Scope of MH Treatment Benefits

SERVICE	SERVICE DESCRIPTION	WHO MAY PROVIDE	PROVIDED TO	TYPE
Assessment	The clinical process of obtaining and evaluating historical, social, functional, psychiatric, developmental or other information to determine Level of Need and treatment needs.	Any appropriately licensed network provider	Children and Adults	General
Treatment Planning	Determining medically necessary, prioritized, comprehensive, collaborative, and measurable treatment that reflects the needs and preferences of the individual and builds upon the strengths of the individual.	Any appropriately licensed network provider	Children and Adults	General
Outpatient Counseling Provided by: Licensed Master Social Workers-Advanced Clinical Practitioners and Licensed Professional Counselors	Includes counseling services provided in office, home or outpatient hospital to enrollees suffering from a mental, psychoneurotic, or personality disorder.	Any appropriately licensed network provider	Adults and Children	General
Psychology Services	Psychological diagnostic interview examination, interactive diagnostic interview examination, psychological testing, individual psychotherapy, individual psychoanalysis, family psychotherapy, interactive psychotherapy, interactive group psychotherapy, neurological testing battery	Any appropriately licensed network provider	Adults and Children	General

SERVICE	SERVICE DESCRIPTION	WHO MAY PROVIDE	PROVIDED TO	TYPE
Psychiatric Services	Psychiatric diagnostic interview examination, interactive psychiatric diagnostic interview examination, psychological testing, narcosynthesis, individual medical psychotherapy, individual medical psychoanalysis, medical psychoanalysis, family medical psychotherapy, interactive psychotherapy, interactive group medical psychotherapy, neurological testing battery	Any appropriately licensed network provider	Children and Adults	General
Day Programs for Acute Needs (A rehabilitative service)	Intensive site-based, age-appropriate services provided to individuals who require services in order to control symptoms and prevent hospitalization or reduce the amount of time spent in a hospital. Services focus on intensive medically oriented multidisciplinary interventions such as behavior skills training, crisis management, and nursing services that are designed to stabilize acute psychiatric symptoms. Day programs for acute needs provide short-term, intensive treatment to an individual who requires multidisciplinary treatment in order to stabilize acute psychiatric symptoms or prevent admission to a more restrictive setting.	Specialty Network Providers of Rehabilitative Services	Adults	Specialty Wrap-Around

SERVICE	SERVICE DESCRIPTION	WHO MAY PROVIDE	PROVIDED TO	TYPE
MH Rehabilitative Services	• **Crisis Services** Crisis intervention services are interventions provided in response to a crisis in order to reduce symptoms of severe and persistent mental illness or serious emotional disturbance and to prevent admission of an individual to a more restrictive environment.. • **Medication Training and Support Services** Medication training and support services are training based on curricula promulgated by the department • **Psychosocial Rehabilitation Services** (Adults only) Psychosocial rehabilitation services are social, educational, vocational, behavioral, and cognitive interventions provided by members of an individual's therapeutic team that address deficits in the individual's ability to develop and maintain social relationships, occupational or educational achievement, and independent living skills that are the result of a severe and persistent mental illness in adults. Psychosocial rehabilitation services may also address the impact of co-occurring disorders upon the individual's ability to reduce symptomology and increase daily functioning. • **Skills Training and Development** Skills training and development services is training provided to an individual or the LAR or primary caregiver of a child or adolescent	Specialty Network Providers of Rehabilitative Services	Children and Adults (except psychosocial rehabilitation)	**Specialty Wrap -Around**

Employment Related Services (A rehabilitative service)	Age appropriate training and supports that are not job specific and have as their focus the development of skills to reduce or overcome the symptoms of mental illness that attain or retain employment. Included are activities such as skills training related to task focus, maintaining concentration, task completion, personal hygiene, grooming, and communication, and skills training relating to securing appropriate clothing, developing natural supports, and arranging transportation. Also included are supportive contacts in school or on or off the work-site to reduce or manage behaviors or symptoms related to the individuals mental illness that interfere with job performance or progress toward the development of skills that would enable the individual to obtain or retain employment.	Specialty Network Providers of Rehabilitative Services	Children and Adults	**Specialty Wrap -Around**

SERVICE	SERVICE DESCRIPTION	WHO MAY PROVIDE	PROVIDED TO	TYPE
Medication Services	Medication administration, monitoring, consumer/family training and pharmacological management.	Any appropriately licensed network provider	Children and Adults	GENERAL
Medications	Includes the medications identified in Appendix 26 to this Contract for non-Medicaid enrollees covered under the DSHS Drug Formulary. Medications for Medicaid enrollees are covered outside of NorthSTAR under the Vendor Drug Program.	Any appropriately licensed network provider	Children and Adults	GENERAL
New Generation Medications	Includes new generation anti-psychotic medications (e.g. Risperidone and Clozapine). A designated amount of the funding made available to contractors must be spent on new generation medications. This amount is determined on the basis of an allocation methodology used by DSHS and is tied to the legislative appropriation. Since most funds are already committed to individuals receiving new generation medications, allocations will be adjusted accordingly after initial enrollment. Contractors are not obligated to exceed the allocated funding for new generation medications, although they are free to do so.	Any appropriately licensed network provider	Children and Adults	GENERAL
Non-Medicaid laboratory work	Required laboratory services related to medication monitoring for non-Medicaid enrollees	Any appropriately licensed/certi-fied provider	Children and Adults	GENERAL

SERVICE	SERVICE DESCRIPTION	WHO MAY PROVIDE	PROVIDED TO	TYPE
Inpatient Hospitalization - General Acute Care Facilities and institutions that **do not** meet the federal definition of an Institution for Mental Disease (IMD)	Necessary items and services ordinarily furnished by a general acute hospital under the direction of a physician. Covers DRGs 424-432. This service includes 24-hour monitoring, supervision, and assistance in an environment designed to provide safety and security during acute psychiatric symptomology and restore patients ability to function in less restrictive settings.	Any appropriately licensed and certified network hospital	Children and Adults	GENERAL
Inpatient Hospitalization - Freestanding psychiatric hospitals and other facilities that meet the Federal definition of an Institution for Mental Disease (IMD)	Necessary items and services ordinarily furnished by a general acute hospital under the direction of a physician. This service includes 24-hour monitoring, supervision, and assistance in an environment designed to provide safety and security during acute psychiatric symptomology and restore patients ability to function in less restrictive settings.	Any appropriately licensed and certified network hospital	Children and Adults	GENERAL

SERVICE	SERVICE DESCRIPTION	WHO MAY PROVIDE	PROVIDED TO	TYPE
MH Case Management	MH case management services assist an individual in gaining and coordinating access to necessary care and services appropriate to the individual's needs. There are two types of MH case management services: (1) routine MH case management, for an adult, a child, or adolescent, which is primarily site-based; and (2) intensive MH case management, for a child or adolescent, which is primarily community-based.	Specialty network Providers	Children and Adults	Specialty Wrap-Around
Supported Employment	Age appropriate services with the capacity to provide persons with serious mental illness individualized assistance in choosing and obtaining employment, integrated work sites in regular community jobs, and long-term supports provided by provided by identified staff who will assist individuals in keeping employment and/or finding another job as necessary.	Specialty network Providers	Children and Adults	Specialty Wrap-Around

Respite Services	Services provided to family members of an individual in services, based on their identified needs for purposes of allowing the individual to function as independently as possible. Respite services are those services provided for temporary residential placement outside the usual living situation. Community-based respite services involve introducing respite staff into the usual living situation or providing a place for the individual to go during the day/evening or other services considered to provide a respite.	Specialty network Providers	Children and Adults	**Specialty Wrap-Around**
Supported Housing	Service activities designed to assist persons with severe mental illness choose, get, and keep regular integrated housing. These services consist of: Individualized assistance in finding and moving into regular integrated housing (not state owned or operated housing); Temporary rental assistance	Specialty network Providers	Children and Adults	**Specialty Wrap-Around**
SERVICE	**SERVICE DESCRIPTION**	**WHO MAY PROVIDE**	**PROVIDED TO**	**TYPE**
Intensive Crisis Residential Services	24-hour residential services that are usually short term and offered to persons who are demonstrating psychiatric crisis which cannot be stabilized in a less restrictive setting. This service may include staffed residences and licensed crisis stabilization units.	Specialty network Providers	Children and Adults	**Specialty Wrap-Around**
Residential Treatment Centers	Twenty-four hour specialized living arrangements for children needing alternative residential care. Services are provided by staff specially trained in providing residential care and treatment to children and adolescents with serious emotional disturbances.	Specialty network Providers	Children	**Specialty Wrap-Around**

Personal Care Homes / Assisted Living	An establishment, including board and care homes, that furnish, in one or more facilities, food and shelter to four or more persons who are unrelated to the proprietor of the establishment and that provides personal care services such as assistance with meals, dressing, movement, bathing, or other personal needs or maintenance. These services also include assistance with or supervision of medication by a person licensed to administer medication or general oversight of the physical and mental well being of a person who needs assistance to manage the person's personal life, regardless of whether the guardian has been appointed for the person. Department of Aging and Disability Services must appropriately license these homes.	Specialty network Providers	Adults	**Specialty Wrap-Around**
Adult Foster Care	A four-bed or less facility, which meets the minimum standards and program rules for enrollment with the Department of Aging and Disability Services as an adult foster care facility.	Specialty network Providers	Adults	**Specialty Wrap-Around**

SERVICE	SERVICE DESCRIPTION	WHO MAY PROVIDE	PROVIDED TO	TYPE
Early Intervention	For children 3-5 who are manifesting serious behaviors consistent with the onset of mental or emotional disturbance. These specialized services include: Child/Family Assessment Play Therapy Parent counseling and parent educational training	Specialty network Providers	Children age 3-5	**Specialty Wrap-Around**
Crisis Services	See Appendix 2b	Any appropriately certified or licensed network provider	Children and Adults	**General**