**Plano Independent School District**

**School Health**

**Possible Problem List for Chest Physiotherapy (CPT)**

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| **Observation** | **Reason/Action** |
| Coughing | Student may cough more during CPT. Coughing helps loosen mucous. Discuss proper cough technique prior to therapy. If excess coughing, vomiting or Oxygen saturation decreases below 93% - discontinue CPT and check physician orders. If ordered, Administer bronchodilators and/or oxygen. |
| Bronchospasm | Return student to rest position. Check physician orders. Administer oxygen and/or bronchodilators if ordered. |
| Chest tightness, coughing, wheezing, shortness of breath (SOB), and retractions | Check Physician orders and treat as bronchospasm. Call 911 if unable to resolve with discontinuation of CPT and following physician orders. |
| Breathing gets increasingly difficult. Cough or wheeze worsens | Stay calm. Reassure student. Document vital signs. Follow Student Asthma Action Plan. Contact Parent. |
| Vomiting | Vomiting may occur due to swallowing excessive amounts of mucous. Reinforce spitting into a tissue vs swallowing mucous. If vomiting does not stop, notify parent. |
| Acute Pain | Discontinue therapy and notify parent |
| Hemoptysis(blood in the sputum) | Discontinue CPT. If blood tinged, notify parent. If hemorrhaging, call 911. |