

## Texas Influenza Surveillance Summer Report 2017–2018 Season/2018 MMWR Week 38

(September 16, 2018 – September 22, 2018)

Report produced on 9/28/2018

### Summary

Influenza activity remains low across the state of Texas. It appears that influenza activity peaked in late January. Compared to the previous week, the percentage of patient visits due to influenza-like illness (ILI) and the percentage of specimens testing positive for influenza reported by hospital laboratories slightly decreased. The percentage of specimens testing positive for influenza reported by public health laboratories marginally increased. One influenza-associated pediatric death was reported. One ILI outbreak was reported. In addition to flu, other respiratory viruses—especially rhinovirus/enterovirus—were detected in Texas during week 38.

Table 1: Summary of Texas Influenza (Flu) and Influenza-like Illness (ILI) Activity for the Current Week

Texas Surveillance Component	Change from Previous Week	Current Week	Previous Week†	Page of Report
Statewide influenza activity level reported to CDC (geographic spread of influenza)	Not determined during the summer	N/A	N/A	--
Statewide ILINet Activity Indicator assigned by CDC (intensity of influenza-like illness)	Not determined during the summer	N/A	N/A	--
Percentage of specimens positive for influenza by hospital laboratories	▼0.22%	0.77%	0.99%	1
Percentage of specimens positive for influenza by public health laboratories	▲0.37%	6.25%	5.88%	2
Percentage of visits due to ILI (ILINet)	▼0.32%	2.50%	2.82%	2
Number of regions reporting increased flu/ILI activity	▲3	6	3	4
Number of regions reporting decreased flu/ILI activity	▼1	0	1	4
Number of variant/novel influenza infections	No cases reported	0	0	4
Number of ILI/influenza outbreaks	No change	0	0	4
Number of pediatric influenza deaths	New case reported	1	0	5

†Data displayed have been updated since last week's flu report with any new reports received.

### Laboratory Results

#### Influenza

Hospital laboratories across Texas voluntarily report influenza tests (antigen, culture, and PCR) to the National Respiratory and Enteric Virus Surveillance System (NREVSS). Providers throughout Texas also submit specimens for influenza testing (PCR) to Texas public health laboratories, including the Texas Department of State Health Services (DSHS) state laboratory in Austin and the nine Texas Laboratory Response Network (LRN) laboratories. The results reported by Texas NREVSS participants and public health laboratories for the current week are summarized in the two tables below. Additional influenza test results (rapid tests, culture, PCR) and ILI activity were reported from providers and public health departments throughout the state (see county map at the end of this report).

Table 2: Influenza Testing Performed by Texas Hospital Laboratories for the Current Week

	Week 38	Season to Date Week Ending: September 22, 2018
Number of labs reporting flu tests	11	
Number of specimens tested	652	161842
Number of positive specimens (%)†	5 (0.77%)	35294 (21.81%)
Percentage of total tests that were antigen detection tests	34.51%	
<b>Positive specimens by type/subtype [n (%)]</b>		
<b>Influenza A</b>	<b>3 (60.00%)</b>	<b>23233 (65.83%)</b>
Subtyping performed	2 (66.67%)	3352 (14.43%)
A (H1N1)	1 (50.00%)	452 (13.48%)
A (H3N2)	1 (50.00%)	2900 (86.52%)
Subtyping not performed	1 (33.33%)	19881 (85.57%)
<b>Influenza B</b>	<b>2 (40.00%)</b>	<b>12061 (34.17%)</b>

†Laboratory data in 2016-2017 and 2017-2018 season reports may not be comparable to reports from seasons previous to 2016-2017 because the data only includes hospital laboratories data for the current season.

Table 3: Influenza Testing Performed by Texas Public Health Laboratories for the Current Week

	Week 38	Season to Date Week Ending: September 22, 2018
Number of labs reporting flu tests	4	
Number of specimens tested	16	2870
Number of positive specimens (%) <sup>†</sup>	1 (6.25%)	1593 (55.51%)
<b>Positive specimens by type/subtype/lineage [n (%)]</b>		
<b>Influenza A</b>	<b>1 (100.00%)</b>	<b>1138 (71.44%)</b>
Subtyping performed	1 (100.00%)	1125 (98.86%)
A (H1N1)	0 (0.00%)	297 (26.40%)
A (H3N2)	1 (100.00%)	828 (73.60%)
Subtyping not performed	0 (0.00%)	13 (1.14%)
<b>Influenza B</b>	<b>0 (0.00%)</b>	<b>451 (28.31%)</b>
Lineage testing performed	0 (0.00%)	409 (90.69%)
B/Victoria	0 (0.00%)	39 (9.54%)
B/Yamagata	0 (0.00%)	370 (90.46%)
Lineage testing not performed	0 (0.00%)	42 (9.31%)
<b>Other*</b>	<b>0 (0.00%)</b>	<b>4 (0.25%)</b>

<sup>†</sup>Laboratory data in 2016-2017 and 2017-2018 season reports may not be comparable to reports from seasons previous to 2016-2017 because the data only includes hospital laboratories data for the current season

\*Other denotes specimens with coinfections (i.e. one specimen was positive for both influenza A (H1N1) and influenza A (H3N2))

### Other Respiratory Viruses

The NREVSS system collects information on a variety of respiratory viruses in addition to influenza including parainfluenza virus, respiratory syncytial virus (RSV), rhinovirus, human metapneumovirus (HMPV), seasonal coronavirus, and respiratory adenovirus. The results for the current week are summarized below.

Table 4: Non-Influenza Respiratory Virus Testing Performed by Texas NREVSS Laboratories for the Current Week

Virus	Number of Laboratories Testing	Tests Performed	Positive Tests	Percentage of Tests Positive
Adenovirus (respiratory)	6	360	14	3.89%
HMPV	7	402	0	0.00%
Parainfluenza virus	7	528	11	2.08%
Rhinovirus	6	360	151	41.94%
RSV <sup>†^</sup>	11	458	8	1.75%
Seasonal coronavirus (does not include MERS-CoV)	3	296	8	2.70%

<sup>†</sup>RSV tests displayed in the table are a combination of antigen detection, PCR, and culture tests. Some non-NREVSS reporters also contribute to the RSV data.

<sup>^</sup>Numbers and percentage may differ from the weekly RSV report. The weekly RSV report may be accessed at <https://www.dshs.state.tx.us/RSV/disease/rsv-Data.aspx>.

## U.S. Outpatient Influenza-like Illness Surveillance Network (ILINet)

Table 5: Texas ILINet Reporting and Patient Visit Summary for the Current Week

	Week 38
Number of providers reporting <sup>†</sup>	97
Number of providers reporting patient visits	97
Number (%) of providers with at least one ILI case	74 (76.29%)
Percentage of all visits due to ILI	2.50%
Texas ILINet baseline <sup>‡</sup> , 2017-2018	6.41%

<sup>†</sup>Reporting providers include both ILINet and RVSP providers.

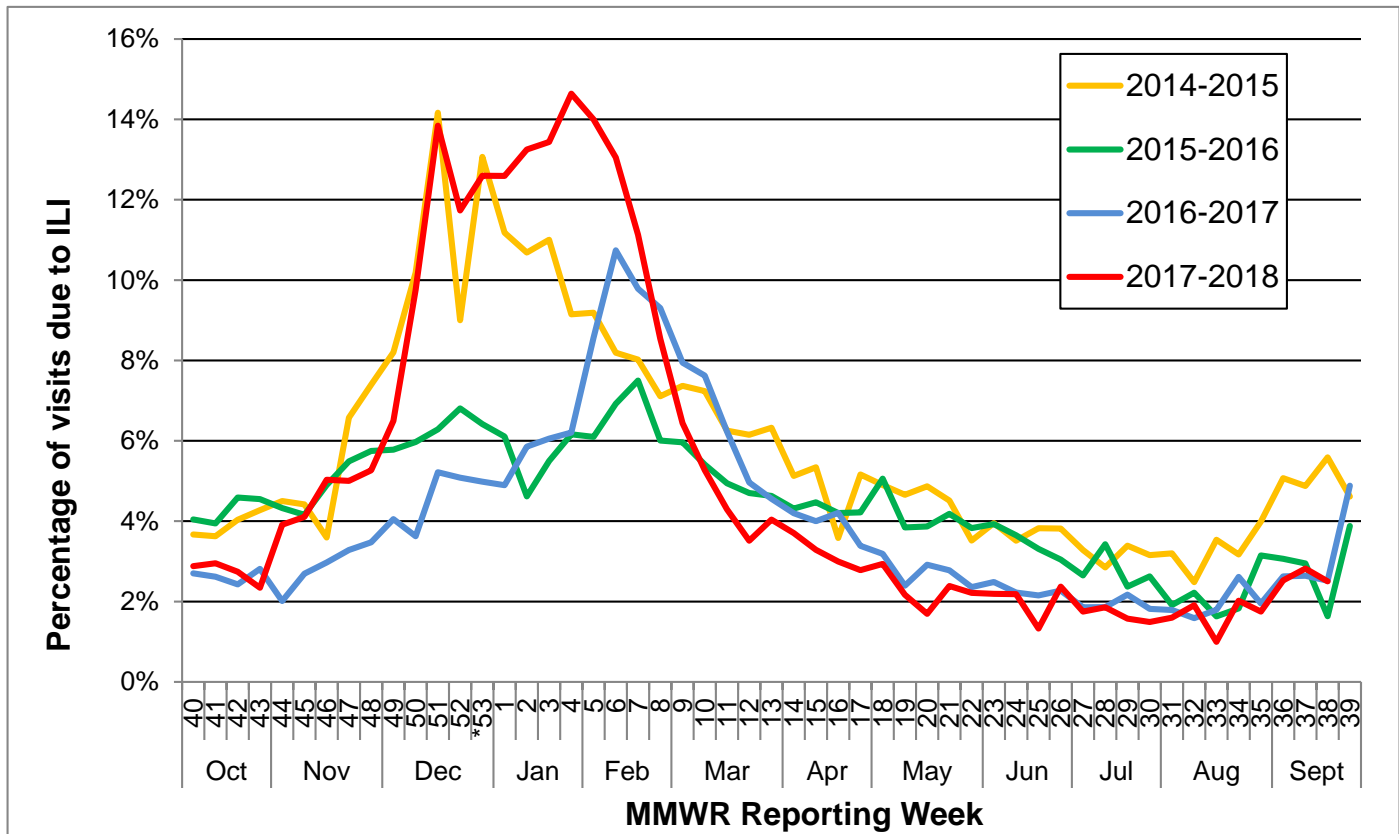
<sup>‡</sup>The baseline is the mean percentage of patient visits for ILI during non-influenza weeks for the previous three seasons plus two standard deviations. A "non-influenza week" is defined as a week that accounted for less than 2% of the season's total number of specimens that tested positive for influenza

Table 6: Percentage of Visits for Influenza-like Illness Reported by Texas ILINet Providers (as of 9/27/2018 3:00 PM)

Week	Providers Reporting	Number of ILI Cases by Age Group (Years)					Total ILI (all ages)	Total Patients	ILI
		0-4	5-24	25-49	50-64	65+			
201740	116	165	327	166	120	140	918	31871	2.88%
201741	118	171	286	186	130	155	928	31433	2.95%
201742	115	153	282	188	114	127	864	31527	2.74%
201743	111	188	297	138	61	26	710	30309	2.34%
201744	81	206	386	156	117	147	1012	25857	3.91%
201745	114	224	504	292	166	131	1317	32080	4.11%
201746	115	292	627	366	179	192	1656	32907	5.03%
201747	116	230	390	309	143	108	1180	23582	5.00%
201748	112	298	577	423	169	74	1541	29259	5.27%
201749	116	341	692	443	279	250	2005	30858	6.50%
201750	115	391	1268	803	368	260	3090	31664	9.76%
201751	111	409	1603	1267	636	401	4316	31182	13.84%
201752	73	348	546	576	358	263	2091	17823	11.73%
201801	108	309	918	1333	605	263	3428	27226	12.59%
201802	112	309	1332	1552	786	428	4407	33264	13.25%
201803	115	359	1571	1319	650	397	4296	31975	13.44%
201804	115	466	2407	1504	732	381	5490	37505	14.64%
201805	114	432	2581	1314	625	334	5286	37768	14.00%
201806	115	419	2187	1186	611	355	4758	36464	13.05%
201807	114	318	1758	983	497	307	3863	34714	11.13%
201808	114	252	1190	778	388	262	2870	33607	8.54%
201809	111	195	808	539	318	208	2068	32101	6.44%
201810	108	200	501	408	216	175	1500	28468	5.27%
201811	107	146	258	309	148	141	1002	23342	4.29%
201812	109	131	332	253	168	156	1040	29586	3.52%
201813	106	143	303	233	145	121	945	23395	4.04%
201814	93	116	230	134	100	155	735	19844	3.70%
201815	90	89	200	113	98	145	645	19630	3.29%
201816	108	142	278	226	119	129	894	29830	3.00%
201817	107	130	249	177	116	131	803	28868	2.78%
201818	103	102	238	193	109	135	777	26471	2.94%
201819	96	120	210	116	40	23	509	23488	2.17%
201820	95	93	148	95	32	23	391	23078	1.69%
201821	99	96	171	125	86	105	583	24408	2.39%
201822	98	73	146	92	67	88	466	21051	2.21%
201823	95	76	121	102	82	99	480	21911	2.19%
201824	97	88	104	109	80	96	477	21828	2.19%
201825	91	64	77	77	24	8	250	18842	1.33%
201826	96	64	107	87	71	106	435	18343	2.37%
201827	95	39	71	74	57	72	313	17892	1.75%
201828	96	48	76	97	76	89	386	20806	1.86%
201829	95	43	78	66	65	72	324	20555	1.58%
201830	95	47	70	75	54	70	316	21176	1.49%
201831	95	35	89	77	62	84	347	21696	1.60%
201832	56	41	50	53	47	61	252	13212	1.91%
201833	87	45	63	50	12	13	183	18346	1.00%
201834	92	44	94	99	81	104	422	20905	2.02%
201835	82	48	93	88	66	84	379	21649	1.75%

Week	Providers Reporting	Number of ILI Cases by Age Group (Years)					Total ILI (all ages)	Total Patients	ILI
		0-4	5-24	25-49	50-64	65+			
201836	97	97	189	99	67	73	525	20796	2.52%
201837	95	99	230	116	78	111	634	22469	2.82%
201838	97	105	221	128	94	112	660	26386	2.50%

Figure 1: Percentage of Visits Due to Influenza-like Illness reported by Texas ILINet Participants, 2014–2018 Seasons\*



\*There was a week 53 in the 2014-2015 influenza season, but there is not a week 53 for the 2017-2018 influenza season or the other previous seasons; therefore, the week 53 data point for those seasons is an average of week 52 and 1.

### Reports from Health Service Regions

Reports were received from seven Health Service Regions (HSRs) during week 38

Table 7: Influenza Activity Compared to week 37 by Health Service Region (HSR)

Influenza Activity Comparison	Health Service Region (HSR)
Increased	1, 2/3, 4/5N, 6/5S, 7, and 8
Same	9/10
Decreased	
Unsure	

### Variant Influenza Viruses

No variant or novel influenza viruses have been detected in Texas during the 2017-2018 season.

## Institutional Outbreaks and School Closures

One influenza-like illness outbreak was reported during week 38 in HSR 7 at a long-term care facility. Thirty-four residents reported symptoms of ILI. Three of the residents tested positive for rhinovirus. Control measures included isolation of ill, cohorting of ill/exposed and well, movement of staff limited, and facility procedures were modified.

## P&I Mortality Surveillance Data

Pneumonia and influenza (P&I) death data are obtained from death certificates of Texas residents whose underlying or contributing cause(s) of death is reported as pneumonia or influenza. P&I deaths are identified based on ICD-10 multiple cause of death codes. In particular, P&I deaths are based on ICD-10 pneumonia and influenza mortality codes.

Eleven thousand nine hundred and seventeen P&I deaths have been reported in Texas during the 2017-2018 influenza season.

Table 8: Texas P&I Deaths Occurring Oct. 01, 2017- Sept. 26, 2018\* by Age

Age Category (years)	Number of P&I Deaths <sup>+</sup>	Mortality Rate (per 100,000)
0 - 4	54	2.56
5 - 17	25	0.46
18 - 49	703	5.41
50 - 64	2014	39.37
65 +	9121	248.45
Overall	11917	40.58

\*NOTE: Data are provisional and subject to change, errors, and duplicates

<sup>+</sup> If the cell count is less than 10, the number of P&I deaths is suppressed and <10 is written in the cell.

Table 9: Texas P&I Deaths Occurring Oct. 01, 2017- Sept. 26, 2018\* by Health Service Region (HSR)

HSR	Number of P&I Deaths	Mortality Rate (per 100,000)
1	462	50.19
2/3	3452	40.64
4/5N	900	55.49
6/5S	2757	35.92
7	1401	39.12
8	1342	44.23
9/10	623	39.53
11	978	39.68
Unknown	<10	N/A
Overall	11917	40.58

\*NOTE: Data are provisional and subject to change, errors, and duplicates

## Influenza-Associated Pediatric Mortality

One influenza-associated pediatric death was reported in week 38 in a 7-year-old resident of HSR 2/3 with no underlying health conditions. A specimen collected from the child was positive for influenza B by rapid test. The child also tested positive for Methicillin-resistant *Staphylococcus aureus* (MRSA) in the blood. The child was not vaccinated for the current season.

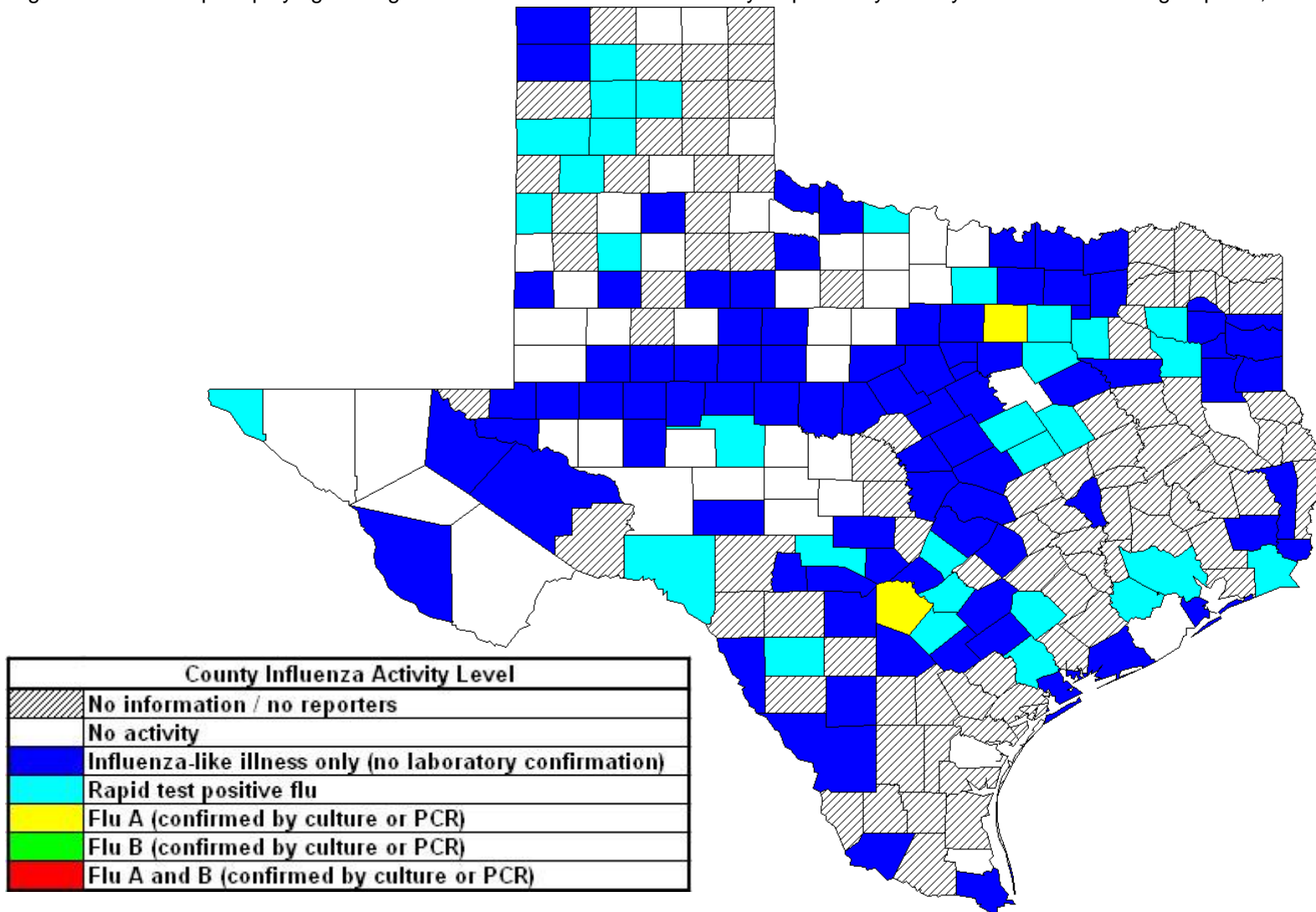
Seventeen influenza-associated pediatric death has been reported in Texas during the 2017-2018 influenza season. Cases of influenza-associated pediatric mortality (children <18 years of age) are reportable year-round and by law in Texas

Table 10: Influenza-Associated Pediatric Deaths Reported in Texas during the 2017–2018 Season

Month of Pediatric Death	Influenza A (H1N1)	Influenza A (H3N2)	Influenza A (Not Subtyped)	Influenza B	Influenza, Not Typed / Not Differentiated	Influenza virus co-infection: A (not subtyped) and B	Total, All Influenza Types / Subtypes
<b>2017</b>							
October	0	0	0	0	0	0	0
November	0	1	1	0	0	0	2
December	1	1	1	0	0	0	3
<b>2018</b>							
January	0	1	0	0	0	0	1
February	0	1	0	5	1	0	7
March	1	1	0	1	0	0	3
April	0	0	0	0	0	0	0
May	0	0	0	0	0	0	0
June	0	0	0	0	0	0	0
July	0	0	0	0	0	0	0
August	0	0	0	0	0	0	0
September	0	0	0	1	0	0	1
<b>Total</b>	<b>2</b>	<b>5</b>	<b>2</b>	<b>7</b>	<b>1</b>	<b>0</b>	<b>17</b>

## Statewide Influenza Activity Map

Figure 2: Texas Map Displaying the Highest Level of Influenza or ILI Activity Reported by County for the Week Ending Sept. 22, 2018 (MMWR Week 38)



Please note: The majority of influenza cases are not reportable by law in Texas. This map contains data from sentinel sites and only displays influenza and ILI cases that were reported to public health. Positive laboratory results are reported according to specimen collection date, or date received in the laboratory if the former is unknown.

# Texas Influenza Surveillance Components and Measures

Activity codes (see <http://www.cdc.gov/flu/weekly/overview.htm>)

## Statewide influenza activity level

A code reported weekly by states and territories to CDC indicating the geographic spread of influenza in the state. Levels are no activity, sporadic, local, regional, and widespread.

## ILINet Activity Indicator

A statewide level of influenza-like illness intensity (on a scale of 1-10, with 1 being the lowest level) assigned to each state weekly by CDC based on data reported through ILINet.

## Morbidity

### Novel/variant influenza

Thorough investigations are performed on all cases of novel/variant influenza. *This condition is reportable by law in Texas.*

### Texas ILINet

Providers voluntarily report weekly to CDC's ILINet system on the number of outpatient visits for ILI and total outpatient visits. Providers may submit up to 5 specimens per month for influenza testing. See <http://www.dshs.state.tx.us/idcu/disease/influenza/surveillance/ILINet/> for information on how to become an ILINet provider.

### ILI activity

Non-ILINet providers report ILI or influenza data weekly to local or regional health departments.

### Outbreaks

Healthcare, schools, childcare, and correctional facilities report ILI and influenza outbreaks to health departments in Texas. *This condition is reportable by law in Texas.*

## Mortality

### Pneumonia and Influenza (P&I) Mortality Surveillance

The DSHS Vital Statistics Unit collects death certificate information for all deaths on Texas residents from various partners such as funeral homes and local registrars around the state. The death certificates are then sent to the National Center for Health Statistics (NCHS) where the cause of death and underlying causes of death on the death certificates are coded with ICD-10 mortality codes. Once death certificates are coded, the information is sent back to DSHS Center for Health Statistics (CHS). CHS produces a Weekly Pneumonia and Influenza (P&I) Death Report and sends it to the State Influenza Surveillance Coordinator for inclusion in the Texas Weekly Flu Report. P&I deaths are identified based on ICD-10 multiple cause of death codes, and in particular, pneumonia and influenza mortality codes. Delays inherent in death reporting and coding practices may cause the number of reported P&I deaths to vary considerably each week.

### Influenza-associated pediatric deaths

Deaths that are associated with influenza in children < 18 years of age are reported to health departments in Texas. *This condition is reportable by law in Texas.* <http://www.dshs.state.tx.us/idcu/disease/IAPM/>

## Laboratory

### DSHS Austin laboratory

Providers voluntarily submit specimens to the DSHS Austin laboratory for influenza PCR testing throughout the season. Providers sign up for this program through their local health departments.

### Laboratory Response Network (LRN) laboratories

Providers voluntarily submit specimens to one of the 9 Texas LRNs for influenza PCR testing throughout the season. Providers sign up for this program through their local health departments.

### NREVSS

Laboratories voluntarily report influenza and other respiratory virus data weekly through the CDC's online NREVSS reporting system. **Laboratories sign up for this program by contacting DSHS.** <http://www.cdc.gov/surveillance/nrevss/>

## Recommended Resources

*Texas Department of State Health Services*

DSHS influenza page: <http://www.texasflu.org/>

Influenza surveillance data and reports: <http://www.dshs.state.tx.us/idcu/disease/influenza/surveillance/>

Map of Texas Health Service Regions: <http://www.dshs.state.tx.us/regions/state.shtm>

*Centers for Disease Control and Prevention*

National FluView weekly flu report: <http://www.cdc.gov/flu/weekly/>

Variant influenza viruses: <http://www.cdc.gov/flu/swineflu/variant.htm>

Avian influenza viruses: <http://www.cdc.gov/flu/avianflu/index.htm>

Swine influenza viruses: <http://www.cdc.gov/flu/swineflu/index.htm>

Infection Control in Healthcare Facilities: <http://www.cdc.gov/flu/professionals/infectioncontrol/>

Seasonal Flu Information for Schools and Childcare Providers: <http://www.cdc.gov/flu/school/index.htm>

*World Health Organization*

Influenza page: <http://www.who.int/topics/influenza/en/>

Disease Outbreak News: <http://www.who.int/csr/don/en/>