

Texas Nutrition Environment Assessment in Restaurants (TxNEA-R) Survey

Project ID: Rater ID: Survey Number: Date:

A. OUTSIDE OF FOOD OUTLET

Section A. is completed by making observations outside of the restaurant

1) Type of Food Outlet (Choose One)

- A. Table Service*
 - Stand-alone restaurant (01)
 - In a hotel (02)
 - Other Service (03):
- B. Fast Food/Fast Casual*
 - Cafeteria-style (04)
 - Buffet (05)
 - Fast-food (06)
 - Bar (07)
 - Fast Casual (08)
 - Other fast (09):
- C. Take-away*
 - Food truck(10)
 - Food Stand (11)
 - Carry-out (12)
 - Other Take-away (13):
- D. In-store*
 - Grocery Store (14)
 - Gas station/ convenience store (15)
 - Super store (16)
 - Other In-store (17):
- E. Other Food Outlet:

2) Cuisine (Choose one)

- BBQ (q)
- Deli/Café (d)
- Mexican/Tex-Mex (t)
- Italian (i)
- Asian (a)
- Pizza (p)
- Breakfast/Brunch (b)
- American (m)
- Other (o):

3) Days open

(Choose all that apply)

- Monday
- Tuesday
- Wednesday
- Thursday
- Friday
- Saturday
- Sunday
- Open 24 hours, 7 days a week

Hours of operation

<input type="text"/> AM/PM	<input type="text"/> AM/PM
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4) Drive-up/Drive through

Yes No

5) Chain or franchise*

Yes No

6) Advertising and Promotions (outside)

Number of Ads

Less healthy foods*

Healthier foods*

Sugar-sweetened beverages*

Healthier beverages*

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B. INSIDE OF FOOD OUTLET

Section B. is completed by making observations inside of the restaurant.

7) Seats

Number of indoor and outdoor seats

8) Buffet and Salad Bar

All-you-can-eat buffet (may include salad)

Yes No

Free-standing salad bar

Yes No

9) Which complimentary items, if any, are automatically brought to the table before the meal without asking?

(Choose all that apply)

- Water
- Tortilla chips
- Vegetable-based sauce
- Bread, corn bread, or biscuits
- Butter or oil
- None
- Other:

C. MENU REVIEW

Section C. is completed by a review of the menu and asking questions of restaurant staff, if necessary.

10) Which menus (excluding children's menus) are being reviewed?(Choose all that apply)

- Breakfast Yes No Brunch Yes No Lunch Yes No Dinner Yes No
- Appetizers/Starters Yes No Dessert Yes No Bar Yes No Seniors Yes No
- Other:

11) Number of main courses:

12) Proteins

Number of **lean** proteins*

Cooking Method
Healthier* Less Healthy*

Number of **high fat** proteins*

13) Vegetables and Fruits

Number of **vegetable*** sides offered

Healthier* Less Healthy*

Number of **fruit*** sides offered

14) Meals with Fruits and Vegetables

Number of **main courses** with at least 2 vegetable or fruit side options

Number of **main courses** with at least 2 vegetables or fruits with a healthier cooking method **as the default side or as part of the main course** (includes salads)

15) Grains

How many of the following items are available?

Grains*

Whole Grains*

Main courses with a whole grain* included or as the default side

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16) Dessert* (not plain fruit)

Number of desserts

Number of meals that come with desserts

17) How many of the following beverages are available?

Unsweetened, no-calorie beverages

Diet soda or other diet beverage

Sugar sweetened beverages*

Unsweetened milk or milk product

100% fruit juice

Free Refills?

Yes No

Yes No

Yes No

Yes No

Yes No

18) Advertising and displays (inside)

Number of advertisements/displays for **less healthy** food*

Number of advertisements/displays for **healthier** food*

Number of advertisements/displays for **sugar-sweetened beverages***

Number of advertisements/displays for **healthier beverages***

Healthy options are identified and/or prominently displayed in the following ways:

Participating in a branded recognition program* Yes No

Nutrition information labeled Yes No

Health-related pictures, symbols or logos Yes No

Key words used Yes No

Highlighted using bold, larger or different font Yes No

Listed first in each menu category Yes No

Healthy options are not identified or prominently displayed Yes No

Other:

Smaller portions are offered or meals can be split. Yes No
If no, skip to substitutions question.

Age Restrictions

Time Restrictions

Smaller portion priced lower than full size portion

No charge for splitting meals

Are substitutions* allowed?

Yes, with extra charge on all items No

Yes, with extra charge on some items Not sure

Yes, with no extra charge

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Wording on the menu encourages larger portions.

Yes No

Lower price for adding or bundling items.

Yes No

19) Children's menu available? If no children's menu, skip to question 20.

Yes No

20) Children's menu Age Limit

Is there an age limit for ordering from the children's menu?

Yes No

Age limit for ordering from the children's menu

21) Children's Menu Beverages

The default beverage served with the meal is:

(choose from options below)

Unsweetened, no-calorie beverages

Diet soda or other diet beverage

Sugar sweetened beverages*

Unsweetened milk or milk product

100% fruit juice

No default beverage

Free Refills?

Yes No Not available

22) Number of main courses on the children's menu:

23) Proteins on the children's menu

Lean proteins*

Cooking Method	
Healthier*	Less Healthy*
<input type="text"/>	<input type="text"/>

High fat proteins*

24) Vegetables and Fruits on Children's Menu

Number of **vegetable*** sides offered

Healthier*	Less Healthy*
<input type="text"/>	<input type="text"/>

Number of **fruit*** sides offered

25) Meals with Fruits and Vegetables

Number of **main courses** with at least 2 vegetable or fruit side options

Number of main courses with at least 2 vegetables or fruits with a healthier cooking method **as the default side or as part of the main course** (includes salads)

26) Grains on Children's Menu

Number of grains offered on the menu

Number of whole grains offered on menu

Main courses with a whole grain* included as the default side or within the entrée

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27) Children's menu Advertising and Promotions

A vegetable, fruit, or whole grain prepared with a healthier cooking method can be substituted for assigned side with no extra charge.

Yes No

Dessert (other than fruit) is included with the meal.

Yes No

There is nutrition information on the menu.

Yes No

Observe the targeted promotion, such as branded marketing, included on children's menu items.

Number of promotions for **healthier** foods or beverages

Number of promotions for **less healthy** or **sugar-sweetened beverages**

Comments: