



Memorandum

#14-136

TO: WIC Regional Directors
WIC Local Agency Directors

FROM: Amanda Hovis, Director
Nutrition Education/Clinic Services Unit
Nutrition Services Section

DATE: November 25, 2014

SUBJECT: New CCNE Diabetes Lesson Available!

Just in time for Diabetes Awareness Month (November), we are happy to announce *NR-000-53 Client-Centered Nutrition Education Lesson (CCNE): Reducing Your Risk for Type 2 Diabetes* is now available in the Nutrition Risk category on the WIC Lesson Plans website found here:

<http://www.dshs.state.tx.us/wichd/nut/nrlessons.shtm>

This class uses facilitated discussion and a self-evaluation activity to help participants identify and alter their own personal risks related to diabetes.

Once you have comfortably taught a new lesson a few times, please complete the *Staff New Lesson Evaluation Survey* online at <http://www.surveymonkey.com/s/CSBZ28K>.

Please also have 30 clients per local agency complete the *Client New Lesson Evaluation Survey* (Scantron form) during the evaluation period dated on the lesson plans. Once the evaluation period for a new class has ended, or your agency has collected 30 surveys, there is no need to send back any more surveys. Your evaluations are very important for the State Agency to continuously improve our lessons.

If you would like to add this new lesson to your current *Nutrition Education Class Schedule*, please make the change(s) to your online *Nutrition Education Plan* or contact your State Nutrition Education Liaison for additional information.

If you have questions or require additional information about this new lesson, please call Mandy Seay, RD, LD, CDE Nutrition Education Consultant, at (512) 341-4516 or email at mandy.seay@dshs.state.tx.us.