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**#16-041**

**TO:** WIC Regional Directors  
WIC Local Agency Directors

**FROM:** Amanda Hovis, Director  
Nutrition Education/Clinic Services Unit  
Nutrition Services Section

**DATE:** April 27, 2016

**SUBJECT:** Postpartum Depression Awareness Month

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The 84th Legislature designated May as Postpartum Depression Awareness Month. The Women's Health Services Division has created a poster series to help community groups and healthcare providers share information about postpartum depression.

HHSC will distribute a set of posters for each clinic in your area. There are two Spanish and two English posters for each clinic. Placement of the posters is left to the discretion of the clinic supervisor.

If you need additional information about the materials, please contact Kristen Gonzales, Program Specialist, Texas Health and Human Services Commission at [kristen.gonzales@hhsc.state.tx.us](mailto:kristen.gonzales@hhsc.state.tx.us).