Appendix A

LTCNSS Task Force Membership

Chair

- Linda Rounds, PhD, RN, FNP, FAANP, FAAN – Program Director, Doctor of Nursing Practice Program, University of Texas Medical Branch School of Nursing

Members

- Barbara Cherry, DNSc, MSN, MBA, RN – Professor, Associate Dean, and Department Chair, Texas Tech University Health Science Center School of Nursing

- Mona Dawson, DNP, GNP-BC, RN – Gerontological Nurse Practitioner, Gentiva Hospice

- Michelle Dionne-Vahalik – Director, Quality Monitoring Program, Texas Health and Human Services Commission

- Robin Hayes – Vice President of Clinical Operations and Health Services, Touchstone Communities

- Debbie Kane, MSN, RN – Nurse Program Manager, Quality Monitoring Program, Texas Health and Human Services Commission

- Jessica Ruiz, RN, MSN, NEA-BC - Texas Nurses Association

Long Term Care Nurse Staffing Survey

(LTCNSS)

Survey Instrument

Texas Center for Nursing Workforce Studies
Department of State Health Services

P.O. Box 149347 • Austin, TX 78714-9347 • Phone: 512-776-2365 • www.dshs.state.tx.us/chs/cnws

Welcome to the 2016 Long Term Care Nurse Staffing Survey (LTCNSS)

Purpose: The primary purpose of this survey is to assess the size and effects of the nursing shortage in Texas long term care facilities. The information in this survey will serve as a guide for the development of policy recommendations by the Texas Center for Nursing Workforce Studies Advisory Committee. The data you provide will also be instrumental in developing projections for the number of nurses needed in Texas. Your participation in this study is completely voluntary but highly encouraged.

Due Date: The survey deadline has been extended until **June 3rd.**

Confidentiality Agreement: Your responses are completely confidential. We will report aggregate findings (statewide and regional results) only.

Please note that question numbering may not directly correspond with numbering on the online version of this survey.

If you have questions at any time about the survey or the procedures, you may contact Cate Campbell by phone at 512-776-2365 or by email at TCNWS@dshs.state.tx.us.

1. **Please provide the following information about your nursing facility.**

Facility Name:

TX DADS facility license # (for tracking purposes only):

Name of facility administrator:

Email address of administrator:

Phone # of administrator (xxx-xxx-xxxx):

Name of person submitting survey:

Title of person submitting survey:

Email address of person submitting survey:

Phone # of person submitting survey (xxx-xxx-xxxx):

2. **Please provide your facility's physical address.**

Address:	
City:	
State:	
Zip:	

3. **What was the resident census for this nursing facility as of February 26, 2016?**

4. **What is the maximum number of hours per week that is considered part-time status in your organization?**

Director of Nursing Information

5. Does your nursing facility have a Director of Nursing position? If "No," skip to question 11.

- ○ Yes
- ○ No

6. What is the highest degree that the Director of Nursing holds?

- ○ Diploma
- ○ Associate's in nursing
- ○ Bachelor's in nursing
- ○ Bachelor's in a field other than nursing
- ○ Master's in nursing
- ○ Master's in a field other than nursing
- ○ Other (Please specify):

[   ]

7. About how long has the Director of Nursing held this position at this facility? (Please answer in months.)

[   ]

8. About how long has the Director of Nursing worked in long term care at any nursing facility?

- ○ Less than 1 year
- ○ 1 to 2 years
- ○ 2 to 4 years
- ○ 4 to 6 years
- ○ 6 years or longer

9. In your opinion, what issues contribute to the turnover of Directors of Nursing in your long term care facility? Select all that apply.

- ☐ DON turnover is not an issue in my facility
- ☐ Staffing issues
- ☐ Expectations of residents and/or residents' family
- ☐ Exhaustion and burnout
- ☐ Fear of litigation
- ☐ Burden of regulatory requirements
- ☐ Lack of administrative and/or corporate support
- ☐ Pay and/or benefits not commensurate with job duties and responsibilities
- ☐ Excessive paperwork
- ☐ Lack of nursing knowledge
- ☐ Lack of management and/or leadership skills
- ☐ Lack of experience in long term care setting
- ☐ Other (Please specify):

[   ]

10. What is the annual salary of the Director of Nursing at this facility?

- ☐ <$40,000
- ☐ $40,000 - $49,999
- ☐ $50,000 - $59,999
- ☐ $60,000 - $69,999
- ☐ $70,000 - $79,999
- ☐ $80,000 - $89,999
- ☐ $90,000 - $99,999
- ☐ $100,000+

Nurse Background

11. How many of the RNs currently on staff have a certification in the following specialties? If none, enter "0" in the box.

Gerontological	
Rehabilitation	
Certified Dementia Practitioner	
Nursing Administration	
Other (Please specify):	

12. Do the following disciplines provide services in your facility? Select all that apply.

- ☐ Nurse Practitioners
- ☐ Clinical Nurse Specialists
- ☐ Geriatricians (MD/DO)
- ☐ Physician's Assistant
- ☐ Other Primary Care Physicians (excluding Medical Director)
- ☐ Other Specialist Physicians (such as podiatrists)

13. How many of the facility's staff have been employed at this facility for 1 year or longer? You may need to contact your corporate office or Human Resources Department for assistance with this information. Please enter the number in this box. If none, enter "N/A" in the box.

	Number of staff employed at this facility 1 year or longer
Registered Nurses (RNs) - Direct Resident Care	
Registered Nurses (RNs) - Administrative	
Licensed Vocational Nurses (LVNs) - Direct Resident Care	
Licensed Vocational Nurses (LVNs) - Administrative	
Advanced Practice Registered Nurses (APRNs)	
Nurse Aides (NAs)	
Medication Aides (CMAs)	

For assistance, contact the TCNWS at 512-776-2365 or by email at TCNWS@dshs.state.tx.us.

Staffing

The following four questions help us understand the current and future need for personnel in long term care facilities in Texas. The data collected in this section will be used to calculate vacancy and turnover rates that indicate the severity of a regional and statewide shortage of nurses and other personnel. Please provide staffing numbers for RNs, LVNs, APRNs, NAs, and CMAs.

14. **ONLY include staff directly employed by your facility. Please enter "N/A" if your facility does not employ a particular type of staff. Please note that you are to report FTEs (full-time equivalents) in this question.**

	Total number of FTE positions occupied on 02/26/2016	Total number of vacant FTEs being recruited on 02/26/2016	Total number of vacant FTEs on hold/frozen on 02/26/2016	Additional number of FTEs your organization expects to budget next fiscal year
RNs - Direct Resident Care				
RNs - Administrative				
LVNs - Direct Resident Care				
LVNs - Administrative				
APRNs				
Nurse Aides (NAs)				
Medication Aides (CMAs)				

15. **ONLY include staff directly employed by your facility. Do not include temporary staff (agency, contract, or traveling nurses) in this section. Please enter "N/A" if your facility does not employ a particular type of staff. Please note that you are to report a head count in this question. Also note that full and part time are as defined by your organization.**

	Number of full-time workers employed 01/01/15	Number of full-time workers employed 12/31/15	Number of part-time workers employed 01/01/15	Number of part-time workers employed 12/31/15	Number of per diem workers employed 01/01/15	Number of per diem workers employed 12/31/15
RNs - Direct Resident Care						
RNs - Administrative						
LVNs - Direct Resident Care						
LVNs - Administrative						
APRNs						
Nurse Aides (NAs)						
Medication Aides (CMAs)						

16. **Please provide the number of nurses employed during the week of 01/18/2016-01/24/2016 by age category.**

	<25 years old	25-29 years old	30-39 years old	40-49 years old	50-61 years old	62 and older
RNs - Direct Resident Care						

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17. ONLY include staff directly employed by your facility. Do not include temporary staff (agency, contract, or traveling nurses) in this section. Please enter "N/A" if your facility does not employ a particular type of staff. Please note that you are to report a head count in this question.

	Total number of **separations** during 01/01/2015 - 12/31/2015
RNs - Direct Resident Care	
RNs - Administrative	
LVNs - Direct Resident Care	
LVNs - Administrative	
APRNs	
Nurse Aides (NAs)	
Medication Aides (CMAs)	

18. This question relates only to temporary staff not directly employed by your facility. DO NOT include per diem nurses in this question. Please enter "N/A" if your facility does not utilize a particular type of staff. Please note that you are to report FTEs (full-time equivalents) in this question.

	Contract, agency, and traveling staff FTEs employed on 02/26/2016
RNs - Direct Resident Care	
RNs - Administrative	
LVNs - Direct Resident Care	
LVNs - Administrative	
APRNs	
Nurse Aides (NAs)	
Medication Aides (CMAs)	

Methods and Costs of Interim Staffing

19. Please indicate the methods of interim staffing employed in your facility. Select all that apply.

- ☐ Voluntary overtime
- ☐ In-house staffing pool
- ☐ Contract/traveling nurses
- ☐ Per diem nurses
- ☐ Temporary staffing agencies
- ☐ Use of managerial staff
- ☐ Other (Please specify):

20. Please indicate the hours and costs of interim staffing methods used in your facility from 1/1/2015 through 12/31/2015 for all direct resident care licensed nursing staff. This information can be obtained from your organization's Chief Financial Officer.

	Hours	Cost
Voluntary overtime		
In-house staffing pool		
Contract/traveling nurses		
Per diem nurses		
Temporary staffing agencies		
Use of managerial staff		
Other interim staffing methods		

Forecasting Future Need

21. Over the next 2 years, will your agency need fewer, more, or about the same number of the following types of staff?

	Fewer	Same	More
RNs	○	○	○
LVNs	○	○	○
APRNs	○	○	○
Nurse Aides (NAs)	○	○	○
Medication Aides (CMAs)	○	○	○

22. Please specify why your facility will need fewer, more, or about the same number of each type of staff over the next 2 years.

	Specify Why
RNs	
LVNs	
APRNs	
Nurse Aides (NAs)	
Medication Aides (CMAs)	

For assistance, contact the TCNWS at 512-776-2365 or by email at TCNWS@dshs.state.tx.us.

23. Please rate your experience in the past year with recruiting each type of staff. Please select "N/A" if your facility does not recruit a particular type of staff.

	Very easy to recruit	Easy to recruit	Neither easy nor difficult to recruit	Difficult to recruit	Very difficult to recruit	N/A
RNs	○	○	○	○	○	○
LVNs	○	○	○	○	○	○
APRNs	○	○	○	○	○	○
NAs	○	○	○	○	○	○
CMAs	○	○	○	○	○	○

24. Please describe your experience in the past year with recruiting each type of staff. Please select "N/A" if your facility does not recruit a particular type of staff.

	Describe your experience
RNs	
LVNs	
APRNs	
Nurse Aides (NAs)	
Medication Aides (CMAs)	

25. What is the average number of weeks it currently takes your facility to fill the following position types? Enter "N/A" if your facility does not recruit a particular type of staff.

	Number of weeks
RNs	
LVNs	
APRNs	
Nurse Aides (NAs)	
Medication Aides (CMAs)	

26. Which of these nursing staff recruitment strategies are used by this facility? Select all that apply.

Strategy	Full-time employees	Part-time employees
NONE	☐	☐
Health insurance	☐	☐
Retirement plan	☐	☐
Paid vacation days	☐	☐
Employee recognition programs (employee of the month, staff luncheons/dinners, etc.)	☐	☐
Reimbursement for workshops/ conferences	☐	☐
Sign-on bonus	☐	☐
Bonus for recruiting other staff to facility	☐	☐
Career ladder positions for RNs/ LVNs/APRNs	☐	☐
Career ladder positions for NAs/ CMAs	☐	☐
Flexible scheduling or job sharing	☐	☐
Shift differential	☐	☐
Merit bonus	☐	☐
Sabbatical	☐	☐
Tuition (reimbursement or direct payment for employees/new hires)	☐	☐
Payback for unused sick/vacation time	☐	☐
Safety incentives (bonus or awards given for being accident free)	☐	☐
Childcare assistance	☐	☐
Other (please specify):	☐	☐

27. Which of these nursing staff <u>retention</u> strategies are used by this facility? Select all that apply.

Strategy	Full-time employees	Part-time employees
NONE	☐	☐
Health insurance	☐	☐
Retirement plan	☐	☐
Paid vacation days	☐	☐
Employee recognition programs (employee of the month, staff luncheons/dinners, etc.)	☐	☐
Reimbursement for workshops/conferences	☐	☐
Bonus for recruiting other staff to facility	☐	☐
Career ladder positions for RNs/LVNs/APRNs	☐	☐
Career ladder positions for NAs/CMAs	☐	☐
Flexible scheduling or job sharing	☐	☐
Shift differential	☐	☐
Merit bonus	☐	☐
Sabbatical	☐	☐
Tuition (reimbursement or direct payment for employees/new hires)	☐	☐
Payback for unused sick/vacation time	☐	☐
Safety incentives (bonus or awards given for being accident free)	☐	☐
Childcare assistance	☐	☐
Other (please specify):	☐	☐

28. In your opinion, what interventions would have the greatest impact on retention of nurses and other direct resident care staff at your nursing facility?

29. On a scale from 1 to 4, where 1=most important, please rank in order of importance when hiring RNs, the weight you assign the following attributes. Use each number only once.

__ Past relevant long term care nursing experience
__ Past nursing experience in non-long term care facilities
__ Bilingual
__ Bachelor's in nursing or higher education

30. Please state any other key attributes you look for when hiring RN staff.

31. In your opinion, how important is a bachelor's in nursing education for RN staff at your agency?
○ Unimportant
○ Of little importance
○ Moderately important
○ Important
○ Very Important

32. If hired today, what would be the hourly wage for each type of staff at this facility? Enter "N/A" if your facility does not employ a particular type of staff.

	Entry-level hourly wages	Maximum experienced-level hourly wages
RNs - Administrative		
RNs - Direct Patient Care		
LVNs - Administrative		
LVNs - Direct Patient Care		
APRNs		
NAs		
CMAs		

33. What consequences has your agency experienced in the past year as a result of an inadequate supply of nursing personnel? Select all that apply.

☐ NONE - We had an adequate supply of nursing personnel.
☐ Increased workloads
☐ Low nursing staff morale
☐ Declined referrals
☐ Inability to expand services
☐ Increase in voluntary overtime
☐ Delayed admissions
☐ Wage increases
☐ Increased nursing staff turnover
☐ Increased use of temporary/agency nurses
☐ Delays in providing care
☐ Increased resident/family complaints
☐ Increased absenteeism
☐ Increased number of incident reports
☐ Difficulty completing required documentation on time
☐ Using administrative staff to cover nursing duties
☐ Using medication aide staff to cover nurse aide duties
☐ Other (Please specify):

34. Please provide the following information on the transition to practice programs your organization uses.

	Please select all of the types of transition to practice programs used by your facility.	Please indicate whether your transition to practice program is an employment or non-employment model.		Length of program in <u>weeks</u>	Number of new nursing graduates that participated in program during last fiscal year
		Employment Model	Non-employment Model		
Residency/Internship/Fellowship	☐	○	○		
Orientation for new nursing graduates	☐	○	○		
Mentoring or Preceptor Program	☐	○	○		
Other (Please specify):	☐	○	○		

35. Please select up to 3 main outcomes that have resulted in your organization as a result of your transition into practice program.

- ☐ Increased number of new graduates applying for RN positions in your organization.
- ☐ Decreased turnover of newly licensed RNs in the first year of employment.
- ☐ Improved clinical decision making abilities among first year nurses.
- ☐ Improved clinical competence in patient care among first year nurses.
- ☐ Improved communication skills among first year nurses with physicians, other health professionals, staff, patients, and families.
- ☐ Improved organization and prioritizing skills in clinical practice among first year nurses.
- ☐ Improved ability to incorporate research-based evidence in clinical practice among first year nurses.
- ☐ Other (Please specify):

Additional Comments and Suggestions

Please use this space to make any comments or suggestions regarding any section of this survey.

[ ]

You have reached the end of the 2016 Long Term Care Nurse Staffing Survey! Thank you for your participation. If you have any questions or concerns, contact Cate Campbell by phone at <u>512-776-2365</u> or by email at <u>TCNWS@dshs.state.tx.us</u>.

Long Term Care Nurse Staffing Survey

(LTCNSS)

Operational Definitions

2016 Long Term Care Nurse Staffing Study
OPERATIONAL DEFINITIONS

Administrative (LVN/RN) – those who work in supervisory or administrative roles and are responsible for the day-to-day operations of a facility.

Advanced Practice Registered Nurse (APRN) - A registered nurse approved by the Board of Nursing to practice as an advanced practice nurse based on completing an advanced educational program acceptable to the Board. The term includes a nurse practitioner, nurse-midwife, nurse anesthetist, and a clinical nurse specialist.

Agency – Inpatient facilities offering long-term skilled nursing services.

Certified Medication Aide (CMA) – a person permitted by the Texas Department of Aging and Disability Services (DADS) to administer medications to residents in nursing facilities, intermediate care facilities for individuals with an intellectual disability or related conditions, correctional institutions, and assisted living (personal care) facilities.

Director of Nursing (DON) – The individual who has ultimate primary responsibility for assuring the delivery of nursing and resident care services.

Direct Resident Care (LVN/RN) – those who work directly with residents; does not include nurses in supervisory or administrative roles.

Experienced RN - an RN who has one or more years of nursing experience involving direct resident care.

Full-time - a nurse who works a full work week and full work year, as defined by the employer.

Full-time Equivalents (FTEs) - the equivalent of one (1) full-time employee working for one year or a staff position budgeted for 2,080 hours per year. This is generally calculated as 40 hours per week for 52 weeks (or other variations such as 80 hours in a 14 day time frame), for a total of 2,080 paid hours per year. This includes both productive and non-productive (vacation, sick, holiday, education, etc.) time. Two employees each working 20 hours per week for one year would be the same as one FTE.

Licensed Vocational Nurse (LVN) - an individual who holds a current license to practice as a practical or vocational nurse in Texas or a compact state.

Long Term Care (LTC) – services that help meet both the medical and non-medical needs of people with a chronic illness or disability who cannot care for themselves.

Nurse Aide (NA) - individuals who assist nursing staff in the provision of basic care to clients and who work under the supervision of licensed nursing personnel. Included in, but not limited to, this category are certified nurse aides, nurse aides, nursing assistants, orderlies, attendants, and personal care aides.

Operational Definitions Page 1 of 2

Part-time – a nurse who works less than full-time, as defined by the employer.

Per diem – an arrangement wherein a nurse is employed directly on an as needed basis and usually has no benefits

Registered Nurse (RN) - an individual who holds a current license to practice within the scope of professional nursing in Texas or a compact state.

Separations - the number of people (head count) who left your organization in the specified time frame. Include voluntary and involuntary terminations or separations. Do NOT count contract/temporary labor, students in training, travelers or separations due to illness or death in the termination or separation numbers. Do not include within-organization transfers.

Temporary Staff– those nurses that contract their services to an organization, rather than being employed by the organization itself. This designation includes contract, agency, and traveling staff.