that teach health education. Respondents that answered “NA” are excluded.  
 N = Unweighted number of observations

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5. Percentage of schools in which the health education curriculum addresses each of the following skills.

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval	
		N			N			N			N	
a. Comprehending concepts related to health promotion and disease prevention to enhance health	84.2	77.2 - 89.3	124	69.9	63.0 - 75.9	166	59.1	43.1 - 73.4	34	74.4	69.9 - 78.5	324
b. Analyzing the influence of family, peers, culture, media, technology, and other factors on health behaviors	82.1	74.8 - 87.7	124	68.6	61.6 - 74.9	166	59.1	43.1 - 73.4	34	73.0	68.3 - 77.3	324
c. Accessing valid information and products and services to enhance health	80.0	72.8 - 85.8	124	62.0	54.8 - 68.8	166	59.1	43.1 - 73.4	34	68.8	64.0 - 73.3	324
d. Using interpersonal communication skills to enhance health and avoid or reduce health risks	80.8	73.1 - 86.7	124	70.3	63.3 - 76.4	165	62.0	45.8 - 75.9	34	73.6	68.8 - 77.9	323
e. Using decision-making skills to enhance health	83.3	76.1 - 88.6	124	70.5	63.7 - 76.4	166	59.1	43.1 - 73.4	34	74.4	69.8 - 78.5	324
f. Using goal-setting skills to enhance health	81.9	74.5 - 87.5	124	69.7	62.9 - 75.7	165	59.1	43.1 - 73.4	34	73.5	68.8 - 77.7	323
g. Practicing health-enhancing behaviors to avoid or reduce risks	83.1	76.0 - 88.5	123	70.5	63.5 - 76.6	166	62.0	45.8 - 75.9	34	74.6	69.9 - 78.7	323
h. Advocating for personal, family, and community health	80.8	73.2 - 86.6	123	68.6	61.7 - 74.8	166	62.0	45.8 - 75.9	34	72.7	68.0 - 77.0	323

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6. Percentage of schools in which those who teach sexual health education are provided with each of the following materials.\*

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval	
		N	Interval		N	Interval		N	Interval		N	Interval
a. An approved health education scope and sequence that includes learning objectives, outcomes, and content to guide sexual health education instruction	80.8	71.7 - 87.5	89	81.7	74.3 - 87.3	120	74.2	53.0 - 88.0	23	80.6	75.3 - 85.0	232
b. A written health education curriculum that includes objectives and content addressing sexual health education	80.6	71.1 - 87.5	89	80.8	73.4 - 86.5	120	71.1	50.9 - 85.4	24	79.8	74.4 - 84.3	233
c. Teacher pacing guides for sexual health education (i.e., schedules that regulate a teacher's pace of the unit or curriculum)	73.8	64.5 - 81.4	89	72.6	64.4 - 79.6	121	61.3	43.7 - 76.4	23	72.0	66.3 - 77.1	233
d. Teaching resources (e.g., lesson plans, handouts) to support sexual health education instruction	80.3	71.8 - 86.8	89	77.6	69.6 - 84.0	121	75.2	55.9 - 87.9	24	78.5	73.0 - 83.0	234
e. Strategies that are age-appropriate, relevant, and actively engage students in learning	82.9	73.8 - 89.2	89	81.0	73.3 - 86.8	121	82.8	63.8 - 92.9	23	81.9	76.6 - 86.2	233
f. Methods to assess student knowledge and skills related to sexual health education	74.9	65.1 - 82.6	89	73.5	65.4 - 80.3	121	71.1	55.3 - 83.1	24	73.8	68.2 - 78.8	234

\*Among schools that teach sexual health education.  
N = Unweighted number of observations

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7. Percentage of schools that provide curricula or supplementary materials that include HIV, STD, or pregnancy prevention information that is relevant to lesbian, gay, bisexual, transgender, and questioning youth.

<b>High Schools</b>			<b>Middle Schools</b>			<b>Junior/Senior High Schools</b>			<b>All Schools</b>		
95% Confidence			95% Confidence			95% Confidence			95% Confidence		
Percent	Interval	N	Percent	Interval	N	Percent	Interval	N	Percent	Interval	N
37.7	30.0 - 46.2	122	34.0	27.5 - 41.2	170	28.8	16.4 - 45.5	31	35.0	30.2 - 40.1	323



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8. Percentage of schools in which health education instruction is required for students in any of grades 6 through 12.

<b>High Schools</b>			<b>Middle Schools</b>			<b>Junior/Senior High Schools</b>			<b>All Schools</b>		
95% Confidence Interval			95% Confidence Interval			95% Confidence Interval			95% Confidence Interval		
Percent	Interval	N	Percent	Interval	N	Percent	Interval	N	Percent	Interval	N
78.4	71.2 - 84.2	114	67.5	60.2 - 74.0	145	66.9	48.8 - 81.2	30	71.9	67.0 - 76.3	289

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9. Percentage of schools in which teachers tried to increase student knowledge on each of the following topics in a required course in any of grades 6 through 12 during the current school year.

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval	
		N			N			N			N	
a. Alcohol- or other drug-use prevention	88.5	81.4 - 93.0	118	84.8	78.9 - 89.2	164	90.7	82.9 - 95.1	32	86.8	82.9 - 89.9	314
b. Asthma	60.9	52.5 - 68.7	120	55.3	48.4 - 62.1	168	55.9	39.8 - 70.8	32	57.5	52.5 - 62.4	320
c. Chronic disease prevention (e.g., diabetes, obesity prevention)	79.6	72.1 - 85.4	120	68.0	61.1 - 74.2	169	69.0	54.4 - 80.6	32	72.5	67.8 - 76.8	321
d. Emotional and mental health	87.6	81.6 - 91.8	121	82.2	76.3 - 86.9	169	75.2	59.7 - 86.1	32	83.6	79.7 - 86.9	322
e. Epilepsy or seizure disorder	62.1	53.1 - 70.3	121	41.3	34.5 - 48.5	167	43.4	29.5 - 58.5	32	49.6	44.4 - 54.7	320
f. Food allergies	67.1	58.9 - 74.5	121	62.0	54.7 - 68.8	166	58.9	40.5 - 75.2	32	63.7	58.5 - 68.6	319
g. Foodborne illness prevention	73.1	65.0 - 79.9	122	55.6	48.4 - 62.6	167	65.9	49.5 - 79.2	32	63.4	58.3 - 68.2	321
h. Human immunodeficiency virus (HIV) prevention	75.4	67.9 - 81.6	120	57.9	50.5 - 65.0	157	71.6	55.1 - 83.9	28	66.2	61.2 - 70.8	305
i. Human sexuality	66.7	58.3 - 74.2	119	56.6	49.8 - 63.2	159	57.5	39.9 - 73.3	28	60.7	55.6 - 65.5	306

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9. Percentage of schools in which teachers tried to increase student knowledge on each of the following topics in a required course in any of grades 6 through 12 during the current school year.

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N
j. Infectious disease prevention (e.g., influenza [flu] prevention)	77.9	70.6 - 83.7	121	68.8	62.1 - 74.8	167	75.2	60.5 - 85.7	32	72.9	68.3 - 77.1	320
k. Injury prevention and safety	88.0	81.0 - 92.6	121	78.2	71.5 - 83.7	170	74.5	59.3 - 85.3	32	81.6	77.2 - 85.3	323
l. Nutrition and dietary behavior	94.4	89.1 - 97.2	116	86.6	80.6 - 90.9	150	83.5	70.5 - 91.4	30	89.4	85.8 - 92.2	296
m. Physical activity and fitness	95.8	90.6 - 98.2	116	96.3	92.1 - 98.3	160	96.8	82.6 - 99.5	31	96.1	93.4 - 97.7	307
n. Pregnancy prevention	76.8	69.1 - 83.0	119	62.2	54.5 - 69.4	159	64.6	47.1 - 78.9	28	68.2	63.0 - 73.0	306
o. Sexually transmitted disease (STD) prevention	78.1	70.3 - 84.4	120	65.4	57.9 - 72.2	159	64.6	47.1 - 78.9	28	70.4	65.3 - 75.0	307
p. Suicide prevention	85.0	78.6 - 89.7	122	71.8	65.0 - 77.7	167	72.1	55.7 - 84.1	32	77.0	72.5 - 80.9	321
q. Tobacco-use prevention	87.5	80.2 - 92.3	118	81.6	75.6 - 86.3	163	81.4	68.4 - 89.9	32	83.8	79.7 - 87.2	313
r. Violence prevention (e.g., bullying, fighting, dating violence prevention)	89.1	83.0 - 93.2	121	81.6	75.6 - 86.4	169	81.4	68.4 - 89.9	32	84.5	80.6 - 87.7	322

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10. Percentage of schools in which teachers taught each of the following tobacco-use prevention topics in a required course for students in any of grades 6 through 12 during the current school year.

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval	
		N			N			N			N	
a. Identifying tobacco products and the harmful substances they contain	84.5	76.9 - 89.9	114	73.8	67.1 - 79.6	157	68.0	51.0 - 81.2	31	77.4	72.7 - 81.5	302
b. Identifying short- and long-term health consequences of tobacco product use	83.8	76.1 - 89.3	114	73.3	66.3 - 79.3	158	68.0	51.0 - 81.2	31	76.8	72.1 - 81.0	303
c. Identifying social, economic, and cosmetic consequences of tobacco product use	78.6	71.0 - 84.7	115	68.9	61.8 - 75.3	158	68.0	51.0 - 81.2	31	72.6	67.7 - 77.0	304
d. Understanding the addictive nature of nicotine	84.5	77.0 - 89.9	114	69.4	62.1 - 75.8	157	68.0	51.0 - 81.2	31	75.1	70.2 - 79.4	302
e. Effects of nicotine on the adolescent brain	79.8	71.8 - 85.9	115	69.3	62.0 - 75.8	157	64.8	47.9 - 78.6	31	73.0	67.9 - 77.5	303
f. Effects of tobacco product use on athletic performance	79.6	71.5 - 85.8	115	70.6	63.4 - 77.0	157	60.8	44.4 - 75.1	31	73.2	68.2 - 77.6	303
g. Effects of second-hand smoke and benefits of a smoke-free environment	80.0	72.4 - 85.8	115	70.6	63.4 - 77.0	157	64.0	46.1 - 78.8	31	73.6	68.7 - 78.0	303
h. Understanding the social influences on tobacco product use, including media, family, peers, and culture	78.1	70.3 - 84.3	115	70.8	63.8 - 77.0	158	64.8	47.9 - 78.6	31	73.0	68.2 - 77.4	304
i. Identifying reasons why students do and do not use tobacco products	78.0	70.3 - 84.2	115	71.5	64.5 - 77.6	155	61.6	46.4 - 74.8	31	73.1	68.3 - 77.4	301
j. Making accurate assessments of how many peers use tobacco products	65.0	56.5 - 72.6	115	59.8	52.7 - 66.5	157	55.2	41.8 - 67.9	31	61.4	56.3 - 66.2	303

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10. Percentage of schools in which teachers taught each of the following tobacco-use prevention topics in a required course for students in any of grades 6 through 12 during the current school year.

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval	
		N			N			N			N	
k. Using interpersonal communication skills to avoid tobacco product use (e.g., refusal skills, assertiveness)	79.4	72.0 - 85.2	114	68.9	61.7 - 75.4	155	61.6	46.4 - 74.8	31	72.3	67.5 - 76.7	300
l. Using goal-setting and decision-making skills related to not using tobacco products	77.6	69.9 - 83.8	113	65.9	58.9 - 72.4	156	58.4	42.4 - 72.8	31	69.7	64.8 - 74.2	300
m. Finding valid information and services related to tobacco-use prevention and cessation	72.4	63.5 - 79.8	113	59.7	52.2 - 66.7	159	51.2	34.7 - 67.4	31	63.7	58.3 - 68.8	303
n. Supporting others who abstain from or want to quit using tobacco products	72.8	64.1 - 80.0	115	63.8	56.9 - 70.3	158	54.4	37.6 - 70.3	31	66.4	61.3 - 71.2	304
o. Identifying harmful effects of tobacco product use on fetal development	77.6	69.7 - 83.9	113	65.3	57.8 - 72.2	156	61.6	46.4 - 74.8	31	69.7	64.7 - 74.3	300
p. Relationship between using tobacco products and alcohol or other drugs	80.8	72.8 - 86.9	113	70.2	62.8 - 76.6	158	61.6	46.4 - 74.8	31	73.4	68.4 - 77.9	302
q. How addiction to tobacco products can be treated	75.6	66.8 - 82.7	112	63.2	55.6 - 70.2	158	55.2	39.4 - 69.9	31	67.2	61.8 - 72.1	301
r. Understanding school policies and community laws related to the sale and use of tobacco products	78.7	70.6 - 85.1	114	70.4	63.5 - 76.5	159	68.0	51.0 - 81.2	31	73.4	68.5 - 77.7	304
s. Benefits of tobacco product cessation programs	63.2	54.4 - 71.2	116	53.1	45.4 - 60.6	158	46.3	31.7 - 61.5	30	56.4	51.0 - 61.7	304

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10N. Percentage of schools that taught all 19 tobacco-use prevention topics during the current school year.\*

High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N
55.5	46.9 - 63.8	116	43.1	35.8 - 50.6	160	39.7	25.8 - 55.4	30	47.6	42.3 - 52.9	306

\*Responses to question 10 a through s all are "yes."  
N = Unweighted number of observations

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11. Percentage of schools in which teachers taught about the following tobacco products in a required course for students in any of grades 6 through 12 during the current school year.

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval	
		N	Interval		N	Interval		N	Interval		N	Interval
a. Cigarettes	84.3	76.9 - 89.7	117	70.2	62.9 - 76.6	158	71.2	54.3 - 83.7	31	75.8	71.0 - 80.1	306
b. Smokeless tobacco (e.g., chewing tobacco, snuff, dip, snus, dissolvable tobacco)	83.4	75.7 - 89.0	117	68.1	61.0 - 74.5	157	71.2	54.3 - 83.7	31	74.4	69.6 - 78.7	305
c. Cigars, little cigars, or cigarillos	70.2	61.7 - 77.5	117	58.9	51.2 - 66.2	156	55.2	40.7 - 68.9	31	63.0	57.7 - 68.0	304
d. Pipes	67.6	58.5 - 75.4	115	54.4	47.1 - 61.6	156	55.2	40.7 - 68.9	31	59.6	54.3 - 64.7	302
e. Electronic vapor products (e.g., e-cigarettes, vapes, vape pens, e-hookahs, mods, or brands such as JUUL)	79.9	73.4 - 85.2	117	71.3	64.0 - 77.6	157	71.2	55.1 - 83.3	31	74.7	70.0 - 78.8	305

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12. Percentage of schools in which teachers taught each of the following alcohol- and other drug-use prevention topics in a required course for students in any of grades 6 through 12 during the current school year.

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N
a. Differences between proper use and abuse of over-the-counter medicines and prescription medicines	75.2	68.0 - 81.2	114	64.0	56.7 - 70.8	156	68.0	52.8 - 80.1	31	68.8	63.9 - 73.2	301
b. Harmful short- and long-term physical, psychological, and social effects of using alcohol and other drugs	83.0	75.2 - 88.7	114	66.8	59.2 - 73.6	154	77.6	61.9 - 88.0	31	74.2	69.2 - 78.7	299
c. Situations that lead to the use of alcohol and other drugs	80.4	72.5 - 86.5	114	67.1	59.5 - 73.8	155	71.2	54.2 - 83.7	31	72.7	67.6 - 77.3	300
d. Alcohol and other drug use as an unhealthy way to manage weight	68.4	59.5 - 76.1	115	60.2	52.9 - 67.1	156	54.4	38.7 - 69.3	31	62.8	57.5 - 67.8	302
e. Identifying reasons why individuals choose to use or not to use alcohol and other drugs	81.2	73.4 - 87.1	114	66.2	58.5 - 73.1	154	68.0	52.0 - 80.6	31	72.2	67.1 - 76.8	299
f. Using interpersonal communication skills to avoid alcohol and other drug use (e.g., refusal skills, assertiveness)	80.4	72.8 - 86.3	114	69.9	62.3 - 76.5	153	71.2	56.3 - 82.5	31	74.1	69.2 - 78.5	298
g. Supporting others who abstain from or want to quit using alcohol and other drugs	79.5	71.7 - 85.6	113	61.6	54.3 - 68.5	154	68.0	52.8 - 80.1	31	69.2	64.2 - 73.8	298



**TEXAS**

**2020 School Health Profiles Report  
Weighted Lead Health Education Teacher Survey Results**

12. Percentage of schools in which teachers taught each of the following alcohol- and other drug-use prevention topics in a required course for students in any of grades 6 through 12 during the current school year.

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence		Percent	95% Confidence		Percent	95% Confidence		Percent	95% Confidence	
		Interval	N		Interval	N		Interval	N		Interval	N
h. Understanding the social influences on alcohol and other drug use, including media, family, peers, and culture	81.2	73.4 - 87.1	114	69.9	62.3 - 76.5	153	68.0	51.0 - 81.2	31	74.1	69.1 - 78.6	298
i. How to persuade and support others to be alcohol and other drug free	78.7	70.7 - 84.9	114	67.7	60.4 - 74.2	152	68.0	51.0 - 81.2	31	72.1	67.0 - 76.6	297

TEXAS

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Weighted Lead Health Education Teacher Survey Results

13. Percentage of schools in which teachers taught each of the following sexual health topics in a required course in any of grades 6, 7, or 8 during the current school year.

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval	
		N			N			N			N	
a. How HIV and other STDs are transmitted	§	§	§	70.2	60.4 - 78.5	91	-	-	18	68.8	59.6 - 76.7	109
b. Health consequences of HIV, other STDs, and pregnancy	§	§	§	70.9	60.8 - 79.2	93	-	-	18	69.4	60.0 - 77.3	111
c. The benefits of being sexually abstinent	§	§	§	74.7	64.9 - 82.5	91	-	-	18	72.5	63.4 - 80.1	109
d. How to access valid and reliable health information, products, and services related to HIV, other STDs, and pregnancy	§	§	§	62.9	53.6 - 71.4	92	-	-	18	62.6	53.8 - 70.6	110
e. The influences of family, peers, media, technology and other factors on sexual risk behaviors	§	§	§	72.8	63.1 - 80.7	92	57.9	34.2 - 78.4	19	70.3	61.4 - 78.0	111
f. Communication and negotiation skills related to eliminating or reducing risk for HIV, other STDs, and pregnancy	§	§	§	72.7	63.0 - 80.7	92	57.9	34.2 - 78.4	19	70.3	61.2 - 78.0	111
g. Goal-setting and decision-making skills related to eliminating or reducing risk for HIV, other STDs, and pregnancy	§	§	§	70.2	60.7 - 78.3	91	52.6	29.9 - 74.3	19	67.3	58.4 - 75.1	110
h. Influencing and supporting others to avoid or reduce sexual risk behaviors	§	§	§	71.4	61.9 - 79.3	91	57.9	34.2 - 78.4	19	69.1	60.2 - 76.8	110

- Results are suppressed due to insufficient number of respondents in subgroup.

§ Grade is not applicable for type of school.

N = Unweighted number of observations

**TEXAS**

**2020 School Health Profiles Report  
Weighted Lead Health Education Teacher Survey Results**

13. Percentage of schools in which teachers taught each of the following sexual health topics in a required course in any of grades 6, 7, or 8 during the current school year.

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval	
		N	Interval		N	Interval		N	Interval		N	Interval
i. Efficacy of condoms, that is, how well condoms work and do not work	§	§	§	55.3	45.8 - 64.3	94	55.0	32.5 - 75.6	20	55.2	46.4 - 63.7	114
j. The importance of using condoms consistently and correctly	§	§	§	50.0	40.7 - 59.3	94	50.0	27.0 - 72.9	20	50.0	41.2 - 58.8	114
k. How to obtain condoms	§	§	§	35.8	27.8 - 44.8	95	35.0	17.6 - 57.5	20	35.7	28.2 - 44.0	115
l. How to correctly use a condom	§	§	§	34.7	26.7 - 43.8	95	35.0	17.6 - 57.5	20	34.8	27.3 - 43.2	115
m. Methods of contraception other than condoms	§	§	§	44.7	35.7 - 54.2	94	45.0	24.3 - 67.5	20	44.8	36.3 - 53.5	114
n. The importance of using a condom at the same time as another form of contraception to prevent both STDs and pregnancy	§	§	§	48.9	39.3 - 58.7	94	45.0	24.3 - 67.5	20	48.3	39.4 - 57.3	114
o. How to create and sustain healthy and respectful relationships	§	§	§	76.0	66.7 - 83.4	92	57.9	34.2 - 78.4	19	73.0	64.3 - 80.3	111
p. The importance of limiting the number of sexual partners	§	§	§	62.7	53.3 - 71.2	94	55.0	32.5 - 75.6	20	61.4	52.7 - 69.5	114
q. Preventive care (such as screenings and immunizations) that is necessary to maintain reproductive and sexual health	§	§	§	60.1	50.7 - 68.8	93	57.9	34.2 - 78.4	19	59.8	51.0 - 68.0	112

§ Grade is not applicable for type of school.  
N = Unweighted number of observations

**TEXAS**

**2020 School Health Profiles Report  
Weighted Lead Health Education Teacher Survey Results**

13. Percentage of schools in which teachers taught each of the following sexual health topics in a required course in any of grades 6, 7, or 8 during the current school year.

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval	
		N	Interval		N	Interval		N	Interval		N	Interval
r. How to communicate sexual consent between partners	§	§	§	55.9	45.7 - 65.7	93	-	-	18	55.0	45.5 - 64.1	111
s. Recognizing and responding to sexual victimization and violence	§	§	§	67.3	57.9 - 75.5	92	55.0	32.5 - 75.6	20	65.2	56.4 - 73.1	112
t. Diversity of sexual orientations and gender identities	§	§	§	35.1	27.0 - 44.3	94	40.0	20.5 - 63.4	20	35.9	28.2 - 44.5	114
u. How gender roles and stereotypes affect goals, decision making, and relationships	§	§	§	48.9	39.4 - 58.4	92	55.0	32.5 - 75.6	20	49.9	41.1 - 58.7	112
v. The relationship between alcohol and other drug use and sexual risk behaviors	§	§	§	70.3	60.8 - 78.3	91	57.9	34.2 - 78.4	19	68.2	59.3 - 76.0	110

- Results are suppressed due to insufficient number of respondents in subgroup.

§ Grade is not applicable for type of school.

N = Unweighted number of observations

**TEXAS**

**2020 School Health Profiles Report  
Weighted Lead Health Education Teacher Survey Results**

13. Percentage of schools in which teachers taught each of the following sexual health topics in a required course in any of grades 9, 10, 11, or 12 during the current school year.

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval	
		N			N			N			N	
a. How HIV and other STDs are transmitted	76.2	66.7 - 83.6	90	-	-	3	60.4	37.0 - 79.9	20	74.2	65.5 - 81.3	113
b. Health consequences of HIV, other STDs, and pregnancy	74.9	65.4 - 82.6	90	-	-	3	57.6	35.3 - 77.2	21	72.6	63.9 - 79.9	114
c. The benefits of being sexually abstinent	75.2	66.0 - 82.5	90	-	-	3	62.3	39.3 - 80.9	21	73.6	65.2 - 80.6	114
d. How to access valid and reliable health information, products, and services related to HIV, other STDs, and pregnancy	69.3	59.7 - 77.5	91	-	-	3	57.6	35.3 - 77.2	21	68.1	59.3 - 75.7	115
e. The influences of family, peers, media, technology and other factors on sexual risk behaviors	71.3	62.3 - 78.9	91	-	-	3	62.3	39.3 - 80.9	21	70.5	62.2 - 77.6	115
f. Communication and negotiation skills related to eliminating or reducing risk for HIV, other STDs, and pregnancy	71.1	61.9 - 78.8	91	-	-	3	57.6	35.3 - 77.2	21	69.5	61.1 - 76.8	115
g. Goal-setting and decision-making skills related to eliminating or reducing risk for HIV, other STDs, and pregnancy	71.4	62.5 - 78.8	91	-	-	3	57.6	35.3 - 77.2	21	69.7	61.5 - 76.9	115
h. Influencing and supporting others to avoid or reduce sexual risk behaviors	69.8	60.4 - 77.8	91	-	-	3	57.6	35.3 - 77.2	21	68.5	59.9 - 76.0	115

- Results are suppressed due to insufficient number of respondents in subgroup.  
N = Unweighted number of observations

**TEXAS**

**2020 School Health Profiles Report  
Weighted Lead Health Education Teacher Survey Results**

13. Percentage of schools in which teachers taught each of the following sexual health topics in a required course in any of grades 9, 10, 11, or 12 during the current school year.

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval	
		N			N			N			N	
i. Efficacy of condoms, that is, how well condoms work and do not work	66.2	58.0 - 73.6	91	-	-	3	48.2	27.6 - 69.4	21	63.2	55.3 - 70.3	115
j. The importance of using condoms consistently and correctly	58.7	50.1 - 66.8	91	-	-	3	43.5	23.0 - 66.5	21	56.3	48.2 - 64.0	115
k. How to obtain condoms	47.8	38.2 - 57.6	91	-	-	3	33.0	15.7 - 56.6	21	45.7	37.1 - 54.6	115
l. How to correctly use a condom	44.4	35.3 - 53.8	91	-	-	3	28.3	13.0 - 51.0	21	42.2	34.1 - 50.7	115
m. Methods of contraception other than condoms	59.6	50.8 - 67.7	91	-	-	3	43.5	23.0 - 66.5	21	57.0	48.8 - 64.8	115
n. The importance of using a condom at the same time as another form of contraception to prevent both STDs and pregnancy	58.6	49.2 - 67.3	91	-	-	3	48.2	25.6 - 71.5	21	57.0	48.3 - 65.3	115
o. How to create and sustain healthy and respectful relationships	73.5	64.9 - 80.7	91	-	-	3	57.6	34.0 - 78.2	21	71.5	63.3 - 78.5	115
p. The importance of limiting the number of sexual partners	70.1	61.2 - 77.7	91	-	-	3	57.6	34.0 - 78.2	21	68.7	60.3 - 76.0	115
q. Preventive care (such as screenings and immunizations) that is necessary to maintain reproductive and sexual health	70.0	61.1 - 77.7	90	-	-	3	57.6	35.3 - 77.2	21	68.6	60.3 - 75.9	114

- Results are suppressed due to insufficient number of respondents in subgroup.  
N = Unweighted number of observations

**TEXAS**

**2020 School Health Profiles Report  
Weighted Lead Health Education Teacher Survey Results**

13. Percentage of schools in which teachers taught each of the following sexual health topics in a required course in any of grades 9, 10, 11, or 12 during the current school year.

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval	
		N			N			N			N	
r. How to communicate sexual consent between partners	64.4	54.6 - 73.1	91	-	-	3	52.9	30.1 - 74.5	21	63.3	54.3 - 71.5	115
s. Recognizing and responding to sexual victimization and violence	67.2	57.3 - 75.8	90	-	-	3	62.3	39.3 - 80.9	21	66.4	57.4 - 74.3	114
t. Diversity of sexual orientations and gender identities	49.7	40.1 - 59.3	91	-	-	3	39.5	20.1 - 63.0	20	48.5	39.8 - 57.3	114
u. How gender roles and stereotypes affect goals, decision making, and relationships	54.1	44.4 - 63.6	91	-	-	3	49.4	27.9 - 71.1	20	53.7	44.8 - 62.3	114
v. The relationship between alcohol and other drug use and sexual risk behaviors	69.2	59.8 - 77.2	91	-	-	3	62.3	39.3 - 80.9	21	68.8	60.2 - 76.2	115

- Results are suppressed due to insufficient number of respondents in subgroup.  
N = Unweighted number of observations

**TEXAS**

**2020 School Health Profiles Report  
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13N\_1. Percentage of schools that taught all 22 sexual health topics in any of grades 6, 7, or 8 during the current school year.\*

High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
95% Confidence Interval			95% Confidence Interval			95% Confidence Interval			95% Confidence Interval		
Percent	Interval	N	Percent	Interval	N	Percent	Interval	N	Percent	Interval	N
§	§	§	29.8	22.1 - 38.9	94	30.0	14.0 - 53.1	20	29.8	22.6 - 38.2	114

\*Responses to question 13 a through v all are "yes."

§ Grade is not applicable for type of school.

N = Unweighted number of observations



**TEXAS**

**2020 School Health Profiles Report  
Weighted Lead Health Education Teacher Survey Results**

13N\_2. Percentage of schools that taught all 22 sexual health topics in any of grades 9, 10, 11, or 12 during the current school year.\*

High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
95% Confidence			95% Confidence			95% Confidence			95% Confidence		
Percent	Interval	N	Percent	Interval	N	Percent	Interval	N	Percent	Interval	N
37.7	29.0 - 47.3	91	-	-	3	18.8	7.3 - 40.6	21	35.2	27.5 - 43.7	115

\*Responses to question 13 a through v all are "yes."

- Results are suppressed due to insufficient number of respondents in subgroup.

N = Unweighted number of observations

**TEXAS**

**2020 School Health Profiles Report  
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14. Percentage of schools in which teachers assess the ability of students to do each of the following in a required course for students in any of grades 6, 7, or 8 during the current school year.

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval	
		N			N			N			N	
a. Comprehend concepts important to prevent HIV, other STDs, and pregnancy	§	§	§	68.8	58.9 - 77.2	93	60.0	36.7 - 79.6	20	67.3	58.2 - 75.3	113
b. Analyze the influence of family, peers, culture, media, technology, and other factors on sexual risk behaviors	§	§	§	68.0	58.3 - 76.4	94	55.0	32.5 - 75.7	20	65.8	56.9 - 73.8	114
c. Access valid information, products, and services to prevent HIV, other STDs, and pregnancy	§	§	§	60.5	51.2 - 69.2	94	47.4	26.3 - 69.5	19	58.4	49.7 - 66.7	113
d. Use interpersonal communication skills to avoid or reduce sexual risk behaviors	§	§	§	66.6	56.7 - 75.3	93	55.0	32.5 - 75.7	20	64.6	55.5 - 72.8	113
e. Use decision-making skills to prevent HIV, other STDs, and pregnancy	§	§	§	69.5	59.5 - 77.9	92	55.0	32.5 - 75.7	20	67.0	57.8 - 75.1	112
f. Set personal goals that enhance health, take steps to achieve these goals, and monitor progress in achieving them	§	§	§	70.9	61.0 - 79.1	93	52.7	30.4 - 73.9	19	67.9	58.8 - 75.9	112
g. Influence and support others to avoid or reduce sexual risk behaviors	§	§	§	66.3	56.3 - 75.0	92	55.0	32.5 - 75.7	20	64.4	55.2 - 72.6	112

§ Grade is not applicable for type of school.  
N = Unweighted number of observations

**TEXAS**

**2020 School Health Profiles Report  
Weighted Lead Health Education Teacher Survey Results**

14. Percentage of schools in which teachers assess the ability of students to do each of the following in a required course for students in any of grades 9, 10, 11, or 12 during the current school year.

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval	
		N			N			N			N	
a. Comprehend concepts important to prevent HIV, other STDs, and pregnancy	74.1	65.0 - 81.5	87	-	-	2	48.2	26.9 - 70.2	21	69.9	61.3 - 77.4	110
b. Analyze the influence of family, peers, culture, media, technology, and other factors on sexual risk behaviors	67.7	57.8 - 76.3	87	-	-	2	48.2	26.9 - 70.2	21	64.8	55.7 - 73.0	110
c. Access valid information, products, and services to prevent HIV, other STDs, and pregnancy	65.6	56.2 - 74.0	87	-	-	2	48.2	26.9 - 70.2	21	63.1	54.3 - 71.1	110
d. Use interpersonal communication skills to avoid or reduce sexual risk behaviors	69.8	60.3 - 77.9	87	-	-	2	52.9	30.6 - 74.1	21	67.3	58.5 - 75.1	110
e. Use decision-making skills to prevent HIV, other STDs, and pregnancy	72.1	63.2 - 79.6	87	-	-	2	52.9	30.6 - 74.1	21	69.2	60.7 - 76.6	110
f. Set personal goals that enhance health, take steps to achieve these goals, and monitor progress in achieving them	67.7	58.0 - 76.1	87	-	-	2	48.2	28.2 - 68.8	21	64.8	56.0 - 72.7	110
g. Influence and support others to avoid or reduce sexual risk behaviors	67.5	57.5 - 76.1	87	-	-	2	52.9	30.6 - 74.1	21	65.5	56.3 - 73.6	110

- Results are suppressed due to insufficient number of respondents in subgroup.  
N = Unweighted number of observations

**TEXAS**

**2020 School Health Profiles Report  
Weighted Lead Health Education Teacher Survey Results**

15. Percentage of schools in which teachers provided students with the opportunity to practice the following skills in a required course for students in any of grades 6 through 12 during the current school year.

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval	
		N			N			N			N	
a. Communication, decision-making, goal-setting, or refusal skills related to sexual health (e.g., through role playing)	60.2	51.6 - 68.2	108	56.9	49.4 - 64.0	151	48.7	30.7 - 67.0	29	57.4	52.0 - 62.6	288
b. Analyzing the influence of family, media, and culture on sexual health	62.8	53.4 - 71.4	108	58.6	51.1 - 65.6	150	55.5	38.7 - 71.2	29	59.9	54.4 - 65.2	287
c. Accessing valid sexual health information, products, and services	57.4	48.6 - 65.8	107	43.8	36.8 - 51.1	148	44.5	27.0 - 63.4	29	49.2	43.8 - 54.5	284

**TEXAS**  
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16. Percentage of schools in which teachers implemented the following inclusive practices when providing sexual health education in a required course for students in grades 6 through 12 during the current school year.\*

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval	
		N			N			N			N	
a. Encouraged use of gender-neutral pronouns such as “they/them” during instruction to recognize gender diversity among students	49.8	40.3 - 59.4	79	30.1	21.8 - 40.0	86	37.7	18.6 - 61.5	21	39.5	33.3 - 46.2	186
b. Provided positive examples of lesbian, gay, bisexual, or transgender (LGBT) people and same-sex relationships	46.2	36.7 - 55.9	79	25.2	17.7 - 34.6	87	42.4	21.2 - 66.7	21	36.2	30.0 - 42.8	187
c. Encouraged students to respect others’ sexual and gender identities	71.5	62.2 - 79.3	79	51.6	41.9 - 61.3	87	51.8	29.7 - 73.2	21	60.3	53.7 - 66.5	187
d. Provided students with information about LGBT resources within the school (e.g., counseling services, student support groups like Gay/Straight Alliances or Genders and Sexualities Alliances)	49.9	40.4 - 59.4	79	27.8	19.7 - 37.7	86	37.7	17.8 - 62.7	21	38.5	32.3 - 45.2	186
e. Identified additional LGBT resources available in the community or online	43.7	34.5 - 53.2	79	22.3	14.9 - 32.0	85	33.0	15.3 - 57.3	21	32.8	26.9 - 39.3	185

\*Among schools that teach sexual health education.  
N = Unweighted number of observations

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**2020 School Health Profiles Report**  
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17. Percentage of schools in which teachers taught each of the following nutrition and dietary behavior topics in a required course for students in any of grades 6 through 12 during the current school year.

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval	
		N			N			N			N	
a. Benefits of healthy eating	91.6	85.0 - 95.5	104	82.3	75.9 - 87.3	136	77.1	60.3 - 88.2	26	85.6	81.4 - 88.9	266
b. Benefits of drinking plenty of water	91.6	85.0 - 95.5	104	81.4	74.8 - 86.6	135	80.9	66.0 - 90.3	26	85.5	81.3 - 88.9	265
c. Benefits of eating breakfast every day	88.8	82.0 - 93.2	105	78.8	71.9 - 84.3	137	66.1	47.5 - 80.7	27	81.6	77.0 - 85.4	269
d. Food guidance using the current Dietary Guidelines for Americans (e.g., MyPlate)	85.5	77.6 - 91.0	106	76.2	69.0 - 82.1	139	73.3	56.0 - 85.6	26	79.7	74.8 - 83.8	271
e. Using food labels	86.6	78.8 - 91.8	106	76.0	69.0 - 81.8	138	69.5	54.8 - 81.1	26	79.7	74.9 - 83.7	270
f. Differentiating between nutritious and non-nutritious beverages	86.2	79.4 - 91.0	105	78.0	71.0 - 83.7	137	77.1	61.4 - 87.7	26	81.2	76.7 - 85.0	268
g. Balancing food intake and physical activity	90.8	83.9 - 94.9	104	81.6	75.0 - 86.7	136	80.9	66.0 - 90.3	26	85.2	81.0 - 88.6	266
h. Eating more fruits, vegetables, and whole grain products	89.7	82.5 - 94.1	104	79.0	72.3 - 84.5	139	77.1	60.3 - 88.2	26	83.1	78.6 - 86.8	269
i. Choosing foods and snacks that are low in solid fat (i.e., saturated and trans fat)	84.7	77.6 - 89.8	106	74.0	66.9 - 79.9	139	77.1	61.4 - 87.7	26	78.5	73.9 - 82.6	271
j. Choosing foods, snacks, and beverages that are low in added sugars	86.3	79.6 - 91.1	106	76.0	69.2 - 81.6	138	80.9	66.0 - 90.3	26	80.6	76.2 - 84.4	270
k. Choosing foods and snacks that are low in sodium	83.6	76.2 - 89.0	106	72.2	65.0 - 78.4	141	77.1	61.4 - 87.7	26	77.2	72.4 - 81.4	273

**TEXAS**

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17. Percentage of schools in which teachers taught each of the following nutrition and dietary behavior topics in a required course for students in any of grades 6 through 12 during the current school year.

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval	
		N			N			N			N	
l. Eating a variety of foods that are high in calcium	84.7	77.6 - 89.8	106	71.5	64.2 - 77.9	141	68.6	51.7 - 81.7	26	76.5	71.7 - 80.7	273
m. Eating a variety of foods that are high in iron	83.6	76.2 - 89.0	106	68.9	61.6 - 75.4	142	66.1	48.6 - 80.1	27	74.5	69.5 - 78.8	275
n. Food safety	82.0	75.1 - 87.3	106	68.3	60.5 - 75.1	142	73.3	56.0 - 85.6	26	74.2	69.2 - 78.6	274
o. Preparing healthy meals and snacks	82.8	75.2 - 88.4	106	72.6	65.1 - 78.9	139	77.1	61.4 - 87.7	26	77.1	72.1 - 81.4	271
p. Risks of unhealthy weight control practices	86.0	78.5 - 91.2	105	73.8	66.3 - 80.1	138	68.6	49.6 - 82.9	26	78.2	73.2 - 82.5	269
q. Accepting body size differences	82.7	75.1 - 88.4	107	70.9	63.2 - 77.6	138	72.4	54.6 - 85.2	26	75.8	70.7 - 80.3	271
r. Signs, symptoms, and treatment for eating disorders	83.1	75.8 - 88.5	108	68.5	60.5 - 75.5	140	73.3	56.0 - 85.6	26	74.8	69.7 - 79.3	274
s. Relationship between diet and chronic diseases	82.9	75.0 - 88.7	108	69.0	61.2 - 75.9	136	69.5	51.0 - 83.3	26	74.8	69.5 - 79.4	270
t. Assessing body mass index (BMI)	83.2	75.9 - 88.6	107	66.6	58.8 - 73.5	138	73.3	54.9 - 86.1	26	73.9	68.8 - 78.4	271
u. The influence of the media on dietary behaviors	82.8	75.4 - 88.3	106	69.4	61.5 - 76.3	141	73.3	56.0 - 85.6	26	75.1	70.0 - 79.6	273
v. Food production, including how food is grown, harvested, processed, packaged, and transported	73.7	65.8 - 80.4	107	59.1	50.9 - 66.8	142	65.7	46.0 - 81.2	26	65.5	60.0 - 70.7	275

**TEXAS**

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17N. Percentage of schools that taught all 22 nutrition and dietary behavior topics during the current school year.\*

<b>High Schools</b>			<b>Middle Schools</b>			<b>Junior/Senior High Schools</b>			<b>All Schools</b>		
95% Confidence Interval			95% Confidence Interval			95% Confidence Interval			95% Confidence Interval		
Percent	Interval	N	Percent	Interval	N	Percent	Interval	N	Percent	Interval	N
66.5	58.1 - 74.0	108	51.3	43.5 - 59.0	146	46.1	27.5 - 65.7	28	56.8	51.3 - 62.2	282

\*Responses to question 17 a through v all are “yes.”  
N = Unweighted number of observations



**TEXAS**

**2020 School Health Profiles Report  
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18. Percentage of schools in which teachers taught each of the following physical activity topics in a required course for students in any of grades 6 through 12 during the current school year.

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval	
		N			N			N			N	
a. Short-term and long-term benefits of physical activity, including reducing the risks for chronic disease	91.5	84.8 - 95.4	102	87.9	82.5 - 91.8	141	92.7	77.1 - 97.9	27	89.8	86.1 - 92.6	270
b. Mental and social benefits of physical activity	89.7	82.7 - 94.1	102	86.8	80.5 - 91.2	144	96.3	80.4 - 99.4	27	88.8	84.7 - 91.9	273
c. Health-related fitness (i.e., cardiorespiratory endurance, muscular endurance, muscular strength, flexibility, and body composition)	92.1	85.3 - 95.9	102	89.5	84.0 - 93.2	143	92.7	77.1 - 97.9	27	90.8	87.1 - 93.5	272
d. Phases of a workout (i.e., warm-up, workout, and cool down)	91.3	84.5 - 95.3	103	86.6	80.4 - 91.1	142	92.7	76.2 - 98.0	27	89.0	85.0 - 92.1	272
e. Recommended amounts and types of moderate, vigorous, muscle-strengthening, and bone-strengthening physical activity	88.6	81.2 - 93.3	103	84.1	78.0 - 88.8	145	88.6	71.3 - 96.0	26	86.2	82.0 - 89.6	274
f. Decreasing sedentary activities (e.g., television viewing, using video games)	88.7	81.3 - 93.4	104	85.9	79.7 - 90.4	142	96.2	79.8 - 99.4	26	87.9	83.8 - 91.1	272
g. Preventing injury during physical activity	92.5	85.9 - 96.1	103	87.9	81.9 - 92.1	141	92.4	75.3 - 98.0	26	90.1	86.2 - 93.0	270

**TEXAS**

**2020 School Health Profiles Report  
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18. Percentage of schools in which teachers taught each of the following physical activity topics in a required course for students in any of grades 6 through 12 during the current school year.

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval	
		Interval	N		Interval	N		Interval	N		Interval	N
h. Weather-related safety (e.g., avoiding heat stroke, hypothermia, and sunburn while physically active)	91.3	84.3 - 95.3	102	83.7	77.1 - 88.7	142	92.7	76.2 - 98.0	27	87.5	83.2 - 90.8	271
i. Dangers of using performance-enhancing drugs (e.g., steroids)	89.8	82.7 - 94.1	104	77.1	69.6 - 83.1	144	80.8	62.2 - 91.5	27	82.3	77.6 - 86.3	275
j. Increasing daily physical activity	93.2	86.8 - 96.6	101	90.1	84.7 - 93.7	142	96.3	80.4 - 99.4	27	91.9	88.4 - 94.4	270
k. Incorporating physical activity into daily life (without relying on a structured exercise plan or special equipment)	91.3	84.6 - 95.3	103	89.5	84.0 - 93.2	143	92.7	77.1 - 97.9	27	90.5	86.8 - 93.3	273
l. Using safety equipment for specific physical activities	87.5	79.8 - 92.5	103	85.3	79.3 - 89.7	143	88.1	69.4 - 96.0	27	86.4	82.1 - 89.8	273
m. Benefits of drinking water before, during, and after physical activity	92.4	85.8 - 96.0	102	90.9	85.8 - 94.3	143	92.7	76.2 - 98.0	27	91.6	88.1 - 94.2	272

**TEXAS**

**2020 School Health Profiles Report  
Weighted Lead Health Education Teacher Survey Results**

18N. Percentage of schools that taught all 13 physical activity topics during the current school year.\*

High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
95% Confidence Interval			95% Confidence Interval			95% Confidence Interval			95% Confidence Interval		
Percent	Interval	N	Percent	Interval	N	Percent	Interval	N	Percent	Interval	N
80.2	72.2 - 86.3	102	66.1	58.6 - 73.0	145	76.2	60.6 - 87.0	26	72.4	67.3 - 77.0	273

\*Responses to question 18 a through m all are "yes."  
N = Unweighted number of observations

**TEXAS**

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19. Percentage of schools in which health education staff worked with the following groups on health education activities during the current school year.\*

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval	
		N			N			N			N	
a. Physical education staff	79.0	69.7 - 86.1	88	83.5	75.0 - 89.5	97	79.1	57.1 - 91.5	20	81.1	75.4 - 85.8	205
b. Health services staff (e.g., nurses)	75.4	65.8 - 83.0	88	80.7	72.2 - 87.0	98	65.4	43.4 - 82.3	20	76.9	71.0 - 82.0	206
c. Mental health or social services staff (e.g., psychologists, counselors, social workers)	70.9	61.2 - 78.9	88	76.6	68.1 - 83.4	98	75.3	54.0 - 88.8	20	74.0	68.1 - 79.2	206
d. Nutrition or food service staff	53.5	43.5 - 63.2	88	61.3	51.9 - 69.9	98	64.2	42.2 - 81.6	20	58.1	51.6 - 64.4	206
e. School health council, committee, or team	61.8	51.1 - 71.4	88	63.3	54.6 - 71.2	98	54.4	34.2 - 73.2	20	61.8	55.4 - 67.9	206

\*Among schools that have health education staff.  
N = Unweighted number of observations

**TEXAS**

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20. Percentage of schools that provided parents and families with health information designed to increase parent and family knowledge of the following topics during the current school year.

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence		Percent	95% Confidence		Percent	95% Confidence		Percent	95% Confidence	
		Interval	N		Interval	N		Interval	N		Interval	N
a. HIV, other STD, or pregnancy prevention	39.6	30.6 - 49.2	107	31.1	23.9 - 39.4	148	21.2	9.7 - 40.4	28	33.5	28.1 - 39.3	283
b. Tobacco-use prevention	51.5	42.5 - 60.5	107	46.0	38.7 - 53.4	148	31.9	17.7 - 50.5	28	46.8	41.4 - 52.3	283
c. Alcohol- or other drug-use prevention	50.4	41.1 - 59.7	107	45.0	37.7 - 52.5	149	30.3	16.1 - 49.5	27	45.8	40.3 - 51.4	283
d. Physical activity	49.2	39.8 - 58.6	107	51.3	43.3 - 59.3	148	39.0	24.6 - 55.6	28	49.3	43.6 - 55.1	283
e. Nutrition and healthy eating	57.0	47.9 - 65.6	107	51.0	43.3 - 58.7	149	46.1	30.6 - 62.3	28	52.9	47.3 - 58.3	284
f. Asthma	45.4	36.6 - 54.5	107	36.1	28.4 - 44.5	147	21.3	11.0 - 37.0	28	38.3	32.9 - 44.1	282
g. Food allergies	46.3	36.6 - 56.2	107	37.9	30.1 - 46.3	148	24.8	13.5 - 41.1	28	39.9	34.2 - 45.9	283
h. Diabetes	50.0	41.2 - 58.8	107	41.2	33.6 - 49.3	148	25.7	13.9 - 42.6	27	43.2	37.8 - 48.9	282
i. Preventing student bullying and sexual harassment, including electronic aggression (i.e., cyber-bullying)	68.5	60.2 - 75.7	107	61.4	53.5 - 68.6	150	60.2	43.2 - 75.1	28	64.0	58.6 - 69.0	285

**TEXAS**

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21. Percentage of schools in which teachers have given students health education homework assignments or activities to do at home with their parents during the current school year.

<b>High Schools</b>			<b>Middle Schools</b>			<b>Junior/Senior High Schools</b>			<b>All Schools</b>		
95% Confidence			95% Confidence			95% Confidence			95% Confidence		
Percent	Interval	N	Percent	Interval	N	Percent	Interval	N	Percent	Interval	N
44.0	35.5 - 52.9	101	46.5	38.6 - 54.5	144	52.4	35.5 - 68.8	25	46.1	40.5 - 51.7	270

**TEXAS**

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22. Percentage of schools in which the lead health education teacher received professional development (e.g., workshops, conferences, continuing education, any other kind of in-service) on each of the following topics during the past two years.

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval	
		N			N			N			N	
a. Alcohol- or other drug-use prevention	59.3	49.7 - 68.3	109	51.7	44.8 - 58.6	147	61.0	43.2 - 76.3	28	55.6	50.2 - 60.9	284
b. Asthma	50.9	41.8 - 60.0	109	43.6	36.1 - 51.4	147	42.5	26.6 - 60.1	28	46.4	40.8 - 52.0	284
c. Chronic disease prevention (e.g., diabetes, obesity prevention)	50.9	41.2 - 60.5	108	51.0	42.9 - 59.1	147	38.9	23.4 - 57.1	28	49.8	43.9 - 55.7	283
d. Emotional and mental health	73.8	66.1 - 80.2	109	71.6	65.4 - 77.1	148	75.2	57.0 - 87.4	28	72.8	68.2 - 76.9	285
e. Epilepsy or seizure disorder	61.3	51.7 - 70.0	109	53.1	46.2 - 59.8	149	46.0	29.6 - 63.3	28	55.6	50.2 - 60.9	286
f. Food allergies	57.5	47.8 - 66.8	109	55.0	47.5 - 62.2	149	46.0	29.6 - 63.3	28	55.2	49.5 - 60.7	286
g. Foodborne illness prevention	48.2	38.5 - 58.1	108	48.6	41.2 - 56.1	148	56.7	40.7 - 71.4	28	49.2	43.6 - 54.9	284
h. HIV prevention	48.6	39.7 - 57.5	108	45.3	37.4 - 53.4	148	39.8	25.3 - 56.3	28	46.1	40.5 - 51.8	284
i. Human sexuality	42.2	34.1 - 50.8	109	39.9	32.6 - 47.6	148	37.6	22.6 - 55.4	27	40.6	35.4 - 46.0	284
j. Infectious disease prevention (e.g., flu prevention)	62.9	53.2 - 71.8	108	57.0	49.2 - 64.6	149	46.0	29.6 - 63.3	28	58.3	52.5 - 63.9	285

**TEXAS**

**2020 School Health Profiles Report  
Weighted Lead Health Education Teacher Survey Results**

22. Percentage of schools in which the lead health education teacher received professional development (e.g., workshops, conferences, continuing education, any other kind of in-service) on each of the following topics during the past two years.

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval	
		N			N			N			N	
k. Injury prevention and safety	70.7	61.1 - 78.8	109	71.1	63.5 - 77.7	149	60.2	42.7 - 75.4	28	70.0	64.4 - 75.0	286
l. Nutrition and dietary behavior	49.8	40.9 - 58.6	109	45.2	37.7 - 53.0	148	46.9	31.6 - 62.8	28	47.2	41.7 - 52.7	285
m. Physical activity and fitness	61.8	53.1 - 69.9	109	69.3	61.3 - 76.3	150	63.7	46.0 - 78.4	28	65.9	60.3 - 71.0	287
n. Pregnancy prevention	36.9	29.1 - 45.5	109	37.5	30.3 - 45.2	147	28.3	15.9 - 45.3	28	36.4	31.3 - 41.8	284
o. STD prevention	41.0	32.8 - 49.7	108	39.9	32.5 - 47.8	148	32.7	21.5 - 46.1	28	39.7	34.5 - 45.1	284
p. Suicide prevention	76.8	67.9 - 83.8	109	66.9	59.6 - 73.4	148	55.0	37.4 - 71.5	27	69.7	64.4 - 74.5	284
q. Tobacco-use prevention	55.4	46.6 - 63.8	109	51.0	43.5 - 58.5	149	43.3	28.7 - 59.2	28	52.0	46.6 - 57.4	286
r. Violence prevention (e.g., bullying, fighting, dating violence prevention)	77.3	68.9 - 83.9	108	71.6	64.1 - 78.1	148	70.8	52.5 - 84.2	28	73.7	68.6 - 78.3	284



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23. Percentage of schools in which the lead health education teacher received professional development (e.g., workshops, conferences, continuing education, any other kind of in-service) on each of the following topics during the past two years.

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N
a. Teaching students with physical, medical, or cognitive disabilities	75.4	66.3 - 82.6	108	72.8	65.5 - 79.1	147	67.3	48.4 - 81.9	28	73.3	68.0 - 78.0	283
b. Teaching students of various cultural backgrounds	72.3	63.2 - 79.9	108	69.4	62.2 - 75.8	147	50.4	34.6 - 66.2	28	68.8	63.4 - 73.7	283
c. Teaching students with limited English proficiency	76.8	68.0 - 83.7	108	71.6	63.8 - 78.2	148	42.5	25.8 - 61.2	28	70.9	65.4 - 75.8	284
d. How to support lesbian, gay, bisexual, and transgender students	23.9	16.3 - 33.6	106	27.4	21.5 - 34.3	146	17.7	7.4 - 36.8	28	25.1	20.5 - 30.4	280
e. Using interactive teaching methods (e.g., role plays, cooperative group activities)	76.3	68.0 - 83.0	108	73.7	66.0 - 80.1	148	56.7	37.6 - 73.9	28	73.1	67.8 - 77.8	284
f. Encouraging family or community involvement	64.4	54.9 - 72.9	108	63.3	55.6 - 70.4	147	46.1	28.6 - 64.5	28	62.1	56.4 - 67.5	283
g. Teaching skills for behavior change	64.7	56.0 - 72.4	108	64.4	56.6 - 71.5	146	53.9	35.3 - 71.6	28	63.5	58.0 - 68.7	282
h. Classroom management techniques (e.g., social skills training, environmental modification, conflict resolution and mediation, behavior management)	80.9	73.3 - 86.7	108	85.0	78.5 - 89.8	147	63.7	47.8 - 77.1	28	81.4	76.9 - 85.2	283
i. Assessing or evaluating students in health education	60.6	51.1 - 69.4	108	56.4	48.5 - 64.0	147	36.3	21.3 - 54.4	28	56.2	50.5 - 61.7	283

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24. Percentage of schools in which the lead health education teacher received professional development on each of the following topics related to teaching sexual health education during the past two years.

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval	
		N			N			N			N	
a. Aligning lessons and materials with the district scope and sequence for sexual health education	44.2	35.8 - 52.9	107	39.0	31.6 - 46.9	146	29.1	17.1 - 45.1	28	40.1	34.8 - 45.6	281
b. Creating a comfortable and safe learning environment for students receiving sexual health education	42.3	33.4 - 51.7	106	38.3	30.9 - 46.3	146	17.7	9.0 - 31.7	28	37.9	32.6 - 43.6	280
c. Connecting students to on-site or community-based sexual health services	38.7	30.2 - 47.9	106	29.2	23.0 - 36.3	147	18.5	8.6 - 35.5	28	31.9	27.0 - 37.1	281
d. Using a variety of effective instructional strategies to deliver sexual health education	41.7	32.9 - 51.0	106	32.1	25.2 - 39.9	146	17.7	7.6 - 36.0	28	34.5	29.3 - 40.1	280
e. Building student skills in HIV, other STD, and pregnancy prevention	41.6	32.9 - 51.0	106	32.0	25.4 - 39.4	147	19.2	8.4 - 38.1	27	34.6	29.5 - 40.0	280
f. Assessing student knowledge and skills in sexual health education	41.5	33.0 - 50.7	107	33.5	26.5 - 41.4	146	22.1	12.6 - 35.9	28	35.6	30.4 - 41.1	281
g. Understanding current district or school board policies or curriculum guidance regarding sexual health education	43.9	35.2 - 53.0	107	35.6	28.6 - 43.3	146	17.7	7.3 - 36.8	28	37.2	32.0 - 42.7	281
h. Identifying appropriate modifications to the sexual health curriculum to meet the needs of all students	39.1	30.6 - 48.3	107	34.2	27.2 - 42.0	146	14.2	5.4 - 32.3	28	34.2	29.1 - 39.8	281
i. Engaging parents in sexual health education	31.3	23.6 - 40.0	107	22.8	17.1 - 29.6	145	10.6	3.5 - 27.7	28	25.0	20.6 - 29.9	280

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25. Percentage of schools in which the lead health education teacher would like to receive professional development on each of the following topics.

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval	
		N			N			N			N	
a. Alcohol- or other drug-use prevention	73.5	65.5 - 80.1	108	60.0	52.2 - 67.4	143	50.4	35.6 - 65.2	28	64.5	59.2 - 69.4	279
b. Asthma	55.4	46.0 - 64.4	106	52.8	45.0 - 60.4	142	53.9	38.9 - 68.3	28	53.9	48.3 - 59.4	276
c. Chronic disease prevention (e.g., diabetes, obesity prevention)	73.8	64.4 - 81.4	108	60.1	51.6 - 68.0	143	57.5	43.8 - 70.1	28	65.3	59.5 - 70.6	279
d. Emotional and mental health	85.5	78.7 - 90.4	108	72.9	65.3 - 79.3	144	64.6	52.6 - 74.9	28	77.1	72.3 - 81.2	280
e. Epilepsy or seizure disorder	59.2	49.9 - 67.9	107	52.8	44.6 - 60.8	142	48.6	34.7 - 62.6	27	55.0	49.3 - 60.5	276
f. Food allergies	57.0	47.9 - 65.7	107	51.4	43.8 - 58.9	142	43.3	29.7 - 58.0	28	52.8	47.4 - 58.3	277
g. Foodborne illness prevention	58.3	49.2 - 66.8	108	47.1	39.6 - 54.8	142	46.9	35.6 - 58.5	28	51.6	46.2 - 56.9	278
h. HIV prevention	62.3	53.1 - 70.7	108	49.2	41.7 - 56.8	144	43.3	28.2 - 59.7	28	53.9	48.4 - 59.3	280
i. Human sexuality	68.2	58.9 - 76.3	107	57.1	49.4 - 64.6	145	50.4	35.6 - 65.2	28	60.8	55.3 - 66.1	280
j. Infectious disease prevention (e.g., flu prevention)	66.6	58.1 - 74.0	105	58.0	50.3 - 65.3	143	64.6	50.2 - 76.7	28	62.0	56.7 - 67.0	276
k. Injury prevention and safety	64.9	55.4 - 73.3	107	57.7	49.7 - 65.3	142	57.5	43.8 - 70.1	28	60.5	54.9 - 65.9	277

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25. Percentage of schools in which the lead health education teacher would like to receive professional development on each of the following topics.

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval	
		Interval	N		Interval	N		Interval	N		Interval	N
l. Nutrition and dietary behavior	73.1	64.2 - 80.4	108	65.8	57.9 - 73.0	144	68.1	56.7 - 77.7	28	68.9	63.6 - 73.8	280
m. Physical activity and fitness	64.3	55.8 - 72.0	108	64.0	56.2 - 71.2	145	57.5	45.8 - 68.4	28	63.5	58.2 - 68.5	281
n. Pregnancy prevention	66.9	57.1 - 75.3	107	48.9	41.0 - 56.8	143	36.3	22.9 - 52.2	28	54.8	49.1 - 60.4	278
o. STD prevention	66.3	57.0 - 74.6	107	50.6	42.7 - 58.5	144	36.3	22.9 - 52.2	28	55.4	49.8 - 61.0	279
p. Suicide prevention	81.5	73.0 - 87.8	108	68.7	61.1 - 75.4	144	53.9	39.0 - 68.2	28	72.4	67.2 - 77.0	280
q. Tobacco-use prevention	72.9	64.0 - 80.4	108	52.7	45.2 - 60.2	142	53.9	39.0 - 68.2	28	60.9	55.5 - 66.1	278
r. Violence prevention (e.g., bullying, fighting, dating violence prevention)	77.5	69.0 - 84.3	107	71.4	64.6 - 77.4	144	68.1	53.9 - 79.6	28	73.5	68.6 - 77.9	279

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26. Percentage of schools in which the lead health education teacher would like to receive professional development on each of the following topics.

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval	
		N	Interval		N	Interval		N	Interval		N	Interval
a. Teaching students with physical, medical, or cognitive disabilities	71.3	62.8 - 78.4	107	68.7	61.4 - 75.2	141	64.6	46.0 - 79.6	28	69.3	64.1 - 74.1	276
b. Teaching students of various cultural backgrounds	77.6	68.9 - 84.4	107	65.4	58.2 - 72.0	139	50.4	35.7 - 65.0	28	68.9	63.8 - 73.6	274
c. Teaching students with limited English proficiency	71.0	62.6 - 78.1	107	64.2	57.3 - 70.5	140	50.4	34.5 - 66.3	28	65.6	60.6 - 70.2	275
d. Supporting lesbian, gay, bisexual, and transgender students	64.0	54.5 - 72.5	107	59.5	52.5 - 66.1	141	37.6	22.9 - 55.0	27	59.2	53.9 - 64.3	275
e. Using interactive teaching methods (e.g., role plays, cooperative group activities)	68.9	60.7 - 76.1	107	58.5	51.7 - 65.1	140	46.9	31.1 - 63.2	28	61.6	56.6 - 66.3	275
f. Encouraging family or community involvement	76.7	68.4 - 83.3	107	66.6	59.3 - 73.2	141	54.0	38.9 - 68.3	28	69.4	64.4 - 74.0	276
g. Teaching skills for behavior change	69.7	60.4 - 77.5	106	73.0	65.9 - 79.0	141	61.0	44.3 - 75.5	28	70.5	65.2 - 75.3	275
h. Classroom management techniques (e.g., social skills training, environmental modification, conflict resolution and mediation, behavior management)	68.2	60.3 - 75.1	106	62.1	54.8 - 68.9	140	61.0	47.3 - 73.2	28	64.4	59.5 - 69.1	274
i. Assessing or evaluating students in health education	71.1	63.2 - 78.0	106	62.4	55.0 - 69.2	141	54.0	40.5 - 66.9	28	65.0	60.1 - 69.7	275

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27. Percentage of schools in which the lead health education teacher would like to receive professional development on each of the following topics related to teaching sexual health education.

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N
a. Aligning lessons and materials with the district scope and sequence for sexual health education	66.9	57.2 - 75.4	107	51.4	43.4 - 59.2	140	39.8	26.8 - 54.5	28	56.5	50.8 - 62.0	275
b. Creating a comfortable and safe learning environment for students receiving sexual health education	68.0	58.6 - 76.1	107	52.8	44.7 - 60.7	140	50.4	33.2 - 67.5	28	58.6	52.9 - 64.1	275
c. Connecting students to on-site or community-based sexual health services	70.7	61.4 - 78.6	107	53.5	45.8 - 61.0	140	44.9	29.2 - 61.7	27	59.6	54.1 - 64.9	274
d. Using a variety of effective instructional strategies to deliver sexual health education	73.2	64.4 - 80.5	107	54.9	46.8 - 62.8	140	52.3	34.6 - 69.3	27	62.0	56.4 - 67.3	274
e. Building student skills in HIV, other STD, and pregnancy prevention	71.4	62.8 - 78.7	107	53.5	45.4 - 61.4	140	43.3	28.9 - 59.0	28	59.7	54.2 - 64.9	275
f. Assessing student knowledge and skills in sexual health education	67.2	58.2 - 75.1	107	50.6	42.7 - 58.5	140	43.3	28.0 - 60.1	28	56.6	51.0 - 62.0	275
g. Understanding current district or school board policies or curriculum guidance regarding sexual health education	68.2	60.0 - 75.4	107	55.7	47.6 - 63.4	140	43.3	28.9 - 59.0	28	59.5	54.1 - 64.6	275
h. Identifying appropriate modifications to the sexual health curriculum to meet the needs of all students	67.1	58.0 - 75.2	107	56.4	48.4 - 64.0	140	46.9	31.1 - 63.3	28	59.8	54.2 - 65.1	275
i. Engaging parents in sexual health education	69.3	60.4 - 76.9	105	55.9	48.1 - 63.5	141	43.3	28.0 - 60.1	28	59.9	54.5 - 65.2	274

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28. Percentage of schools in which the major emphasis of the lead health education teacher's professional preparation was on the following:

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval	
		N			N			N			N	
a. Health and physical education combined	25.7	19.1 - 33.6	108	24.8	18.9 - 31.7	145	22.9	11.9 - 39.4	27	25.0	20.7 - 29.8	280
b. Health education	14.1	9.3 - 20.8	108	12.3	8.1 - 18.3	145	0.0	†	27	11.9	8.9 - 15.8	280
c. Physical education	17.8	12.5 - 24.8	108	21.3	15.7 - 28.3	145	11.0	4.0 - 26.8	27	19.0	15.2 - 23.5	280
d. Other education degree	2.7	0.9 - 7.7	108	2.8	1.1 - 6.8	145	14.7	5.6 - 33.4	27	3.8	2.2 - 6.6	280
e. Kinesiology, exercise science, or exercise physiology	19.0	13.2 - 26.7	108	23.6	17.6 - 30.9	145	25.7	14.4 - 41.5	27	22.0	17.8 - 26.8	280
f. Home economics or family and consumer science	0.0	†	108	0.0	†	145	7.3	1.9 - 24.8	27	0.7	0.2 - 2.4	280
g. Biology or other science	2.7	0.9 - 7.7	108	4.2	2.0 - 8.7	145	3.7	0.6 - 20.7	27	3.5	2.0 - 6.3	280
h. Nursing	10.7	6.4 - 17.2	108	5.5	2.8 - 10.5	145	7.3	2.0 - 23.4	27	7.7	5.3 - 11.2	280
i. Counseling	0.0	†	108	1.4	0.4 - 4.9	145	0.0	†	27	0.7	0.2 - 2.5	280
j. Public health	0.8	0.1 - 5.2	108	0.7	0.1 - 4.2	145	0.0	†	27	0.7	0.2 - 2.5	280
k. Nutrition	0.0	†	108	0.0	†	145	0.0	†	27	0.0	†	280
l. Other	6.4	3.1 - 12.5	108	3.4	1.5 - 7.6	145	7.3	1.9 - 24.8	27	5.0	3.0 - 8.0	280

† Confidence intervals not applicable for 0 percent or 100 percent.  
N = Unweighted number of observations

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29. Percentage of schools in which the lead health education teacher is certified, licensed, or endorsed by the state to teach health education in middle school or high school.

<b>High Schools</b>			<b>Middle Schools</b>			<b>Junior/Senior High Schools</b>			<b>All Schools</b>		
95% Confidence Interval			95% Confidence Interval			95% Confidence Interval			95% Confidence Interval		
Percent	Interval	N	Percent	Interval	N	Percent	Interval	N	Percent	Interval	N
76.5	68.3 - 83.2	108	76.6	69.2 - 82.7	146	61.1	44.3 - 75.6	28	75.1	70.0 - 79.6	282



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30. Percentage of schools in which the lead health education teacher had the following number of years of experience teaching health education courses or topics.

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval	
		N	Interval		N	Interval		N	Interval		N	Interval
a. 1 year	11.9	7.2 - 19.1	106	17.1	12.0 - 23.8	140	11.4	4.0 - 28.6	26	14.5	11.0 - 18.9	272
b. 2 to 5 years	23.8	17.2 - 32.0	106	27.1	20.9 - 34.4	140	27.6	14.0 - 47.1	26	25.8	21.3 - 30.9	272
c. 6 to 9 years	20.8	14.4 - 29.1	106	14.3	9.9 - 20.3	140	19.0	8.5 - 37.4	26	17.3	13.6 - 21.9	272
d. 10 to 14 years	10.9	6.4 - 17.9	106	14.3	9.5 - 20.9	140	11.4	3.7 - 30.5	26	12.7	9.3 - 17.0	272
e. 15 years or more	32.6	24.3 - 42.1	106	27.1	20.7 - 34.7	140	30.5	14.7 - 52.8	26	29.6	24.5 - 35.3	272