



Memorandum

#15- 098

TO: WIC Regional Directors
WIC Local Agency Directors

FROM: Amanda Hovis, Director
Nutrition Education/Clinic Services Unit
Nutrition Services Section

DATE: September 4, 2015

SUBJECT: Food Package Guide and Food Package Code Quick Reference Effective October 1, 2015

The *Texas WIC Food Package Guide* and *Food Package Code Quick Reference* have been updated for October 1st and can now be downloaded at <http://www.dshs.state.tx.us/wichd/nut/foods-nut.shtm> .

The revisions for October 1, 2015 include:

- **Food package # 450 Exclusively Breastfeeding 6-11 Months changes to # 686** – This change is due to the allowance of organic baby food meats.
- **Women’s cash value benefit increases to \$11.00 and \$16.50** – pregnant, breastfeeding and postpartum women’s value increases from \$10.00 to \$11.00 and exclusively breastfeeding multiple infants from the same pregnancy from \$15.00 to \$16.50.
- **Gluten-free cereal packages are removed**–The following gluten-free cereal food packages are removed from the food package guide. Starting October 1st, four gluten-free cereals will be available in all food packages for women and children.

665 <2YR GLUTN FREE
684 2+YR GLUTN FREE
455 2+YR GLUTN FREE/SOY/TOFU
641 <2YR GLUTEN FREE LOWFAT MILK
667 PG/MBF GLUTN FREE
668 PP/SBF GLUTN FREE
669 EBF GLUTN FREE
670 PGM/MBF MULT GLUTN FREE
671 EBF MULT GLUTN FREE
554 SDN 1-4YR FORM/TOFU GLUTN FREE

If you have any questions or need additional information about the information in this memo, contact Paula Kanter, Clinic Nutrition Specialist, at paula.kanter@dshs.state.tx.us or 512-341-4574.