

Adult Tuberculosis (TB) Signs and Symptoms Screening Questionnaire

Tuberculosis (TB, or *M. tuberculosis*) is a contagious disease that can be spread from person to person through the air. People who breathe in the TB germs may become infected and develop signs or symptoms of the disease. While most people in Texas are at low risk for exposure to the TB germs, certain settings have a greater risk of transmission and require staff, volunteers, or residents to be screened for TB upon hire or prior to admission to a congregate setting.

Settings that require TB screening may use this form to identify adults with signs or symptoms of TB disease who may need further medical evaluation.

- Adults who answer yes to any question on this form should be referred for a medical evaluation that may include a tuberculin skin test (TST) or Interferon-Gamma Release Assay (IGRA), chest x-ray, and/or sputum (phlegm) collection.
- Adults with signs and symptoms of TB should be separated from others until cleared by a medical professional or person in charge of TB evaluation.
- Known or suspected TB disease is reportable to your local health department within one working day. TB infection is reportable within one week. For more information, refer to: dshs.texas.gov/disease/tb/report.shtm

TB SIGNS AND SYMPTOMS SCREENING QUESTIONNAIRE

Do you have any of the following TB signs and/or symptoms?

- | | | |
|--|-----------------------------|------------------------------|
| 1. Cough lasting (3) weeks or more | <input type="checkbox"/> No | <input type="checkbox"/> Yes |
| 2. Loss of appetite and/or unexplained weight loss | <input type="checkbox"/> No | <input type="checkbox"/> Yes |
| 3. Persistent fevers | <input type="checkbox"/> No | <input type="checkbox"/> Yes |
| 4. Night sweats | <input type="checkbox"/> No | <input type="checkbox"/> Yes |
| 5. Unexplained persistent weakness/fatigue | <input type="checkbox"/> No | <input type="checkbox"/> Yes |
| 6. Coughing up blood (hemoptysis) | <input type="checkbox"/> No | <input type="checkbox"/> Yes |

REFERRAL

If any of the above answer is **“yes”** instruct adult to wear a surgical mask and refer adult to a clinician for medical evaluation.

Note:

For more information about who to screen for TB and who to test with a TST or IGRA, see [FAQ Recommendations for TB Screening of Adults and Children in Various Settings](#).