



Memorandum

13-087

TO: WIC Local Agency Directors

FROM: Linda Brumble, Unit Manager
Nutrition Education/Clinic Services Unit
Nutrition Services Section

DATE: August 28, 2013

SUBJECT: WIC Olympic Games – Coming Soon from WIC Wellness Works!

The WIC Wellness Works (WWW) Program is pleased to offer the WIC Olympic Games, a six-week competition filled with activities for every fitness level. Whether your goal is to begin incorporating more activity into your day, add a new twist to your fitness routine, or just bond with your fellow coworkers, the WIC Olympic Games has something for everyone.

Thanks to those who preordered materials for your agency. If you did not preorder, we will mail you an amount we estimated based on the number of clinics and FTEs you have. Items needed for the wellness challenge will be mailed to your local agency in mid-September. These items include: Team Captain Instructions, Employee Training Guides, and Recognition Posters. Participation is optional, but guaranteed to be fun!

The challenge will start Monday, October 7, 2013, for those agencies/clinics that have chosen to participate. Two trainings will be available for WWW Coordinators or anyone interested in leading this event at their clinic (team captains). We hope you will be able to join us at one of them.

- IDL Training: Tuesday, September 17, 2013, 12:00 – 1:00 p.m. CST
- Century Link Online Training: Thursday, September 19, 2013, 12:00 – 1:00 p.m. CST

Login Instructions

First, access the meeting by phone.

1. Call the toll-free phone number: **1-877-820-7831**.
2. Enter the participant passcode: **5123414517#** (including the pound sign [#] that follows).
3. You will be routed to the “waiting room” until the session starts.

Second, access the meeting by your computer’s web browser (Internet Explorer, Firefox, etc.).

1. Join the meeting online by entering the following web address into your web browser:
<https://stateoftx-dshs.centurylinkccc.com/CenturylinkWeb/WICOLympicGames>
2. The meeting login screen will appear.
 - a. Click the “Guest” tab.
 - b. Enter your name and email address.
 - c. Click “Join Meeting.”
 - d. Click “I’m Already Dialed In.”

For help logging in, contact Customer Support at 1-800-485-0844.

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If you have any questions or require additional information, please contact Debbie Lehman, Nutrition Education Consultant, State WIC Wellness Works Coordinator, Nutrition Education/Clinic Services Unit, at (512) 341-4517 or debbie.lehman@dshs.state.tx.us.