PERSONAL CARE SERVICES (PCS)
What is PCS?

PCS is a Medicaid benefit that assists eligible clients who require assistance with activities of daily living (ADLs) and instrumental activities of daily living (IADLs) because of a physical, cognitive or behavioral limitation related to their disability, physical or mental illness, or chronic condition.
Who is involved with PCS?

- HHSC has oversight and rule making authority.
- DSHS conducts the assessment and makes the determination of eligibility.
- TMHP is responsible for provider relations and claims processing.
Who can receive PCS?

Individuals who are:

- Younger than 21 years of age
- Enrolled with:
  - Texas Medicaid Fee-for-Service (FSS),
  - Primary Care Case Management (PCCM),
  - STAR or STAR Health (for children in Foster Care)
- Have physical, cognitive, or behavioral limitations related to a disability, or chronic health condition that inhibits ability to accomplish ADLs and IADLs
ADLs * and IADLs *

Range of activities that healthy, non-disabled adults can perform for themselves

* ADLs: activities of daily living
* IADLs: instrumental activities of daily living
<table>
<thead>
<tr>
<th>ADLs</th>
<th>IADLs</th>
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<tbody>
<tr>
<td>• bathing</td>
<td>• grocery shopping</td>
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<tr>
<td>• bed</td>
<td>• cleaning</td>
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<td>• mobility</td>
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<td>• dressing</td>
<td>• meal preparation</td>
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<td>• eating</td>
<td>• medication assistance</td>
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<td>• personal hygiene</td>
<td>• transportation to medical appointments</td>
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<td>• positioning and transferring</td>
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<td>• toileting</td>
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The following needs of the parent/guardian are also considered:

• The parent/guardian’s need to sleep, work, attend school, meet his/her own medical needs.

• The parent/guardian’s legal obligation to care for, support, and meet the medical, education, and psychosocial needs of his/her other dependents.

• The parent/guardian’s physical ability to perform the personal care services.
PCS Does Not Include:

- Services when the client has the physical, behavioral, and cognitive abilities to perform an ADL and/or IADL without adult supervision
- Respite care or child care
- Protective supervision
PCS Does **Not** Include:

- Skilled services provided by Nursing Services;
- Services provided to an inpatient or a resident of a hospital, nursing facility, intermediate care facility for the mentally retarded, or an institution for mental disease; or
- Duplication of services provided by other programs within Texas Medicaid.
Client Referrals

A client referral can be provided by anyone who recognizes a client need for PCS including, but not limited to, the following:

– Client

– A primary practitioner, primary care provider, or medical home

– A licensed health professional who has a therapeutic relationship with the client and ongoing clinical knowledge of the client

– A family member
How are referrals made?

- Contact the toll-free PCS Client line at 1-888-276-0702
- Client line: available 7:00 am-7:00 pm, Monday through Friday
- PCS client line will refer clients to Texas Department of State Health Services
- Referrals can also be made directly to DSHS regional staff
What happens once referral is made?

• DSHS receives the PCS referral.
• The client/parent/guardian is contacted by phone for additional information.
• A DSHS case manager schedules an assessment in the client’s home to determine eligibility.
More Processes

• If the client qualifies, DSHS will coordinate the start of PCS with a PCS agency of the client/parent/guardian's choice.
• Authorization Request is sent to TMHP
• TMHP sends out provider and client letters containing approved hours and dates
Other Information

• The DSHS case manager will conduct a reassessment every twelve months for clients found eligible for PCS.

• DSHS case managers will screen clients for other Medicaid services and benefits and make referrals as indicated.
Helpful Resources

• Texas Medicaid & Healthcare Partnership (TMHP)
  – PCS Client Line 1-888-276-0702
  – www.tmhp.com

• Texas Department of State Health Services
  – www.dshs.state.tx.us

• HHSC
  – www.hhsc.state.tx.us