



TEXAS
Health and Human
Services

**Texas Department of State
Health Services**

Transition to Adulthood Learning Collaborative

Fiscal Year (FY)23, Quarter 1

November 2, 2022

Housekeeping (1 of 2)

- All lines are in a listen-only mode;
- To speak, **click the raise hand icon** and the organizer will unmute your line;
- If your computer does not have a mic, please use the phone for audio;
- **Dial the audio pin** to enable audio; and
- **Use the Question box** to:
 - Communicate with organizers;
 - Ask the speaker a question; and
 - Get help with technical difficulties.

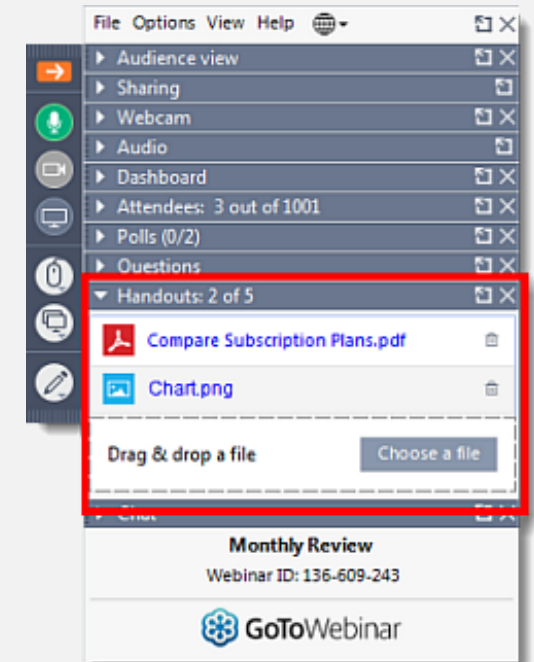
The first screenshot shows a control panel with four icons and their corresponding labels: an orange arrow icon for 'Hide the Control Panel', a green microphone icon for 'Mute your line', a white document icon for 'Screen preferences', and a green hand icon for 'Raise your hand'. A red arrow points from this panel to the second screenshot.

The second screenshot shows a dial-in screen with a red box around the 'Audio PIN: 52' field. Other visible information includes 'Dial: +1 (805) 879-4133', 'Access Code: 602-851-926', and 'Already on the call? Press #52# now.' A red arrow points from this screen to the third screenshot.

The third screenshot shows the audio settings window with 'MUTED' status and a 'Questions' section at the bottom. The 'Audio' section shows 'Computer audio' selected and 'Phone call' unselected. The 'Questions' section has a text input field and a 'Send' button. At the bottom, it says 'Multi windows different registrants' and 'Webinar ID: 900-960-603'.

Housekeeping (2 of 2)

- The agenda and slides are available in the Handouts section.
- Look for the Handouts pane in the Control Panel.
- Today's call will be recorded.



Join our Learning Collaborative!

To join our Transition to Adulthood Learning Collaborative (TALC) and receive future meeting invitations, please email Ivy Goldstein at ivy.goldstein@dshs.texas.gov.

Agenda

1. Welcome
2. Presentation: *Tech Talk: Using Technology to Transform Transition Planning*
3. Upcoming Events
4. What's New? Resources and Publications
5. TALC Member Updates
6. Adjourn

Tech Talk: Using Technology to Transform Transition Planning

Cristen Carson Reat

Co-Founder and Program Director, Bridging Apps

Easter Seals Greater Houston

TechTalk: Using Technology to Transform Transition Planning



Agenda

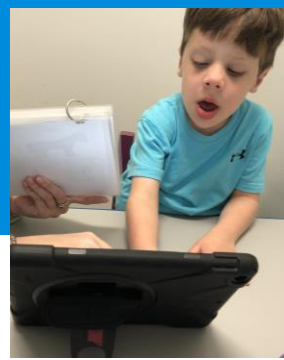
- Our Story
- BridgingApps.org Free App Search Tool Overview
- Apps Discussion and Examples
- Transition Tool – TexasYouth2Adult.com
- Q&A

Our Story



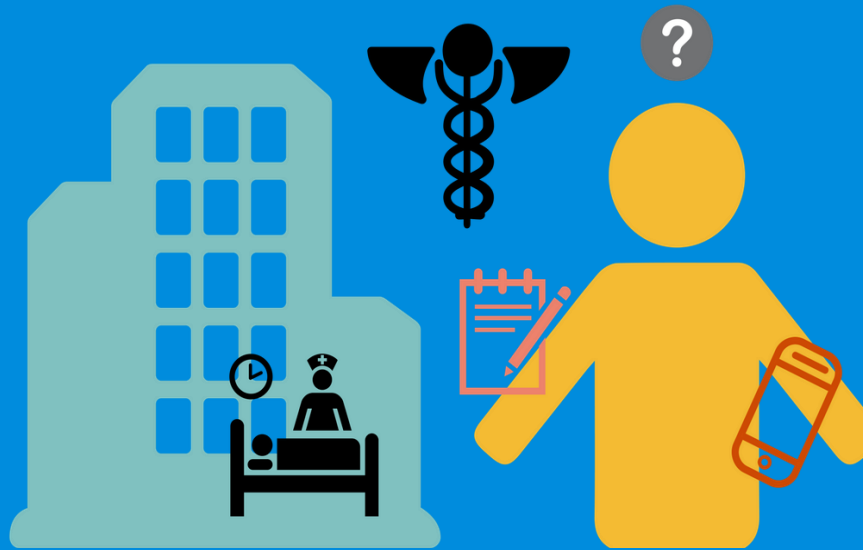
We want to help empower people with disabilities to

REACH THEIR HIGHEST POTENTIAL



Technology such as mobile devices can empower families to:

- Begin planning early
- Ask the right questions
- Access resources to make this transition easier



Because 95% of teens have access to a smartphone and digital content appeals to children and young adults, mobile devices and apps can engage and encourage young adults to participate more fully in their own transition to adulthood.

Consider BridgingApps a shortcut for finding apps for special needs:

- Getting Started
- App reviews and lists
- Success Stories
- Hardware and Accessories
- Programs and Trainings

www.BridgingApps.org

BRIDGINGAPPS A PROGRAM OF easterseals Greater Houston

Home About + Getting Started **App Search +** Services + Communities + Blog Donate Help

Bridging The Gap

We believe that it is more important to focus on the person who will be using the technology, rather than the device itself.

App Database

Search for apps reviewed using standards-based assessment tools

- [Featured App Lists](#)
- [Become a Reviewer](#)
- [App Developers](#)
- APP SEARCH**

Get Started

Learn to use mobile devices to effectively target skill development

- [Learn](#)
- [Calendar](#)
- [How-To Videos](#)
- BLOG**

Community

Join our community to get involved and keep up with the latest resources

- [Families](#)
- [Seniors](#)
- [Veterans](#)
- CAREGIVERS**

SEARCH FOR APPS FOR YOUR PHONE OR TABLET

The screenshot shows the BridgingApps website interface. At the top left is the logo for BRIDGINGAPPS, which includes a stylized bridge icon. To the right of the logo is a 'Select Language' dropdown menu and two 'Sign In' links. Below the logo is a large banner with the text 'Search Database: Make Life Easier with Helpful Apps'. Underneath the banner is a search bar with the placeholder text 'Search by keyword or diagnosis' and a blue 'Search Apps' button. On the left side of the page, there are two sections: 'Sort By' and 'Categories'. 'Sort By' includes options for Date, Price, and Ratings, each with a downward arrow. 'Categories' includes options for Tools For, Augmentative and Alternative Communication (AAC), Learning, Independent Living, Health & Safety, and Leisure & Recreation, each with a downward arrow. Below these is a 'Filter By' section with options for Platform and Age, each with a downward arrow. The main content area features a blue banner titled 'Back to School Apps for Elementary Students (and Parents)' with a smartphone icon. Below this banner are six app icons: a boy's face, an ampersand, a cow, a bear, a bus, and a jar. To the right of these icons is the text 'Our favorite must-have educational apps!' and a 'View List' link. Below the banner is a section titled 'Not sure where to start?' with a thinking face icon. The text below this section says 'Browse below to see the BridgingApps team's top curated lists, or click below to View All Lists.' and includes a blue 'View All Lists' button.



HOW TO SEARCH FOR APPS

BRIDGINGAPPS® A PROGRAM OF easterseals Greater Houston

Select Language Sign Up

Start by typing in a keyword or diagnosis into the search box.

Search Database: Make Life Easier with Helpful Apps

Search by keyword or diagnosis Search Apps

Use “Sort By”, “Filter By” and “Categories” to narrow down your search.

Sort By ⓘ

Date ^

Newest first

Oldest first

Price v

Ratings v

Filter By ⓘ

Platform ^

iPad

iPhone

Web Application

Android

Age v

Categories ⓘ

Tools For v

Augmentative and Alternative Communication (AAC) v

Learning v

Independent Living v

Health & Safety ^

Select All

Caregiving

General Health & Safety

Medication Management

Mental Health

Telehealth

HOW TO SAVE A SEARCH

Categories

Tools For

Augmentative and Alternative Communication (AAC)

Learning

- Select All
- Emotions & Mood
- General Learning
- Math
- Reading
- Science
- Social Studies
- Tools & Learning Platforms
- Writing

Independent Living

Health & Safety

Leisure & Recreation

Filter By

Platform

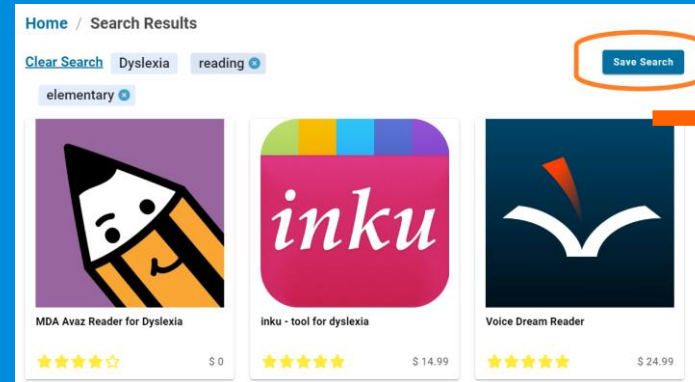
Age

- Senior
- Adult
- High School
- Middle
- Elementary
- Preschool
- Birth to 3

Home / Search Results

[Clear Search](#) Dyslexia reading elementary

Save Search



MDA Avaz Reader for Dyslexia \$0

inku - tool for dyslexia \$14.99

Voice Dream Reader \$24.99

Save Search

Name of search
dyslexia apps for elementary

Save Search

Access your saved searches by clicking on your name in the top right corner.

Hello user

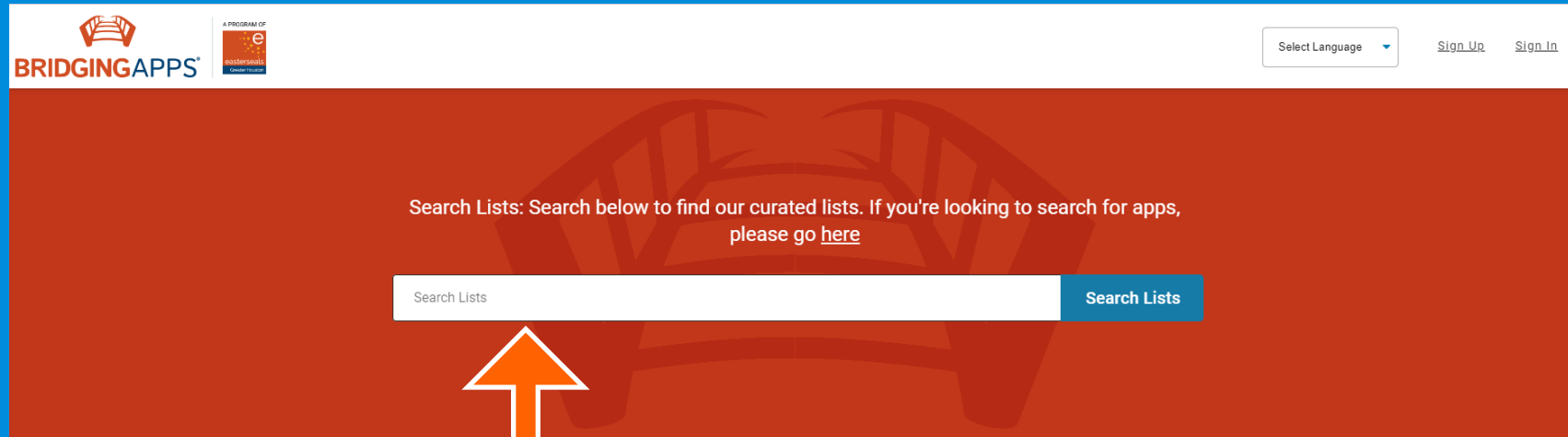
- Saved App Lists
- Saved Searches**
- Log out

Home / Saved Searches

Saved Searches

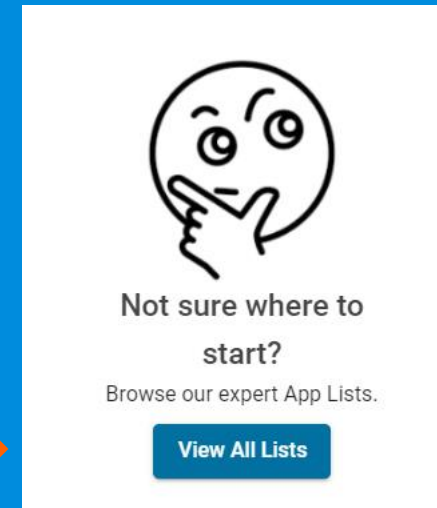
[dyslexia apps for elementary](#)

EXPERT CREATED APP LISTS



Search our lists by keyword or diagnosis

Or browse our variety of app lists



BLOGS ABOUT TECHNOLOGY



Staying Healthy with a Disability



The World of Forest Bathing



Getting Veterans Connected: Easter Seals Greater Houston and Recenter Houston



Making Technology Accessible to Older Adults



Easter Seals Greater Houston Named NDIA National Digital Navigator Corps Grantee



Tech Tools to Get You Back to School Ready | Parenting Special Needs Magazine



Back to School, Second Stage: Settling in for the Long Term



STAFF PICK LIST: Amy Fuchs on Education 🍎



Autumn Is on Its Way: Preparing for Cooler Weather 🍂



BridgingApps Back To School App | Brili Routines – Visual Timer

HEALTH & WELLNESS VIDEO SERIES

Digital Tools for Personal Wellness & Self-Care Apps

BridgingApps is excited to bring you this video series on personal wellness and self-care apps in partnership with the Digital Psychiatry Team at Beth Israel Deaconess Medical Center, a Harvard Medical School.

You can view the playlist of videos on our YouTube channel by clicking the button below:

[DIGITAL TOOLS FOR PERSONAL WELLNESS & SELF-CARE VIDEOS ON YOUTUBE](#)

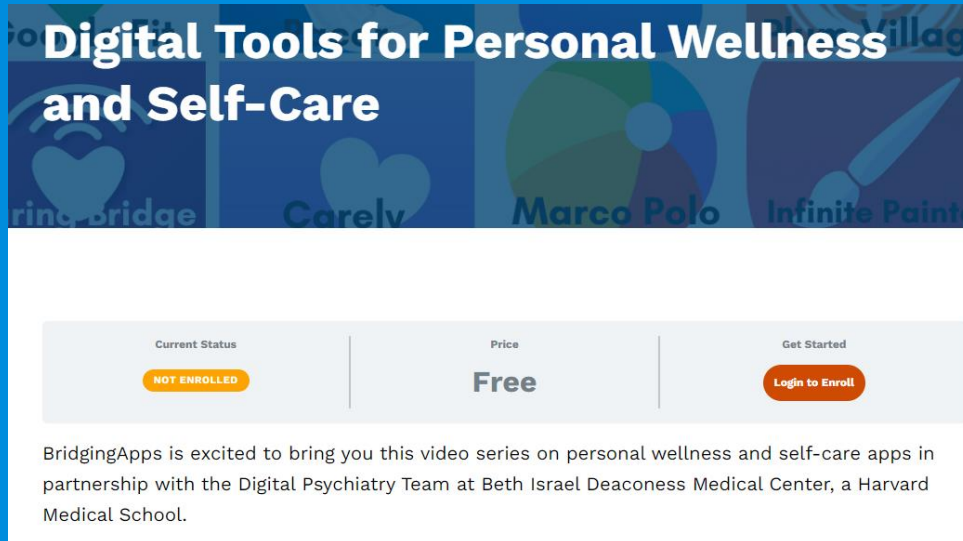
If you prefer a lesson format for learning new things, you can choose to view the video course by clicking the button below:

[DIGITAL TOOLS FOR PERSONAL WELLNESS & SELF-CARE VIDEO COURSE](#)



The screenshot shows a YouTube playlist titled "Personal Wellness & Self-Care Apps". It features a grid of 15 app icons including Medisafe, Pill Reminder, Quip, MoodKit, Pillow, Google Fit, iStacer, Calm, Plum Village, Insight Timer, Consumer Technology Association, Carely, Marco Polo, and Infinite Painter. A "PLAY ALL" button is visible at the bottom of the grid.

Digital Tools for Personal Wellness & Self-Care Apps



The screenshot shows a course landing page for "Digital Tools for Personal Wellness and Self-Care". The header features the course title and a background image with app logos like Ring Bridge, Carely, Marco Polo, and Infinite Painter. Below the header, there is a table with course details:

Current Status	Price	Get Started
NOT ENROLLED	Free	Login to Enroll

Below the table, the text reads: "BridgingApps is excited to bring you this video series on personal wellness and self-care apps in partnership with the Digital Psychiatry Team at Beth Israel Deaconess Medical Center, a Harvard Medical School."

FIND HELPFUL VIDEOS & MORE ON OUR YOUTUBE CHANNEL AND SOCIAL MEDIA

BridgingApps
2.77K subscribers

Customize channel Manage Videos

HOME VIDEOS **PLAYLISTS** COMMUNITY CHANNELS ABOUT

All playlists ▾

Created playlists

Coming to Terms: The Meaning of "Accessible" 31
CORE INTERMEDIA 10
Personal Wellness & Self-Care Apps 21
Lunch & Learn 1
Speechify 1
App Demos 4

Liked videos
Private
View full playlist

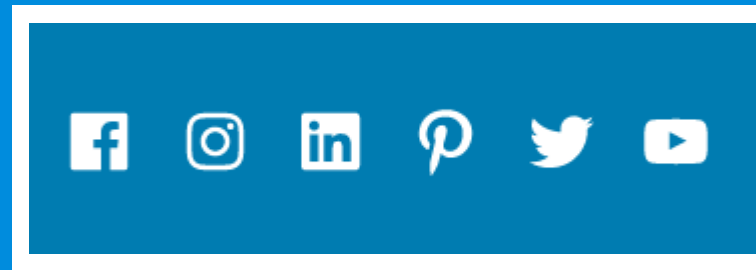
Wellness With Brittany Series
View full playlist

Digital Tools for Personal Wellness & Self-Care Apps
View full playlist

Lunch & Learn
Unlisted
View full playlist

Dollar General Apps
Unlisted
View full playlist

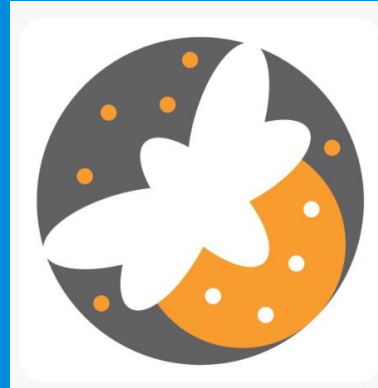
App Demos
View full playlist



Health & Safety



Simply Sayin'



Lightning Bug



Pillboxie



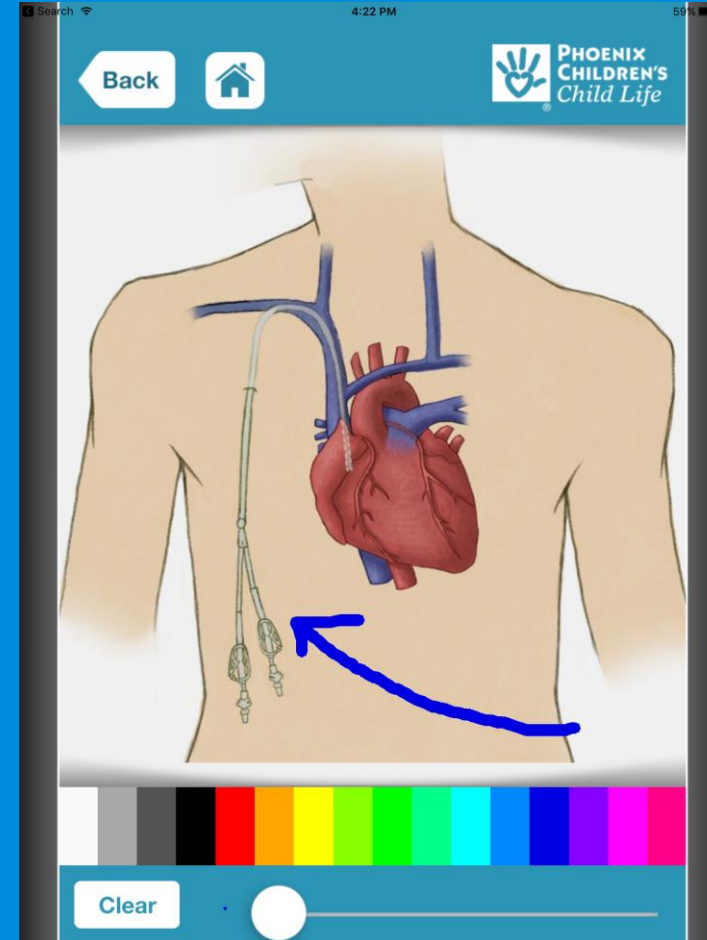
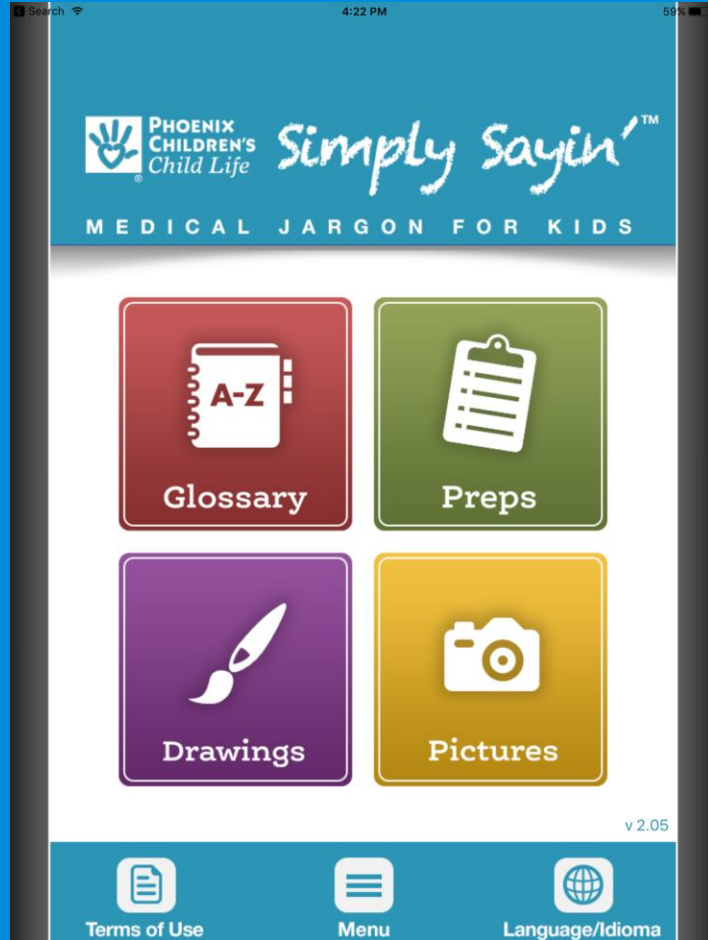
Walmart Wellness

Pillboxie



- ❖ Designed & developed by registered nurse with user friendly interface.
- ❖ Schedule medication reminders by visually dragging and dropping into virtual pill box.
- ❖ Completely customizable.
- ❖ No network connection required to use.

Simply Sayin' – Explain medical procedures

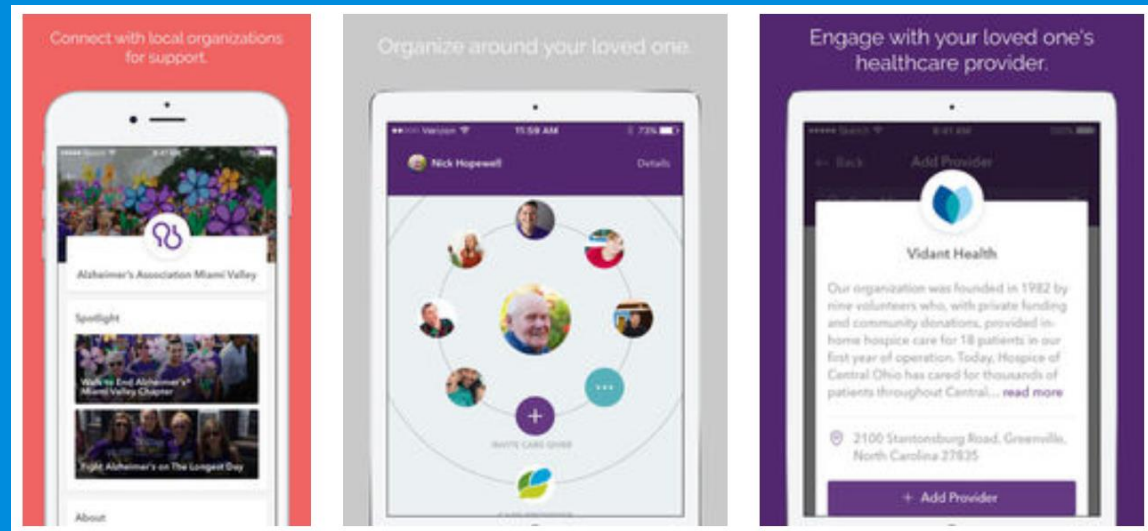




Carely

*Free App for iOS and Android

- Carely is
- Organize visits and engage personal support network participants
- [Click here for the full BridgingApps Review](#)



Money Skills



Money Up!-
Build Life Skills



Next Dollar Up

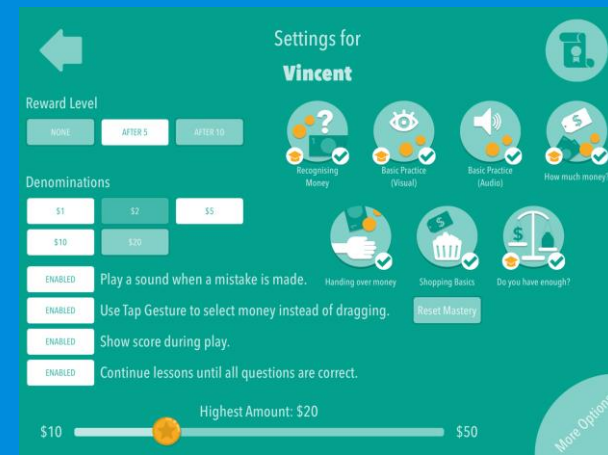
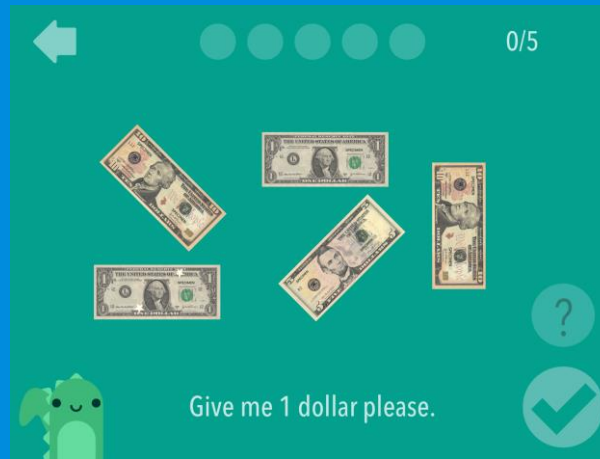
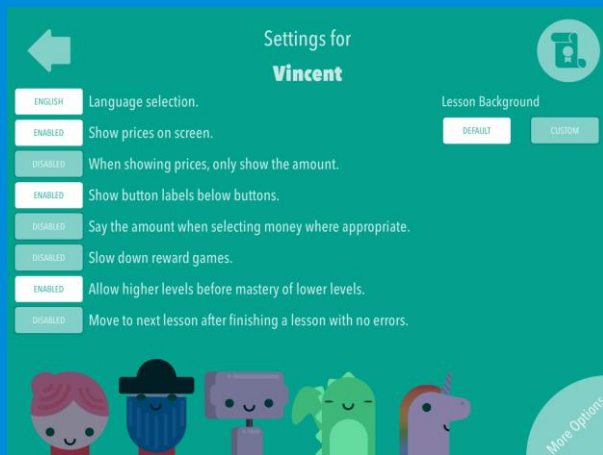


Dollars & Cents

Money Up! – Build Life Skills



- ❖ \$15.99 app for iOS to learn how to handle money
- ❖ Data tracking, multiple profiles, fun interactive lessons
- ❖ Accessible features like high contrast, customizable, add real life pictures



Self- Regulation/ Calming



Calm



Heat Pad HD: Relaxing
Surface

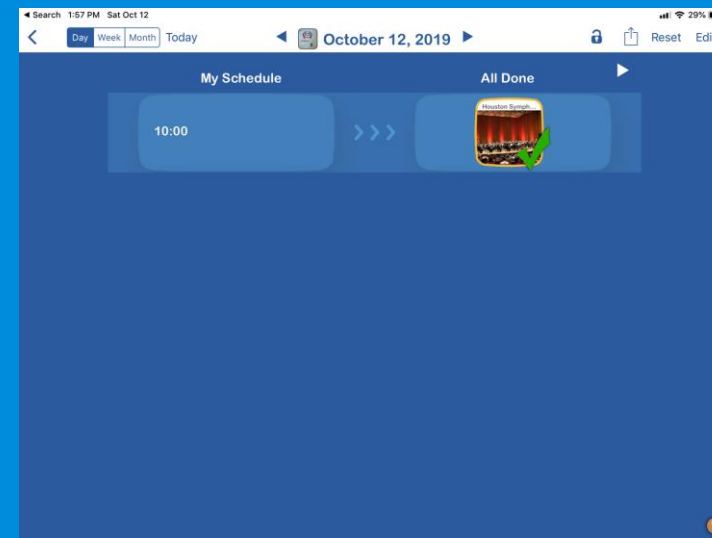


Shine

Choiceworks Calendar



- ❖ Visual calendar, 4.99 on iOS only
- ❖ Customizable, record voice, easy to use interface, good for non-readers
- ❖ Check off when activity or event is done, helps with transitions and those with anxiety



Web-Based Tools



Cognitopia.com



Morphic.org



IfiNeedHelp.org

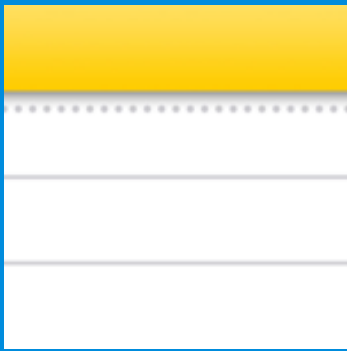


Notarize

Free to download
Android and iOS

- Legally and securely notarize documents in minutes without leaving your home using the camera on your mobile device
- Chat with a Notary online and get any document notarized for \$25 per document
- After it is notarized, the document is available to access for emailing or downloading from the app anytime
- [Click here for the full BridgingApps Review](#)

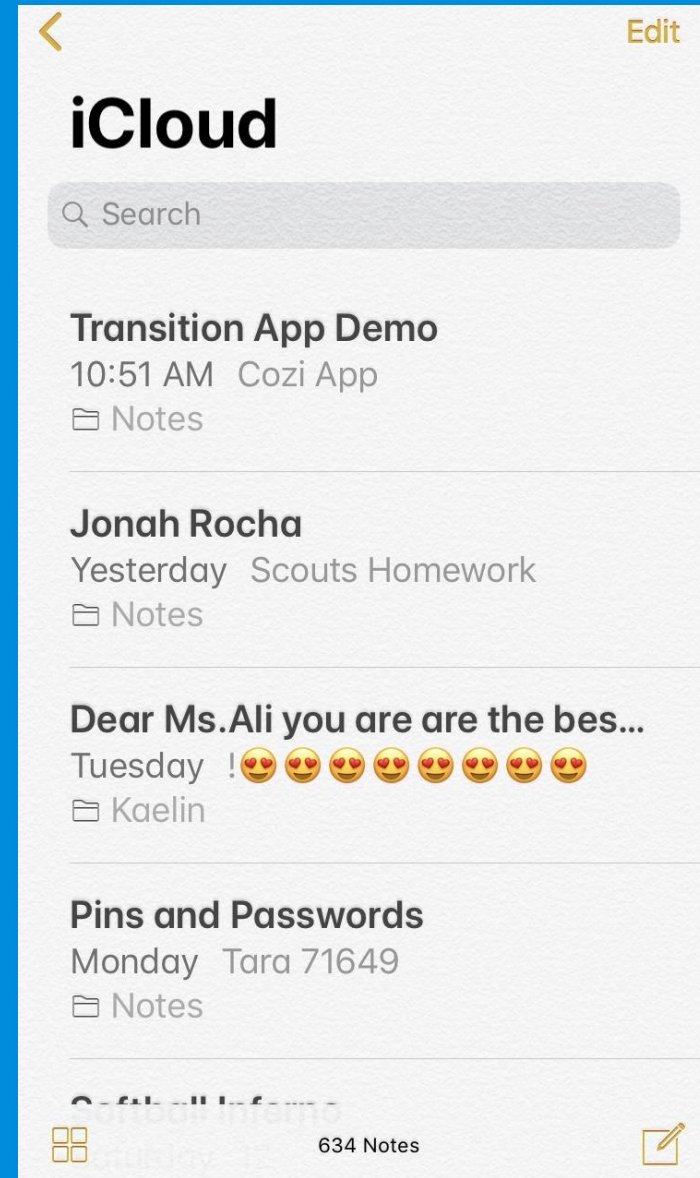




Notes

***Free App that comes preloaded on Apple iOS devices**

- Notes is a great way to jot down notes on a daily basis and it is included on all Apple devices. Jot down notes
- Notes sync across all devices
- Create custom notes, organize them in file folders, add checklists, pictures, maps, attachments and more. Ability to scan business cards and documents
- Excellent app for families and students who may be transitioning from high school to college or the work force.
- [Click here for the full BridgingApps Review](#)





SnapType Pro

\$4.99

Android and iOS

- Using the camera on your device, allows you to take a picture of a worksheet and then type onto the worksheet
- The pro version allows you to use the drawing feature so that children can write the answer or draw lines to connect answers
- Free version only allows you to store 3 documents, both allow you to make folders to organize documents
- [Click here for the full BridgingApps Review](#)

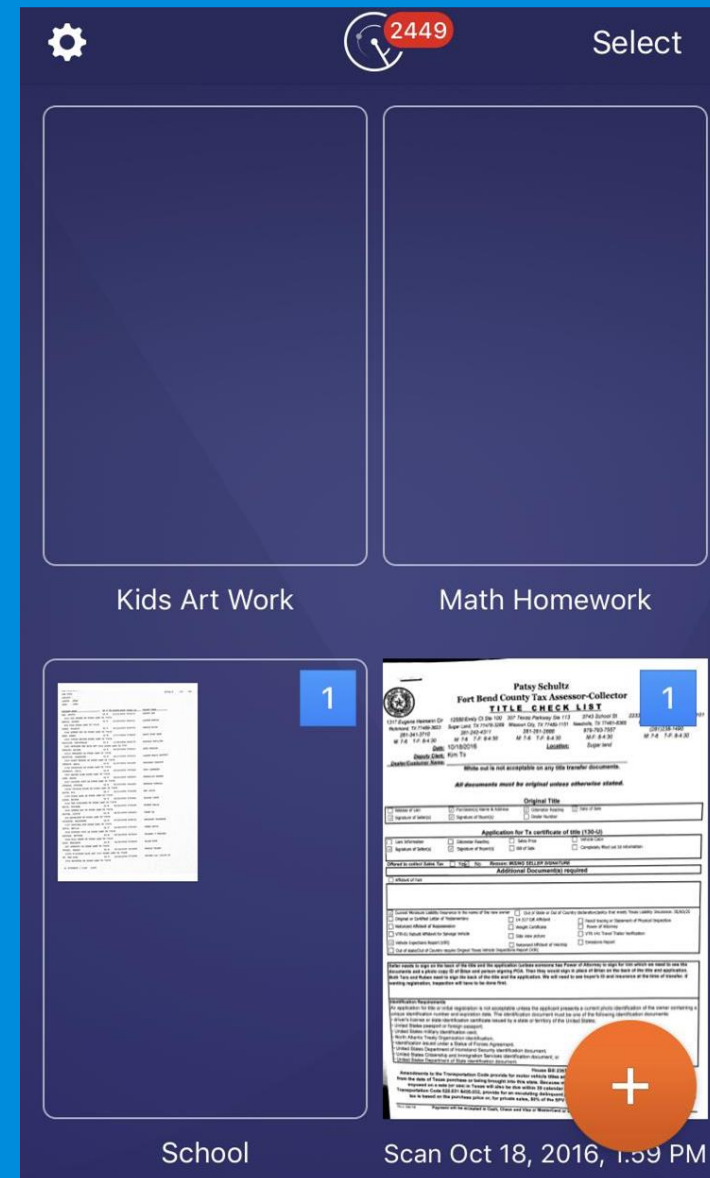




Scanner Pro

\$3.99
Android and iOS

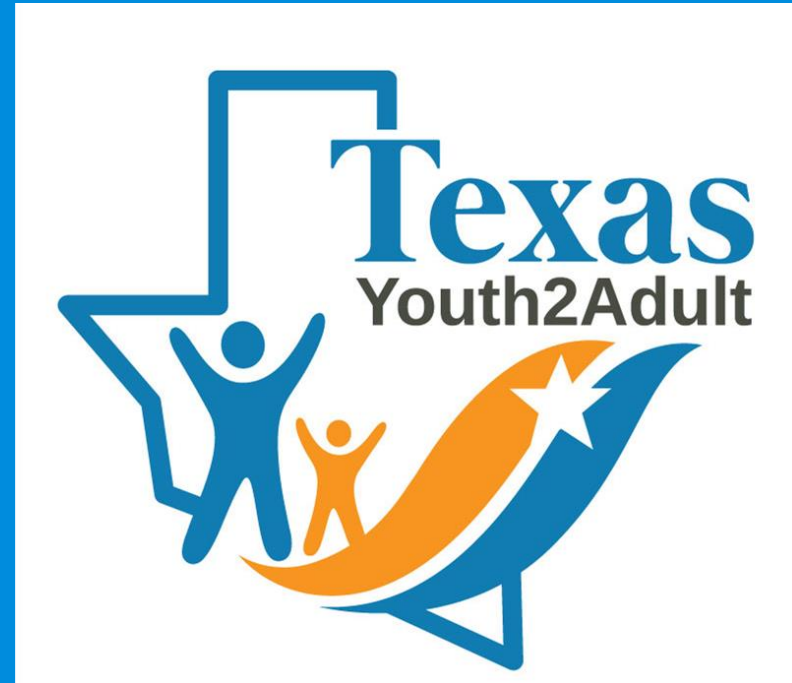
- Use your phones camera to scan documents, pictures, receipts, and even business cards -- turning your device into a mobile scanner.
- Set up folders within the app to easily keep scanned items organized. Integrated with iCloud so have all your documents at your fingertips by signing in to iCloud.
- [Notarize video](#)
- [Click here for the full BridgingApps Review](#)



Families who have children with special health care needs can be overwhelmed by navigating the complex process of transitioning from pediatric to adult-based care.



BridgingApps, in collaboration with **Texas Children's Hospital**, has created an online tool to help Texas families who have children with special health care needs transition to adulthood successfully.



What is Texas Youth 2 Adult?

- Interactive website designed to help families of children with special health care needs navigate the challenges of the educational and health care systems as their loved one transitions from childhood to adulthood.
- Transition planning should start...
 - ❖ At age 10 for children with a vision impairment
 - ❖ At age 12 for those with Autism
 - ❖ At age 14 for all other disabilities
- Created with the input of teens, young adults, parents, caregivers, and healthcare professionals.
- All families should have the tools to plan, ask the right questions, and organize information to make the transition to adulthood successfully.





TELL US ABOUT YOURSELF

Answer 3 simple questions to get personalized information to help your transition to adulthood.

GET STARTED NOW

LOGIN



Who are you helping?



MYSELF



SOMEONE ELSE




How old is the person you are helping?

NEXT



What diagnoses or disabilities would you like to learn about?

- | | | |
|---|---|--|
| <input type="checkbox"/> ADHD/ADD/Learning Disabilities | <input type="checkbox"/> Autism Spectrum Disorders | <input type="checkbox"/> Blind/Visual Impairment |
| <input type="checkbox"/> Brain Injury | <input type="checkbox"/> Cerebral Palsy | <input type="checkbox"/> Chronic Illness |
| <input type="checkbox"/> Deaf/Hard of Hearing | <input type="checkbox"/> Developmental Delay/Disabilities | <input type="checkbox"/> Down Syndrome |
| <input type="checkbox"/> Intellectual/Cognitive Disabilities | <input type="checkbox"/> Medically Fragile | <input type="checkbox"/> Mental Health/Illness |
| <input type="checkbox"/> Multiple Disabilities/Genetic Disorder | <input type="checkbox"/> Physically Limited/Wheelchair User | <input type="checkbox"/> Speech Disorder and Language Impairment |

If you don't see a condition that relates to you, continue on and click the "Next" button, then click the  magnifying glass at the top of the next page to search by keyword.

NEXT

The information in TY2A is organized into 7 main categories of transition:



Medical

Get more information regarding your healthcare transition needs.



Education

Learn what you need to be thinking about for your education needs.



Social and Recreational

Learn about social and recreational concerns in regards to transition.



Legal and Advocacy

Get help preparing for your legal needs as you transition to adulthood.



Financial Management

Prepare for your financial needs as you get ready to transition.



Independent Living

Learn what it takes to live on your own as you transition to adulthood.



Employment

Find employment resources that will help you maintain a job when you transition.

Medical

Get more information regarding your healthcare transition needs.



Texas ABLE: A Savings Program for Texans with Disabilities

Texas ABLE, based on federal and state legislation, provides Texans with disabilities and their families the opportunity to save money for disability-related expenses in a tax-advantaged account without losing their eligibility for certain public benefits

[VIEW](#)



Refill a Prescription

Choose the Best Refill Option for You Use the Label Make Sure You Don't Run Out Talk to the Pharmacist

[GO TO ARTICLE](#)



Taking Charge of Your Medical Care

Like learning to drive or managing finances, figuring out health care is part of becoming an independent adult. Here are some tips on what that involves – and why it matters. If you're like most teens, you've left your health care up to your parents.

[GO TO ARTICLE](#)



What is ADHD?

Video, Explanation, Lessons, and Helpful Resources

What is ADHD? Dr. Schmidt helps us understand diagnosis, treatment options, medicating ADHD, and support options.

[GO TO ARTICLE](#)

Search these results...

[Clear check marks](#)

[Start over](#)

Age

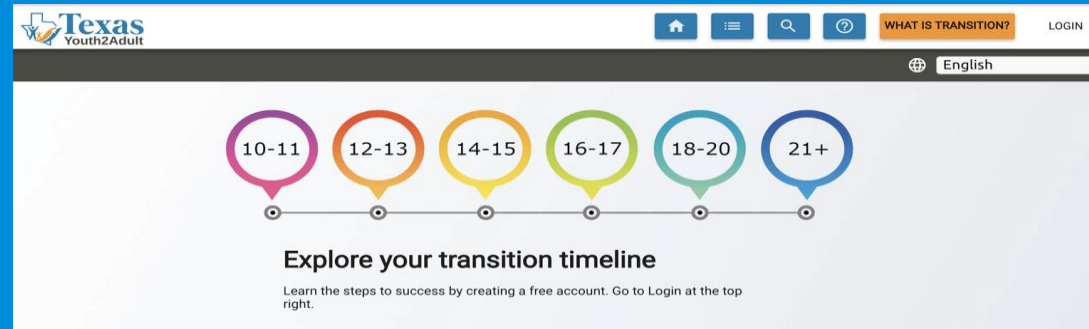
- 10-11
- 12-13
- 14-15
- 16-17
- 18-20
- 21+

Diagnosis

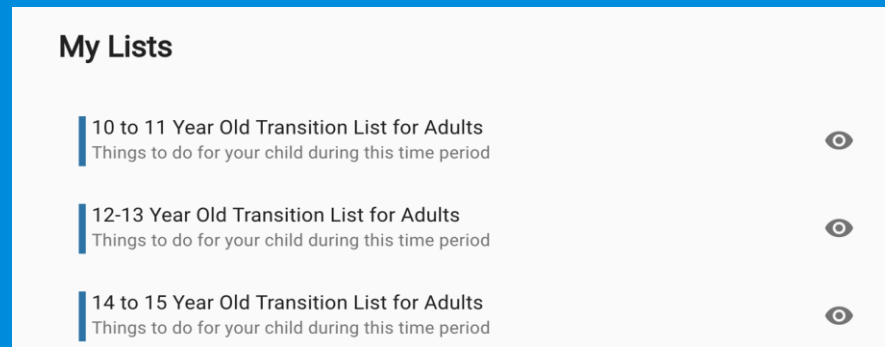
- ADHD/ADD/Learning Disabilities
- Autism Spectrum Disorders
- Blind/Visual Impairment
- Brain Injury
- Cerebral Palsy
- Chronic Illness
- Deaf/Hard of Hearing
- Developmental Delay/Disabilities
- Down Syndrome
- Intellectual/Cognitive Disabilities
- Medically Fragile
- Multiple Disabilities/Genetic Disorder
- Mental Health/Illness
- Physically Limited/Wheelchair User
- Speech Disorder and Language Impairment

Suggested Tasks Lists:

Once you have created a free account and answered 3 simple questions, you will see a timeline organized around age groups of 10-21.



When clicked, the timeline has checklists of suggested things to do (for the adult caregiver and for the child) when a child is that age. Consider these expert created lists as a guide for asking the right questions so that important deadlines are not missed.



10 to 11 Year Old Transition List for Adults



Things to do for your child during this time period

Employment

Assign your child simple chores he/she can do around the house. Talk about your job.



Employment

Talk with your child about different types of work people are doing while out in the community.



Social

Develop self care and daily living skills and routines. Set up a daily routine for your child.



Recommended
Transition App Lists



BRIDGINGAPPS®

1. Medical
2. Education
3. Social and Recreational
4. Legal and Advocacy
5. Financial Management
6. Independent Living
7. Employment

Cristen Carson Reat
Co-Founder, BridgingApps
Creat@EasterSealsHouston.org
713-838-9050 ext.383



Upcoming Events

Webinars

- 11/19/2022 - [Navigating the Path to Independence: A Roadmap for African American Caregivers](#). Join this [Community for Permanent Supported Housing](#) webinar for insights on a fresh approach to the African American community of caregivers with an adult family member with disabilities. The workshop will specifically reflect the cultural perspective that affects the African American caregiver's needs. Register [HERE](#).

Family Engagement

- [Texas Parent to Parent](#) (TxP2P) virtual Family Support Groups - For families to discuss what's going on and identify ways the TxP2P community may help with resources and ideas. Participants can also connect with other families.
 - You may register for:
 - [Meetings in English](#) - Wednesdays at 11 am Central Time (CT)
 - [Meetings in Spanish](#) - Wednesdays at 1 pm CT
 - To reach the Family Support program, call (737) 484-9044.

Conferences

- 2/7/2023 – 2/8/2023 – [Central Texas African-American Family Support Conference](#). Registration is open! The conference will be in Austin and virtual.
- 2/15/2023 – 2/17/2023 – [Texas Transition Conference](#). In-person AND virtual. Registration is open!
 - For inquiries regarding registration and speaker proposals please contact Aimee Day at aday@tamu.edu or Dr. Cheryl Grenwelge at chgrenwelge@ag.tamu.edu.
 - For inquiries regarding sponsorships and vendor booths please contact Jennifer Christman at ttc@ventureall.com.

What's New?

Resources and Publications

New Data – Youth with Special Health Care Needs

- The National Survey of Children’s Health 2020-2021 data set:
 - Identified that 16.9% of Texas youth with special health care needs ages 12 – 17 received adult health care transition services compared to 20.5% nationally;
 - Indicated a national decline but an improvement in Texas from the 2019 – 2020 health care transition data (previously 22.5%); and
 - Indicated an improvement in Texas from the 2019 – 2020 health care transition data (previously 14.9%).
- With 83.1% of Texas youth with special health care needs not receiving adult health care transition services, we have a lot of work to do!
- Access the full data set [HERE](#).

Publications (1 of 2)

- Health Affairs October 2022 edition focuses on disability and health. Some of the featured articles include:
 - Disability and Health;
 - A Foundation of Health and Well-Being: Meaningful Employment;
 - ‘I am not the doctor for you’: Physicians’ Attitudes about Caring for People with Disabilities; and
 - Personal Care Aides: Assessing Self-Care Needs and Worker Shortages in Rural Areas.
- Access the full publication [HERE](#).

Publications (2 of 2)

[Adulting Is Hard: Understanding the College-to-Career Transition and Supporting Young Adults' Emotional Wellbeing](#) - The transition from college to career includes many challenges which affect a young person's emotional wellbeing. To address this underrecognized issue, investigators from The Jed Foundation (JED), a leading nonprofit organization with a mission to protect emotional health and prevent teen and young adult suicide, and the Transitions to Adulthood Center for Research (Transitions ACR) at the University of Massachusetts Medical School collaborated on this study to better understand the experiences of young adults during the college-to-career transition and how these experiences affect emotional wellbeing.

Mental Health (1 of 2)

- [Pathways to Self Sufficiency: Career and Technical Education for Youth with Emotional Disturbances](#) describes opportunities for engaging high school learners in career and technical education to help prepare them for high-wage, high-skill, in-demand employment or post-secondary education.
- [S.T.A.Y. Tuned: Supporting Transition-Age Youth](#) is a new podcast created by young adults for young adults with mental health conditions. The podcast shares helpful information gained through research at the University of Massachusetts Chan Medical School on transition-age youth and young adults navigating school or work. Discussions include challenges and opportunities for youth with serious mental health struggles, particularly with educational and workforce experiences.

Mental Health (2 of 2)

- [Supporting Young Adults with Serious Mental Health Conditions \(SMHC\) in Post-Secondary Education](#) describes the unique developmental and cultural needs of young adults with SMHC, common barriers they encounter, facilitators to post-secondary education success, and ways school and service providers can offer better support.
- [How College Faculty Can Better Support Students with Mental Health Conditions](#) discusses the challenges students with mental illness face in their journey towards a college degree and how campus community members, particularly faculty, can better understand and support these students.

Employment (1 of 2)

[Do I Tell My Boss? Disclosing My Mental Health Condition at Work](#) - Every young adult with a mental health condition will face the decision of whether or not to tell others about, or “disclose” their condition at work. Typically the reason for disclosure is to ask for an accommodation in order to perform better. This tip sheet offers guidance to help in making an informed decision.

Employment (2 of 2)

- [PACER's National Parent Center on Transition and Employment](#) – helpful financial resources:
 - [Paying for postsecondary education](#)
 - [FAFSA: The First Step in the Financial Aid Process](#)
 - [Senior Year: Financial Aid Checklist](#)
 - [Scholarships for students with disabilities](#)
 - [Vocational rehabilitation services and postsecondary education](#)
 - [Achieving a Better Life Experience Act \(ABLE\) Accounts](#) and [529 savings plans](#)
 - [Social Security Plan to Achieve Self-Support \(PASS\) Plans](#)
 - [Tips from the National Center for College Students with Disabilities](#)
 - [Paying for inclusive postsecondary education](#)

Vocational Rehabilitation Services

- [Plan Your Future: A guide to Vocational Rehabilitation for Deaf Youth | National Deaf Center](#) – This guide summarizes the vocational rehabilitation process and important information that will help deaf students get the services they need to succeed.
- [Five required pre-employment transition services \(Pre-ETS\) | National Technical Assistance Center on Transition: The Collaborative](#) – For students with disabilities who are eligible or potentially eligible for vocational rehabilitation services, Pre-ETS includes a specific set of activities by law: job exploration counseling, work-based learning experiences, postsecondary education opportunity counseling, workplace readiness training, and instruction in self-advocacy.

TALC Member Updates



UPCOMING VIRTUAL TRANSITION WORKSHOPS

Topic: Services for Children with IDD & Autism
Presenter – Amanda Willis, LCSW-S
The Harris Center for Mental Health and IDD

Thursday, November 3, 2022

3:00 p.m. – 4:30 p.m.

Register [HERE](#)

TEX4S

educate. empower. employ. excel.

The application for the E4Texas 2023-24 School Year is now open!

What is E4Texas?

- E4Texas is a post-secondary opportunity for people who have graduated from high school, or have a GED, and want to be a Personal Care Attendant, Child Care Associate or Paraprofessional/Teaching Assistant. The E4Texas experience combines classroom instruction with practical career building experiences in addition to independent living skills and self-determination.
- After successful completion of three semesters, E4Texas students receive a Certificate of Completion from the Texas Center for Disability Studies at The University of Texas Austin.
- Many other certifications are completed throughout the course of the program, including, but not limited to CRP/First Aid, Food Handlers, and Person-Center Practices.
- **Deadline to apply is January 31, 2023.** [Learn More and Apply](#)



TEXAS A&M UNIVERSITY

Center on Disability
and Development

Transition Capacity-Building Project

- Provided in partnership with the Texas Workforce Commission
- Designed to improve transition services for students with disabilities across the state. This year's topic is improving transition planning and pre-employment training and services for students ages 14 to 16.
- **Final focus groups will be held in Austin on November 8th and in Houston on December 6th.**
- In January, the project will begin hosting regional and statewide conferences to address the needs identified by focus groups, including helping students discover career interests, increasing family engagement and student self-determination, accessing services in rural areas, and providing age-appropriate transition assessments and services.
- To learn more about the project, contact [Robin Miller](#) or [Joette Hardin](#).

Visit the Capacity Building Website

<https://cdd.tamu.edu/education/transition-capacity-building/>



TEXAS A&M UNIVERSITY

Aggie ACHIEVE

Applications open for Aggie ACHIEVE:

- A comprehensive transition program for young adults with IDD who have exited high school.
- Provides an inclusive, immersive college education and equips students for employment in the community.
- Aligns coursework, internship opportunities, and extracurricular activities with each student's academic interests and employment goals.
- Designed to enroll students for up to four years.

The Next VIRTUAL Open House: Friday, November 11, 2022, from Noon-2:00 pm – Open house is a great way to visit with Aggie ACHIEVE and learn more about the admission requirements. You'll also have an opportunity to meet current Aggie ACHIEVE students and staff.

Sign up to attend the open house [HERE](#).

The application deadline for Fall 2023 is December 1, 2022, at 11:59 p.m. (CST).

Learn more about the application process for Aggie ACHIEVE at:

<https://aggieachieve.tamu.edu/admissions/#deadlines>



TEXAS A&M UNIVERSITY

PATHS Certificate Program

The Postsecondary Access and Training in Human Services (PATHS) certificate program prepares individuals for jobs as Direct Support Professionals and Child Care Professionals.

Students begin the 2-year PATHS Certificate program with a Summer I session to enable students to orient to the campus, bus schedules and begin their course work.

On completion of the 2-year program, participants earn a certificate that combines classroom instruction with hands-on career-building experiences. The program is a path to a successful career as a:

- Direct Support Professionals working with people with disabilities;
- Para-professional working with schools; or
- Child Care Professional working with children.

Registration begins on November 1, 2022 and ends March 3, 2023.

Learn more about applying for the PATHS Certificate Program at:

<https://paths.tamu.edu/program-information/application-process/>.

Future Meetings

- Medical Home Learning Collaborative
January 4, 2023, 10 am – 11:30 am CT (Subject to change)
- Transition to Adulthood Learning Collaborative
February 2023 - Date to be determined

Thank you!

Transition to Adulthood Learning Collaborative FY23, Quarter 1

Please take our post-call survey. We value your feedback!

To join and receive future meeting invitations, please email

Ivy.Goldstein@dshs.texas.gov