

Texas School Health Advisory Committee Meeting Minutes

November 1, 2021

10:00 a.m.

Health and Human Services Commission

Meeting Site:

Microsoft TEAMS Live Event

Table 1: Texas School Health Advisory Committee member attendance at November 01, 2021 meeting

MEMBER NAME	YES	NO	MEMBER NAME	YES	NO
Bajwa, Nomita, Pharm D	X		Naik, Neel, MD	X	
Cabra, Nydia	X		Mosley, Michael	X	
Carollo, John	X		Rios, Eduardo	X	
Fudge, Barney	X		Saxton, Josette, MSSW	X	
Gardner, Julie. MEd		X	Schwind, Karen	X	
Glasscock, Bena, LPC	X		Silvius, Pete	X	
Kay, Patricia MD		X	Surani, Zehra	X	
Kelly, Michael, PhD. Med, Chair	X		Tyler, Mandy, Med, RD	X	
Mitchell, Li-Yu MD	X		Dilley, Kelsii	X	

Agenda Item 1: Welcome/Call to Order/Introductions

The meeting of the Texas School Health Advisory Committee (TSHAC) was called to order at 10:00 a.m., Monday, November 01, 2021 by Mr. Eric Owens of the HHSC Advisory Committee Coordination Office. Mr. Owens announced the meeting was being conducted in accordance with the Texas Open Meetings Act and conducted the roll call of the members.

A quorum of the Committee was present. Dr. Kelly provided the opening remarks to the committee, and members of the public. Members introduced themselves including location and category of TSHAC membership they represent.

Agenda Item 2: Approval of the Meeting Minutes for the March 29, 2021 TSHAC Meeting.

Mr. Eric Owens of the HHSC Advisory Committee Coordination Office called for a motion to approve the March 29, 2021 meeting minutes.

Motion: Mr. Eduardo Rios moved to approve the minutes from the March 29, 2021 meeting as presented. Ms. Nomita Bajwa seconded the motion. Committee members approved the minutes with sixteen approves, no disapproves, no abstentions.

Agenda Item 3: Presentation to the TSHAC by Michelle Smith, from Action for Healthy Kids, regarding local school health advisory council (SHAC) work throughout the state.

- Ms. Smith provided a brief history of Action for Healthy Kids and explained their efforts to improve the health of students throughout the state. She stated that her organization is trying to help local SHACs throughout the state especially after the changes to SHAC requirements in the 87th legislative session. She encouraged members to share information about the Texas SHAC Network with local SHACs.
- Ms. Schwind thanked Ms. Smith for the presentation. She expressed concern with the number of districts and the number of counties that do not have school nurses. Ms. Schwind also expressed concern that the school nurse consultant position has not been filled yet.
- Ms. Bajwa thanked Ms. Smith for the presentation and the help that she and Action for Healthy Kids provide to local SHACs. She recommended that TSHAC find more ways to connect with local SHACs to best support them.
- Ms. Wiseman the DSHS Tobacco, Diabetes, and School Health Unit Director expressed thanks to Ms. Smith for her presentation and informed the committee that the School Health Program is working with leadership on future projects so DSHS can identify the best use of resources and make the most difference. She stated that DSHS is actively trying to recruit for the School Nurse Consultant position but DSHS has not found a suitable applicant, yet.
- Dr. Mitchell thanked Ms. Smith for the presentation and informed the committee that the Texas Medical Association and Texas Academy of Family Physicians are encouraging their members to be involved in local SHACs. Dr. Mitchell asked if there was a contact list for local SHACs.
 - Ms. Smith responded that the purpose of the Texas SHAC Network is to create a contact list of local SHACs. There is not a master list for SHACs.
- Dr. Naik thanked Ms. Smith and asked how TSHAC shares information with local SHACs.
 - Ms. Dilley stated that DSHS sends weekly updates in the *Friday Beat* and routes questions that DSHS receives through the School Health inbox. In addition, DSHS has several listserves that information is shared through.
- Ms. Saxton thanked Ms. Smith for the presentation and stated that in her experience that never every SHAC knows of the TSHAC and other resources due to member turnover and other difficulties. Ms. Saxton suggested that school district establish a stand-alone email account for SHACs.
 - Ms. Smith stated that a lot of districts do that for PTA and that it is a good idea.
 - Ms. Dilley said she will take these ideas back to leadership.

Agenda Item 4: Discussion related to House Bill 1525, 87th Legislative Session, 2021, which amended Education Code, §28.004, relating to meeting requirements SHACs

- Ms. Dilley stated that the bill does not directly impact DSHS, the new law will require DSHS to update the SHAC Guide relating to new SHAC meeting requirements and a process for adopting curriculum materials for human sexuality. The guide is anticipated to be updated in early 2022 and an announcement will be sent in the *Friday Beat*.
- Ms. Saxton asked when the guide will be posted.
 - Ms. Dilley said she is anticipating it will be posted on their website by early 2022.
- Ms. Bajwa asked if there is anything that DSHS will be posting for parent chairs of local SHACs.
 - Ms. Dilley stated that DSHS is not creating anything at this time.
 - Dr. Kelly asked if TSHAC could undertake creating that document.
 - Ms. Dilley said that she will take it to leadership.
- Ms. Bajwa asked if data is being collected on how this law will impact the number of students who receive human sexuality instruction.
 - Ms. Dilley said that is not reported to DSHS.
 - Mr. Fudge also said that TEA does not track that.
- Ms. Tyler supported the idea that TSHAC develop resources for local SHACs on the changes from HB 1525.
- Dr. Kelly asked if members would be interested in working on that subcommittee if it is within TSHAC scope. Mr. Rios, Dr. Mitchell, Ms. Glasscock, and Ms. Cabra expressed interest in being on that subcommittee.
- Dr. Naik asked if schools obtained opt out or opt in consent for human sexuality instruction.
 - Mr. Fudge stated that district must obtain written consent before a child can receive human sexuality instruction.

Agenda Item 5: Updates to the TSHAC Document Revision Schedule.

- Ms. Dilley stated that three documents are up for revision: Late Start School Activities for Students in High School, Benefits to Students and School Districts that Prohibit Physical Activity as Punishment, and Health Education for all Texas Students K-12.
- Dr. Kelly requested members to volunteer to be on these subcommittees.
 - Late Start School Activities for Students in High School subcommittee is composed of Ms. Schwind, Mr. Carollo, and Ms. Bajwa.
 - Benefits to Students and School Districts that Prohibit Physical Activity as Punishment subcommittee is composed of Mr. Silvius, Mr. Rios, and Ms. Glasscock.
 - Health Education for all Texas Students K-12 subcommittee is composed of Dr. Mitchell, Mr. Rios, Mr. Carollo, and Ms. Bajwa.

Agenda Item 6: Review of diabetes resource lists.

Ms. Dilley stated that the School Health Program has added more resources to the diabetes section under the school health related topics webpage.

- Ms. Schwind asked if the webpage includes information for parents on the Texas Risk Assessment for Type 2 Diabetes in Children.
- Ms. Dilley informed the committee that that assessment is included.

Agenda Item 7: Updates from the Texas Education Agency, Texas Department of Agriculture, and Texas Department of State Health Services.

- Dr. Kelly introduced Mr. Barney Fudge with the Texas Education Agency (TEA). Mr. Fudge stated that the changes in HB 1525 are directed to the local school district and districts will need to work with their legal representation to address the changes to determine the best course of action for their district. In addition, districts may want to reach out to the Texas Association of School Boards. TEA is currently in a blackout period regarding the call for materials for Coordinated School Health Programs. The Physical Fitness Assessment data for the 2021-2022 academic year will due on June 10, 2022. Resources and guides to help district submit data are on the Physical Fitness Assessment Initiative webpage. The State Board of Education adopted new K-12 health education and physical education Texas Essential Knowledge and Skills (TEKS) to include new standards for K-8, three new high school courses for health education, and three new courses for physical education. The new TEKS can be accessed on the Adopted State Board of Education Rules—Not Yet Effective web page. The instructional materials for health education and physical education will be announced in the Review and Adoption newsletter.
- Dr. Kelly introduced Mr. Michael Mosley with the Texas Department of Agriculture (TDA). Mr. Mosley stated that TDA's Farm to Fresh Challenge is back since 2019. TDA has received increased requests for information on National School Lunch Week. For the 2020-2021 school year, Pandemic Electronic Benefit Transfer (PEBT) has been issued for over 3.8 million Texas children. TDA is continuing to offer federal flexibilities due to COVID-19 that allows schools to offer meals at no charge to all students.
- Dr. Kelly introduced Ms. Kelsii Dilley with the Department of State Health Services (DSHS). Ms. Dilley stated that DSHS has had a few staffing changes. Anita Wheeler retired and the school nurse consultant position is posted. Hayden Evans was promoted, and his position is also posted. Ms. Dilley stated that she will be moving to HHSC. The School-Based Health Center funding was eliminated during this past regular legislative session, but DSHS plans to continue to support school-based health centers by becoming a school-based health center hub. The School Health Program is working with leadership on ideas for future projects to incorporate more components of the Whole School, Whole Community, Whole Child model.

Agenda Item 8: Scheduling of the next TSHAC meeting and future meeting dates.

Ms. Dilley stated that DSHS will be in contact with the committee when they finalize the meeting dates in February and September 2022.

Agenda Item 9: Future TSHAC agenda topics and priorities

- Dr. Kelly asked if the subcommittees document revisions will be in the February agenda
 - Ms. Dilley stated that it depends on how quickly to subcommittee completes the revisions and is approved through DSHS.
- Mr. Rios requested that the Mental Health and Suicide Prevention Resources Toolkit on the document revision schedule should be revisited because of the mental health effects of the pandemic.
 - Dr. Kelly stated that it will be added as an agenda item in the next meeting.
 - Ms. Saxton supported the idea to revisit the toolkit and requested that TEA speak to TSHAC on their school mental health efforts and resources.

Agenda Item 10: Public Comment

Public comment was offered by Ms. Faith Colson.

- Ms. Colson voiced concern on HB 3489. This bill requires schools to adopt a policy for the effective integration of digital devices, and it gives TEA two years to develop model health and safety guidelines in consultation with HHSC. She emphasized the importance of addressing the possible risks of screen time and internet access. Mr. Rios asked if TSHAC has a resource on this topic or if it is within the purview of the committee.
- Dr. Kelly suggested we add this as an agenda item for the next meeting.

Agenda Item 11: Adjournment

Dr. Michael Kelly, Chair, provided closing remarks and thanked committee members and members of the public for their attendance. Dr. Kelly, Chair, adjourned the meeting at 11:27 a.m.

Below is the link to the archived video of the November 01, 2021 Texas School Health Advisory Committee meeting that will be available for viewing approximately two years from date meeting was posted on website and based on the DSHS records retention schedule.

<https://texashhsc.swagit.com/play/11012021-566/2/>