

Oral Health Among Pregnant Women in Texas

Pregnancy Risk Assessment Monitoring System, 2016-2020

The Pregnancy Risk Assessment Monitoring System (PRAMS) is a survey designed by the Centers for Disease Control and Prevention (CDC) to identify and track selected maternal experiences before, during, and after pregnancy. Mothers who are residents of Texas and who have recently given birth may complete and submit PRAMS surveys by phone or mail.



Taking care of your teeth and gums while pregnant is safe and smart. Changes in your oral health can impact the health of your baby. That's why it's important to visit a dentist during your pregnancy.



It is safe to receive dental care at any stage of pregnancy. Yet, **23.9%** of Texas mothers who did not see a dentist during pregnancy did not think it was safe to do so.



From 2016-2020, only **34.4%** of mothers in Texas had a dental cleaning during their pregnancy.



In Texas, Non-Hispanic White mothers (**43.2%**) were significantly more likely to have received a dental cleaning during their pregnancy than Non-Hispanic Black (**29.2%**) or Hispanic (**28.5%**) pregnant women from years 2016-2020.

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