The following resources should be provided:

- Verbal support and positive reinforcement
- Physical comfort, food and drink
- Skilled breastfeeding assistance
- Privacy

For additional information on helping families in emergencies and to locate skilled breastfeeding counselors, call 1-800-514-6667 or visit http://www.dshs.state.tx.us/wichd/bf/ifdisasters.shtm

In any emergency, mother’s milk is the safest food for infants.