



## Memorandum

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**#14-104**

**TO:** WIC Regional Directors  
WIC Local Agency Directors

**FROM:** Lindsay Rodgers, Director  
Nutrition Services Section

**DATE:** September 16, 2014

**SUBJECT:** New Food Package Guide and Food Package Code Quick Reference  
Effective October 1, 2014

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The *Texas WIC Food Package Guide* and *Food Package Code Quick Reference* have been updated for October 1<sup>st</sup> and can now be downloaded at <http://www.dshs.state.tx.us/wichd/nut/foods-nut.shtm> . Changes to the food package guide are reflective of USDA Final Food Rules.

### **Changes to the Guide**

- Removed “Exempt formula only” from infant food package 454. Both contract and non-contract formula can now be issued in this food package if there is a prescription. The description now reads:

#### **Food package 454**

##### **6-11 Months RX More Formula Only**

##### **RX required for contract and non-contract formulas**

Higher amount of formula, no foods due to inability to eat solids – e.g., premie (FD: 16.1). This food package can be issued prior to 6 months when advance issuing.

- Removed “Non-Exempt (Standard) OR Exempt formula” from infant food package 552. Both contract and non-contract formula can be issued in this food package. Non-contract formula requires a prescription. The description now reads:

#### **Food Package 552**

##### **6-11 Months – Formula Only**

Issue when baby food & cereal need to be omitted and information required for 454 is missing (FD: 16.1).

### **Additions to the Guide**

- **Package 644 – Formula/Baby Fruits & Veg/Juice and Baby Cereal.** Food package for children 1 – 4 years old with special dietary needs that issues baby fruits and vegetables instead of the cash value benefits.

- Food packages with low-fat milk for children under 2 years of age. (Refer to second to last page of the Food Package Guide under Gluten Free Cereal).

**638 – <2 Years Old (standard)**

**639 – < 2 Years Old Lactose Free**

**640 – < 2 Years Old Kosher**

**641 – <2 Years Old Gluten Free Cereal**

**642 – <2 Years Old Lactose Free/Baby Cereal/No Cheese**

**643 – <2 Years Old Baby Cereal/No Cheese**

For trainings on issuing these food packages, you will want to attend:

**WIC Food Packages**

- Tuesday, September 16<sup>th</sup> – 9:30 – 10:30 AM
- Tuesday, October 23<sup>rd</sup> – 9:30 – 10:30 AM

**Final Food Rules**

- Monday, September 29<sup>th</sup> – 2:00 – 3:00 PM

**Formula Updates (Revised for Fall 2014)**

- Thursday, October 2<sup>nd</sup> – 1:00 – 2:00 PM

If you have any questions or need additional information, contact Paula Kanter, Clinic Nutrition Specialist, at [paula.kanter@dshs.state.tx.us](mailto:paula.kanter@dshs.state.tx.us) or 512-341-4574.