



Memorandum

#11-151

TO: WIC Regional Directors
WIC Local Agency Directors

FROM: Linda Brumble, Unit Manager
Nutrition Education/Clinic Services Unit
Nutrition Services Section

DATE: November 16, 2011

SUBJECT: *Nutrition Care Manual and Pediatric Nutrition Care Manual*

The State Office is excited to introduce a new nutrition resource available for staff! The *Nutrition Care Manual (NCM)* and the *Pediatric Nutrition Care Manual (PNCM)* are internet-based diet and professional practice manuals from the American Dietetic Association (ADA). The online manuals will replace the Nutrition Fact Sheet Series. Current and detailed information for a variety of nutrition topics will be provided to clinic staff. Information regarding trainings and login are provided in this memo.

About the Manuals

Some background details about the manuals are as follows:

- Written and reviewed by expert Registered Dietitians (RDs).
- Updated and reviewed annually.
- Thousands of references with links to abstracts and articles.
- Knowledge and research-based nutrition care information for normal pediatric nutrition and over 100 adult and 40 pediatric diseases and conditions, including failure to thrive, food allergies, cleft palate, and gestational diabetes.

Features

The manuals are consistent with the ADA's Evidence Analysis Library, position papers, and the Nutrition Care Process and have the following features:

- A diverse Resources section.
- Unique customization features, such as electronic sticky notes and highlighting to share with other staff.
- Meal Plans section includes food lists (foods recommended/not recommended) and sample 1-day menus.
- Electronic calculators that use evidence-based formulas.
- Printer-friendly client education materials in English and Spanish – format also allows placement of WIC logo as well as the ability to fill in client information and notes prior to printing.

Instructions for Login

Go to the NCM website listed below and enter the username and password to access the site.

URL: www.nutritioncaremanual.org

Username: WICstaff@nutrition.com

Password: nutrition

This login information is shared by all Texas WIC staff and only a limited number of subscribers can be logged in at one time. If you are unable to login, this indicates that all subscriptions are currently in use; try to login at a later time. If you continuously experience login problems, contact Erin Thornberry at (512) 341-4580 or Erin.Thornberry@dshs.state.tx.us. Please be mindful of the amount of time spent on the site and remember to log off when finished.

Trainings

Want to get more information on how to use the nutrition care manuals? Join us for a webinar on December 6 or December 8. These trainings will review the features and benefits of NCM and PNCM, navigation, and topics of concern to Texas WIC. **RDs and DTRs attending this webinar are eligible for 1 CEU.**

Presenter: Sandra Beil, Nutrition Care Manual Products Sales Manager,. ADA

Title: *Nutrition Care Manual Webinar for Texas WIC*

Date: Tuesday, December 6, 2011 or Thursday, December 8, 2011

Time: 12:00 pm – 1:00 pm CST

Reserve your webinar seat for **Tuesday, December 6, 2011** now at:

<https://www1.gotomeeting.com/register/406787017>

Reserve your webinar seat for **Thursday, December 8, 2011** now at:

<https://www1.gotomeeting.com/register/713816736>

After registering, you will receive a confirmation email containing information about joining the webinar.

System Requirements

For PC-based attendees -

Required: Windows® 7, Vista, XP or 2003 Server

For Macintosh®-based attendees -

Required: Mac OS® X 10.5 or newer

Please note: This training is being held in place of the RD Bi-Annual Sharing Sessions scheduled for December 6 and 8. The next Bi-Annual Sharing Session will be in January 2012. Please disregard login information for the sharing session listed in the Online Training Schedule.

If you have any questions or require additional information, please contact Erin Thornberry, Nutrition Education Consultant, Nutrition Education/Clinic Services Unit, at (512) 341-4580 or Erin.Thornberry@dshs.state.tx.us.