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**#14-123**

**TO:** WIC Regional Directors  
WIC Local Agency Directors

**FROM:** Amanda Hovis, Director  
Nutrition Education/Clinic Services Unit  
Nutrition Services Section

**DATE:** **October 22, 2014**

**SUBJECT:** Recommendations for Breastfeeding/Infant Feeding in the Context of Ebola

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The Centers for Disease Control and Prevention recently released <http://www.cdc.gov/vhf/ebola/hcp/recommendations-breastfeeding-infant-feeding-ebola.html>.

The document should be used to advise breastfeeding women with probable or confirmed Ebola virus disease about the care and feeding of their infant during their infection.

### **Key Points**

When safe alternatives to breastfeeding and infant care exist, mothers with probable or confirmed Ebola virus disease should not have close contact with their infants (including breastfeeding).

In resource-limited settings, non-breastfed infants are at increased risk of death from starvation and other infectious diseases. These risks must be carefully weighed against the risk of Ebola virus disease.

The complete recommendations are available at the link above. If you have any questions or require additional information, please contact Tracy Erickson, Breastfeeding Education at (512) 341-4521 or [tracy.erickson@dshs.state.tx.us](mailto:tracy.erickson@dshs.state.tx.us).