



Behavioral Health

DATA BOOK

A quarterly reference to community mental health and substance abuse services

Fiscal Year 2010 ■ Quarter 3 ■ July 2, 2010

PREFACE

The purpose of the Texas Department of State Health Services (DSHS) *Behavioral Health Data Book* is to present, in a quarterly document series, statewide data trends for community mental health and substance abuse services for policy and practice decision making. It is not intended as a comprehensive guide, but as a quick reference for DSHS staff in response to frequently-asked, general questions from behavioral health stakeholders. Therefore, data presented here should *not* be taken out of this context.

For further information, contact the Mental Health & Substance Abuse *Decision Support* Unit.

COMMUNITY MENTAL HEALTH SERVICES

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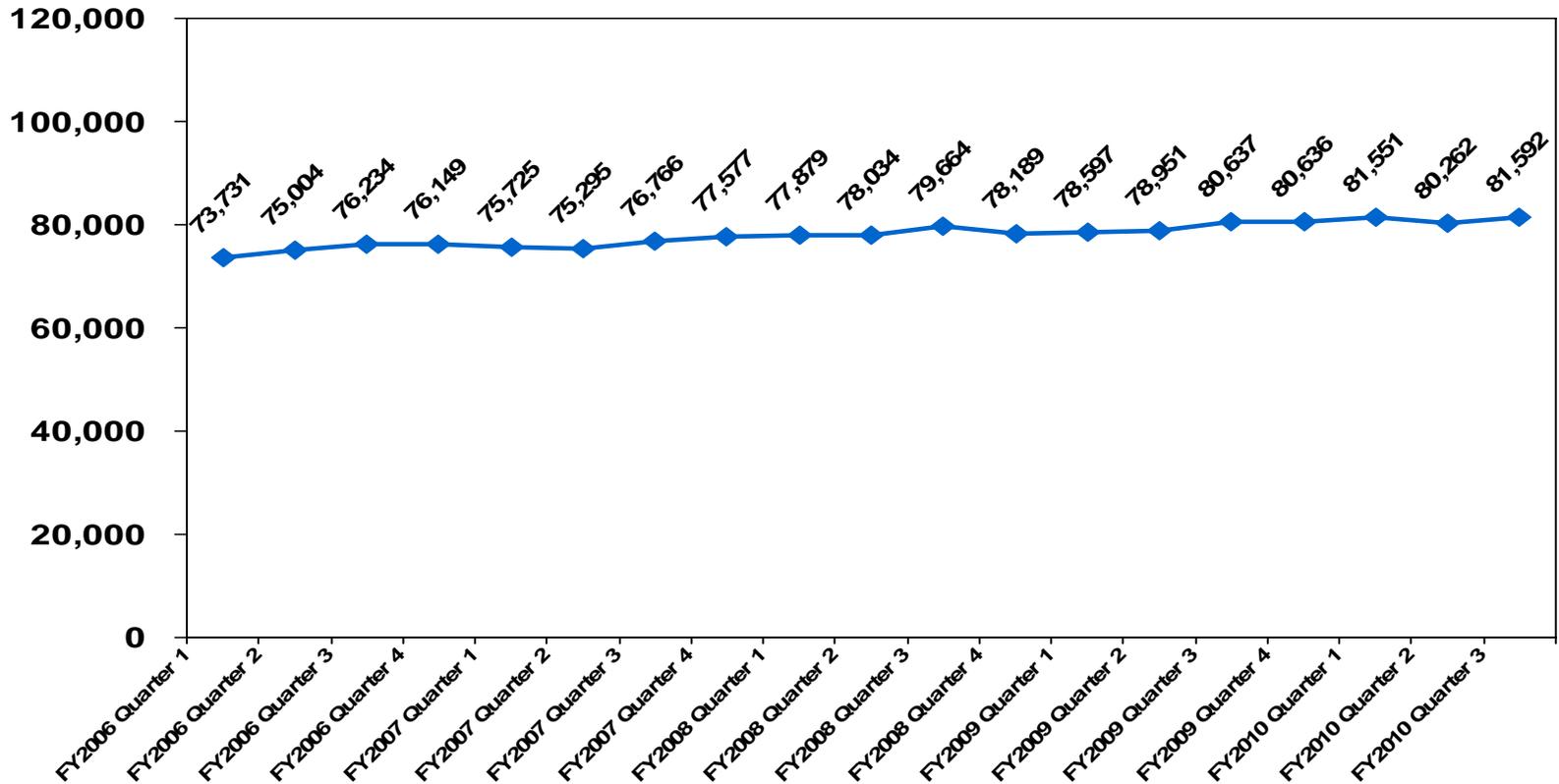
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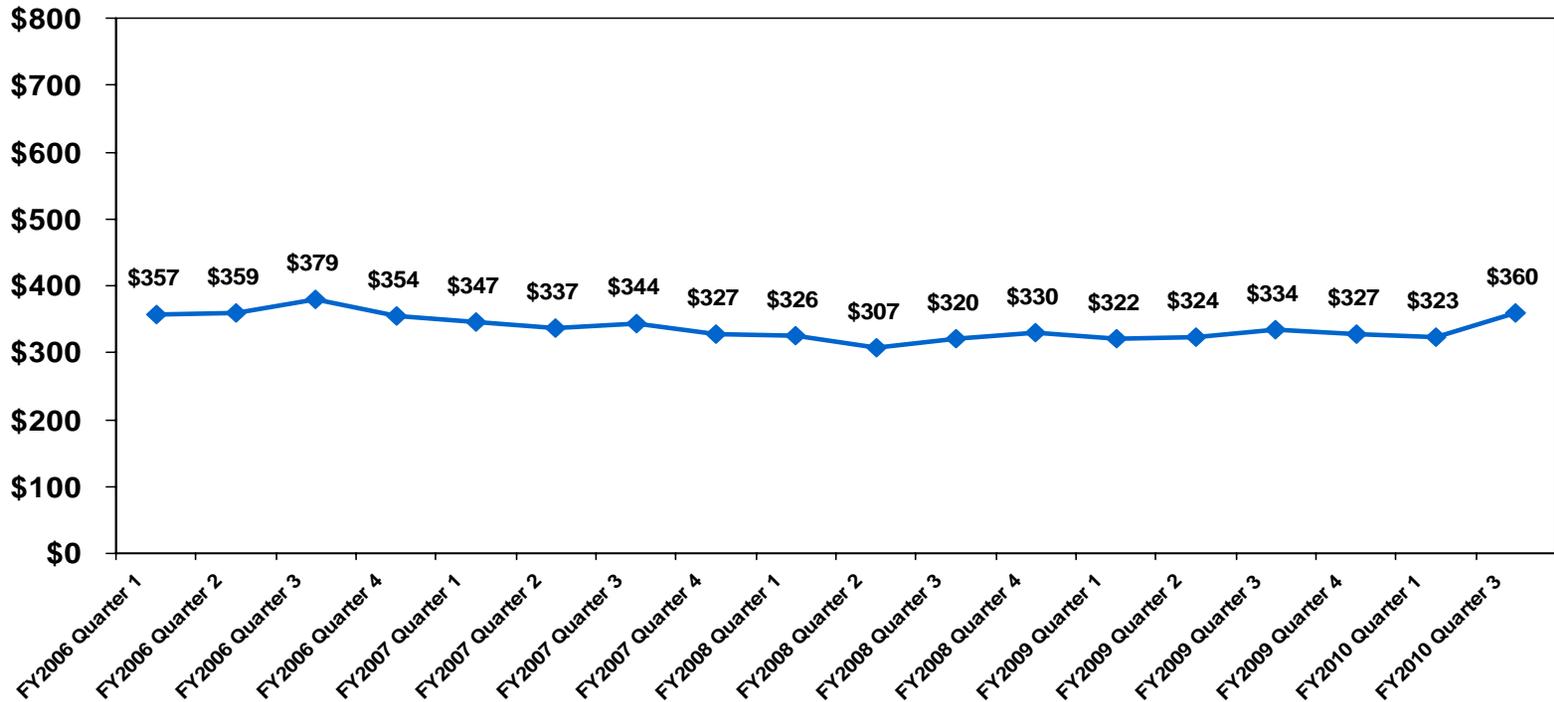
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Figure 1.1. Average monthly number of adults receiving community mental health services



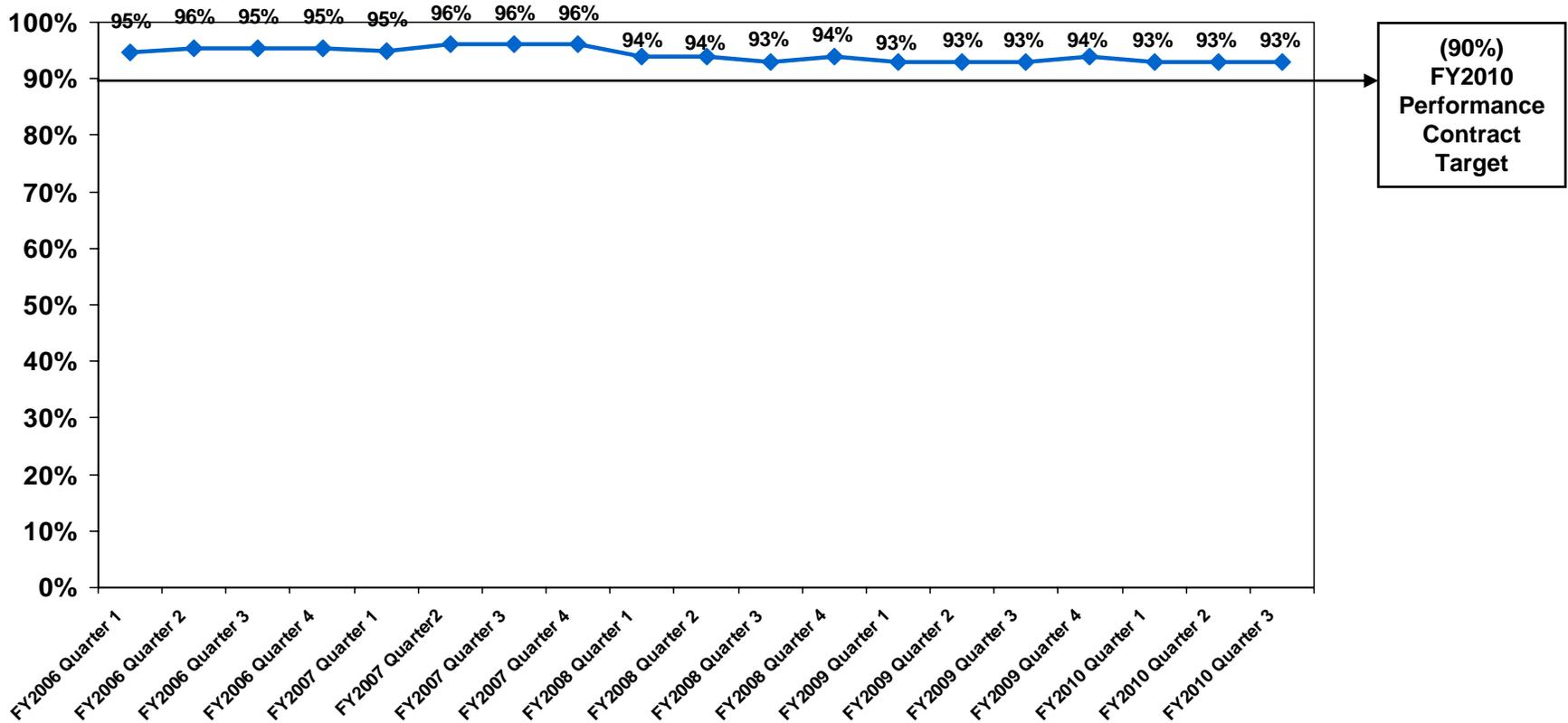
Source: DSHS, Mental Retardation and Behavioral Health Outpatient Warehouse (MBOW), LBB RDM Served. For methodology, see report query.

Figure 1.2. Average monthly cost per adult receiving community mental health services



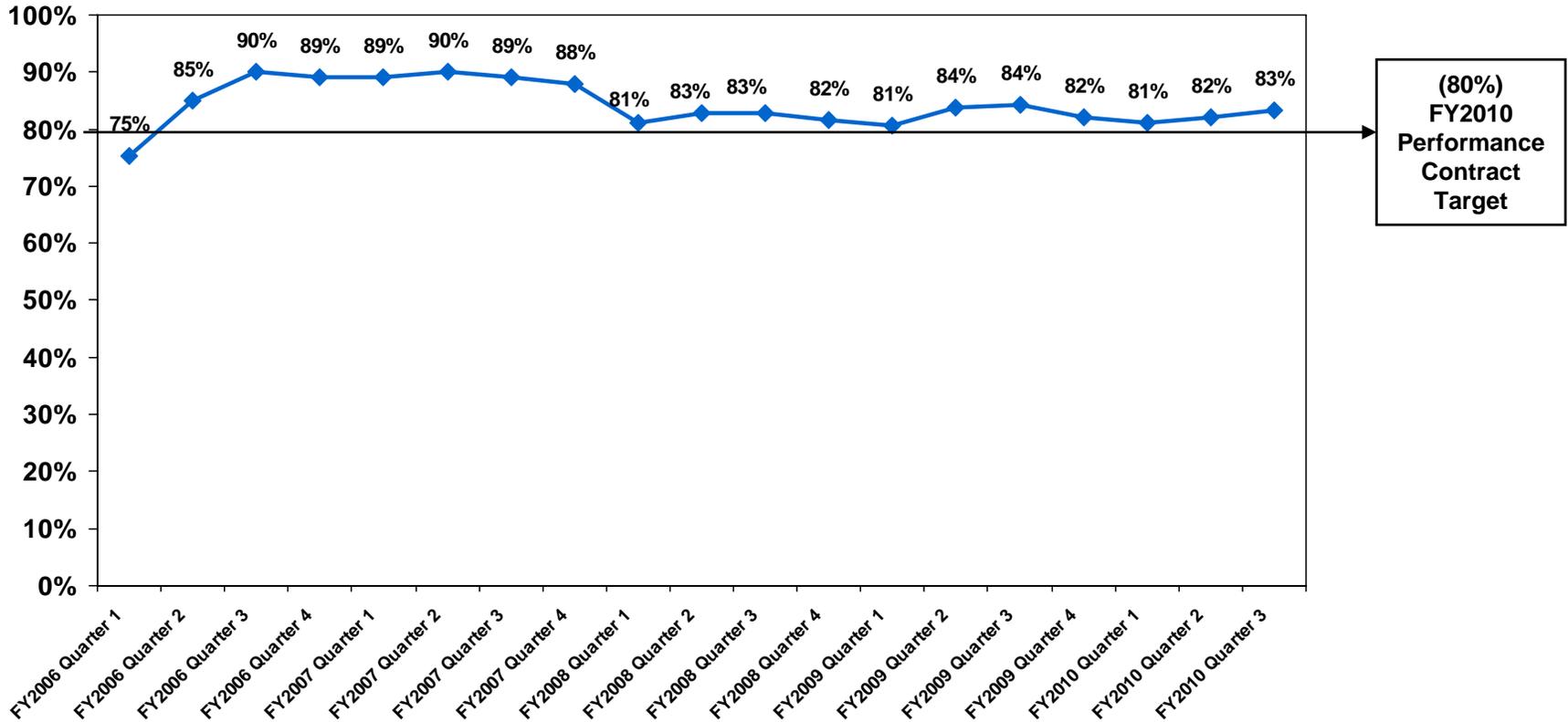
Source: DSHS, Budget & Forecasting. For methodology, see Strategy-Related Measures Definitions Report, 79th Regular Session, Performance Reporting, Automated Budget and Evaluation System of Texas (ABEST).

Figure 1.3. Average monthly percentage of adults in community mental health services appropriately authorized



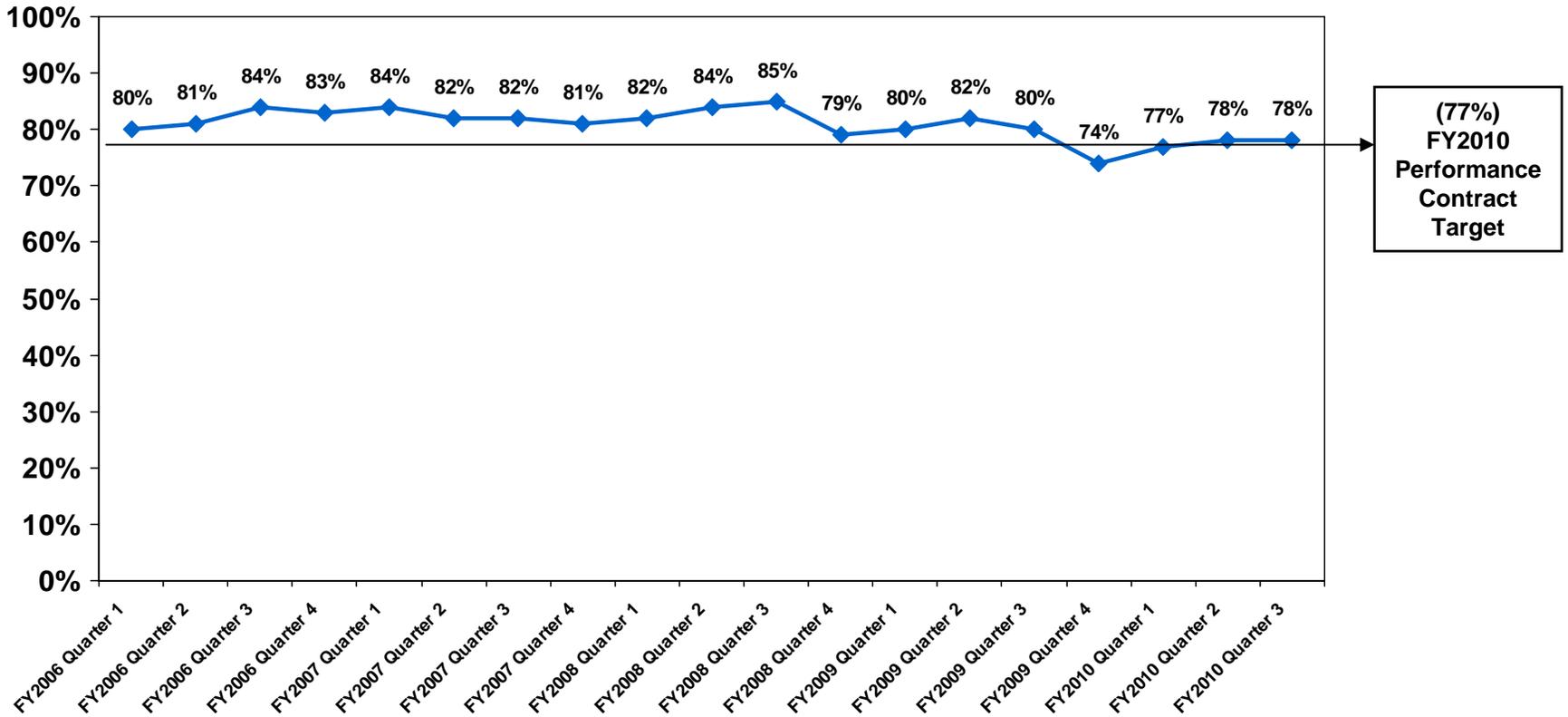
Source: DSHS, Mental Retardation and Behavioral Health Outpatient Warehouse (MBOW), *PM UM Appropriateness*. For methodology, see Fiscal Year 2010 Performance Contract with Local Mental Health Authorities, Information Item C.

Figure 1.4. Average monthly percentage of adults in community mental health services receiving minimum number of recommended service hours



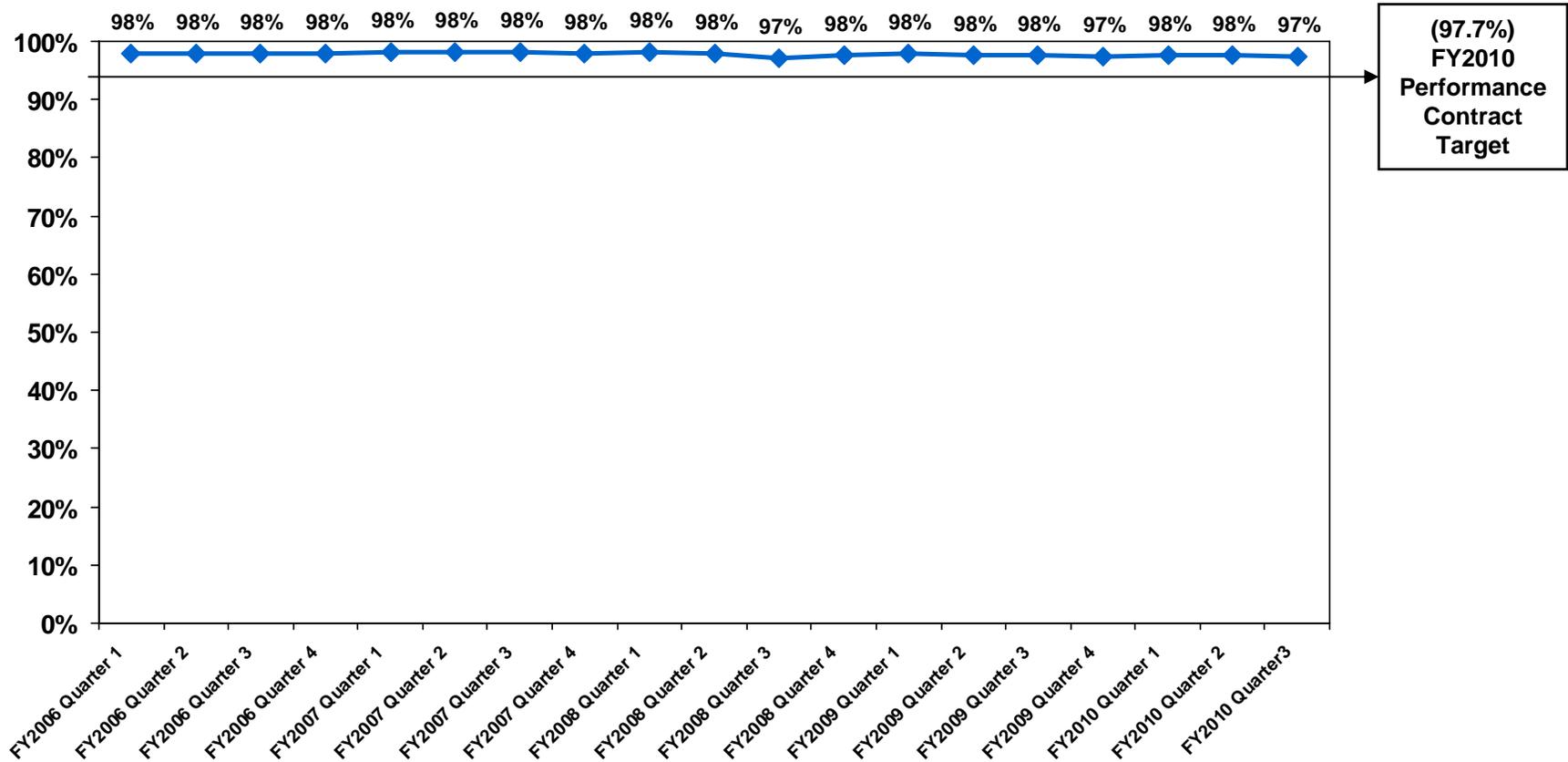
Source: DSHS, Mental Retardation and Behavioral Health Outpatient Warehouse (MBOW), *PM Service Package Minimum Hours*. For methodology, see Fiscal Year 2010 Performance Contract with Local Mental Health Authorities, Information Item C.

Figure 1.5. Percentage of adults in community mental health services receiving first service encounter within 14 days of assessment



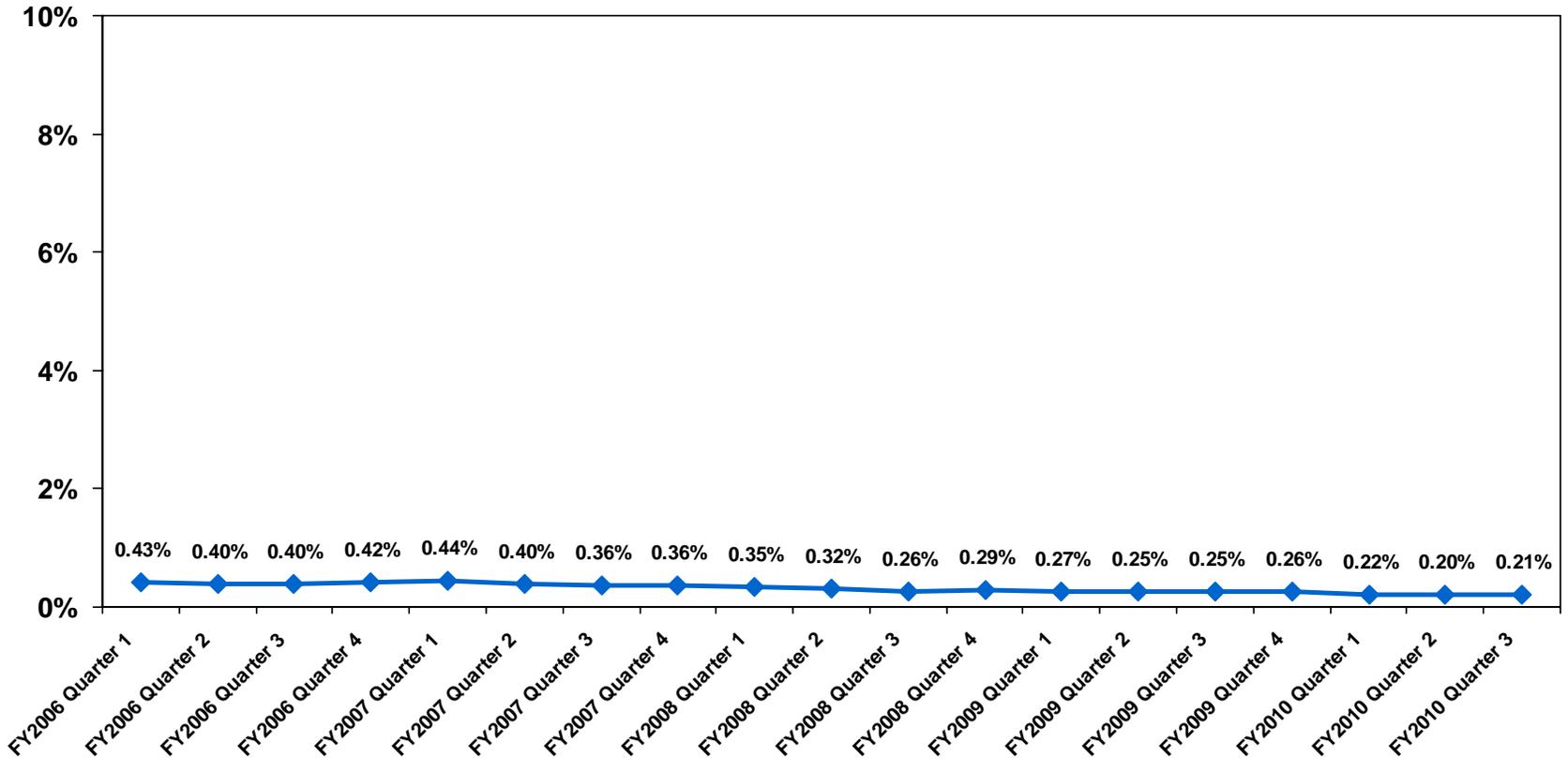
Source: DSHS, Mental Retardation and Behavioral Health Outpatient Warehouse (MBO), *PM Time Between Assessment and First Service Encounter*. For methodology, see Fiscal Year 2010 Performance Contract with Local Mental Health Authorities, Information Item C.

Figure 1.6. Percentage of adults in community mental health services avoiding crisis



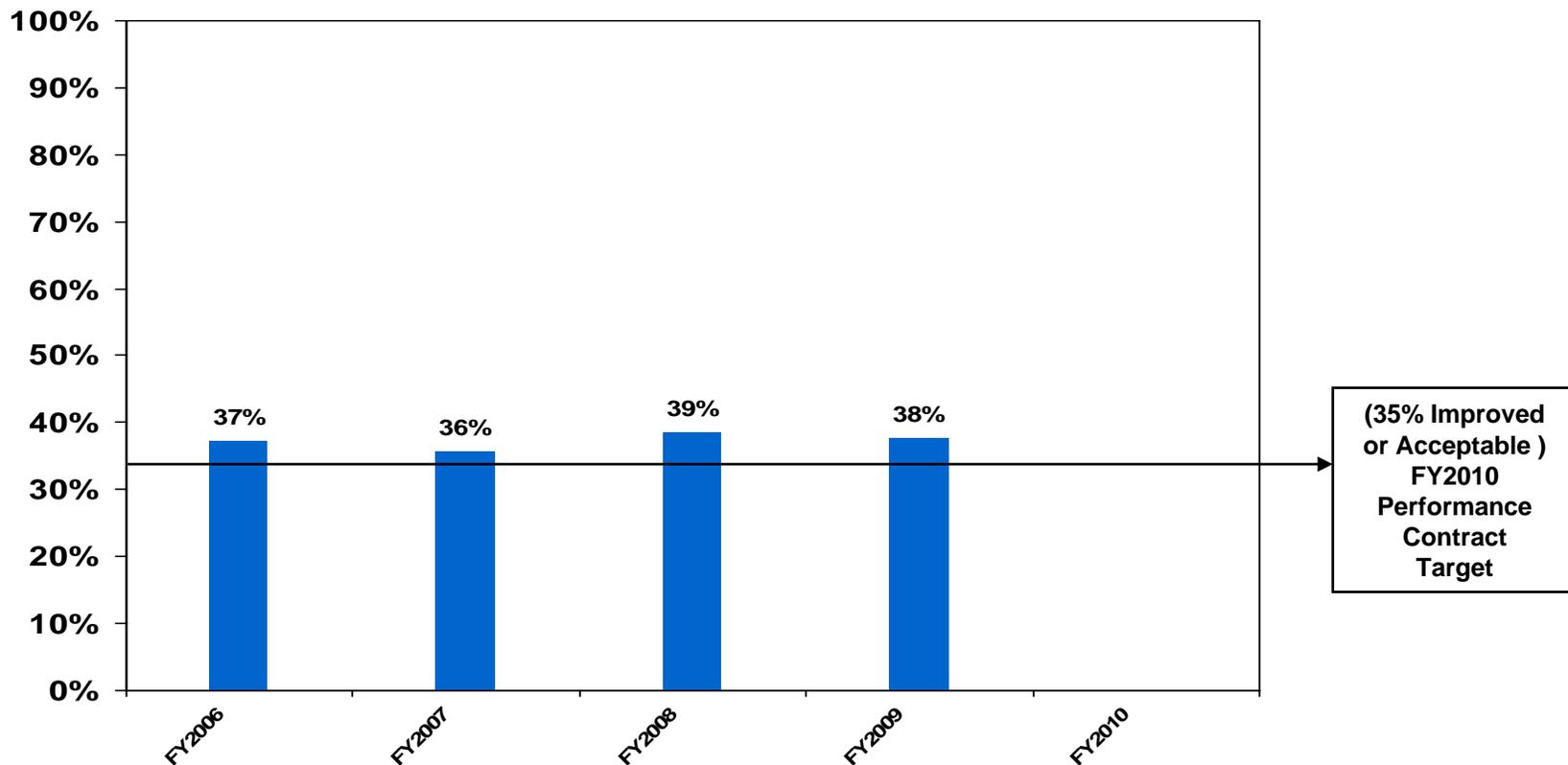
Source: DSHS, Mental Retardation and Behavioral Health Outpatient Warehouse (MBOW), *PM Crisis Avoidance*. For methodology, see Fiscal Year 2010 Performance Contract with Local Mental Health Authorities, Information Item C.

Figure 1.7. Percentage of adults in community mental health services admitted 3 or more times in 180 days to a state or community psychiatric hospital



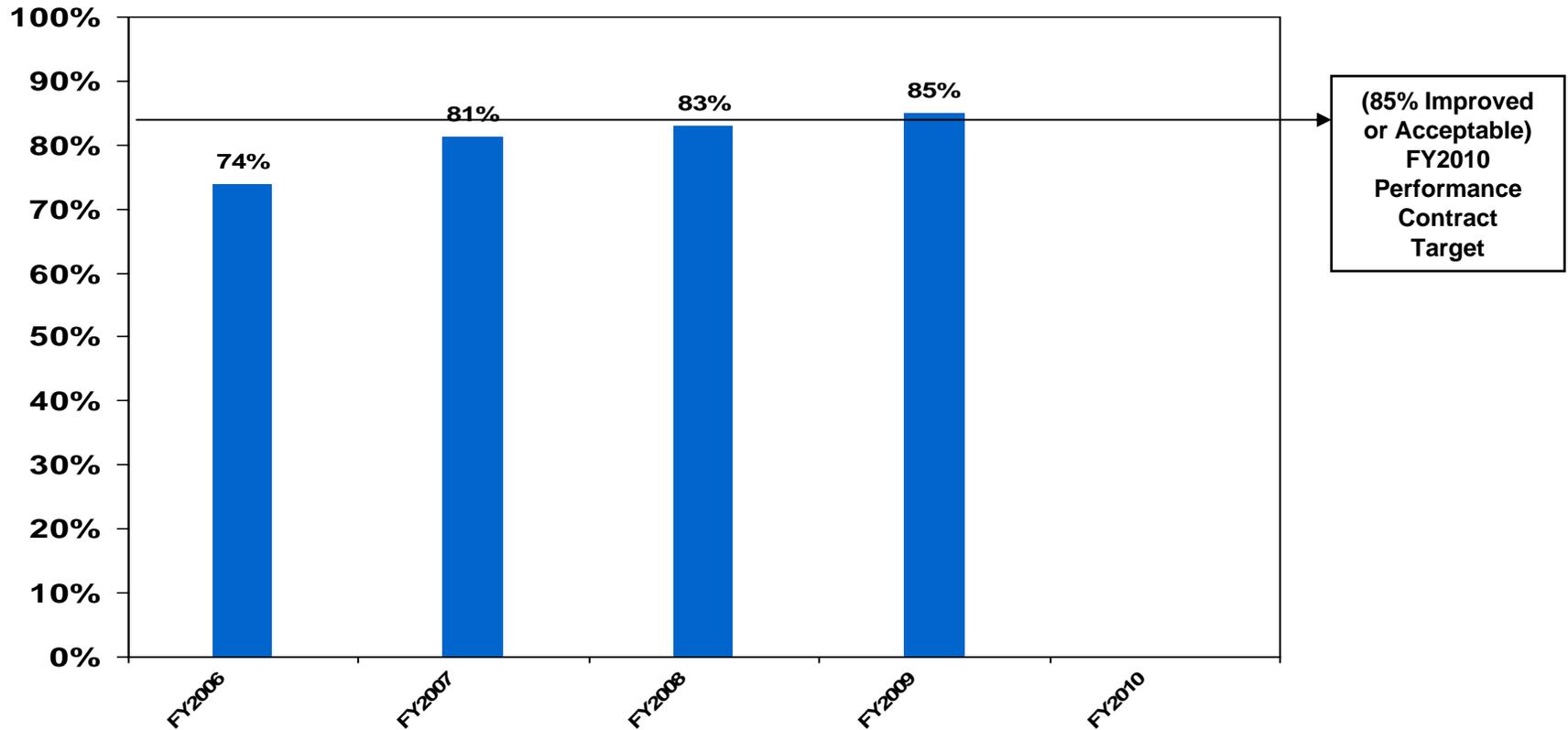
Source: DSHS, Mental Retardation and Behavioral Health Outpatient Warehouse (MBOW), DATA BOOK - Percentage of Adults and Children in Full RDM Packages Admitted 3 or More Times in 180 Days to a State or Community Psychiatric Hospital. For methodology, see report query.

Figure 1.8. Percentage of adults in community mental health services with improved or acceptable functioning per year



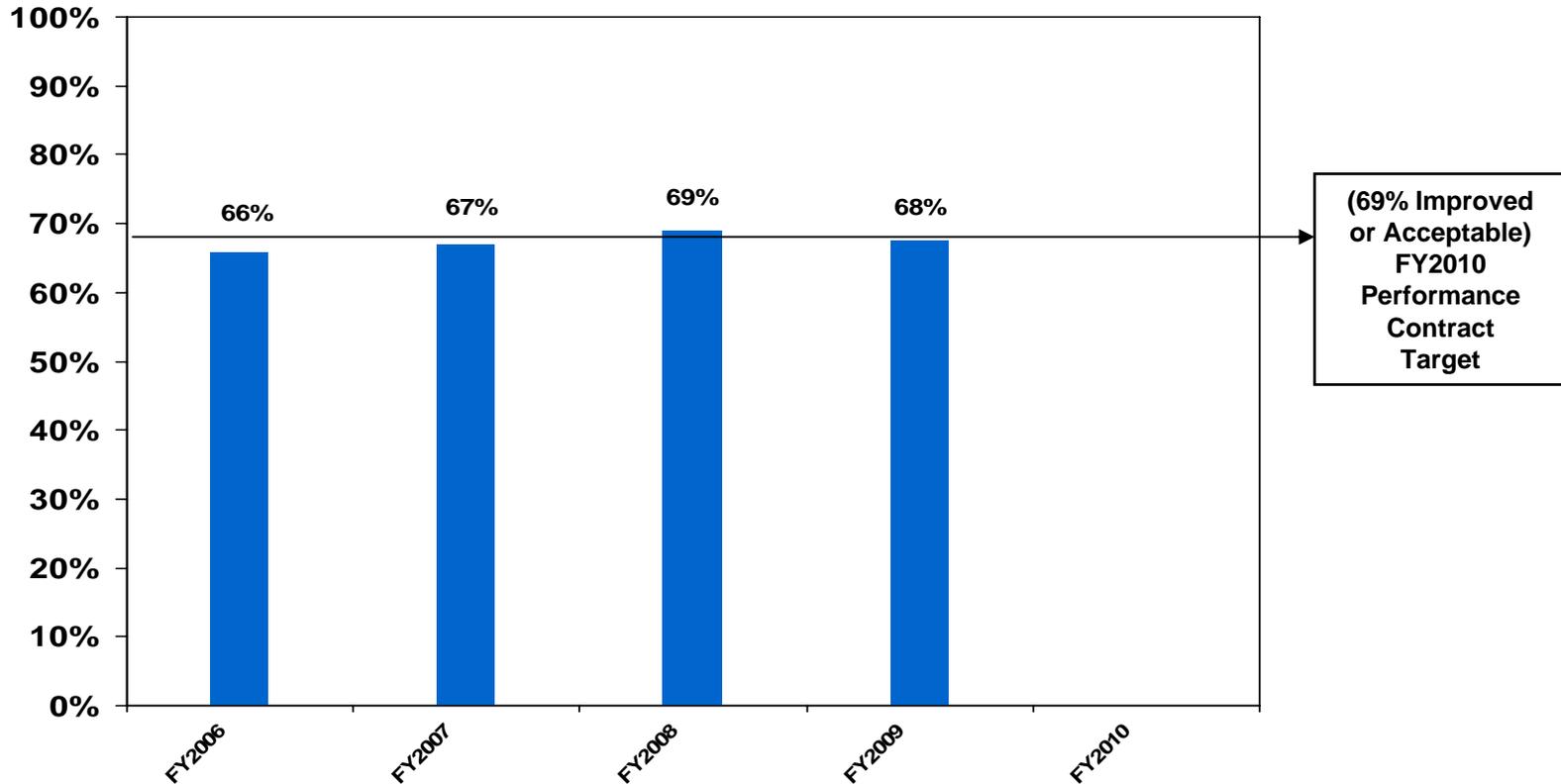
Source: DSHS, Mental Retardation and Behavioral Health Outpatient Warehouse (MBOW), *PM Adult Outcomes*. For methodology, see Fiscal Year 2010 Performance Contract with Local Mental Health Authorities, Information Item C.

Figure 1.9. Percentage of adults in community mental health services with improved or acceptable employment per year



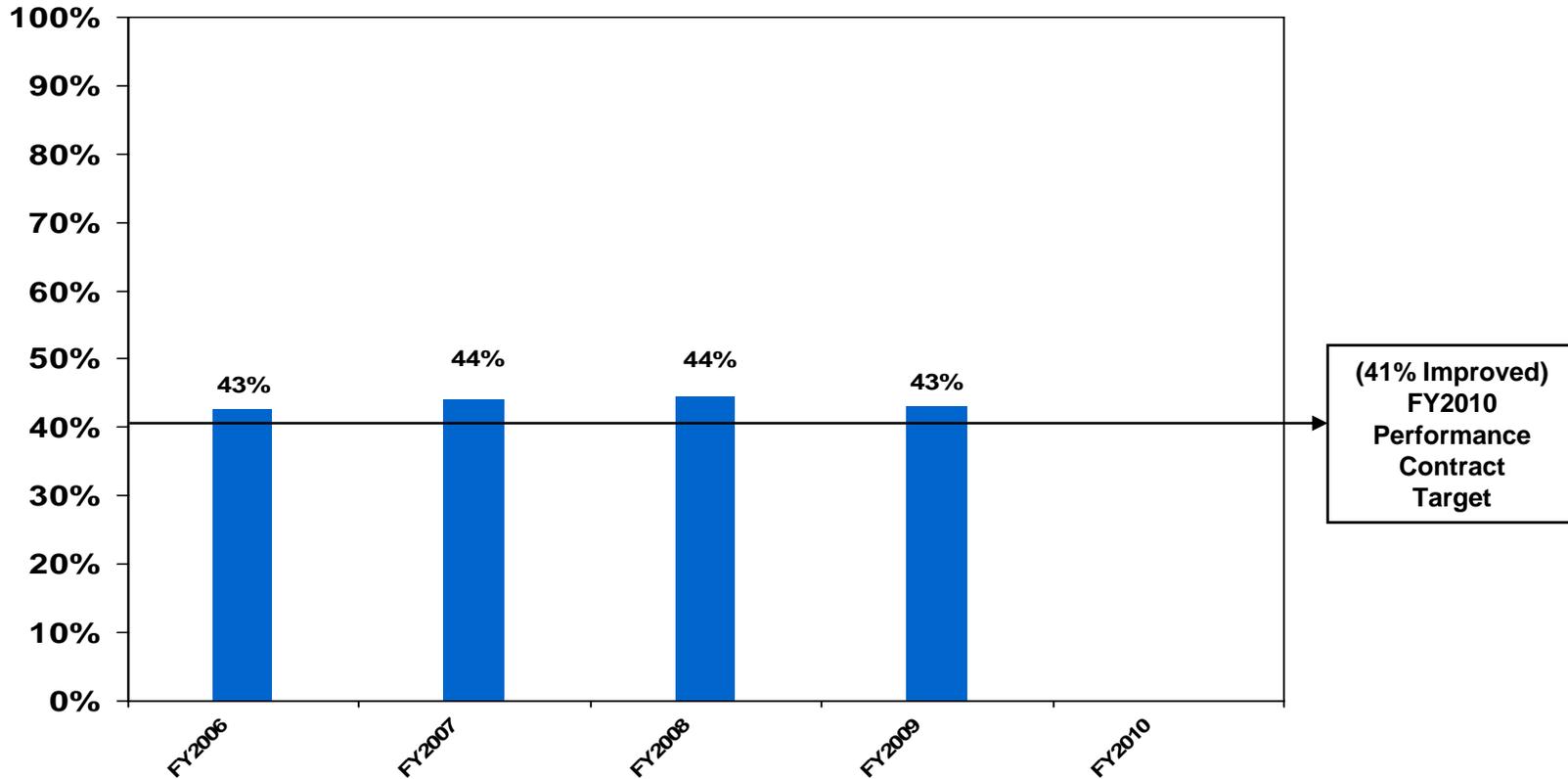
Source: DSHS, Mental Retardation and Behavioral Health Outpatient Warehouse (MBOW), *PM Adult Outcomes*. For methodology, see Fiscal Year 2010 Performance Contract with Local Mental Health Authorities, Information Item C.

Figure 1.10. Percentage of adults in community mental health services with improved or acceptable housing per year



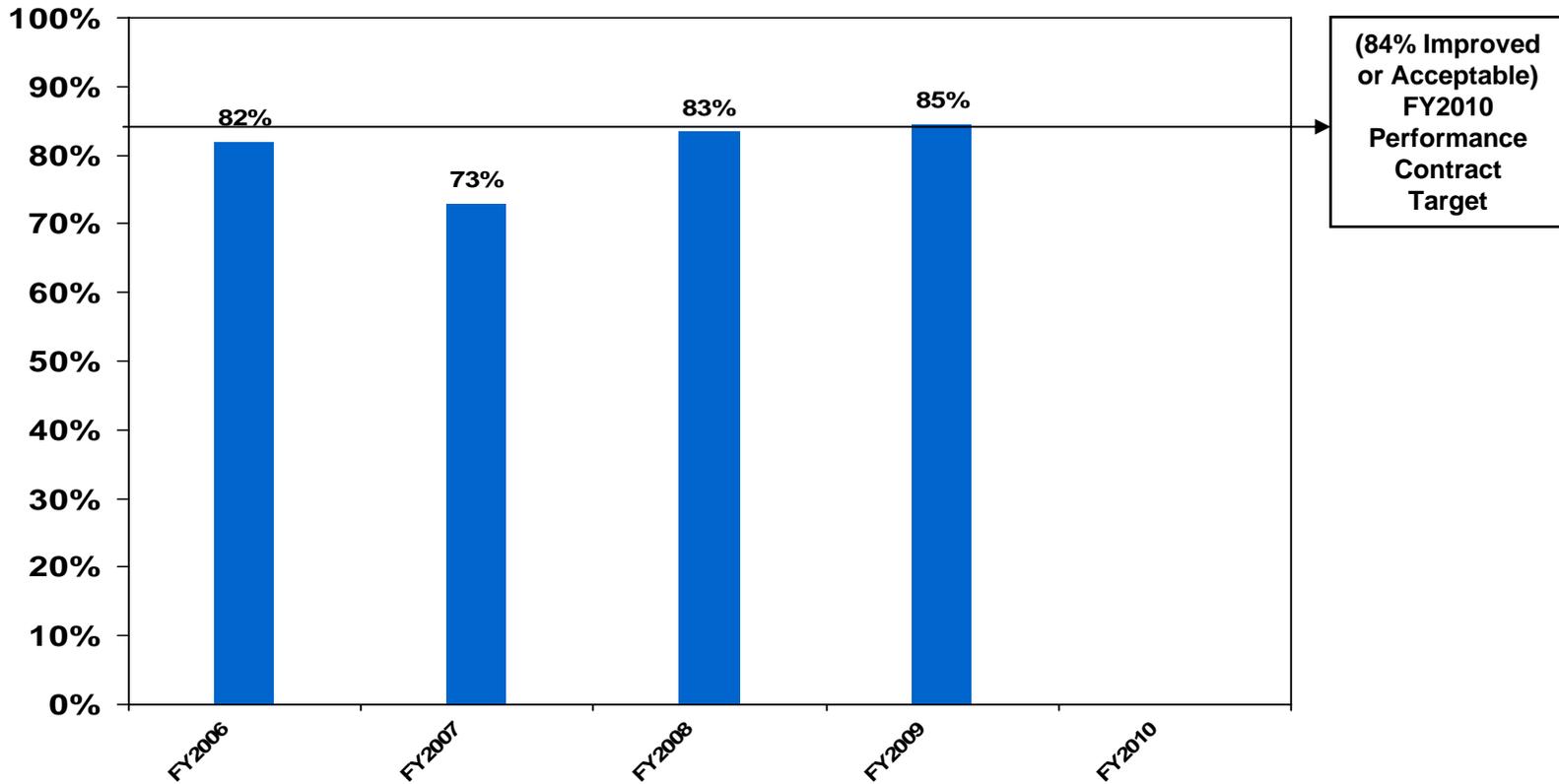
Source: DSHS, Mental Retardation and Behavioral Health Outpatient Warehouse (MBOW), *PM Adult Outcomes*. For methodology, see Fiscal Year 2010 Performance Contract with Local Mental Health Authorities, Information Item C.

Figure 1.11. Percentage of adults in community mental health services with improved criminal justice involvement per year



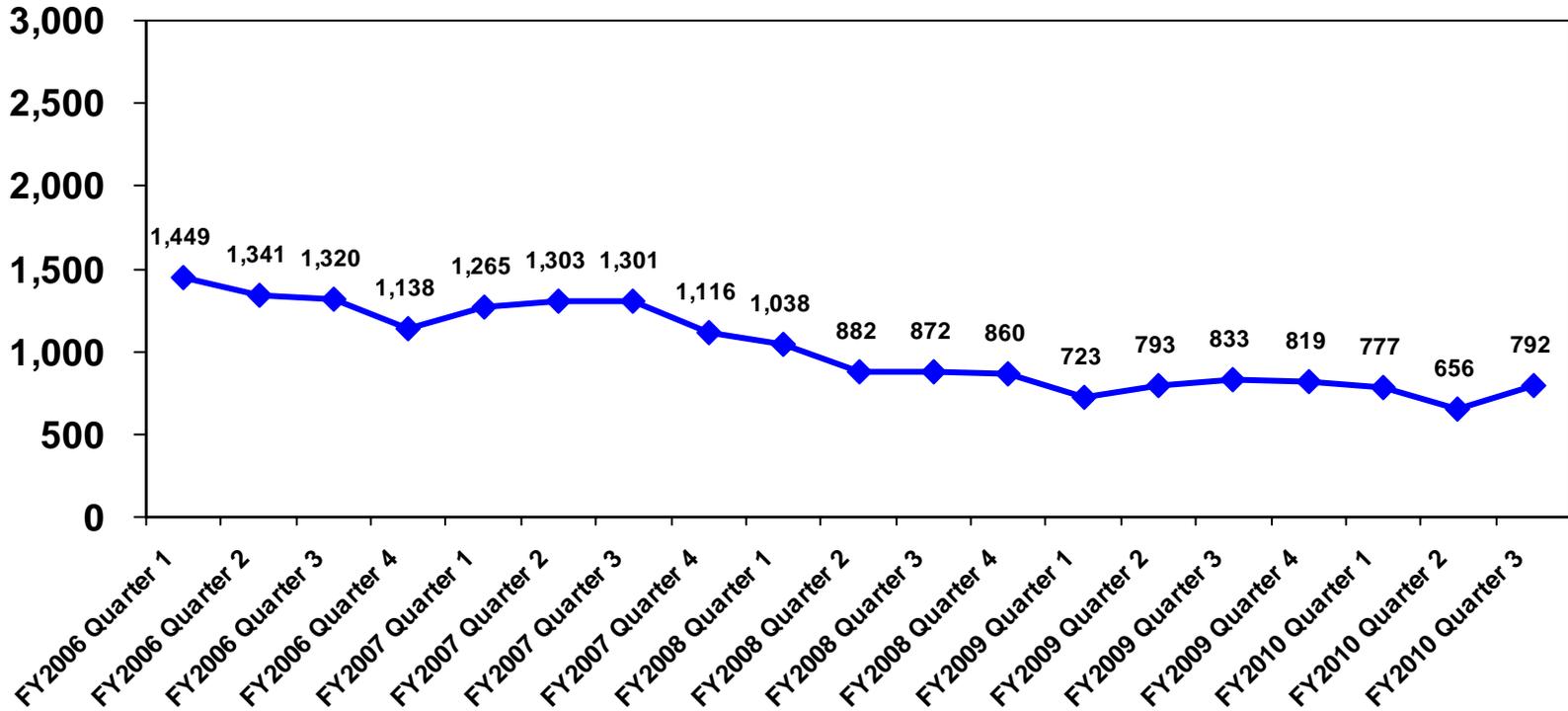
Source: DSHS, Mental Retardation and Behavioral Health Outpatient Warehouse (MBOW), *PM Adult Outcomes*. For methodology, see Fiscal Year 2010 Performance Contract with Local Mental Health Authorities, Information Item C.

Figure 1.12. Percentage of adults in community mental health services with improved or acceptable co-occurring substance use per year



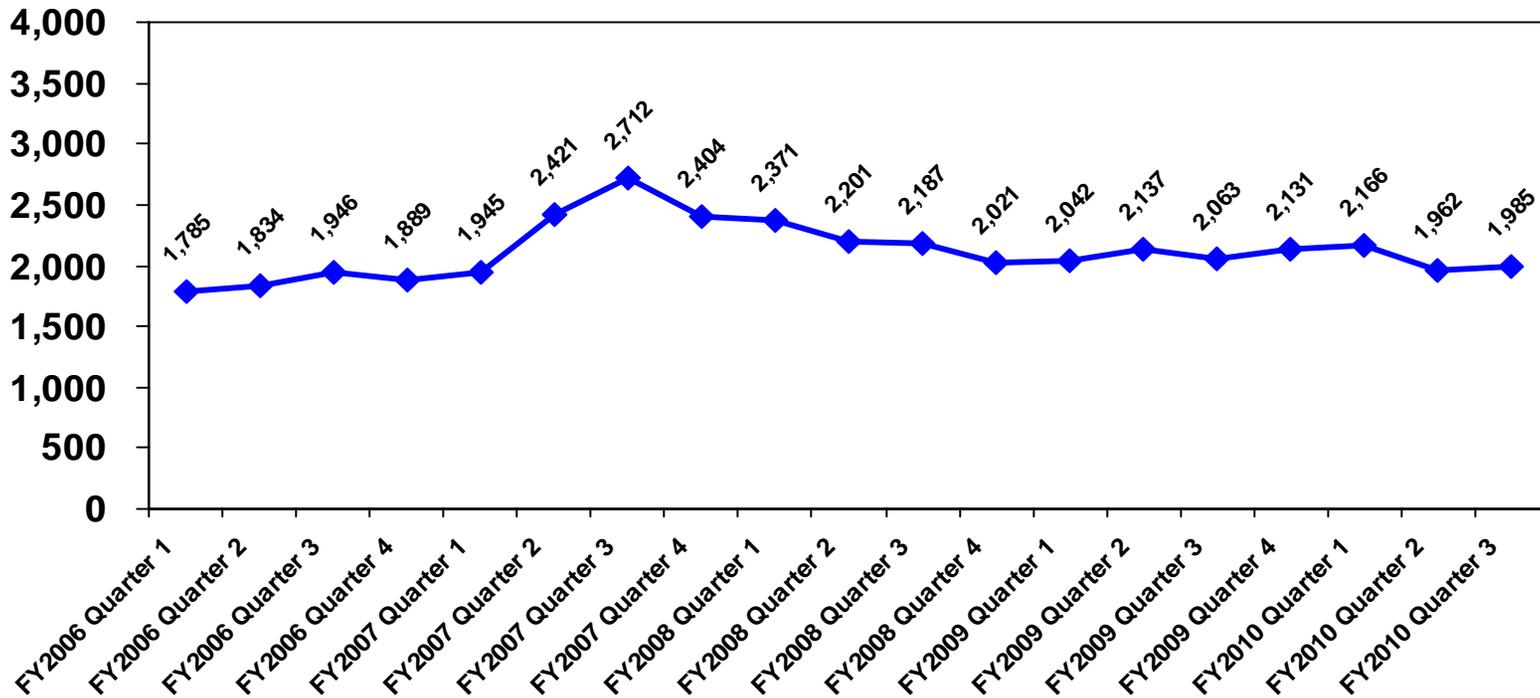
Source: DSHS, Mental Retardation and Behavioral Health Outpatient Warehouse (MBO), *PM Adult Outcomes*. For methodology, see Fiscal Year 2010 Performance Contract with Local Mental Health Authorities, Information Item C.

Figure 1.13. Number of persons assigned to Supported Employment



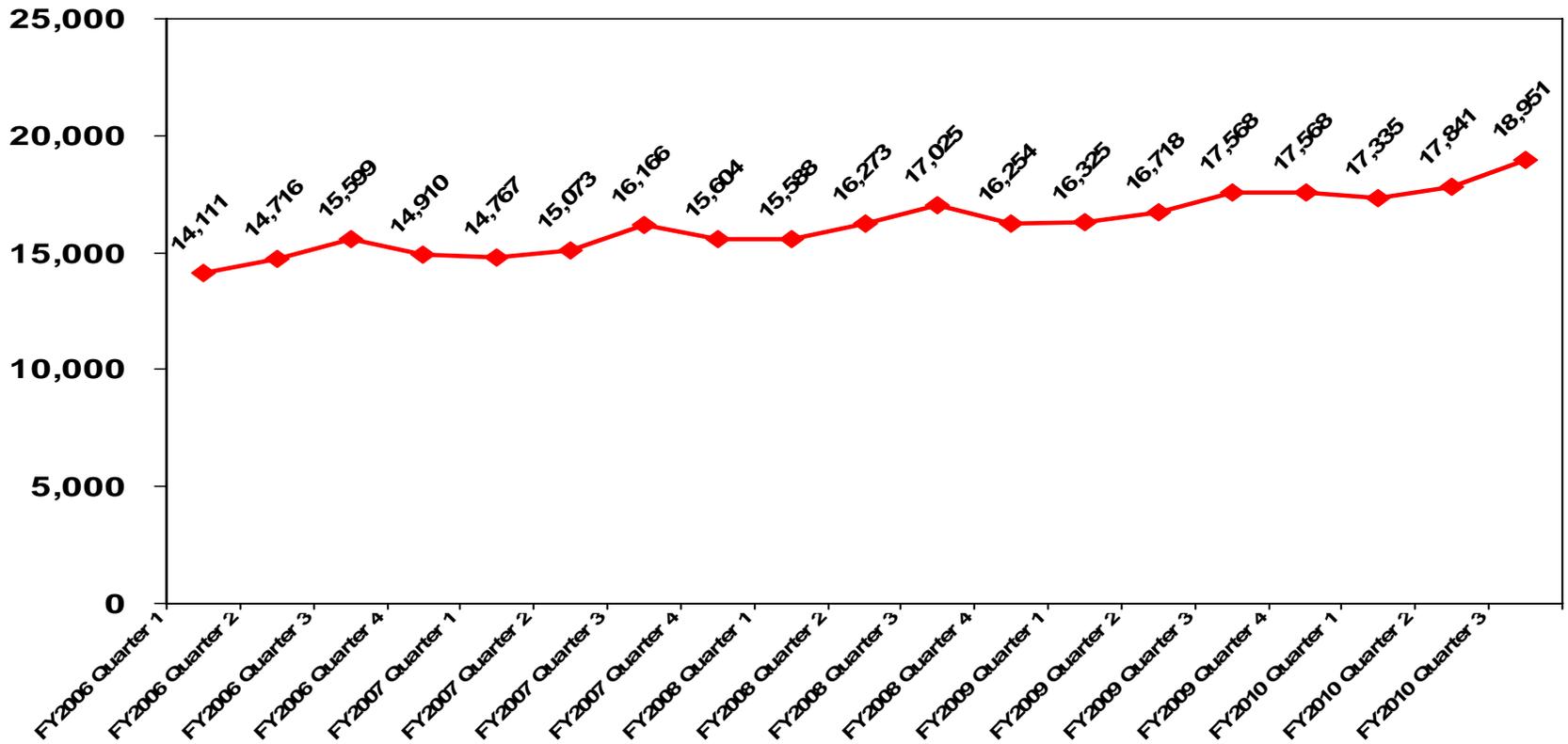
Source: DSHS Client Assignment Registration (CARE) system.

Figure 1.14. Number of persons assigned to Supported Housing



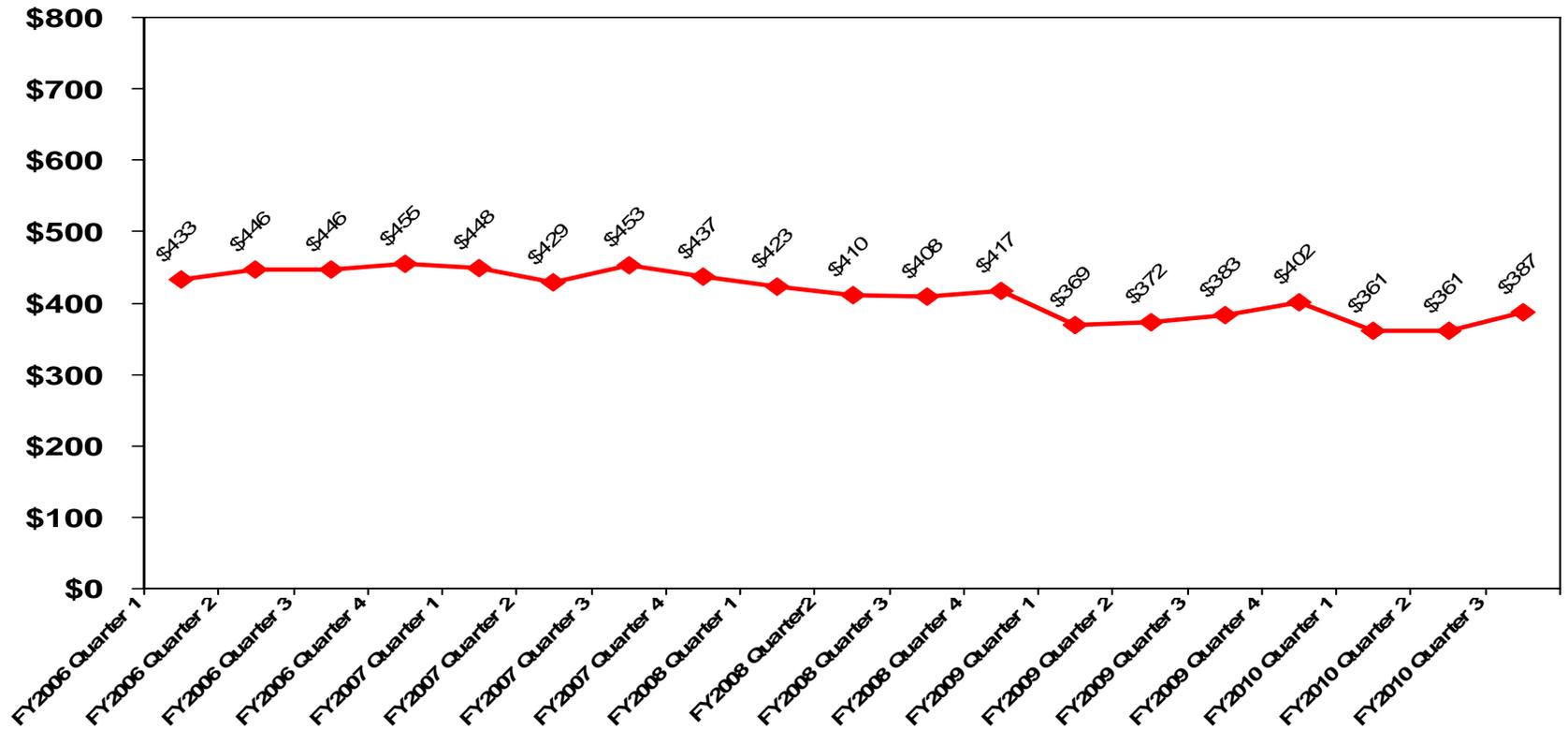
Source: DSHS Client Assignment Registration (CARE) system.

Figure 2.1. Average monthly number of children receiving community mental health services



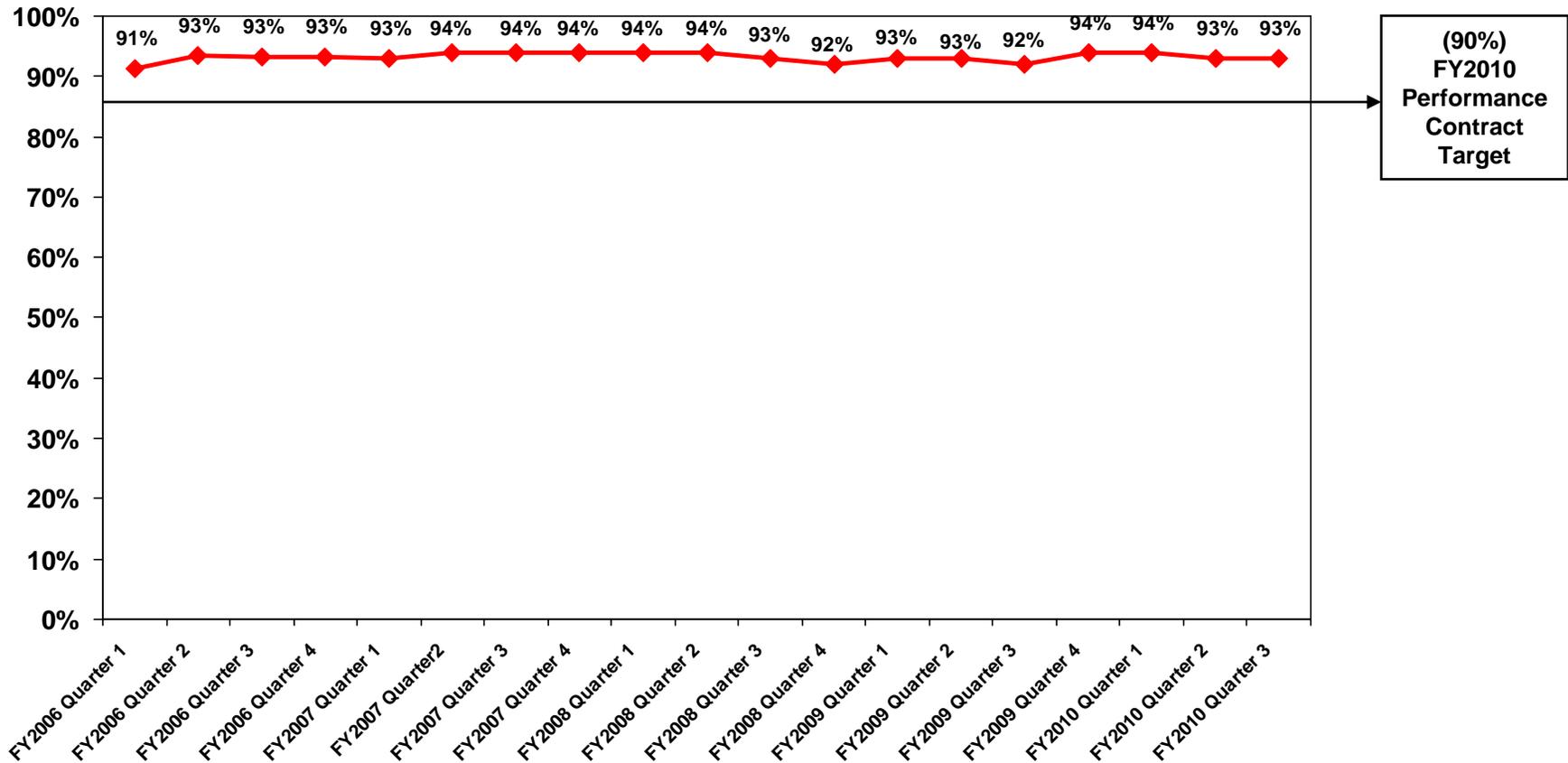
Source: DSHS, Mental Retardation and Behavioral Health Outpatient Warehouse (MBOW), LBB RDM Served. For methodology, see report query.

Figure 2.2. Average monthly cost per child receiving community mental health services



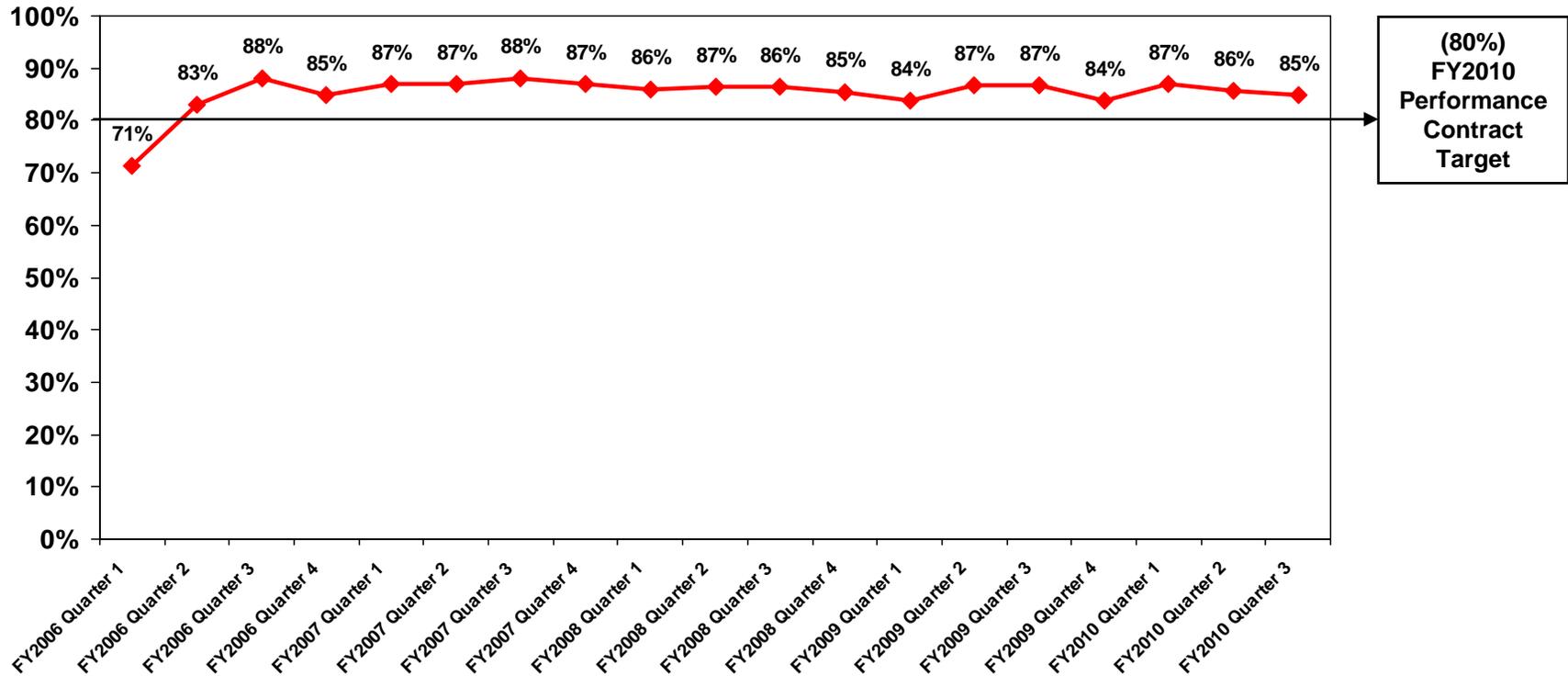
Source: DSHS, Budget & Forecasting. For methodology, see Strategy-Related Measures Definitions Report, 79th Regular Session, Performance Reporting, Automated Budget and Evaluation System of Texas (ABEST).

Figure 2.3. Average monthly percentage of children in community mental health services appropriately authorized



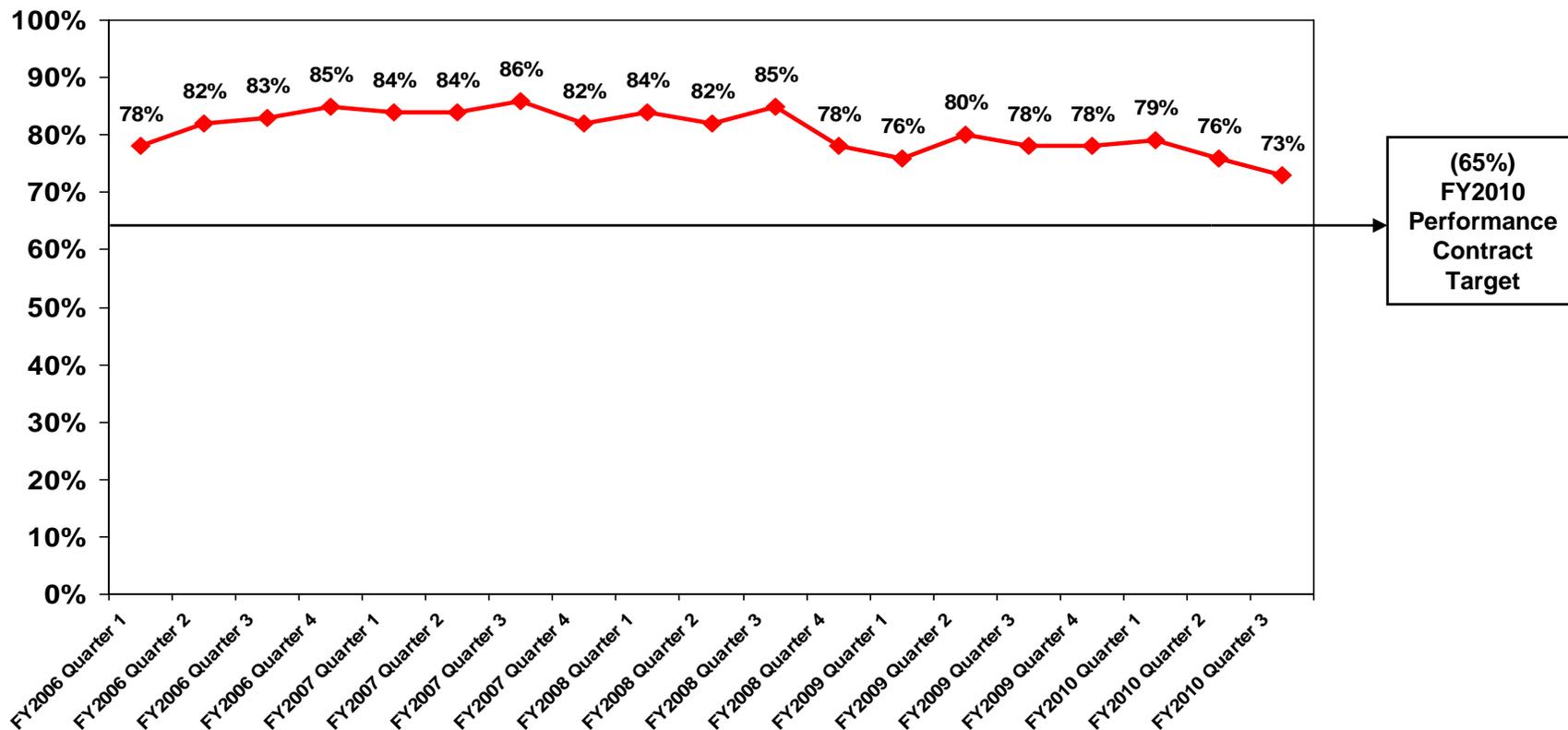
Source: DSHS, Mental Retardation and Behavioral Health Outpatient Warehouse (MBOW), *PM UM Appropriateness*. For methodology, see Fiscal Year 2010 Performance Contract with Local Mental Health Authorities, Information Item C.

Figure 2.4. Average monthly percentage of children in community mental health services receiving minimum number of recommended service hours



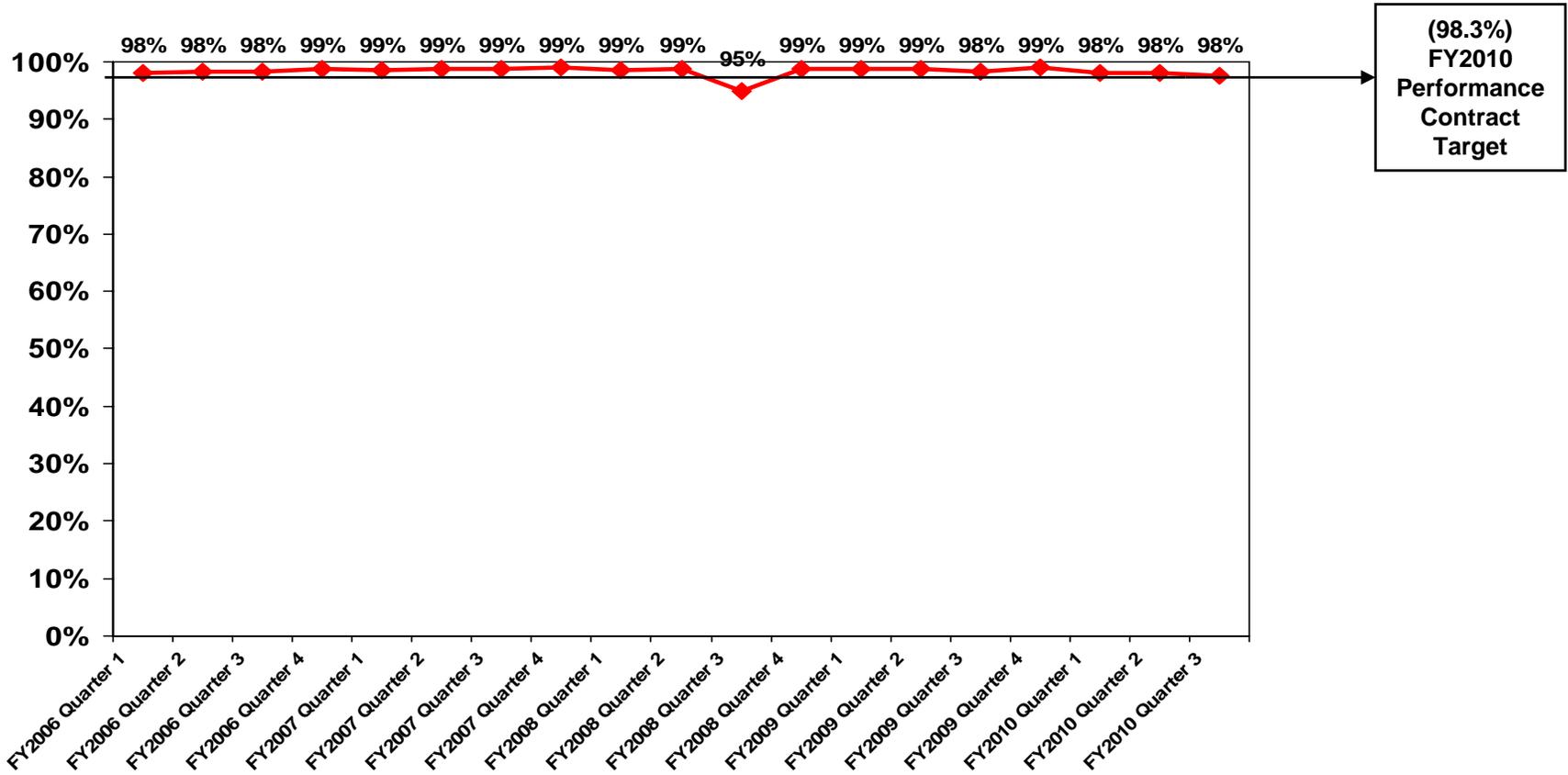
Source: DSHS, Mental Retardation and Behavioral Health Outpatient Warehouse (MBOW), *PM Service Package Minimum Hours*. For methodology, see Fiscal Year 2010 Performance Contract with Local Mental Health Authorities, Information Item C.

Figure 2.5. Percentage of children in community mental health services receiving first service encounter within 14 days of assessment



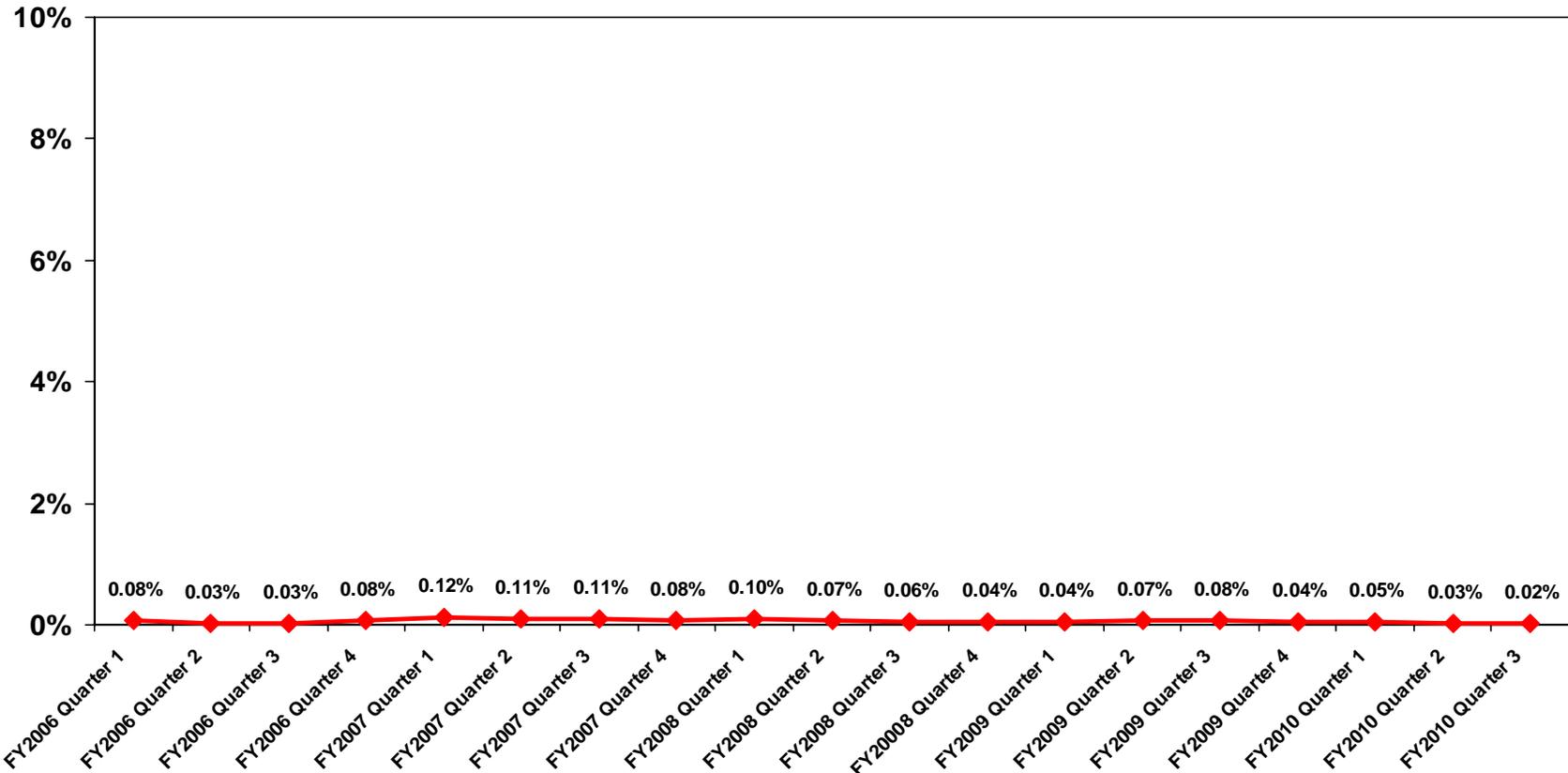
Source: DSHS, Mental Retardation and Behavioral Health Outpatient Warehouse (MBOW), *PM Time Between Assessment and First Service Encounter*. For methodology, see Fiscal Year 2010 Performance Contract with Local Mental Health Authorities, Information Item C.

Figure 2.6. Percentage of children in community mental health services avoiding crisis



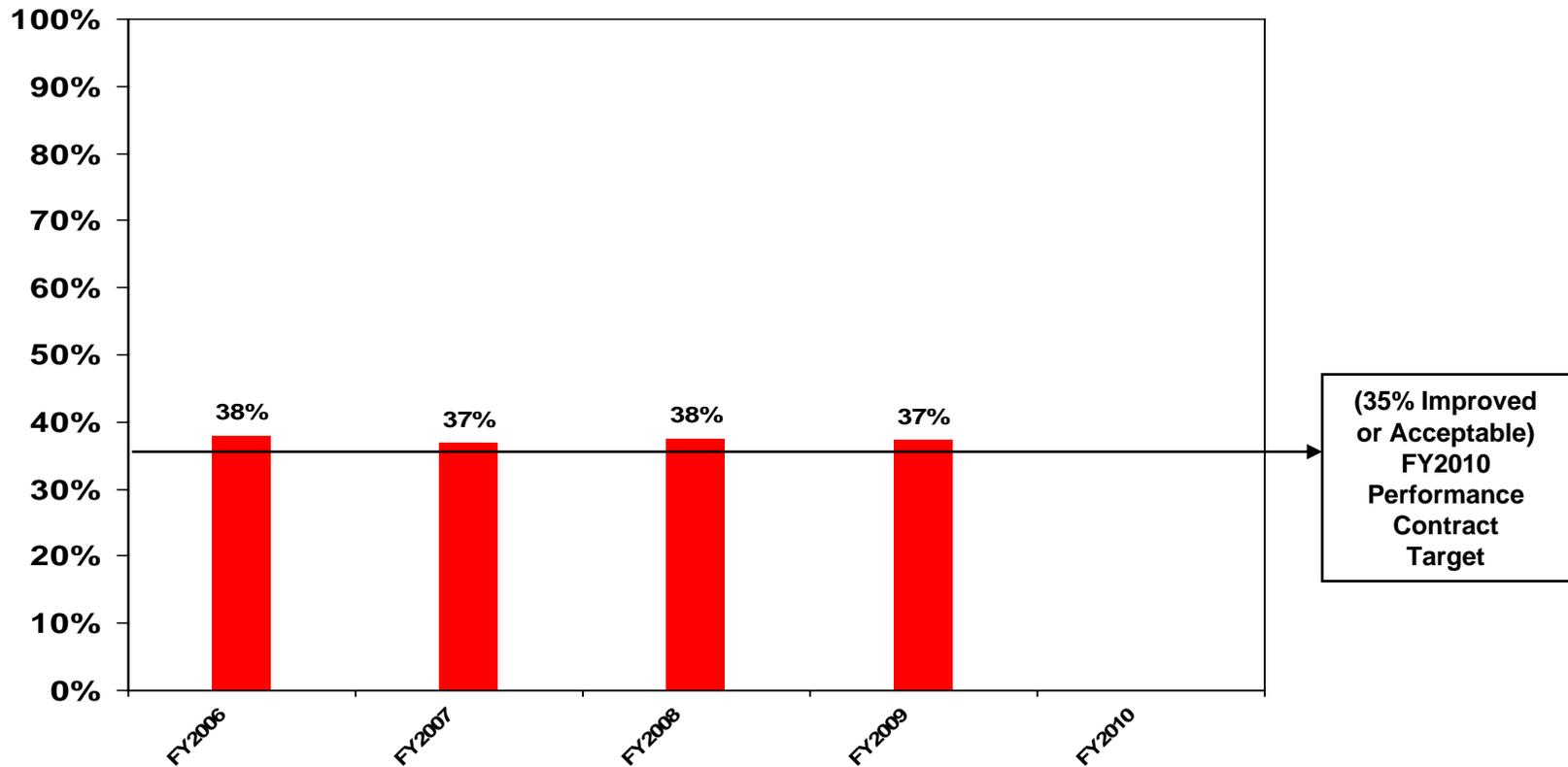
Source: DSHS, Mental Retardation and Behavioral Health Outpatient Warehouse (MBOW), *PM Crisis Avoidance*. For methodology, see Fiscal Year 2010 Performance Contract with Local Mental Health Authorities, Information Item C.

Figure 2.7. Percentage of children in community mental health services admitted 3 or more times in 180 days to a state or community psychiatric hospital



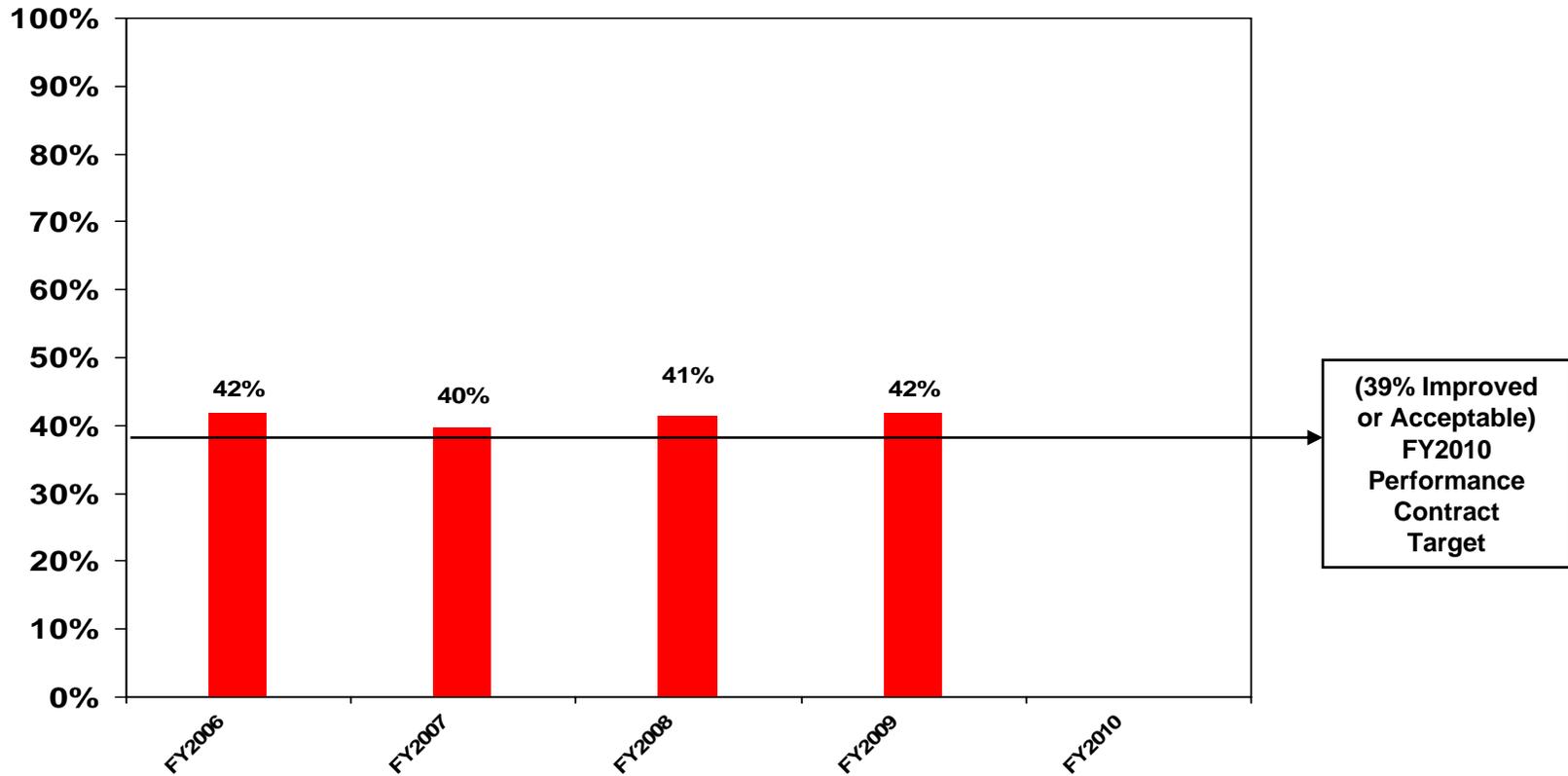
Source: DSHS, Mental Retardation and Behavioral Health Outpatient Warehouse (MBOW), *DATA BOOK - Percentage of Adults and Children in Full RDM Packages Admitted 3 or More Times in 180 Days to a State or Community Psychiatric Hospital*. For methodology, see report query.

Figure 2.8. Percentage of children in community mental health services with improved or acceptable functioning per year



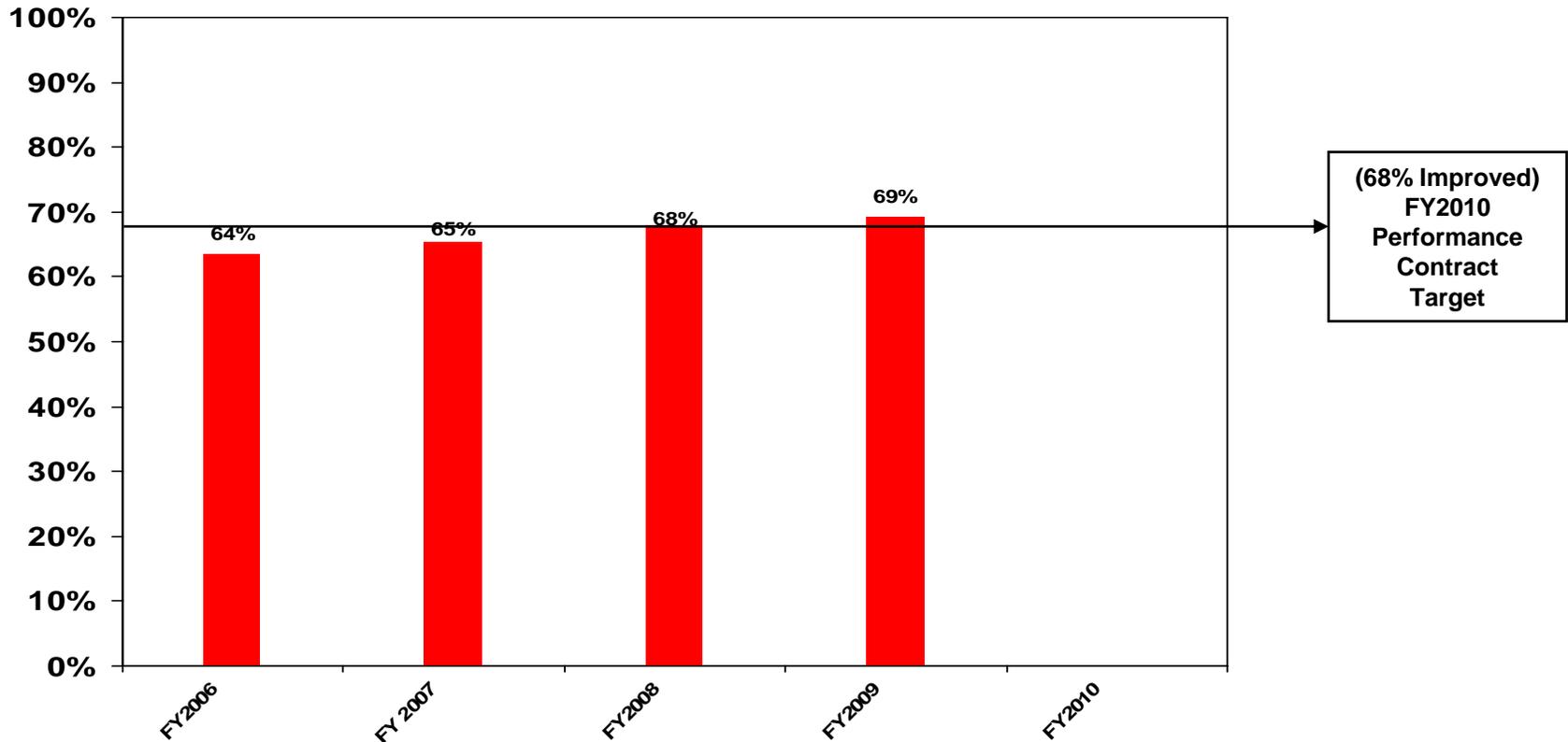
Source: DSHS, Mental Retardation and Behavioral Health Outpatient Warehouse (MBOW), *PM Child Outcomes*. For methodology, see Fiscal Year 2010 Performance Contract with Local Mental Health Authorities, Information Item C.

Figure 2.9. Percentage of children in community mental health services with improved or acceptable problem severity per year



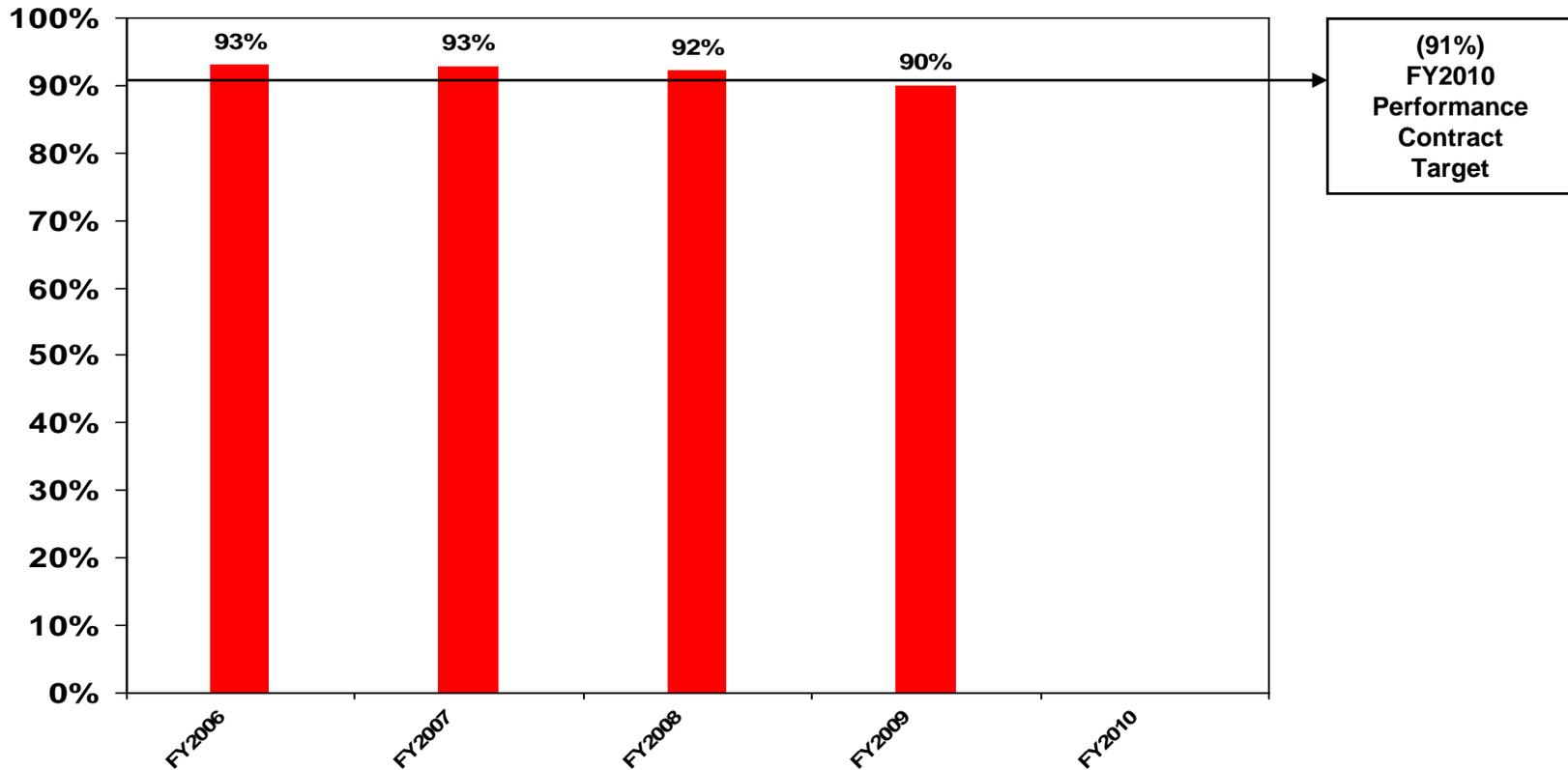
Source: DSHS, Mental Retardation and Behavioral Health Outpatient Warehouse (MBOW), *PM Child Outcomes*. For methodology, see Fiscal Year 2010 Performance Contract with Local Mental Health Authorities, Information Item C.

Figure 2.10. Percentage of children in community mental health services with improved school behavior per year



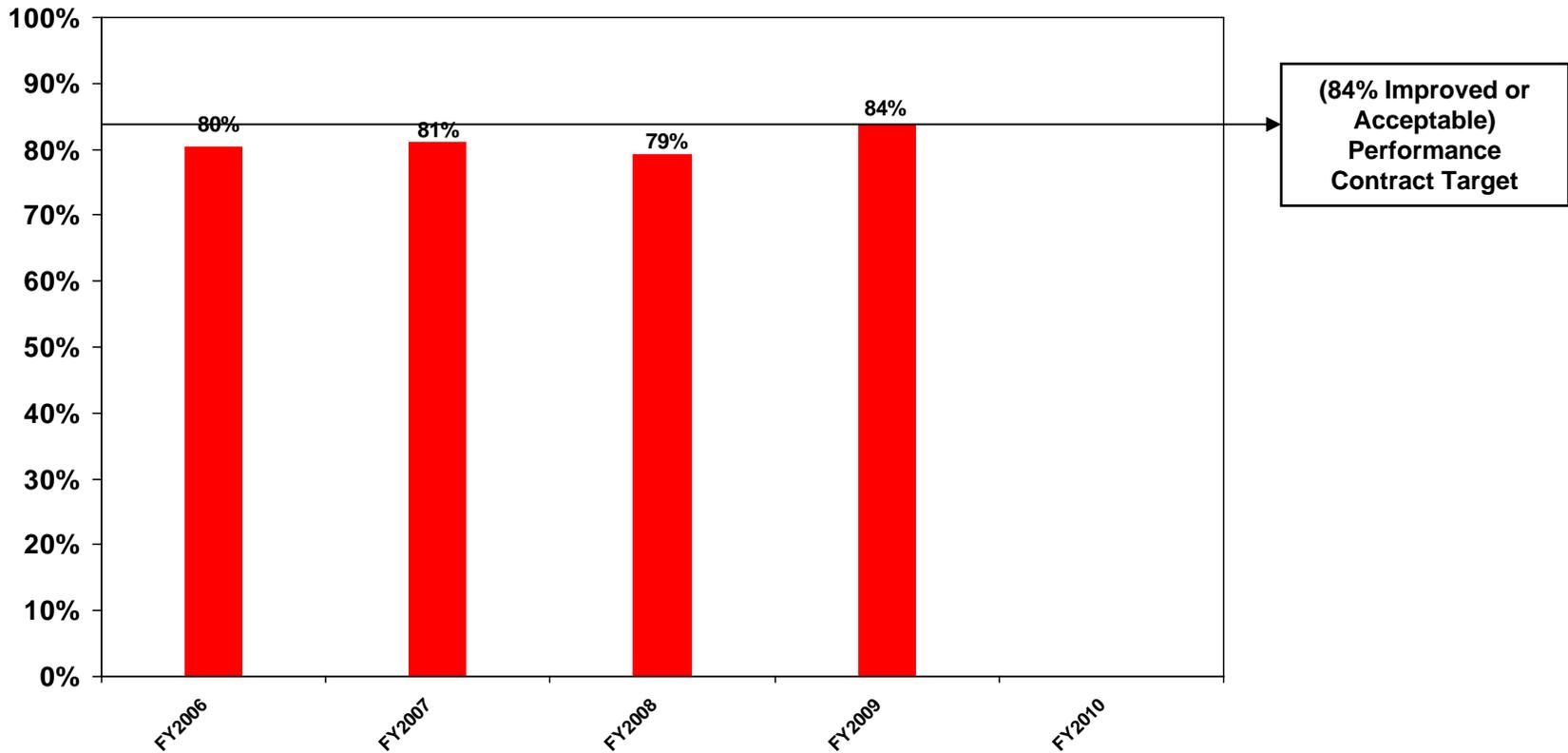
Source: DSHS, Mental Retardation and Behavioral Health Outpatient Warehouse (MBOW), *PM Child Outcomes*. For methodology, see Fiscal Year 2010 Performance Contract with Local Mental Health Authorities, Information Item C.

Figure 2.11. Percentage of children in community mental health services avoiding re-arrest per year



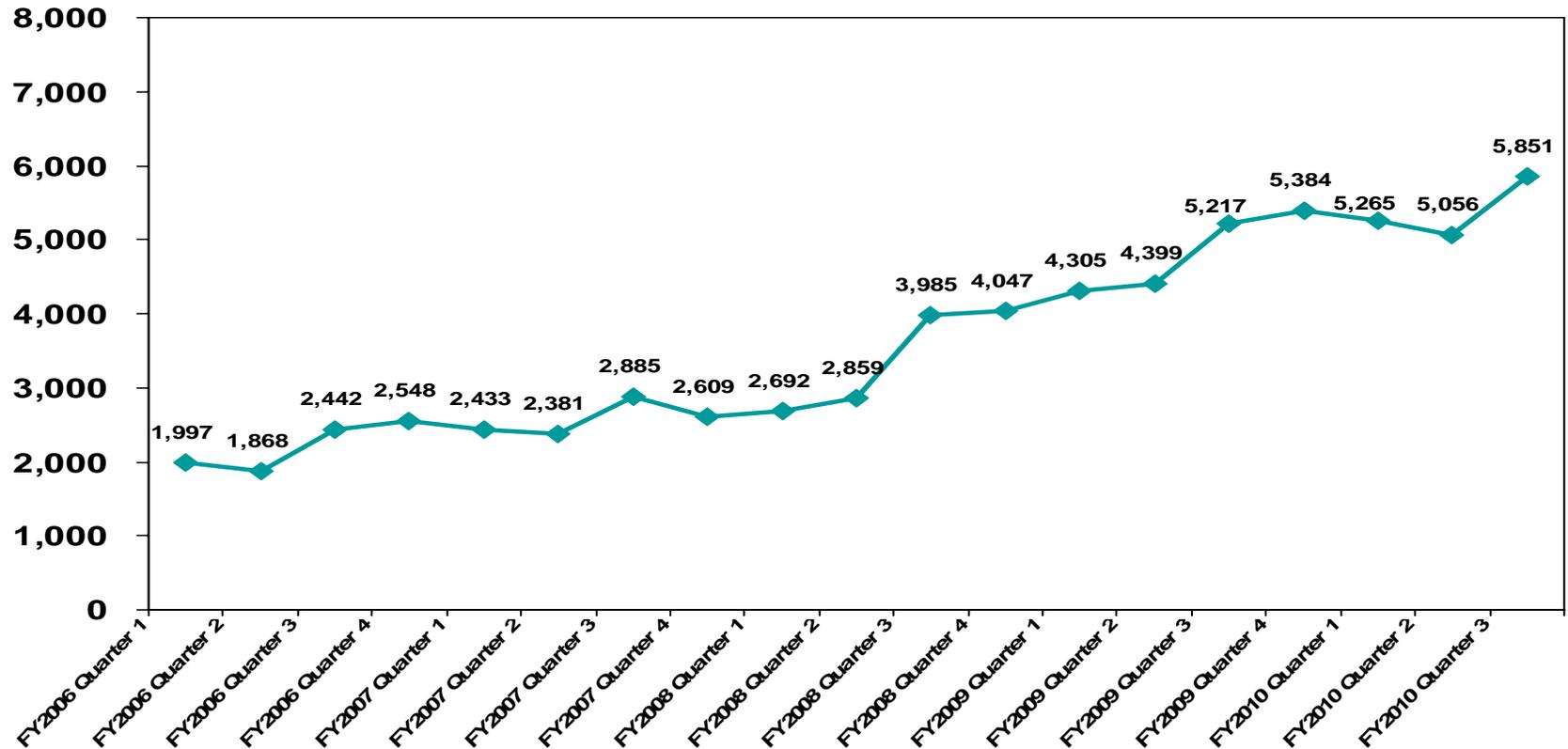
Source: DSHS, Mental Retardation and Behavioral Health Outpatient Warehouse (MBOW), *PM Child Outcomes*. For methodology, see Fiscal Year 2010 Performance Contract with Local Mental Health Authorities, Information Item C.

Figure 2.12. Percentage of children in community mental health services with improved or acceptable co-occurring substance use per year



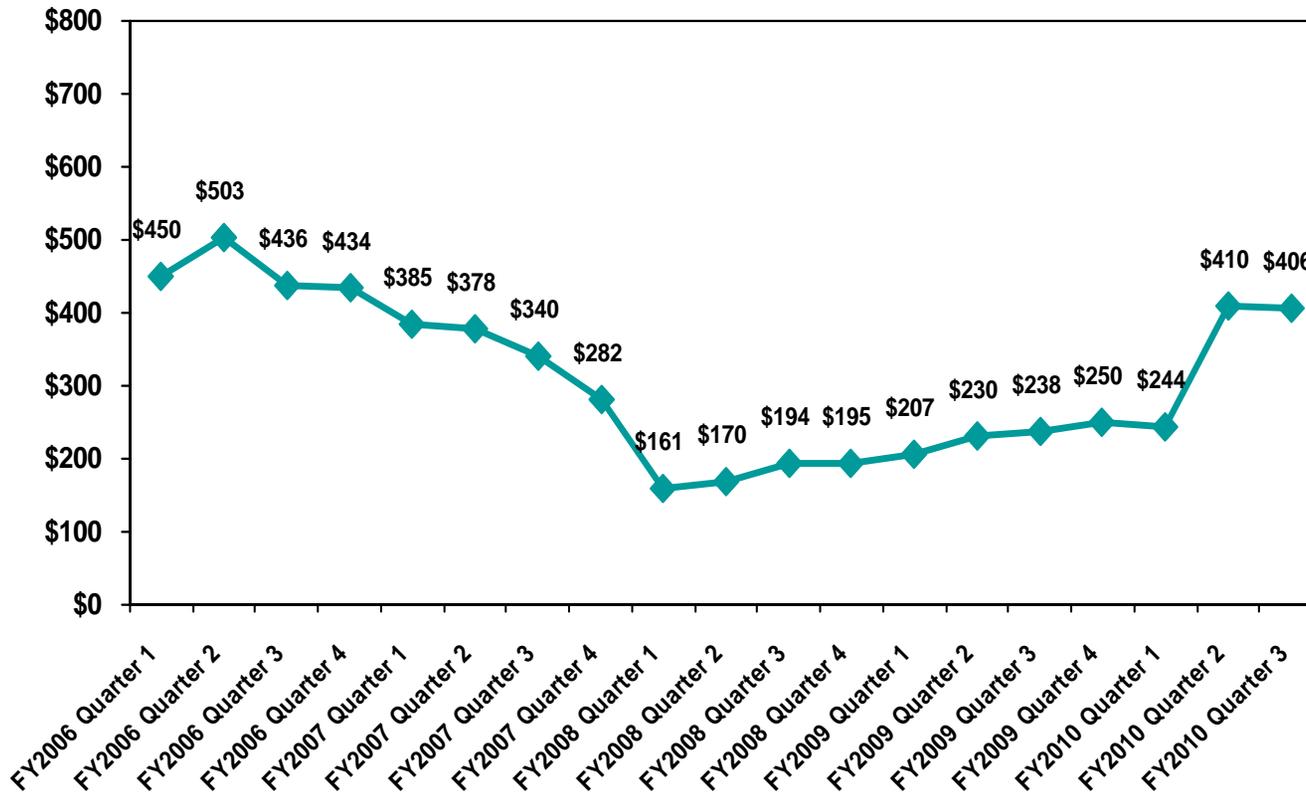
Source: DSHS, Mental Retardation and Behavioral Health Outpatient Warehouse (MBOW), *PM Child Outcomes*. For methodology, see Fiscal Year 2010 Performance Contract with Local Mental Health Authorities, Information Item C.

Figure 3.1. Average monthly number of persons receiving MH crisis services



Source: DSHS, Budget & Forecasting. For methodology, see Strategy-Related Measures Definitions Report, 79th Regular Session, Performance Reporting, Automated Budget and Evaluation System of Texas (ABEST).

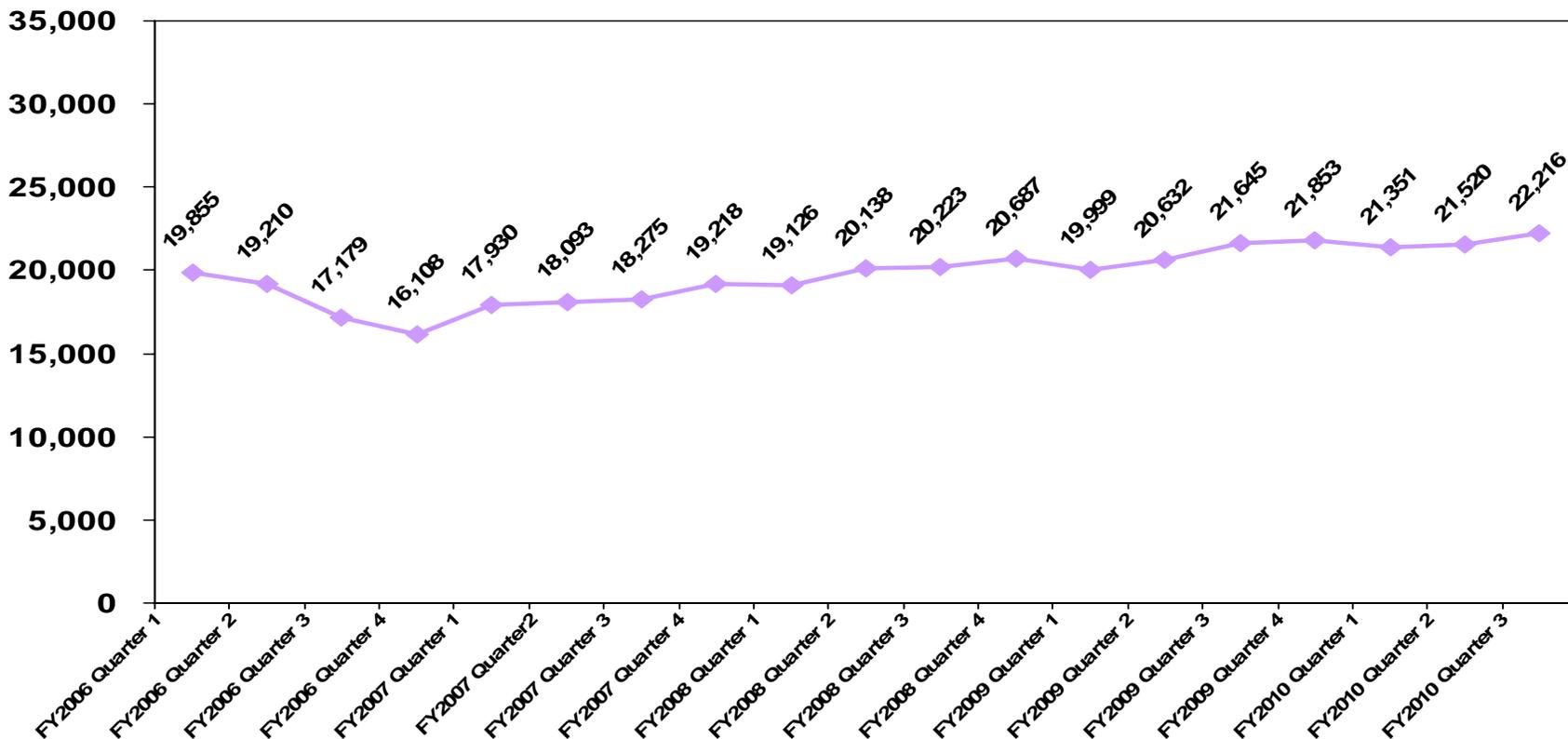
Figure 3.2. Average monthly cost per person receiving MH crisis services



Notes: Starting in FY2008 Q3, the number of persons receiving free new generation medication and those partially paid for by Medicare Part D were included in this computation. The expenditures remained the same, thereby decreasing the average monthly cost of new generation medication per person. This performance reflects the efforts to efficiently provide new generation medication. Beginning in FY2010 Q2, rate adjustments to the Cost Accounting Methodology (CAM) data resulted in a substantial increase in the average monthly cost per person receiving MH crisis services.

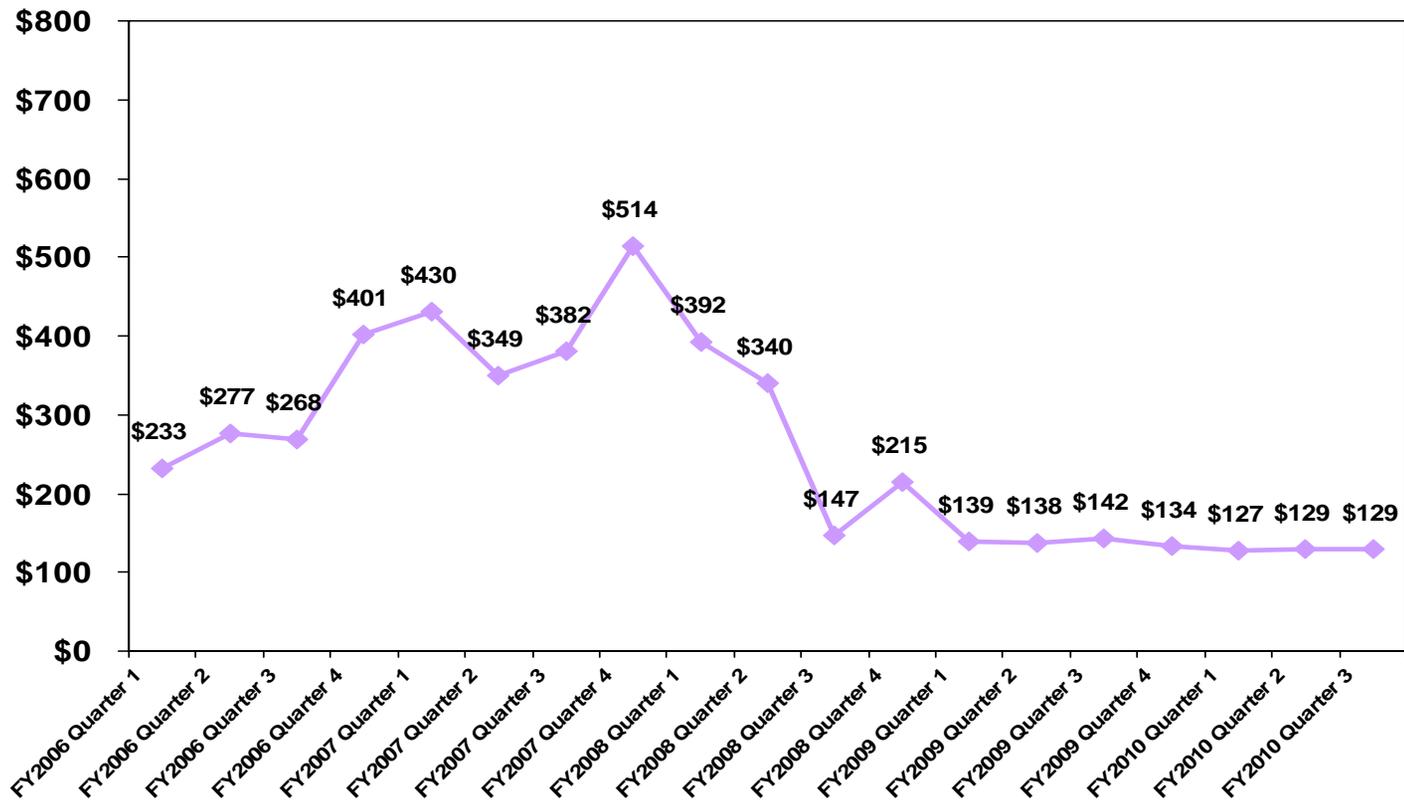
Source: DSHS, Budget & Forecasting. For methodology, see Strategy-Related Measures Definitions Report, 79th Regular Session, Performance Reporting, Automated Budget and Evaluation System of Texas (ABEST).

Figure 4.1. Average monthly number of persons receiving new generation medication



Source: DSHS, Budget & Forecasting. For methodology, see Strategy-Related Measures Definitions Report, 79th Regular Session, Performance Reporting, Automated Budget and Evaluation System of Texas (ABEST).

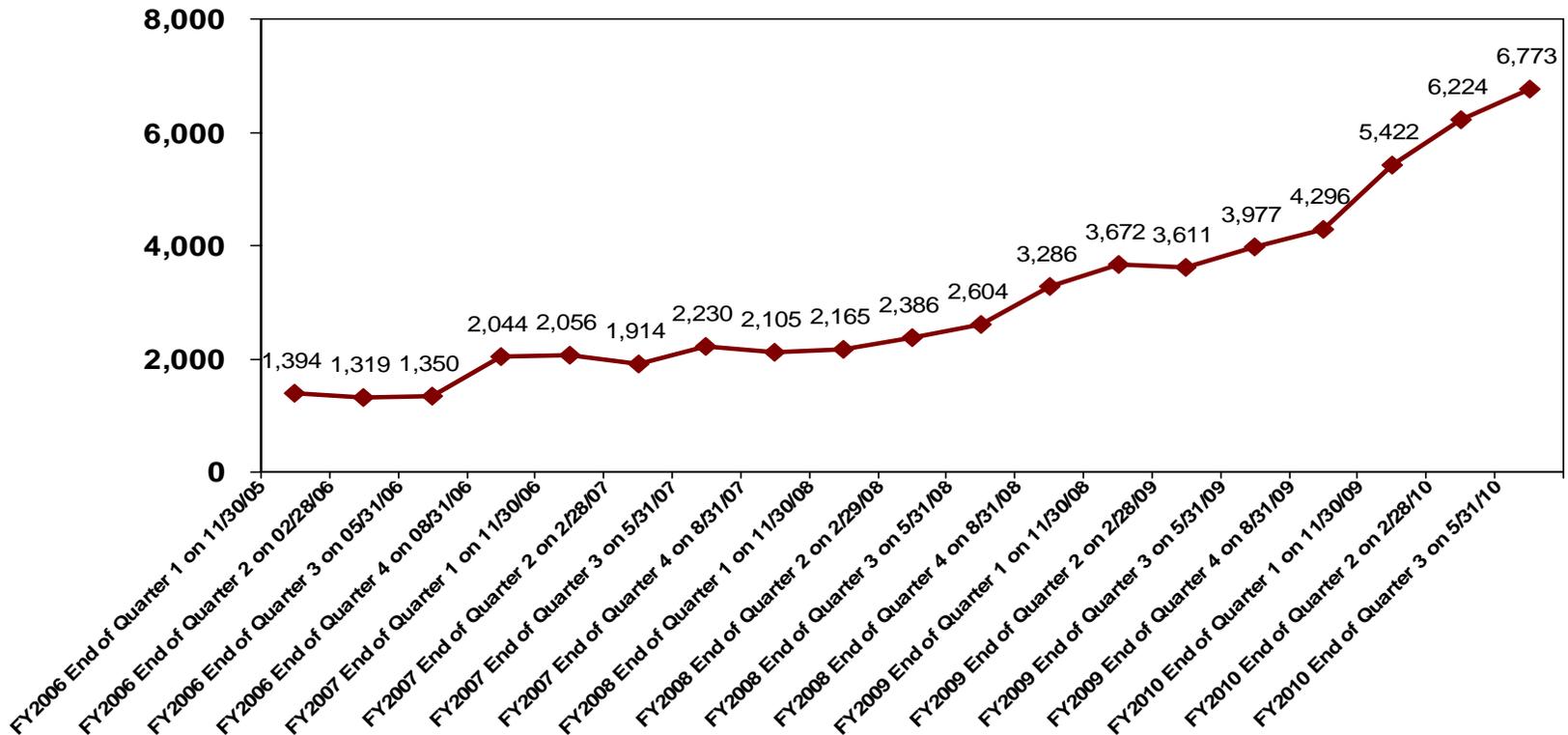
Figure 4.2. Average monthly cost per person receiving new generation medication



Note: Starting in FY2008 Q3, the number of persons receiving free new generation medication and those partially paid for by Medicare Part D were included in this computation. The expenditures remained the same, thereby decreasing the average monthly cost of new generation medication per person. This performance reflects the efforts to efficiently provide new generation medication.

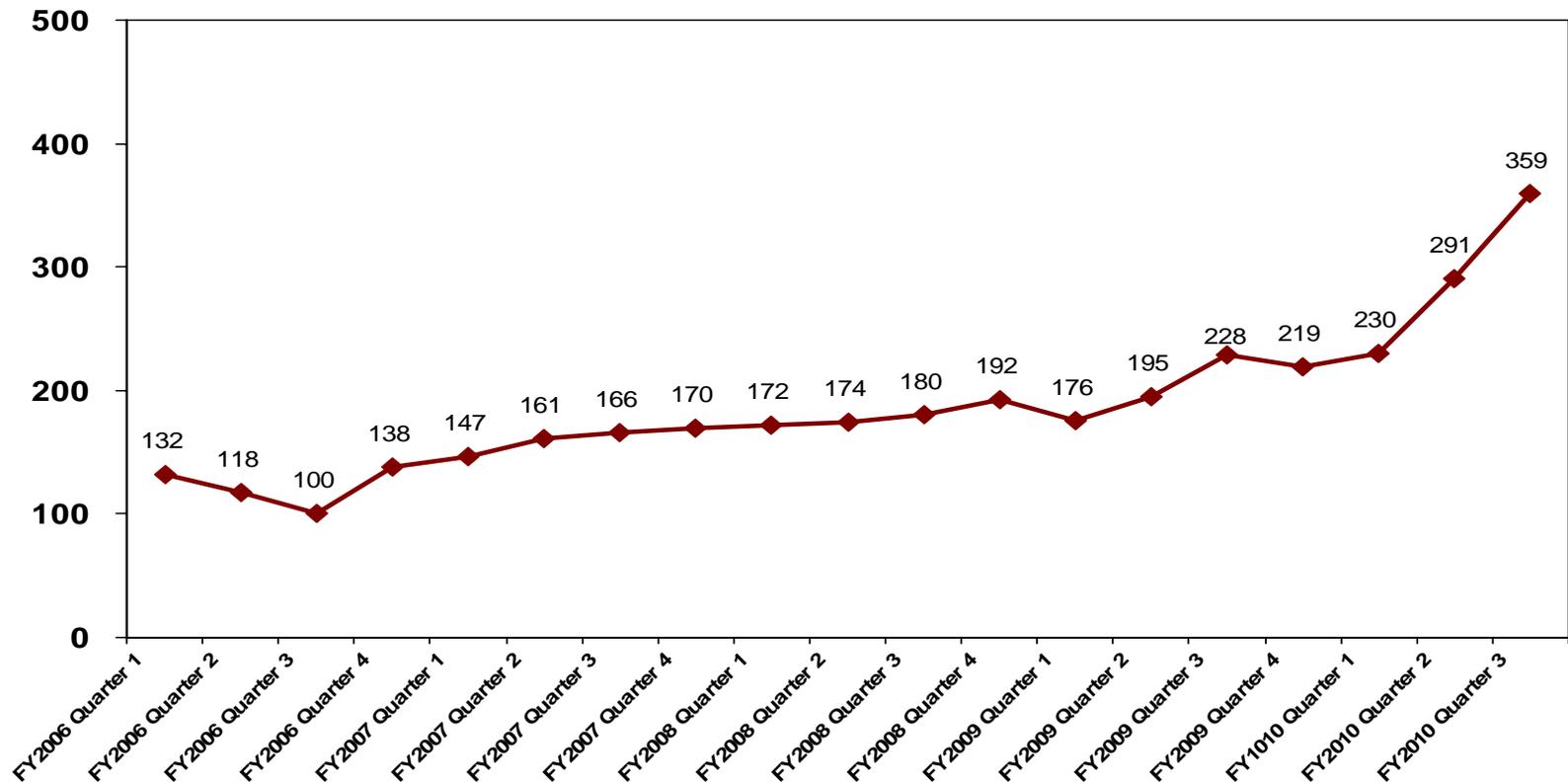
Source: DSHS, Budget & Forecasting. For methodology, see Strategy-Related Measures Definitions Report, 79th Regular Session, Performance Reporting, Automated Budget and Evaluation System of Texas (ABEST).

Figure 5.1. Number of persons on waiting list for all community mental health services



Source: DSHS, Mental Retardation and Behavioral Health Outpatient Warehouse (MBO), *UM Waiting List Summary*. For methodology, see Fiscal Year 2010 Performance Contract with Local Mental Health Authorities, Information Item R.

Figure 5.2. Average monthly number of persons removed from waiting list for community mental health services.



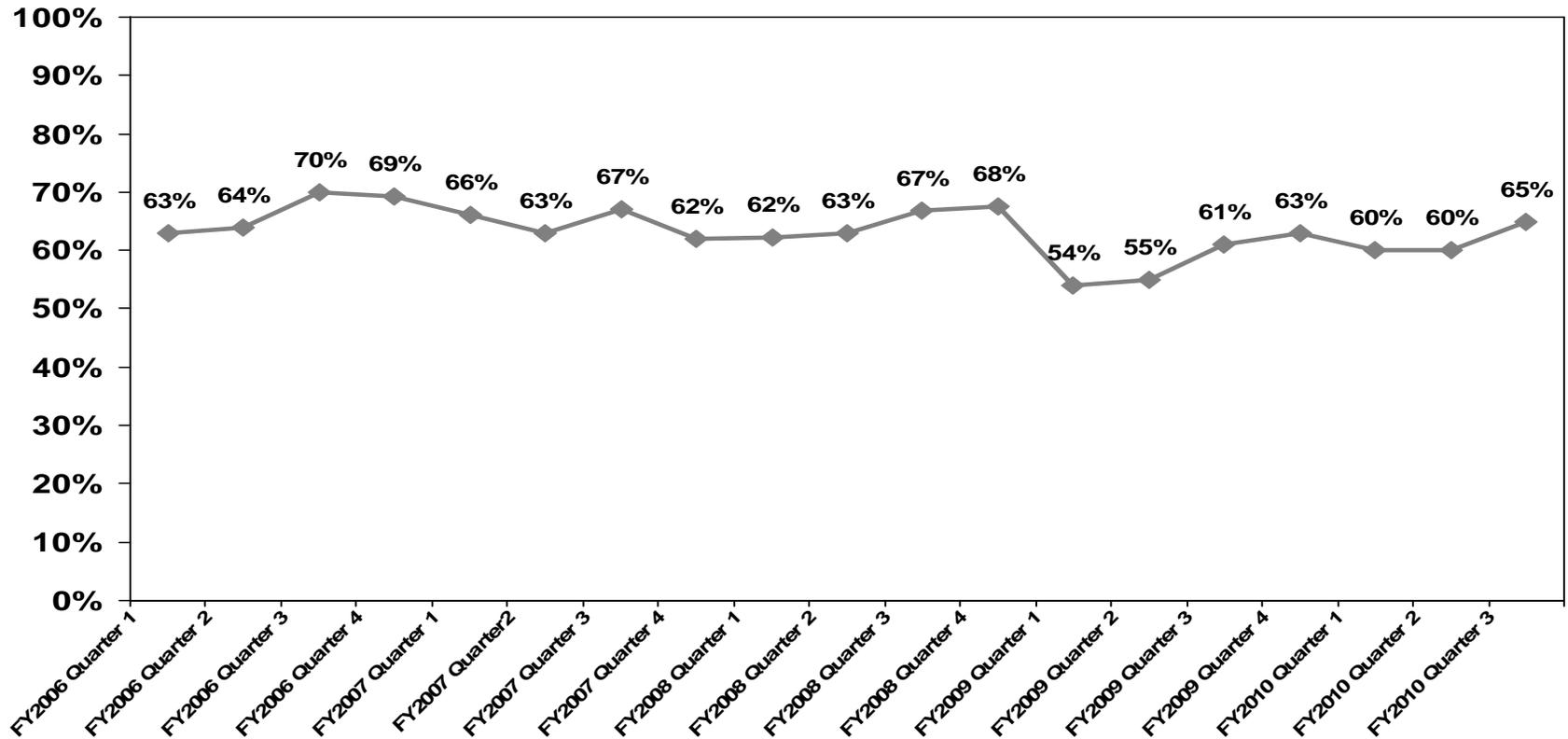
Source: DSHS, Mental Retardation and Behavioral Health Outpatient Warehouse (MBOW), *UM Clients Removed from Waiting List*. For methodology, see report query.

Figure 5.3. Average monthly cost per person removed from waiting list for community mental health services



Source: DSHS, Mental Retardation and Behavioral Health Outpatient Warehouse (MBOW), *UM Clients Removed from Waiting List*. For methodology, see report query.

Figure 6.1. Estimated percentage of DSHS General Revenue earned by community mental health centers



Source: DSHS, Mental Retardation and Behavioral Health Outpatient Warehouse (MBOW), *FIN GR Earned*. For methodology, see Method and Notes in *FIN GR Earned*.

SUBSTANCE ABUSE SERVICES

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Section 6 ■ Waiting List

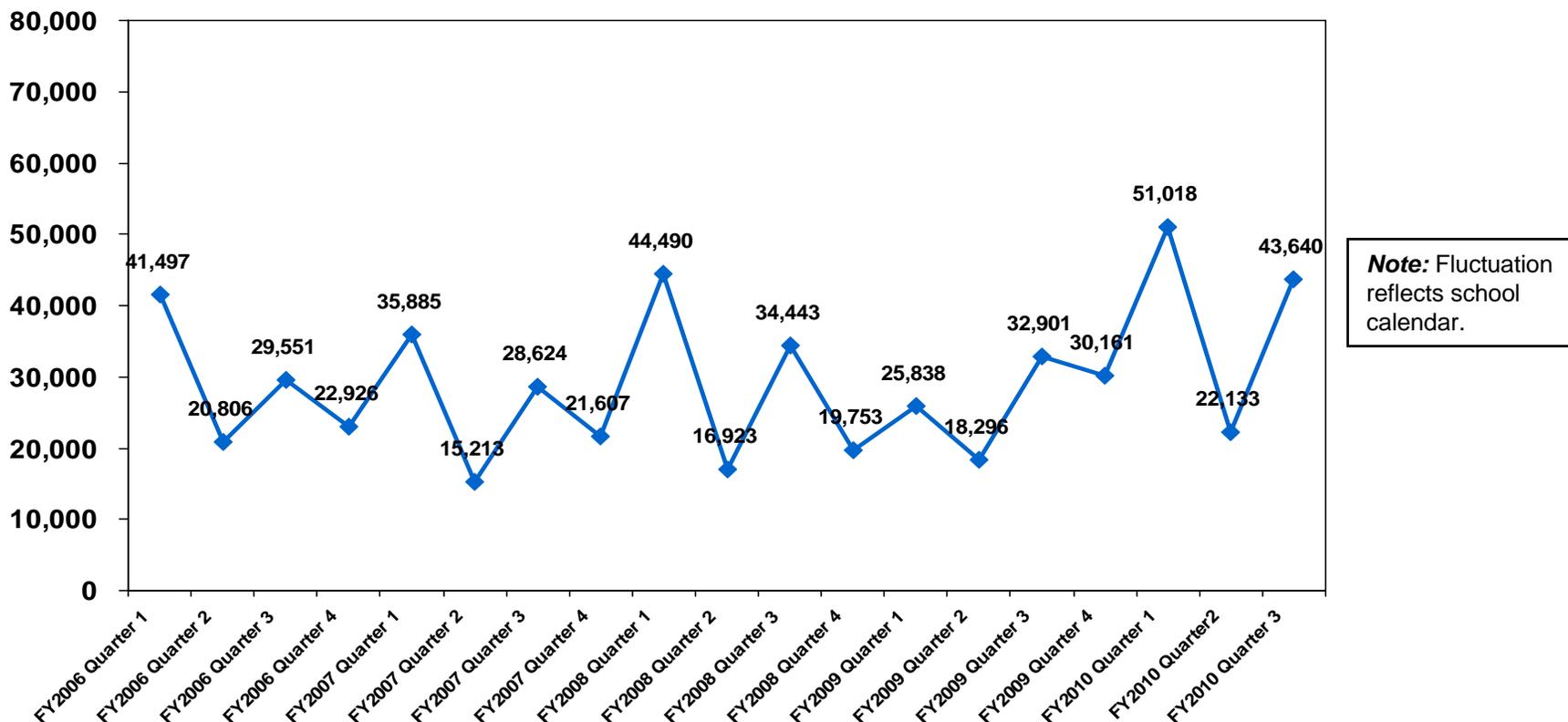
Figure 6.1. Number of adults entered on waiting list by substance abuse program

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Figure 6.2. Number of youth entered on waiting list by substance abuse program

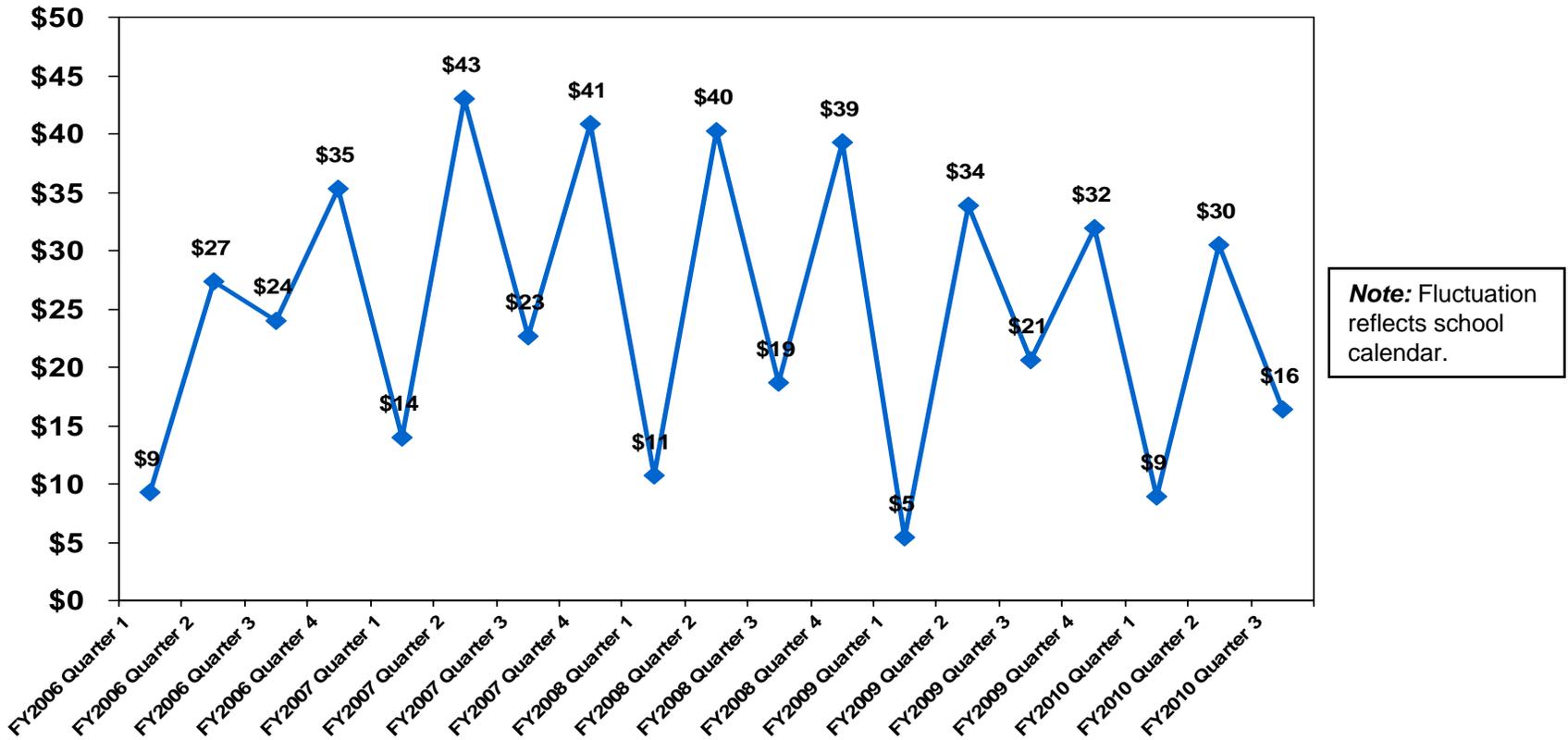
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Figure 1.1. Average monthly number of adults served in substance abuse prevention programs



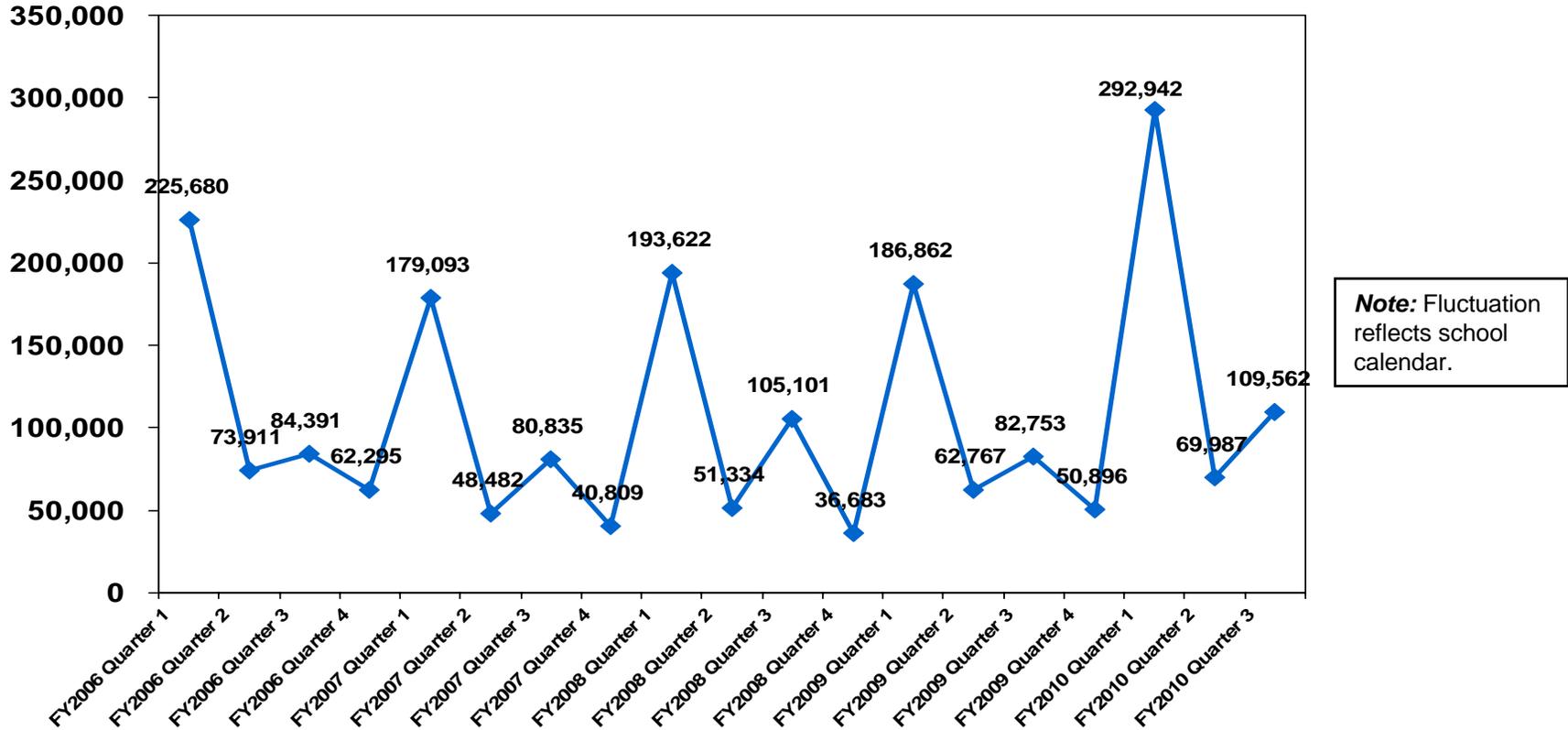
Source: DSHS, Budget & Forecasting. For methodology, see Strategy-Related Measures Definitions Report, 79th Regular Session, Performance Reporting, Automated Budget and Evaluation System of Texas (ABEST).

Figure 1.2. Average monthly cost per adult for substance abuse prevention programs



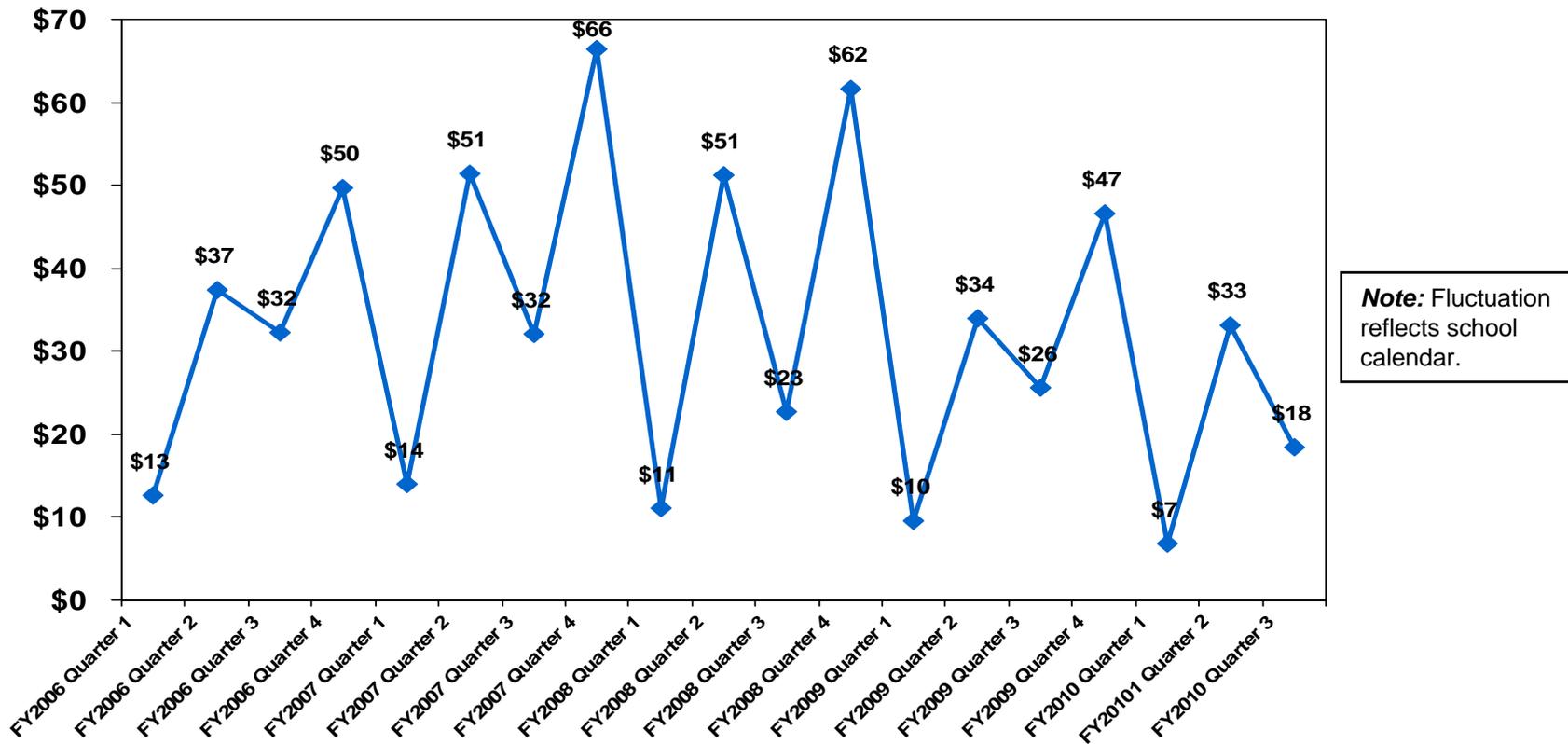
Source: DSHS, Budget & Forecasting. For methodology, see Strategy-Related Measures Definitions Report, 79th Regular Session, Performance Reporting, Automated Budget and Evaluation System of Texas (ABEST).

Figure 1.3. Average monthly number of youth served in substance abuse prevention programs



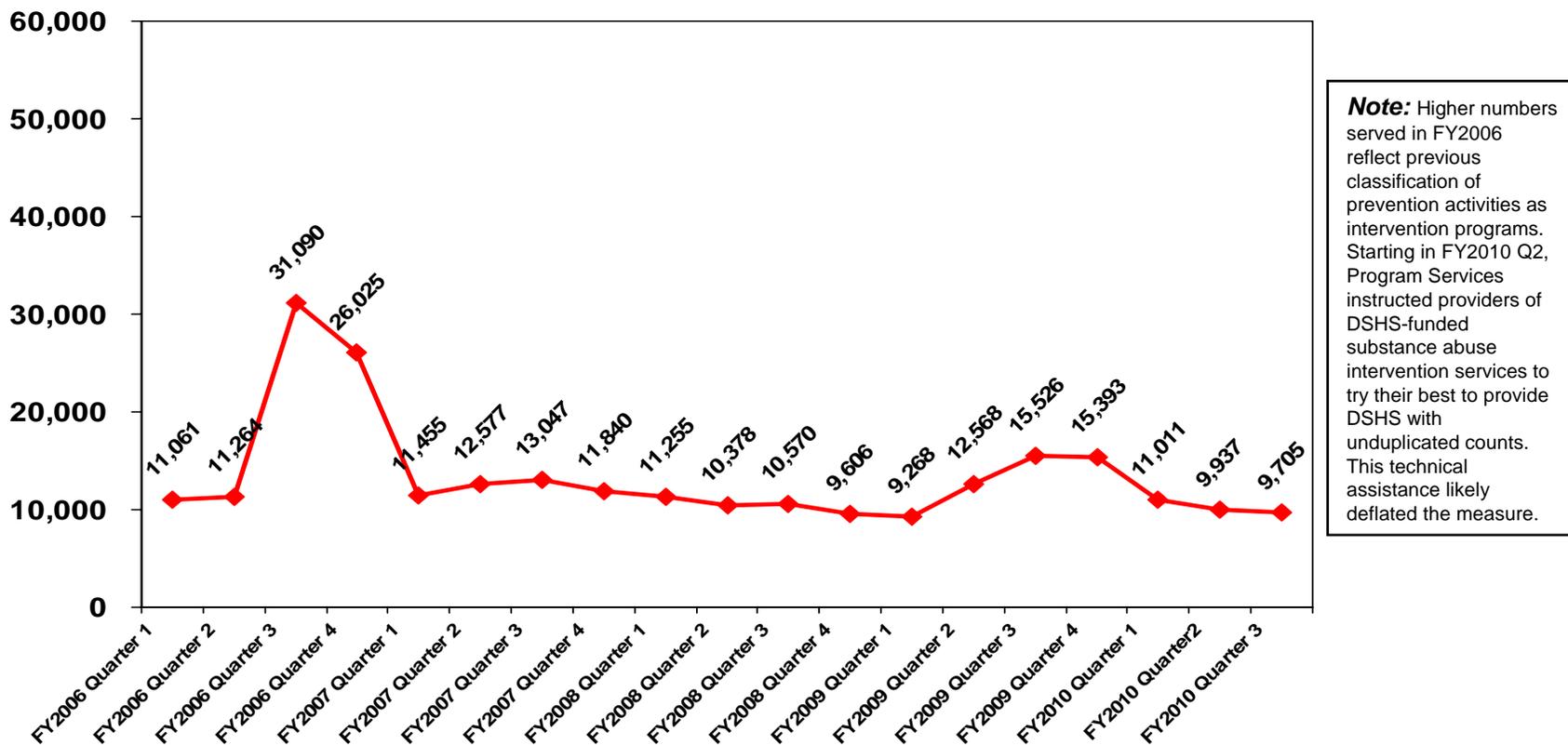
Source: DSHS, Budget & Forecasting. For methodology, see Strategy-Related Measures Definitions Report, 79th Regular Session, Performance Reporting, Automated Budget and Evaluation System of Texas (ABEST).

Figure 1.4. Average monthly cost per youth for substance abuse prevention programs



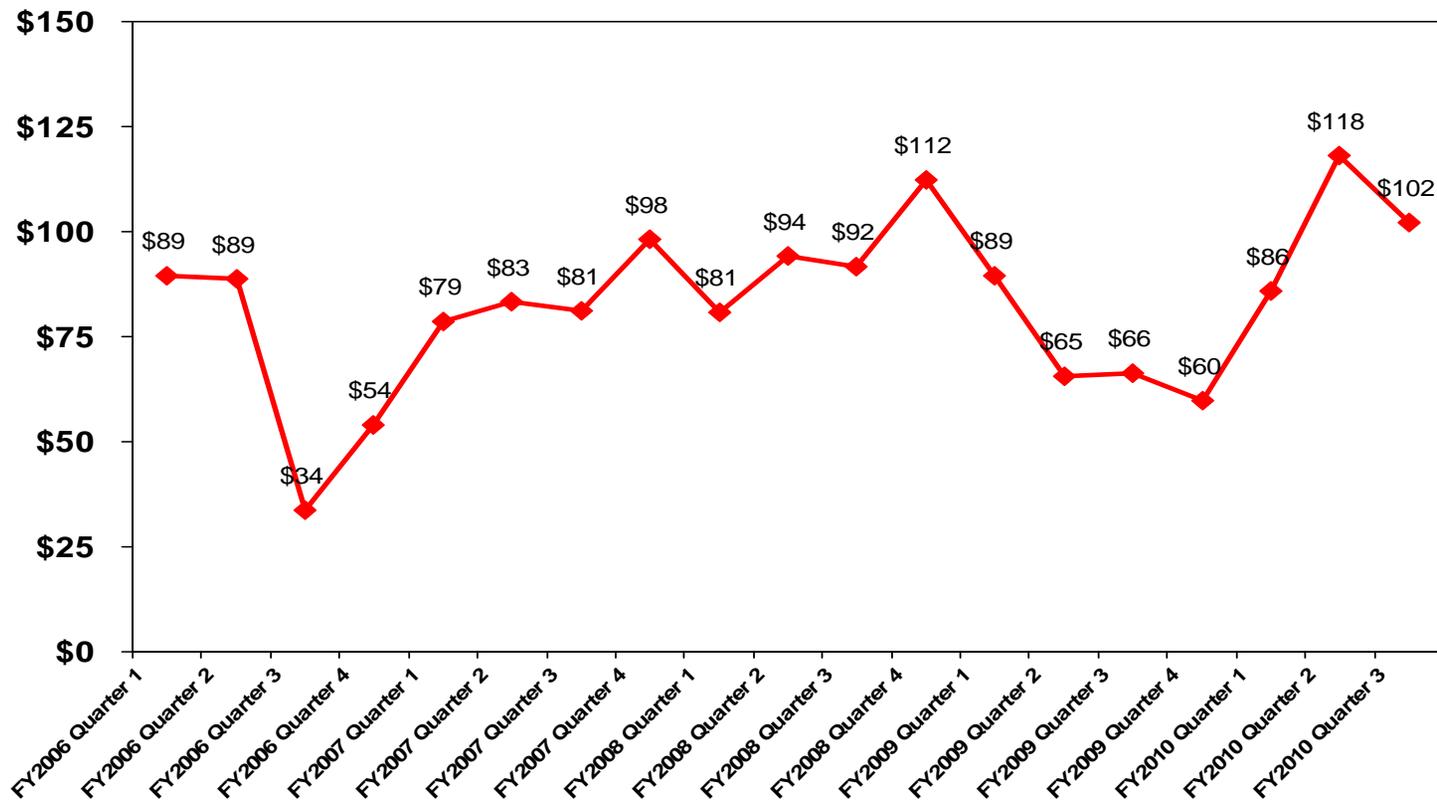
Source: DSHS, Budget & Forecasting. For methodology, see Strategy-Related Measures Definitions Report, 79th Regular Session, Performance Reporting, Automated Budget and Evaluation System of Texas (ABEST).

Figure 2.1. Average monthly number of adults served in substance abuse intervention programs



Source: DSHS, Budget & Forecasting. For methodology, see Strategy-Related Measures Definitions Report, 79th Regular Session, Performance Reporting, Automated Budget and Evaluation System of Texas (ABEST).

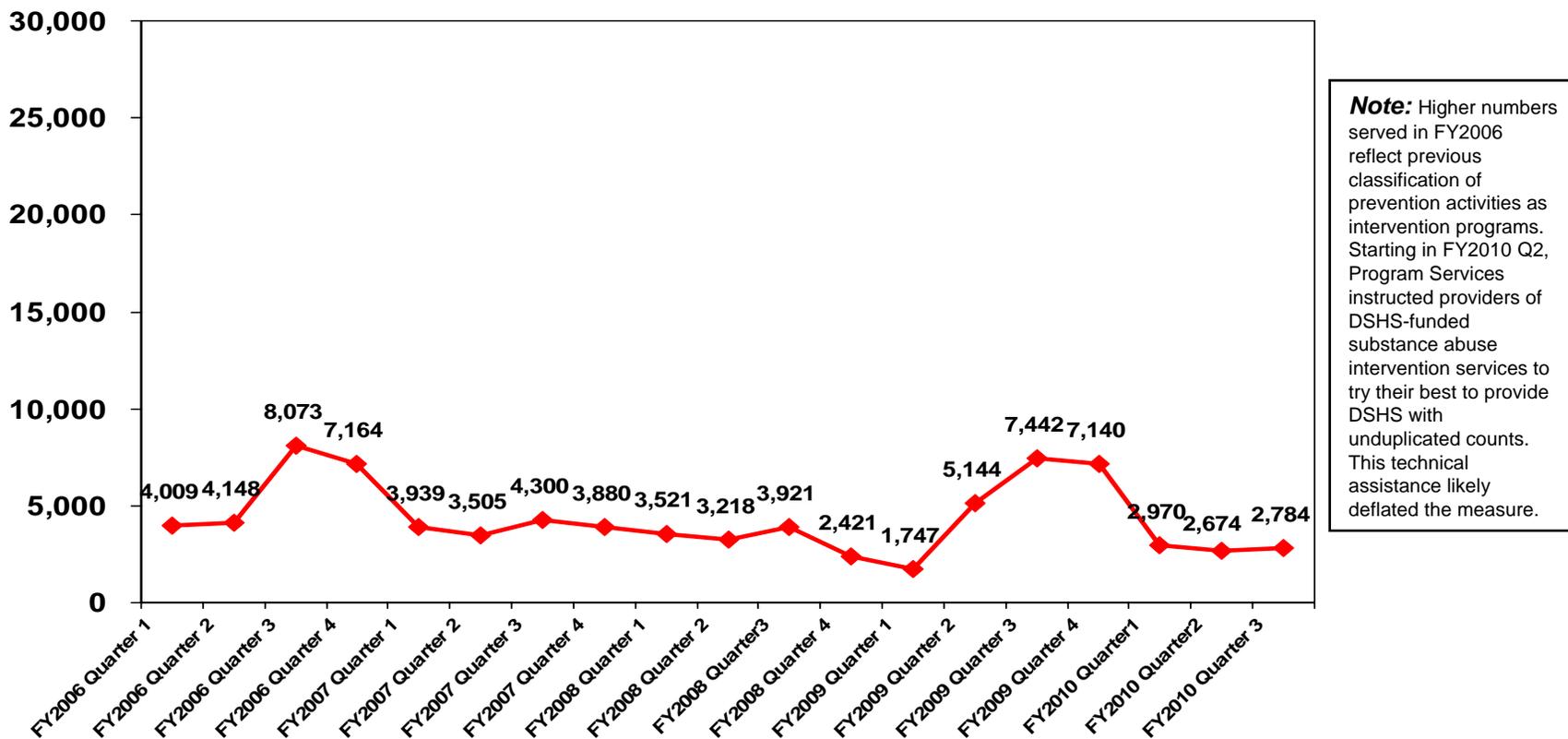
Figure 2.2. Average monthly cost per adult for substance abuse intervention programs



Note: Higher numbers served in FY2006 reflect previous classification of prevention activities as intervention programs, thereby lowering costs. Starting in FY2010 Q2, Program Services instructed providers of DSHS-funded substance abuse intervention services to try their best to provide DSHS with unduplicated counts. This technical assistance likely deflated the measure, thereby raising costs.

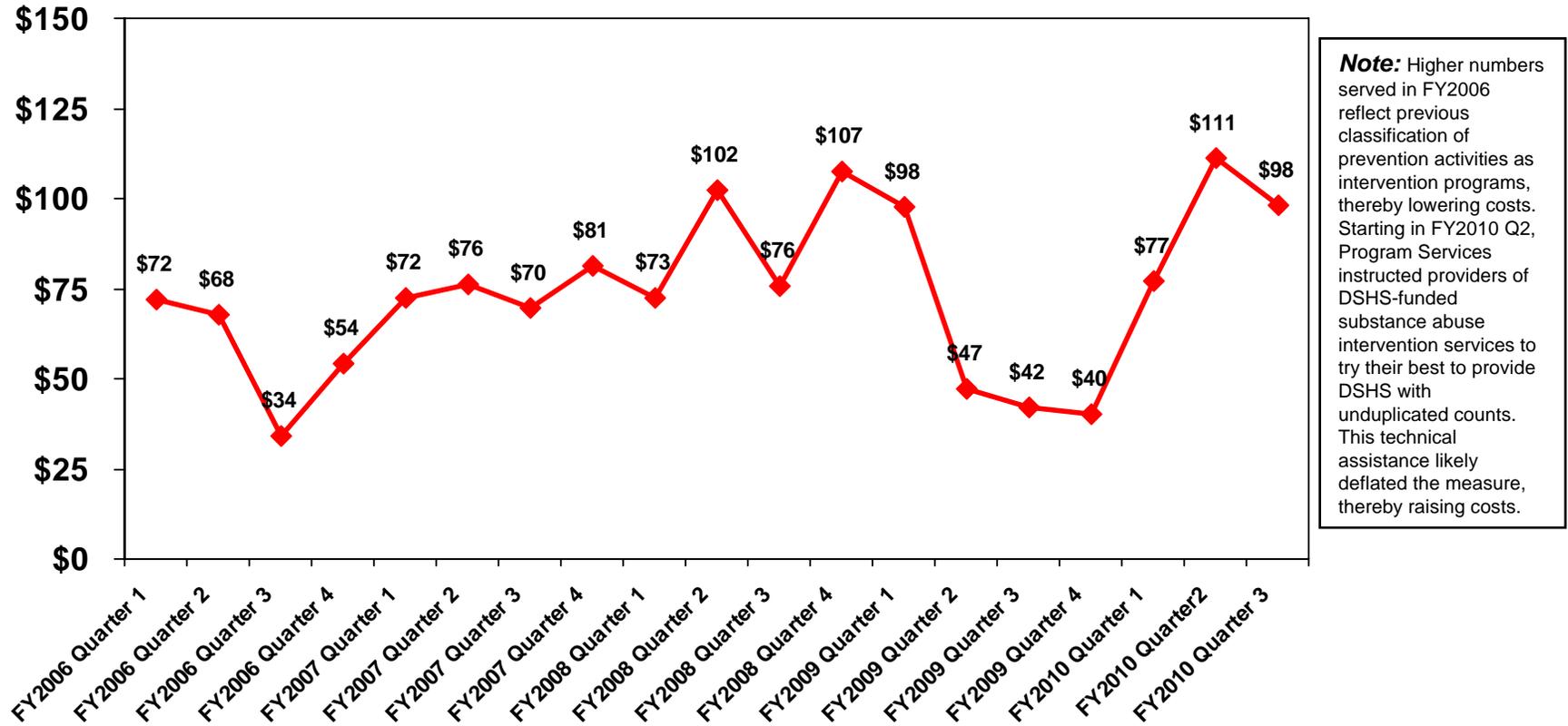
Source: DSHS, Budget & Forecasting. For methodology, see Strategy-Related Measures Definitions Report, 79th Regular Session, Performance Reporting, Automated Budget and Evaluation System of Texas (ABEST).

Figure 2.3. Average monthly number of youth served in substance abuse intervention programs



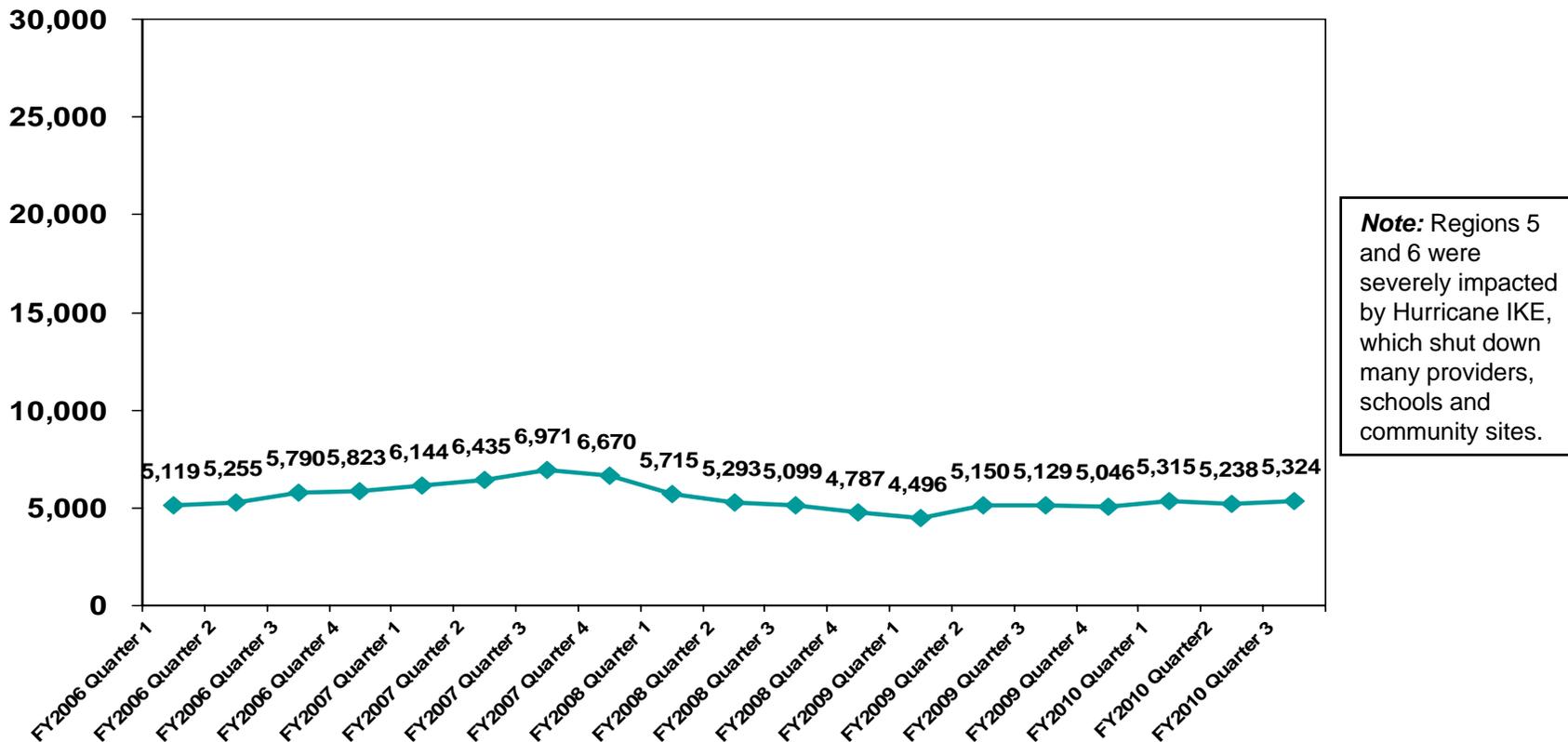
Source: DSHS, Budget & Forecasting. For methodology, see Strategy-Related Measures Definitions Report, 79th Regular Session, Performance Reporting, Automated Budget and Evaluation System of Texas (ABEST).

Figure 2.4. Average monthly cost per youth for substance abuse intervention programs



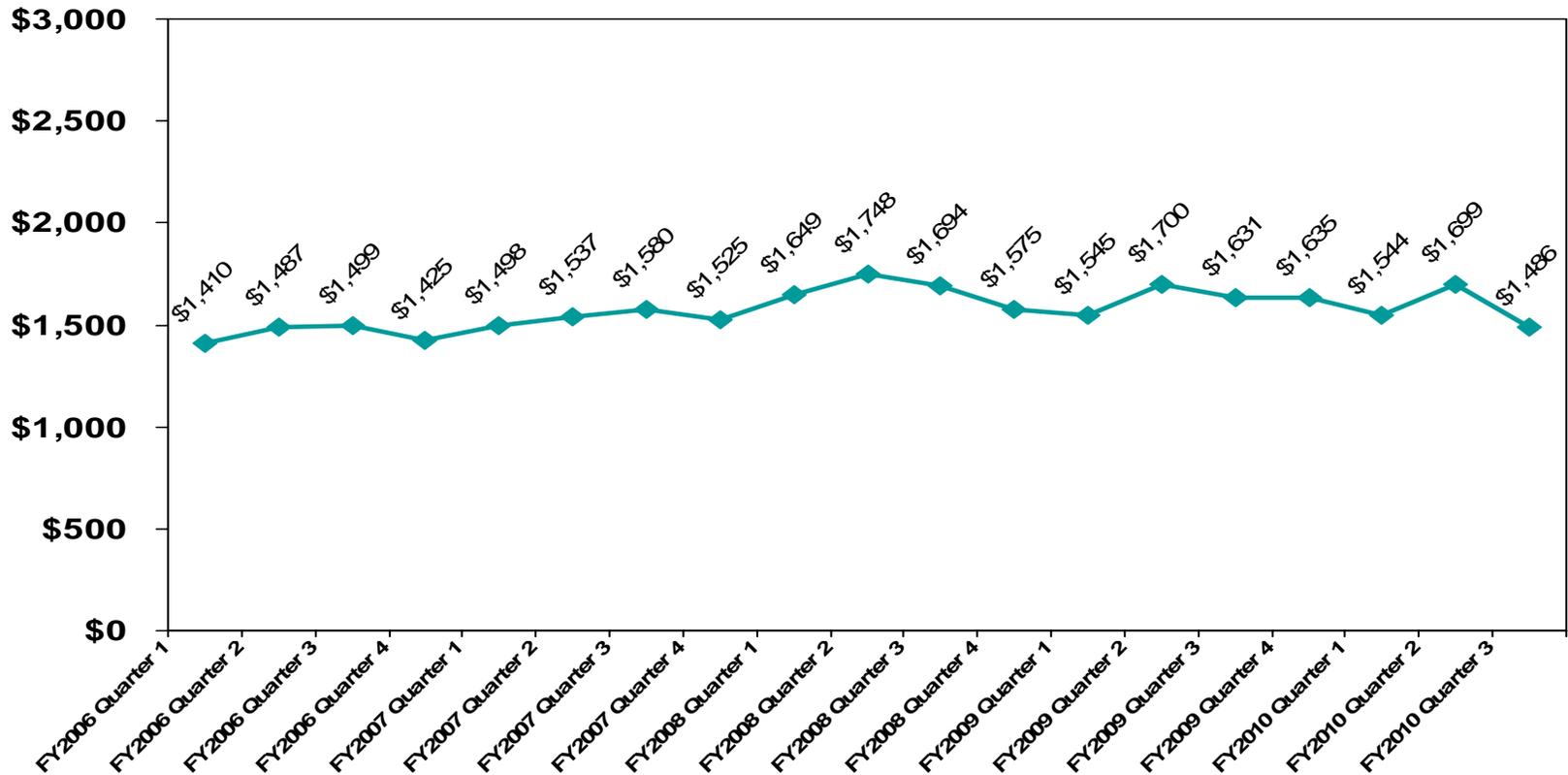
Source: DSHS, Budget & Forecasting. For methodology, see Strategy-Related Measures Definitions Report, 79th Regular Session, Performance Reporting, Automated Budget and Evaluation System of Texas (ABEST).

Figure 3.1. Average monthly number of adults served in substance abuse treatment programs



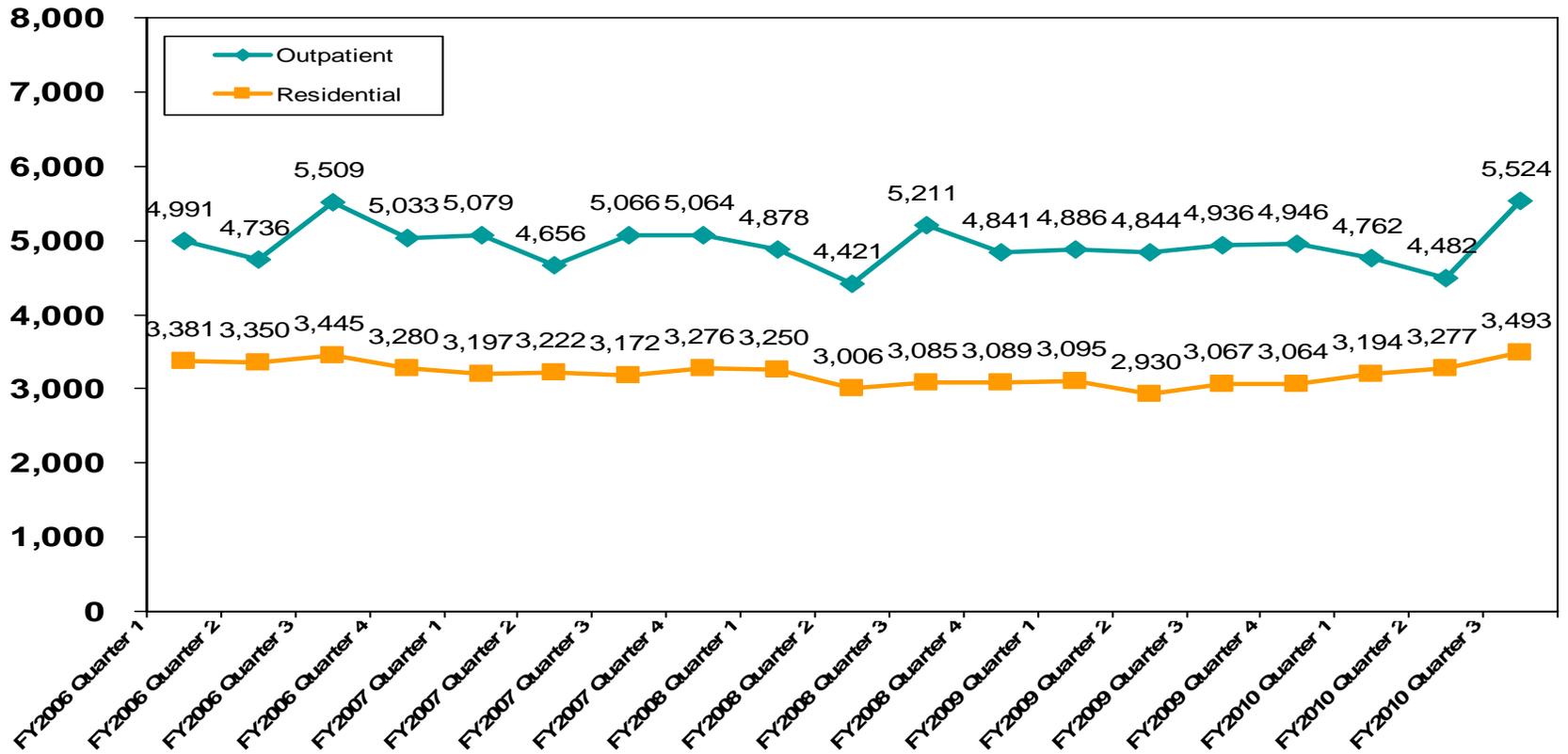
Source: DSHS, Budget & Forecasting. For methodology, see Strategy-Related Measures Definitions Report, 79th Regular Session, Performance Reporting, Automated Budget and Evaluation System of Texas (ABEST).

Figure 3.2. Average monthly cost per adult completing substance abuse treatment programs



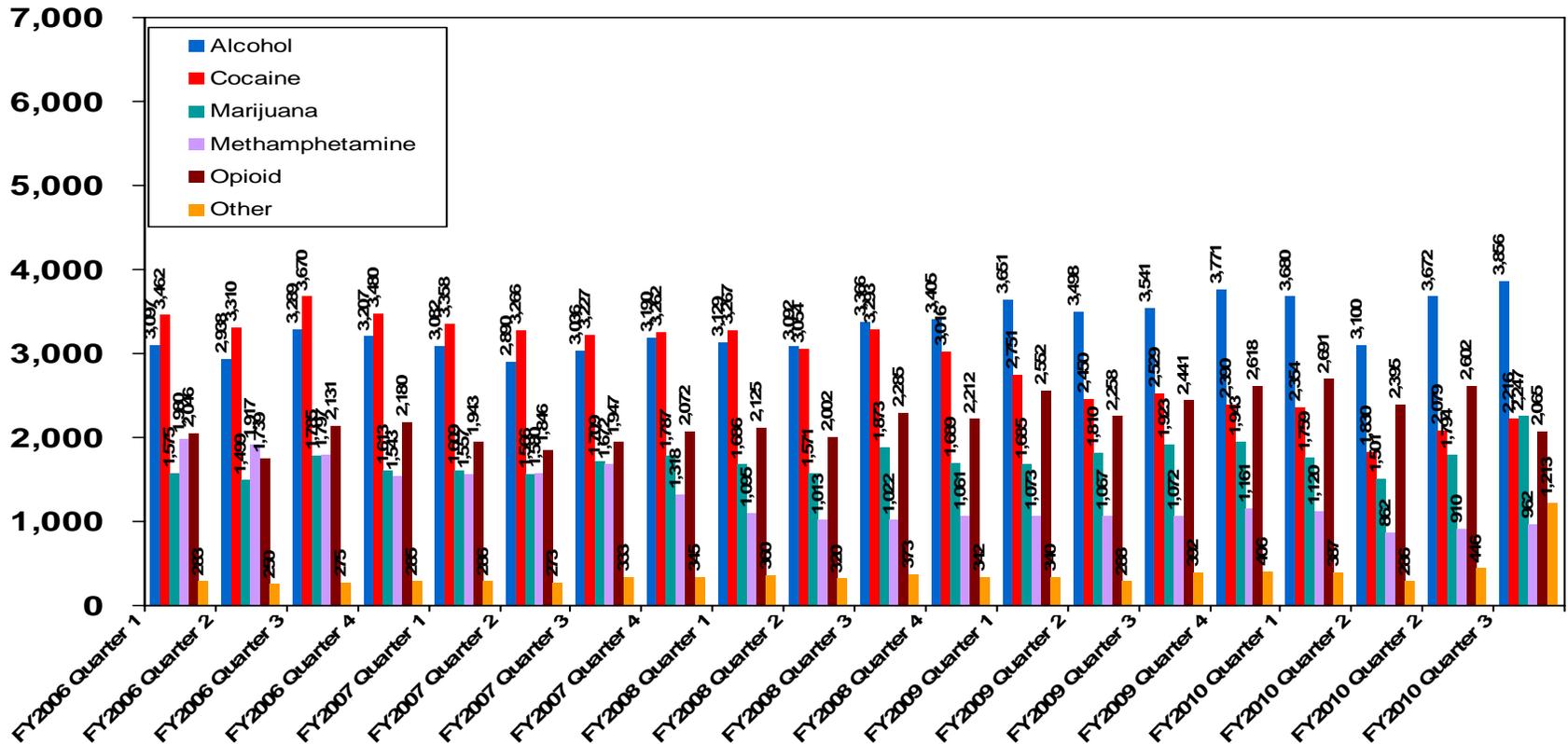
Source: DSHS, Budget & Forecasting. For methodology, see Strategy-Related Measures Definitions Report, 79th Regular Session, Performance Reporting, Automated Budget and Evaluation System of Texas (ABEST).

Figure 3.3. Average monthly number of adults admitted to outpatient vs. residential substance abuse treatment programs



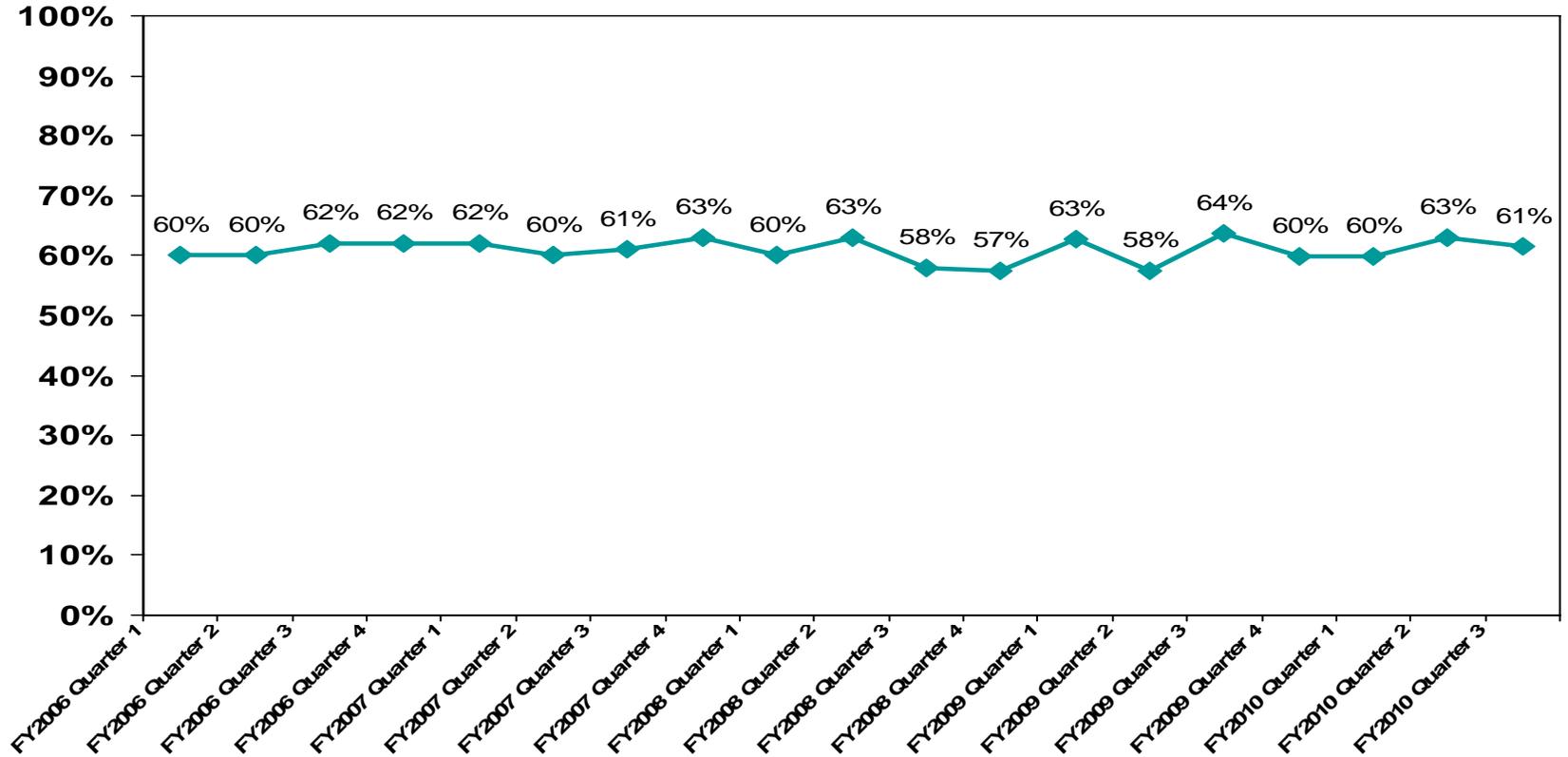
Source: DSHS, Behavioral Health Integrated Provider System (BHIPS).

Figure 3.4. Number of adult admissions to substance abuse treatment programs by primary substance



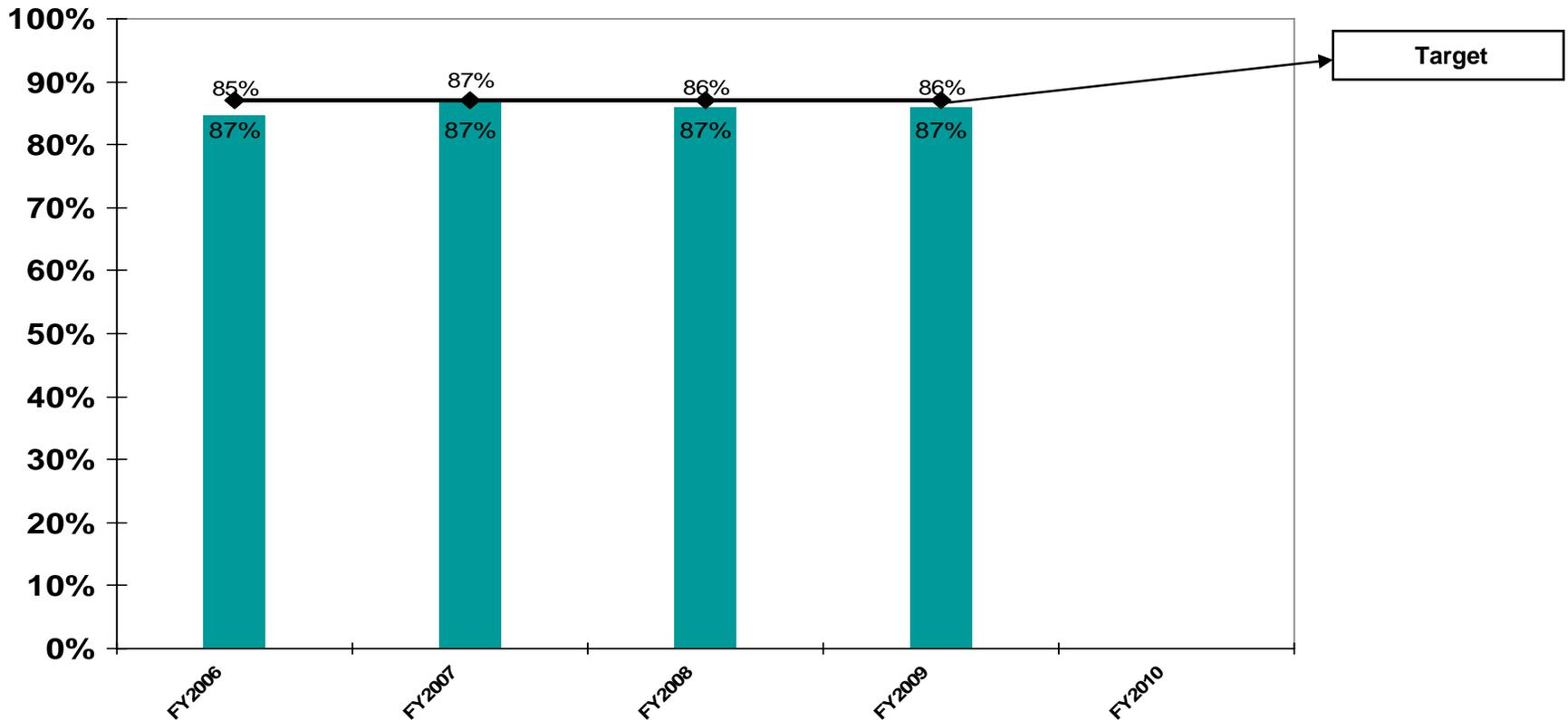
Source: DSHS, Behavioral Health Integrated Provider System (BHIPS).

Figure 3.5. Average monthly percentage of adults completing substance abuse treatment programs



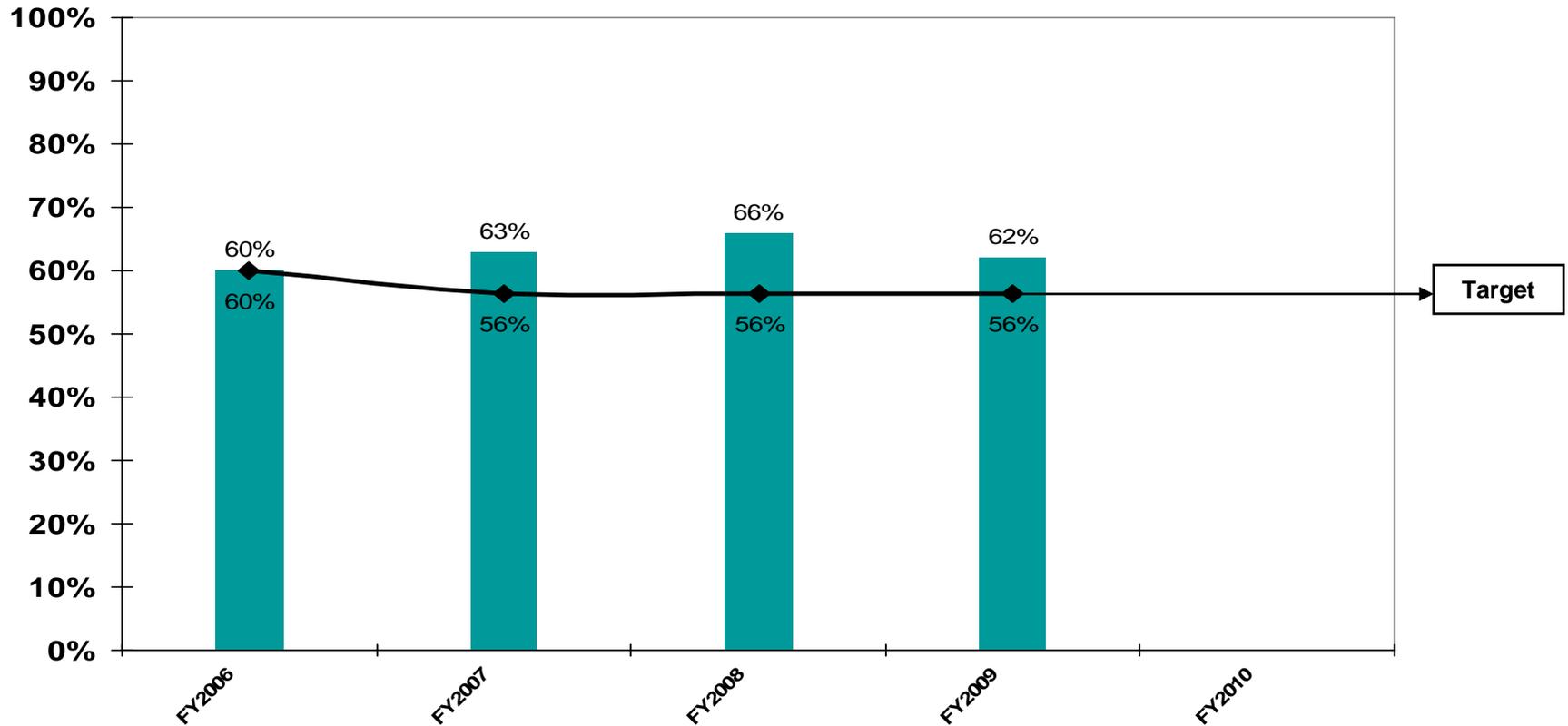
Source: DSHS, Budget & Forecasting. For methodology, see Strategy-Related Measures Definitions Report, 79th Regular Session, Performance Reporting, Automated Budget and Evaluation System of Texas (ABEST).

Figure 3.6. Percentage of adults completing substance abuse treatment programs reporting abstinence at follow-up per year



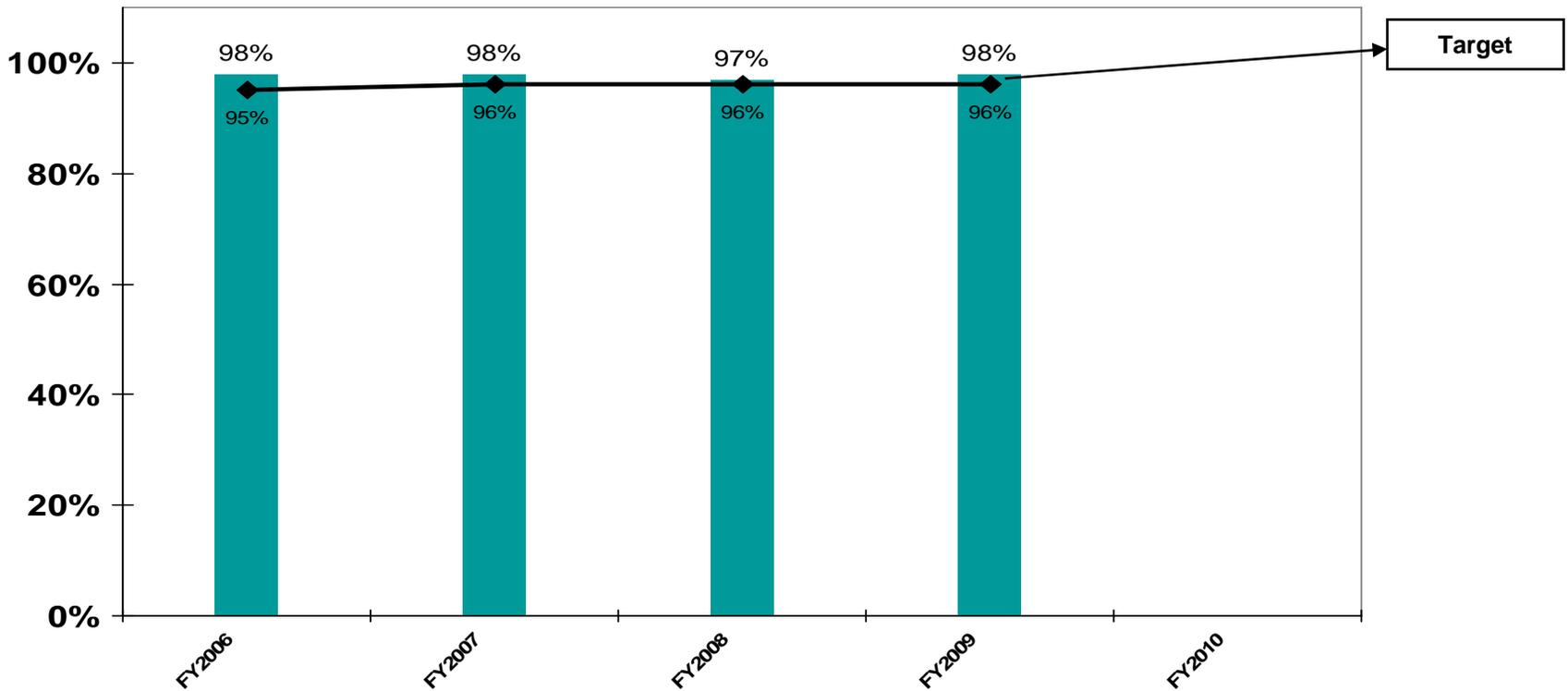
Source: DSHS, Budget & Forecasting. For methodology, see Outcome Measure Definitions Report, 79th Regular Session, Performance Reporting, Automated Budget and Evaluation System of Texas (ABEST).

Figure 3.7. Percentage of unemployed adults completing substance abuse treatment programs gaining employment at follow-up per year



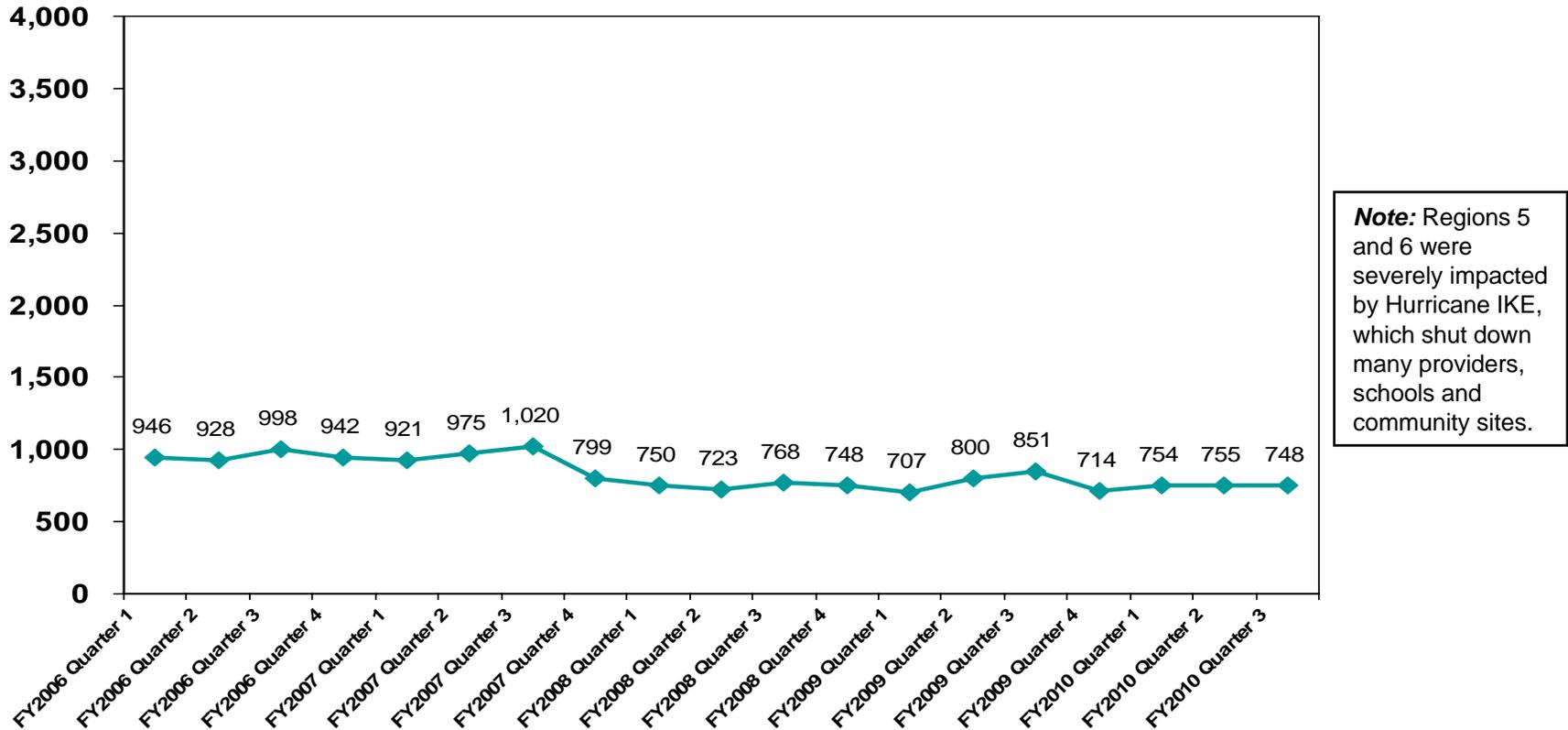
Source: DSHS, Behavioral Health Integrated Provider System (BHIPS).

Figure 3.8. Percentage of adults completing substance abuse treatment programs not re-arrested per year



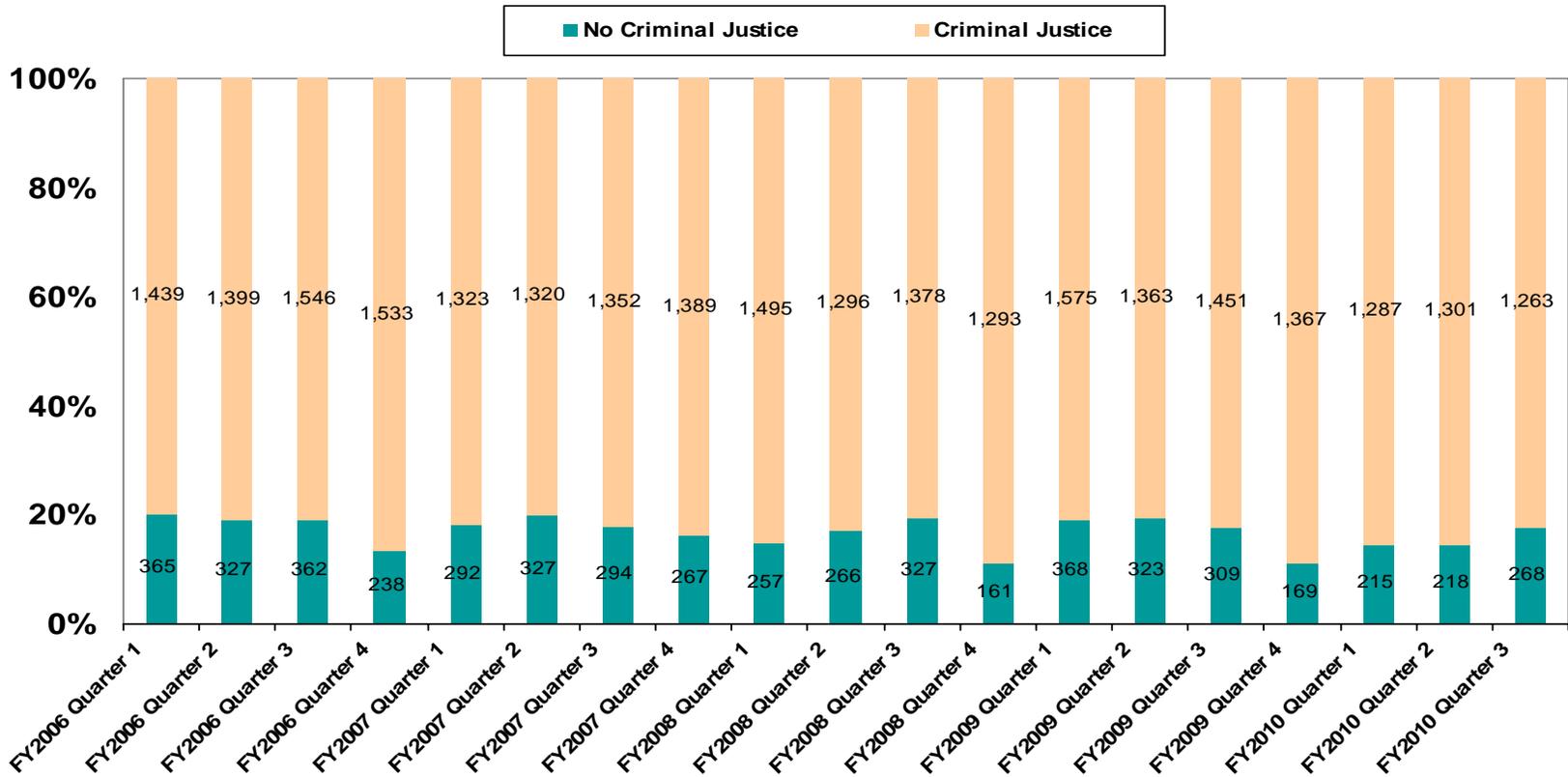
Source: DSHS, Behavioral Health Integrated Provider System (BHIPS).

Figure 3.9. Average monthly number of youth served in substance abuse treatment programs



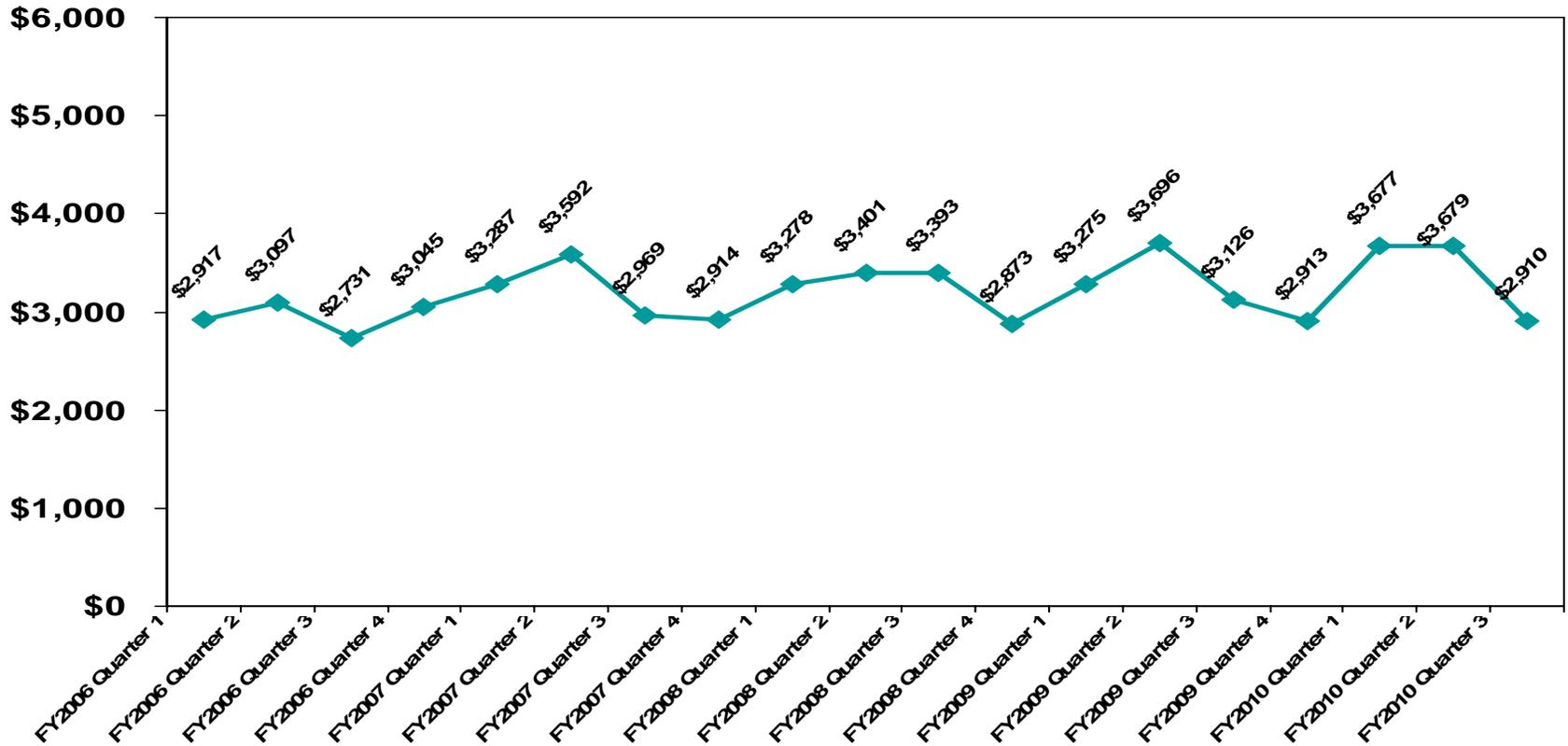
Source: DSHS, Budget & Forecasting. For methodology, see Strategy-Related Measures Definitions Report, 79th Regular Session, Performance Reporting, Automated Budget and Evaluation System of Texas (ABEST).

Figure 3.10. Number of youth by criminal justice status admitted to substance abuse treatment programs



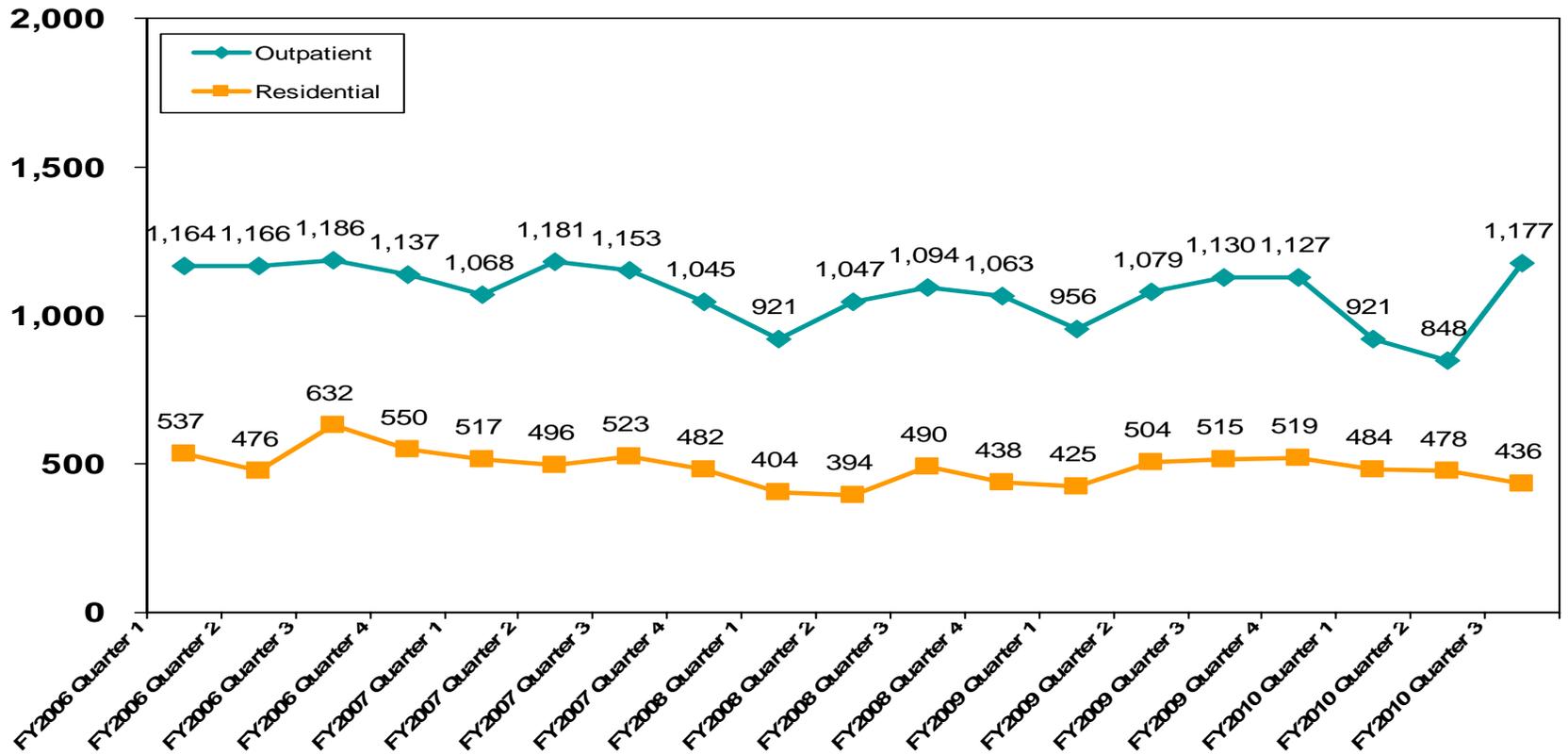
Source: DSHS, Behavioral Health Integrated Provider System (BHIPS).

Figure 3.11. Average monthly cost per youth completing substance abuse treatment programs



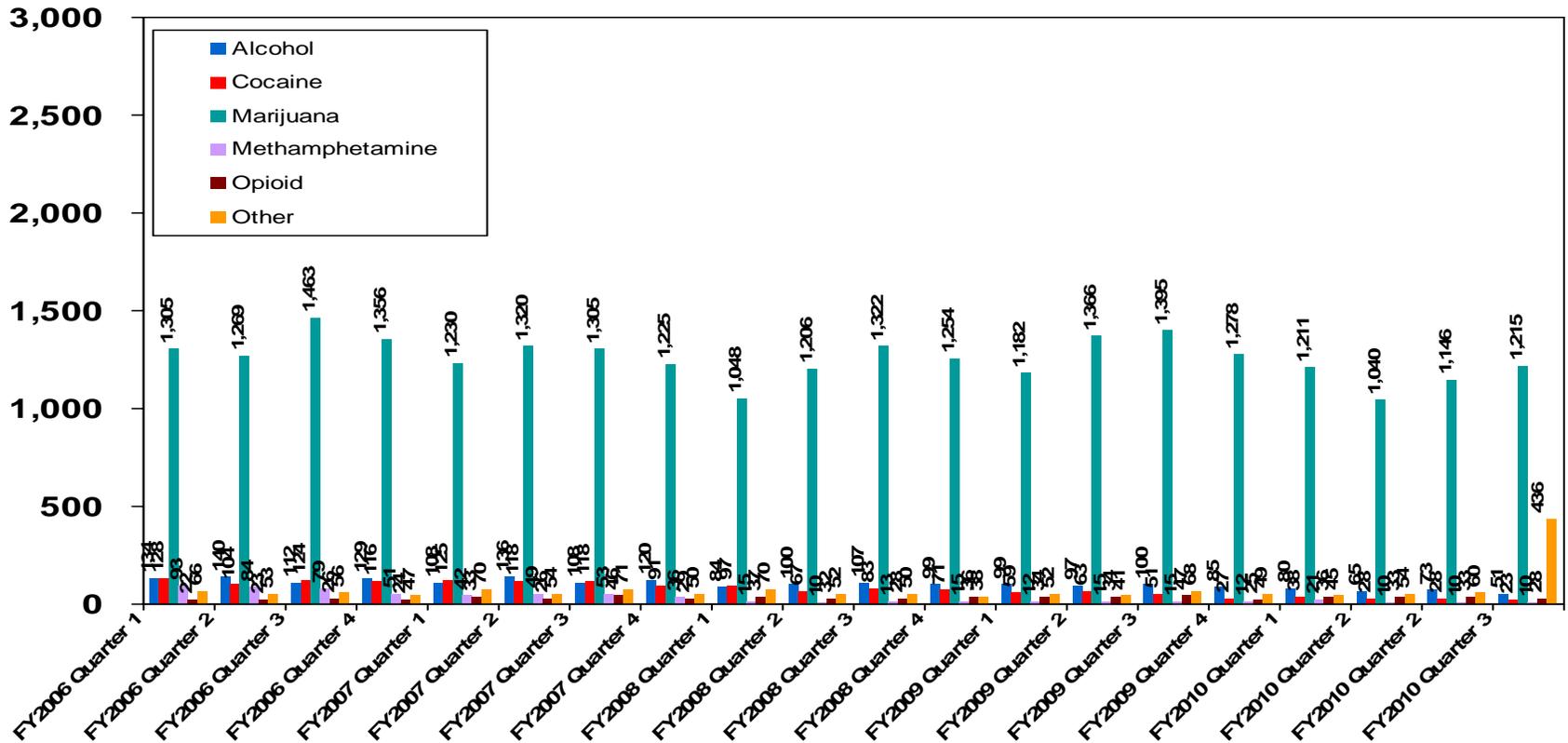
Source: DSHS, Budget & Forecasting. For methodology, see Strategy-Related Measures Definitions Report, 79th Regular Session, Performance Reporting, Automated Budget and Evaluation System of Texas (ABEST).

Figure 3.12. Average monthly number of youth admitted to outpatient vs. residential substance abuse treatment programs



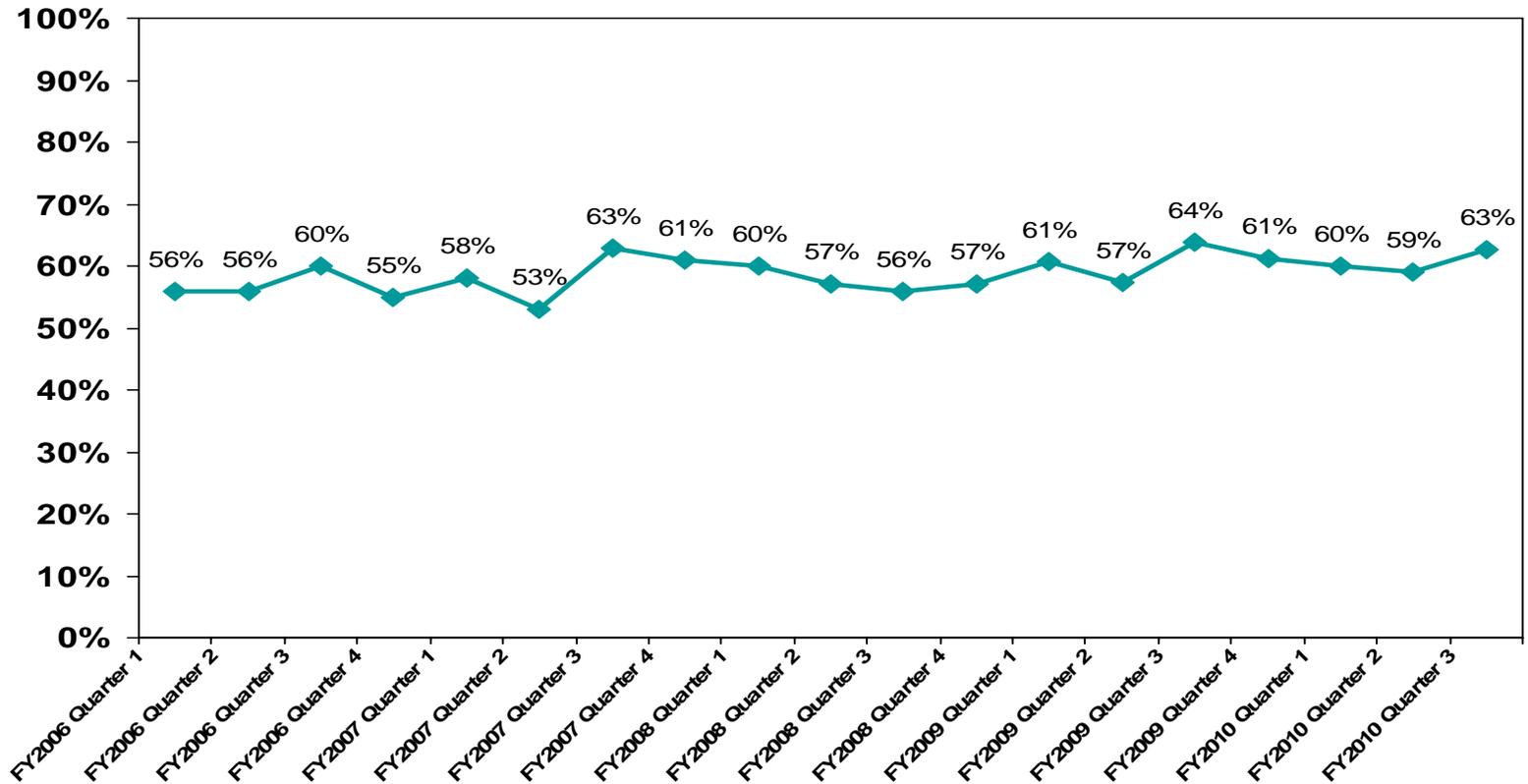
Source: DSHS, Behavioral Health Integrated Provider System (BHIPS).

Figure 3.13. Number of youth admissions to substance abuse treatment programs by primary substance



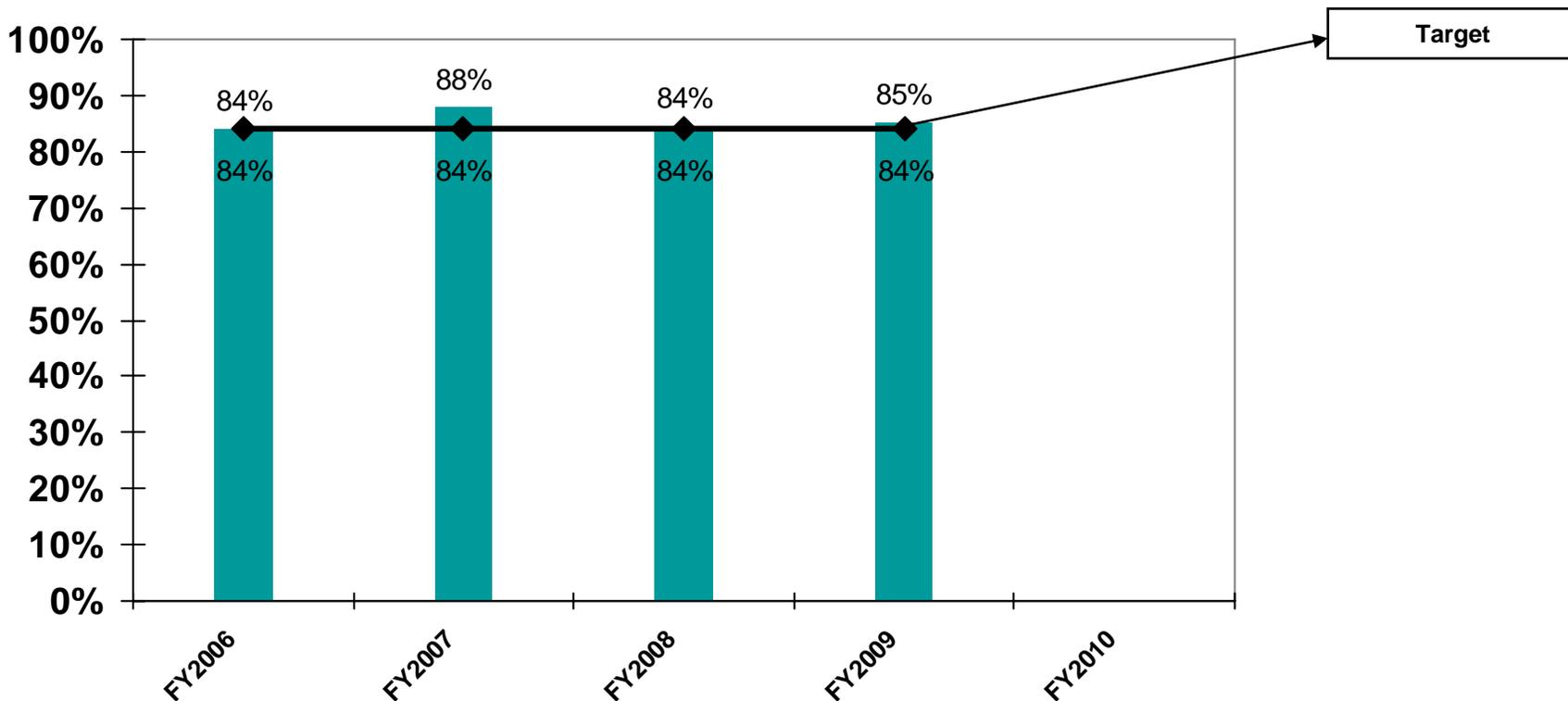
Source: DSHS, Behavioral Health Integrated Provider System (BHIPS).

Figure 3.14. Average monthly percentage of youth completing substance abuse treatment programs



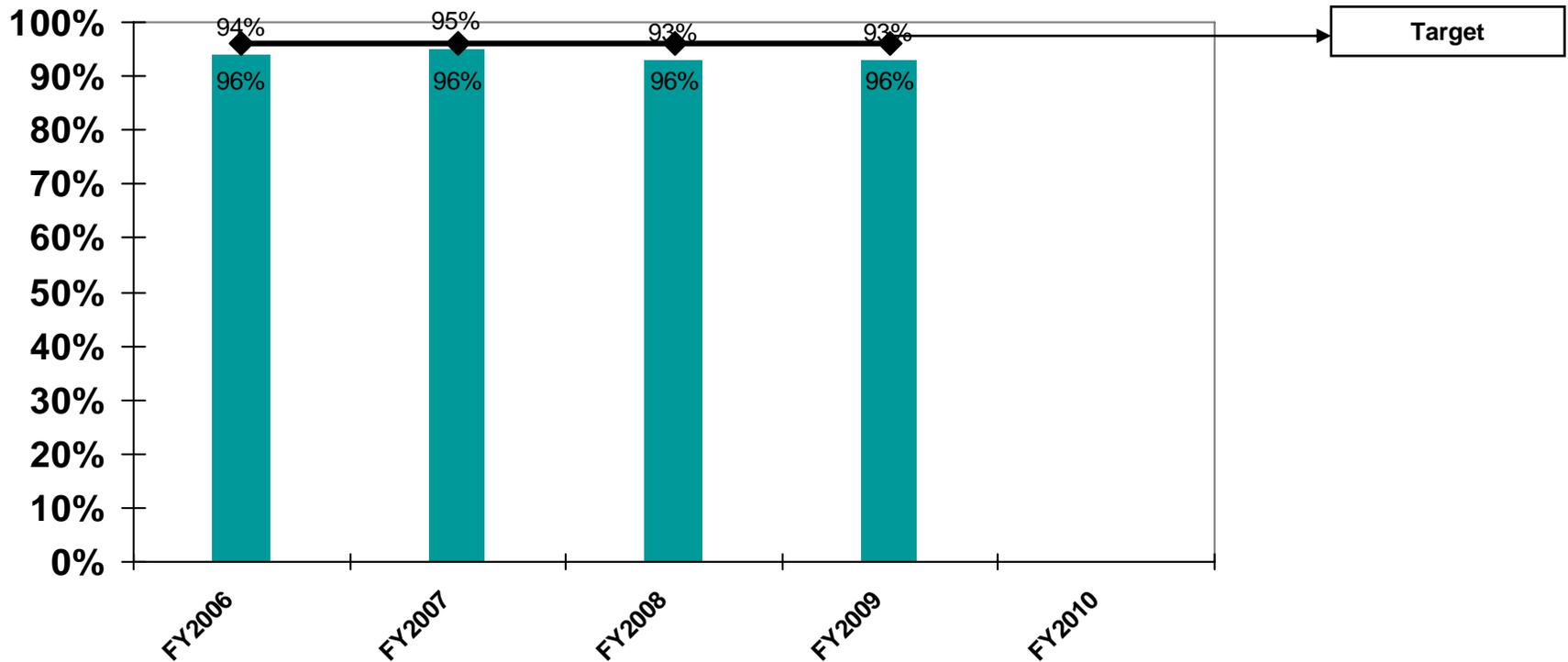
Source: DSHS, Budget & Forecasting. For methodology, see Strategy-Related Measures Definitions Report, 79th Regular Session, Performance Reporting, Automated Budget and Evaluation System of Texas (ABEST).

Figure 3.15. Percentage of youth completing substance abuse treatment programs reporting abstinence at follow-up per year



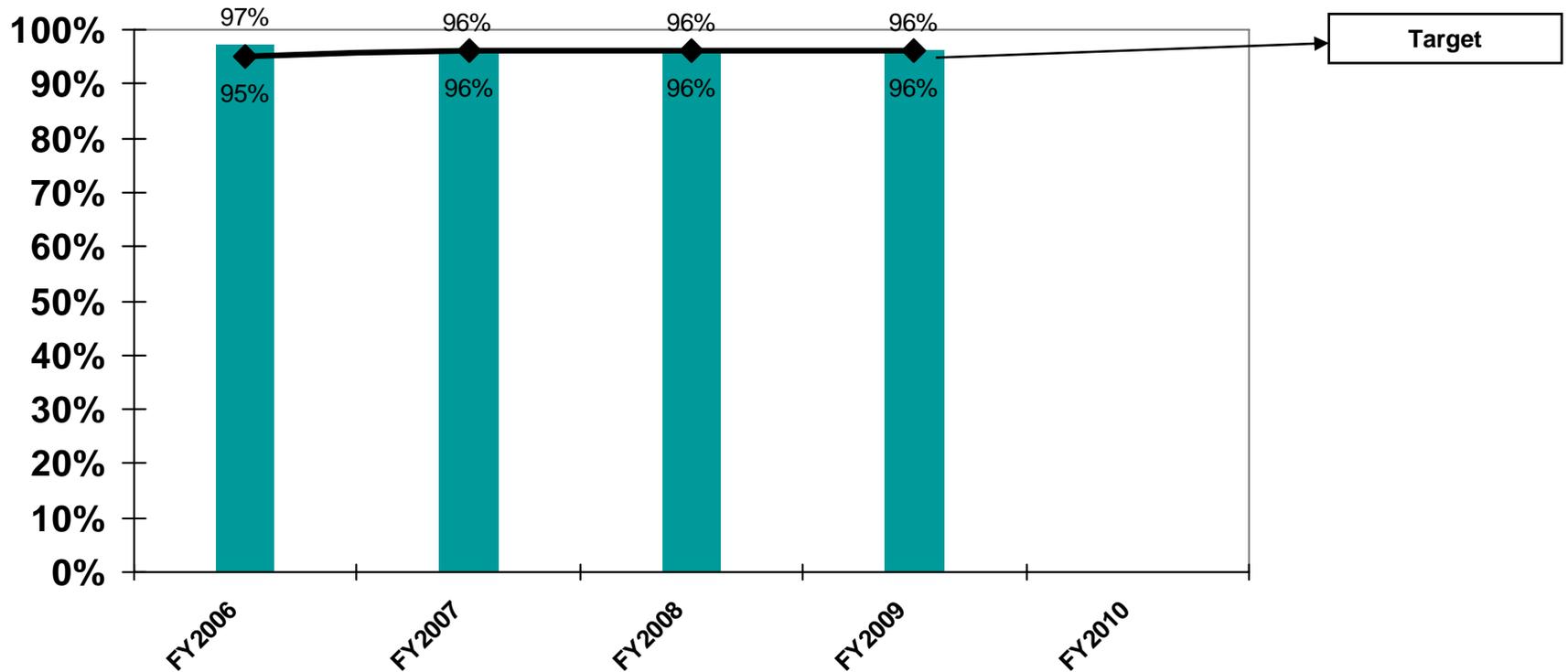
Source: DSHS, Budget & Forecasting. For methodology, see Outcome Measure Definitions Report, 79th Regular Session, Performance Reporting, Automated Budget and Evaluation System of Texas (ABEST).

Figure 3.16. Percentage of youth completing substance abuse treatment programs with positive school status at follow-up per year



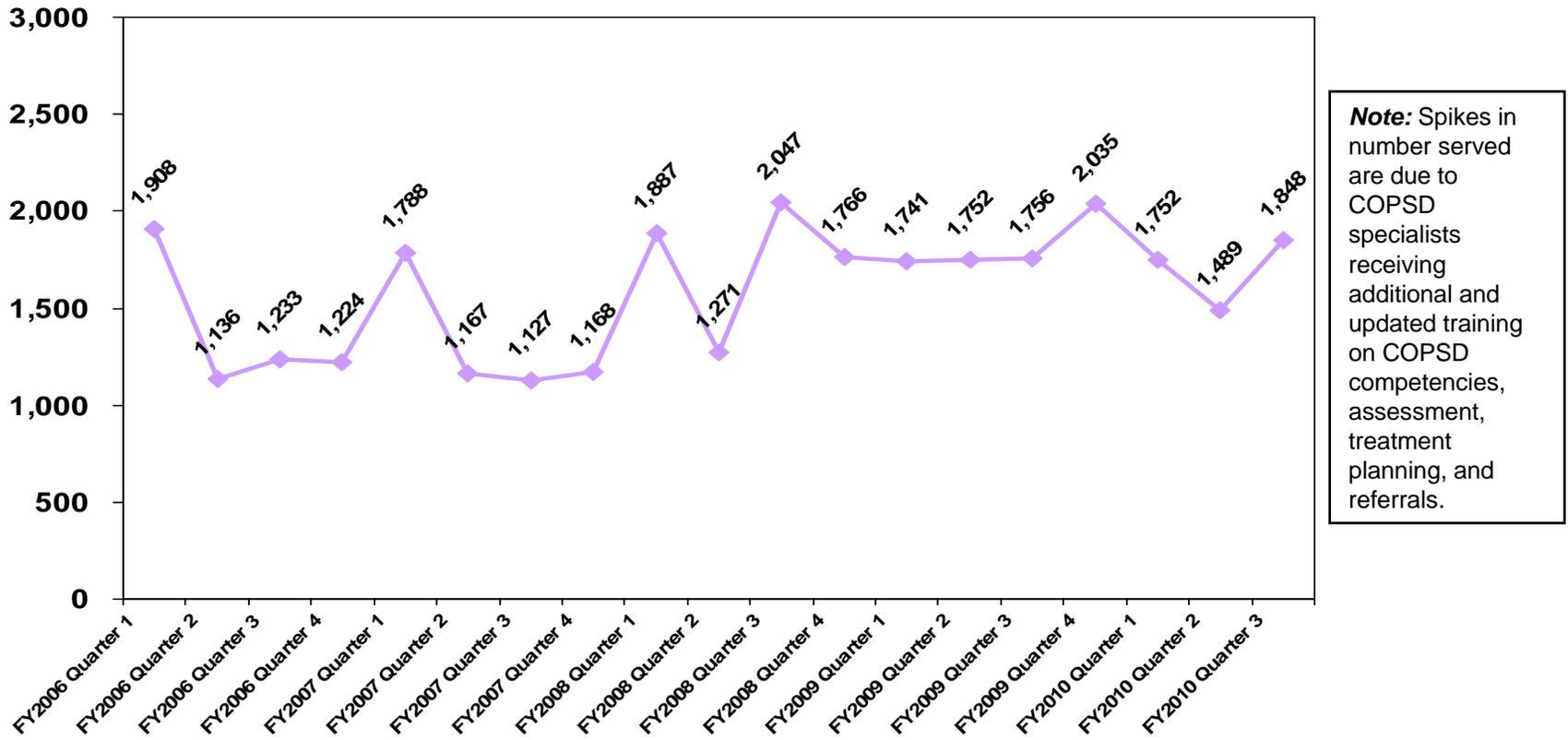
Source: DSHS, Behavioral Health Integrated Provider System (BHIPS).

Figure 3.17. Percentage of youth completing substance abuse treatment programs not re-arrested per year



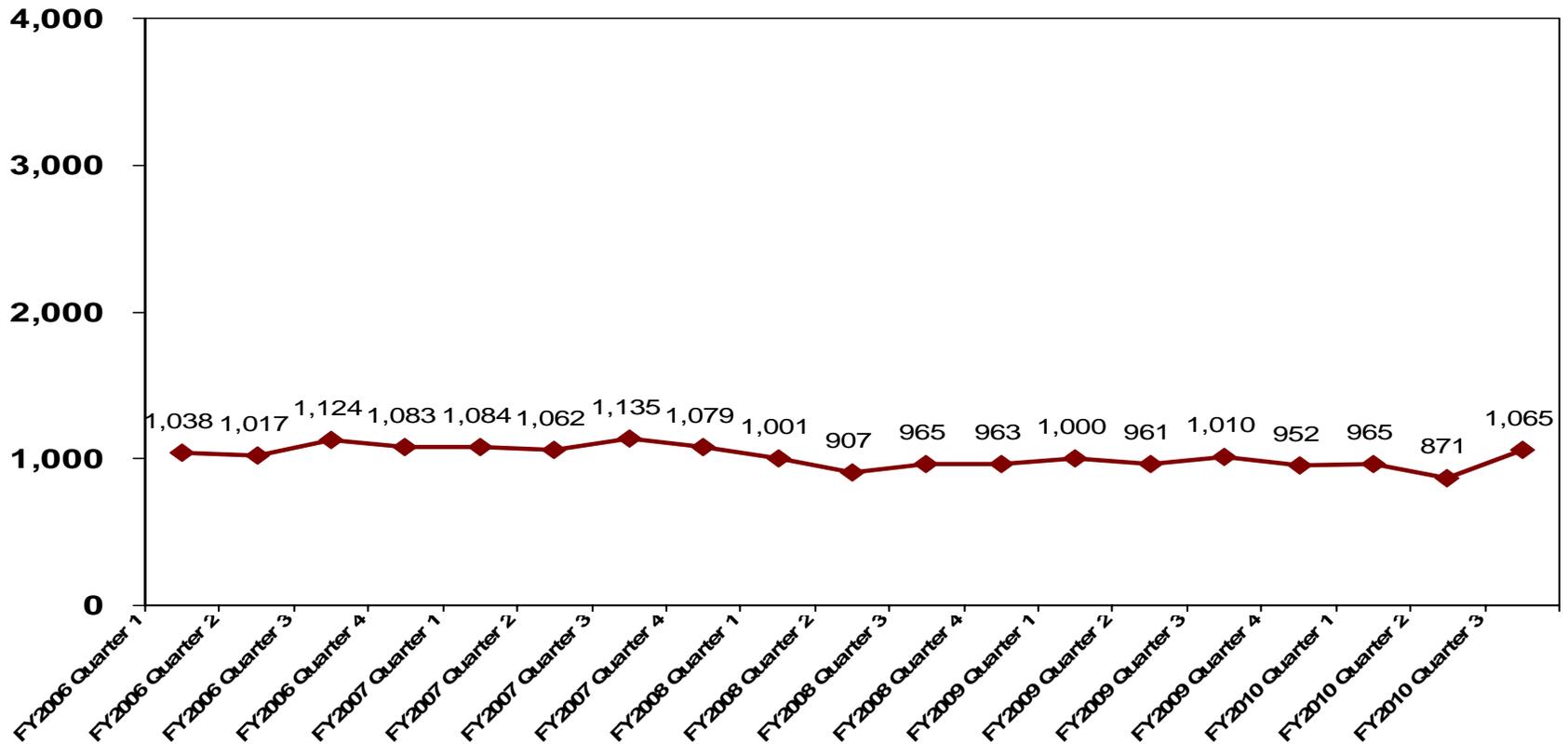
Source: DSHS, Behavioral Health Integrated Provider System (BHIPS).

Figure 4.1. Number of COPSD clients served in substance abuse programs



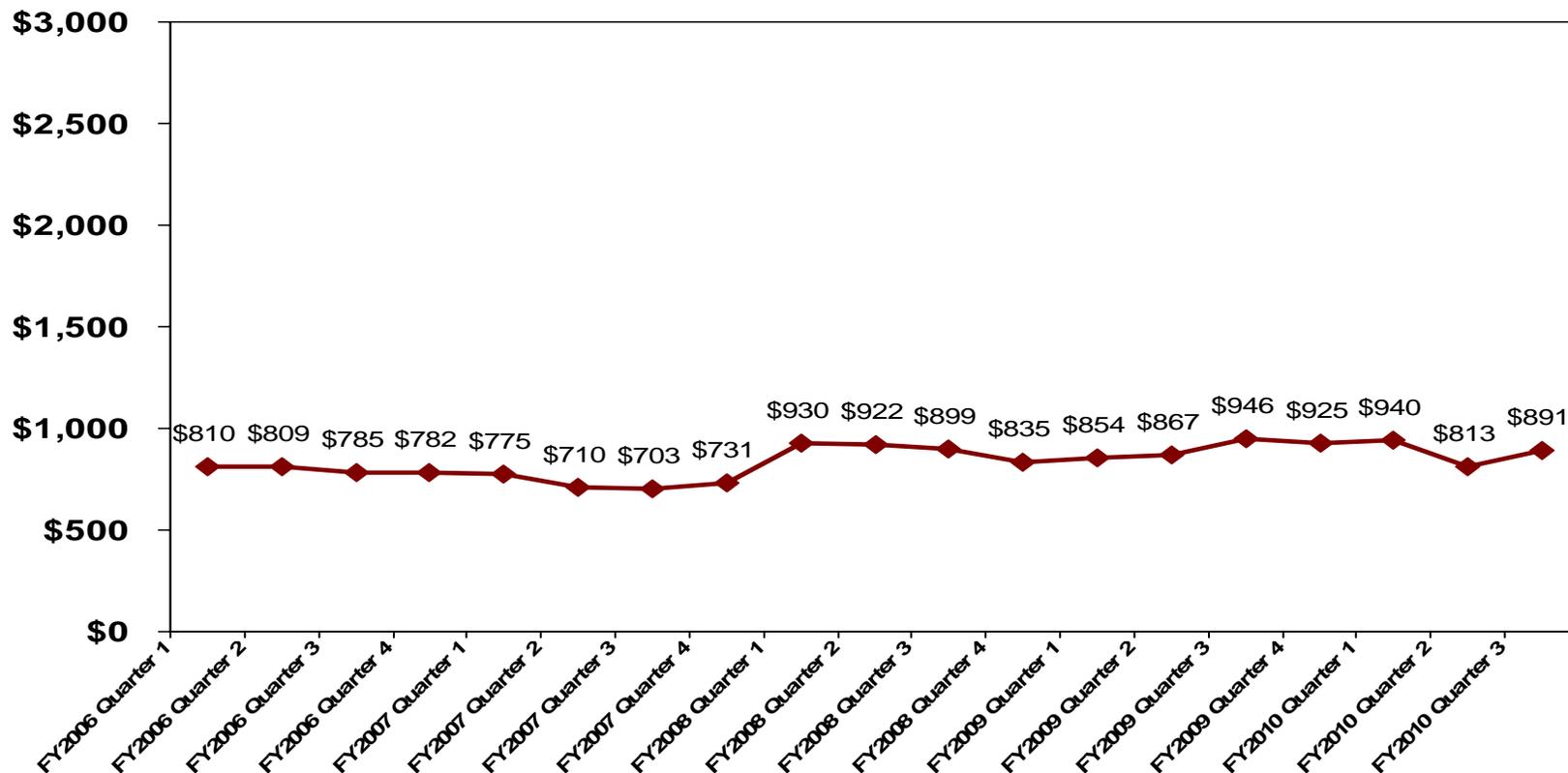
Source: DSHS, Budget & Forecasting. For methodology, see Strategy-Related Measures Definitions Report, 79th Regular Session, Performance Reporting, Automated Budget and Evaluation System of Texas (ABEST).

Figure 5.1. Average monthly number of females served in substance abuse specialized female programs



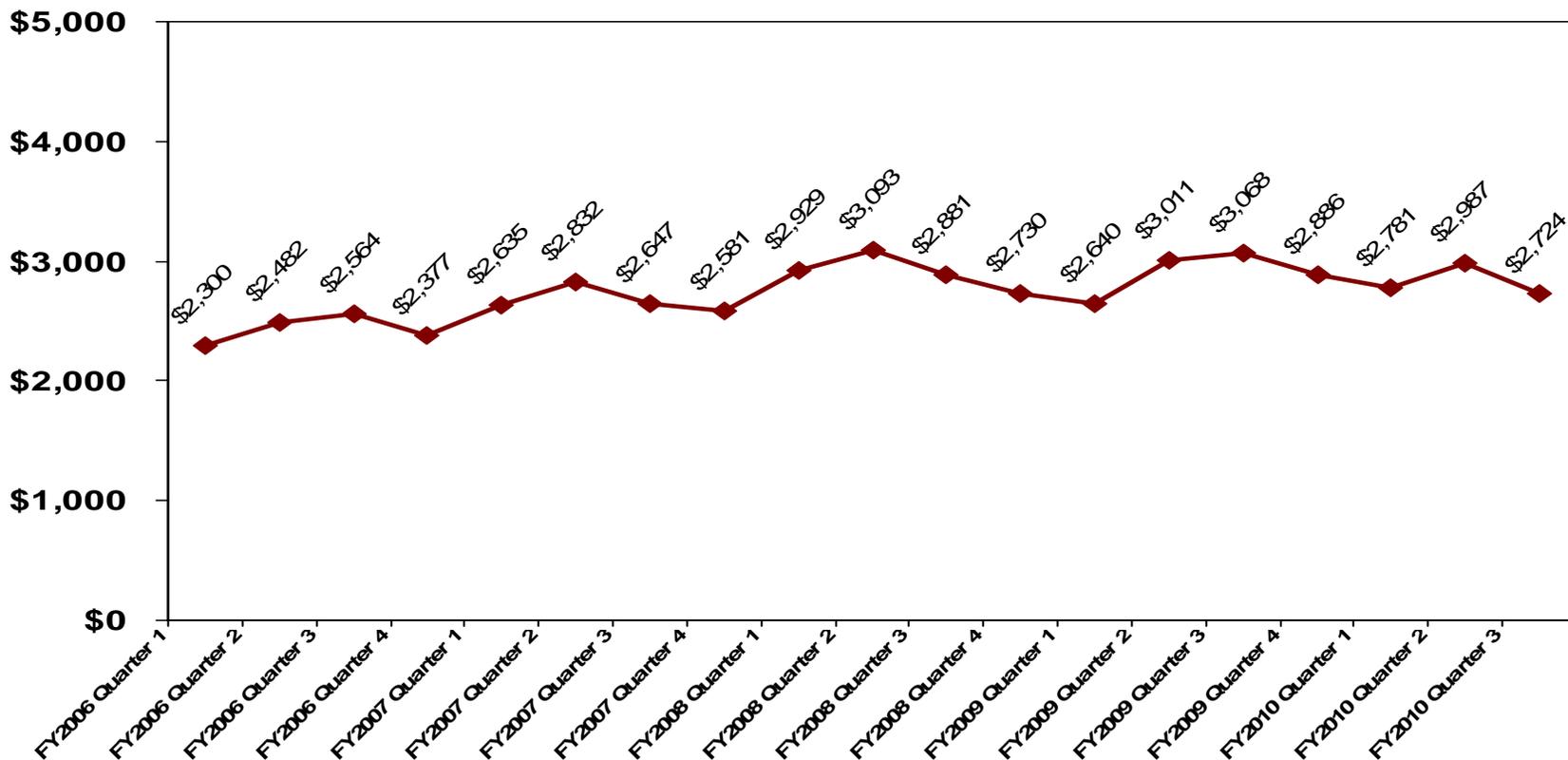
Source: DSHS, Behavioral Health Integrated Provider System (BHIPS).

Figure 5.2. Average monthly cost per female served in substance abuse specialized female programs



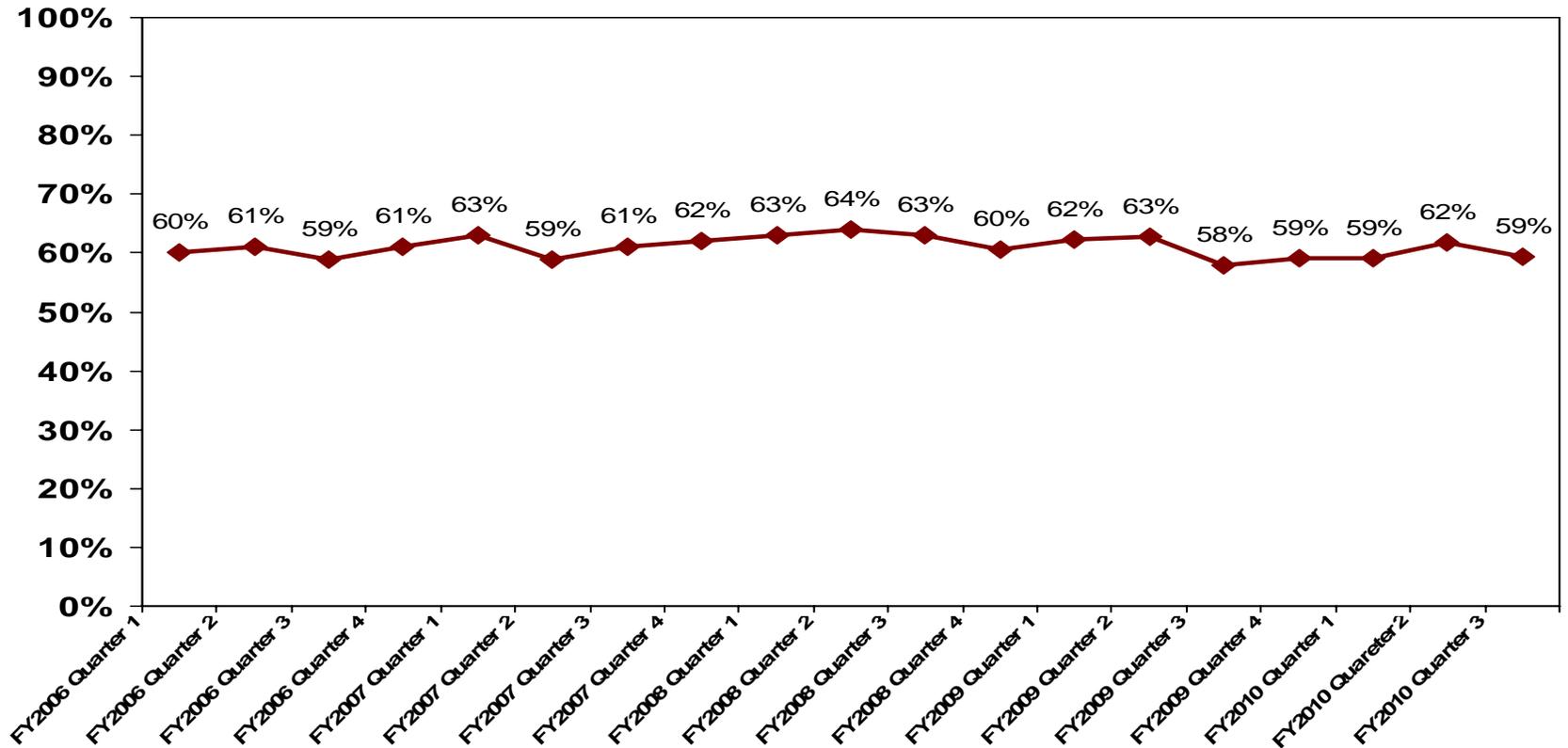
Source: DSHS, Behavioral Health Integrated Provider System (BHIPS).

Figure 5.3. Average monthly cost per female completing substance abuse specialized female programs



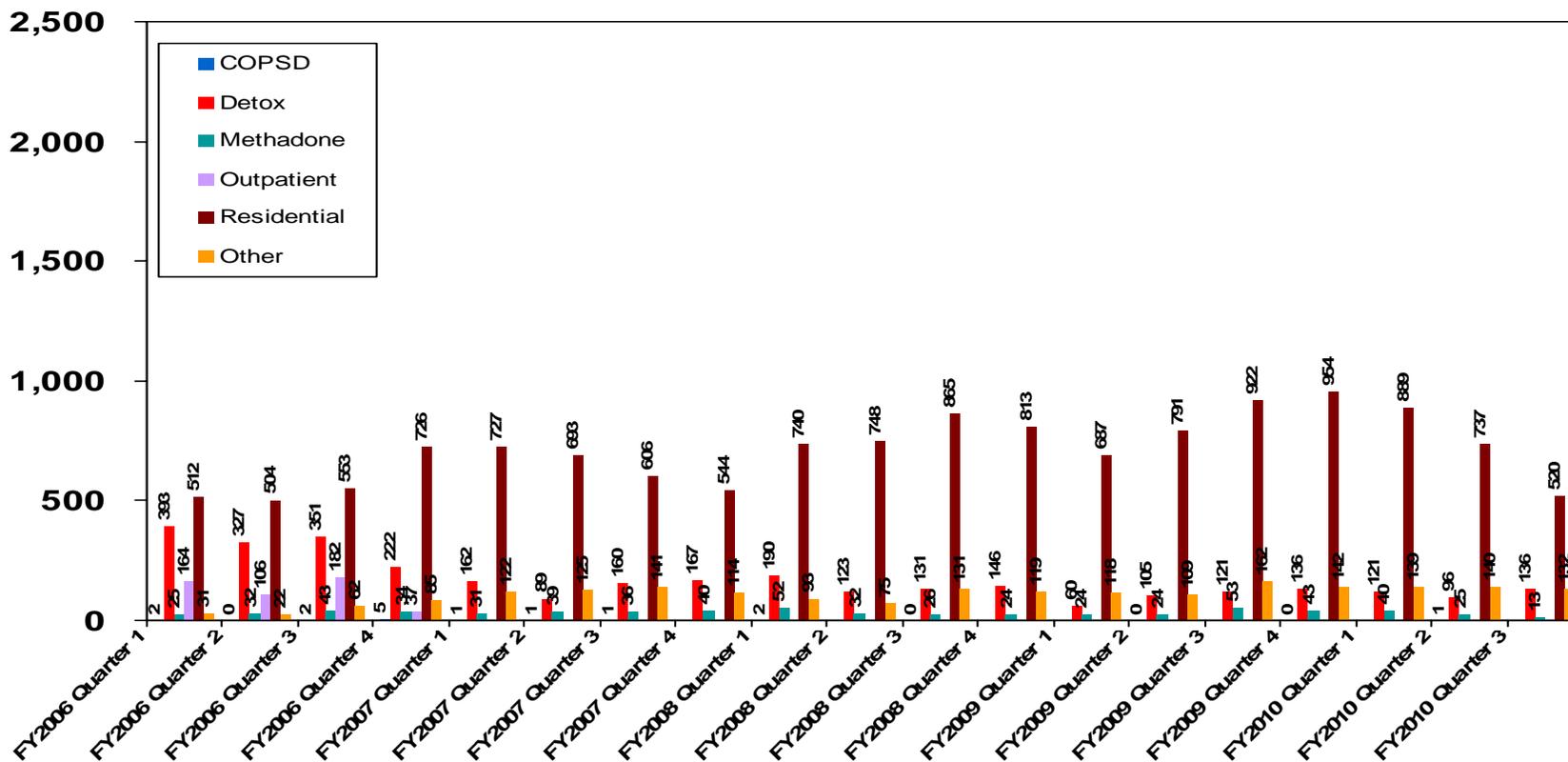
Source: DSHS, Behavioral Health Integrated Provider System (BHIPS).

Figure 5.4. Average monthly percentage of females completing substance abuse specialized female programs



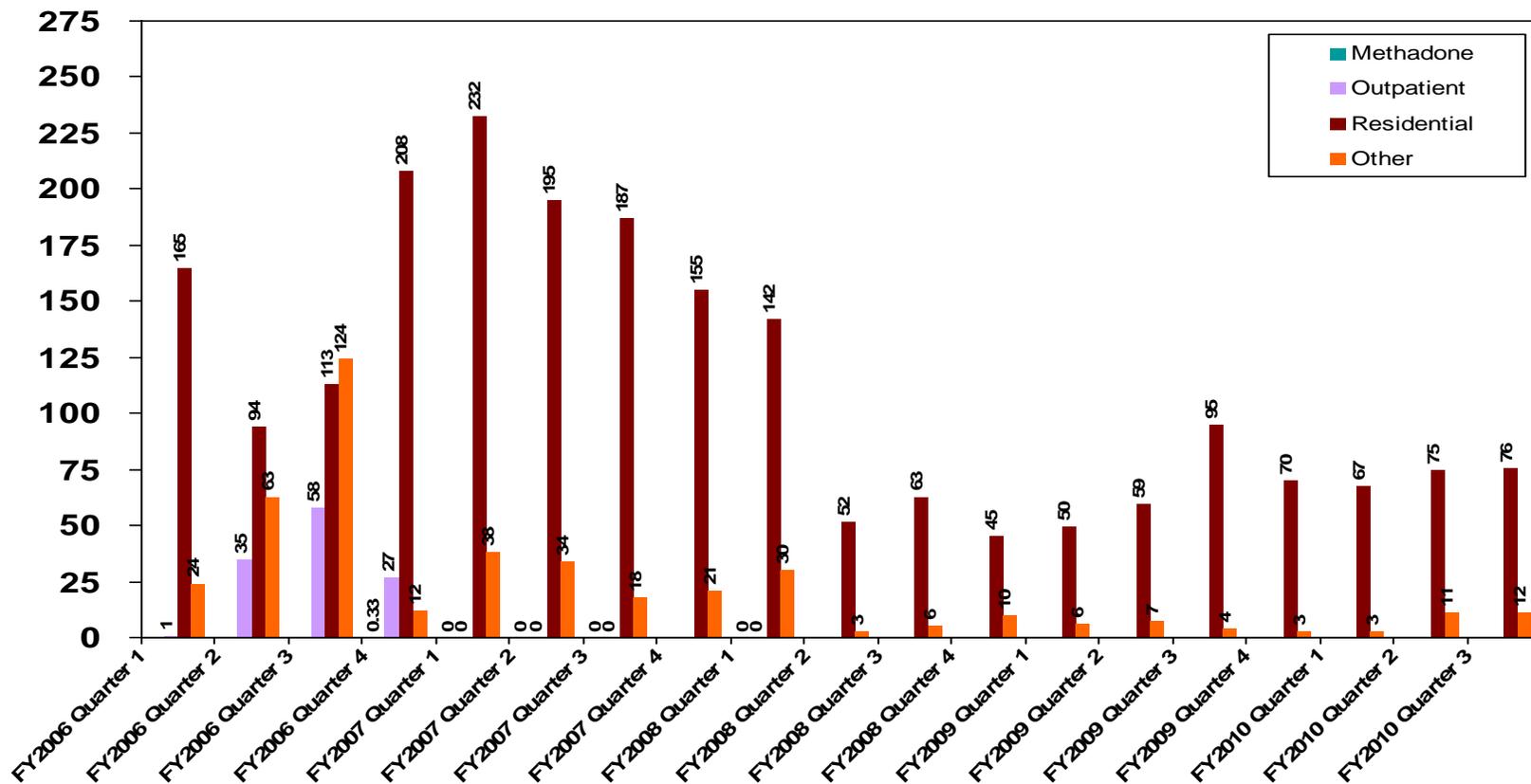
Source: DSHS, Behavioral Health Integrated Provider System (BHIPS).

Figure 6.1. Average monthly number of adults entered on waiting list by substance abuse program



Source: DSHS, Behavioral Health Integrated Provider System (BHIPS).

Figure 6.2. Average monthly number of youth entered on waiting list by substance abuse program



Source: DSHS, Behavioral Health Integrated Provider System (BHIPS).

NORTHSTAR

Section 1 ■ Persons Served

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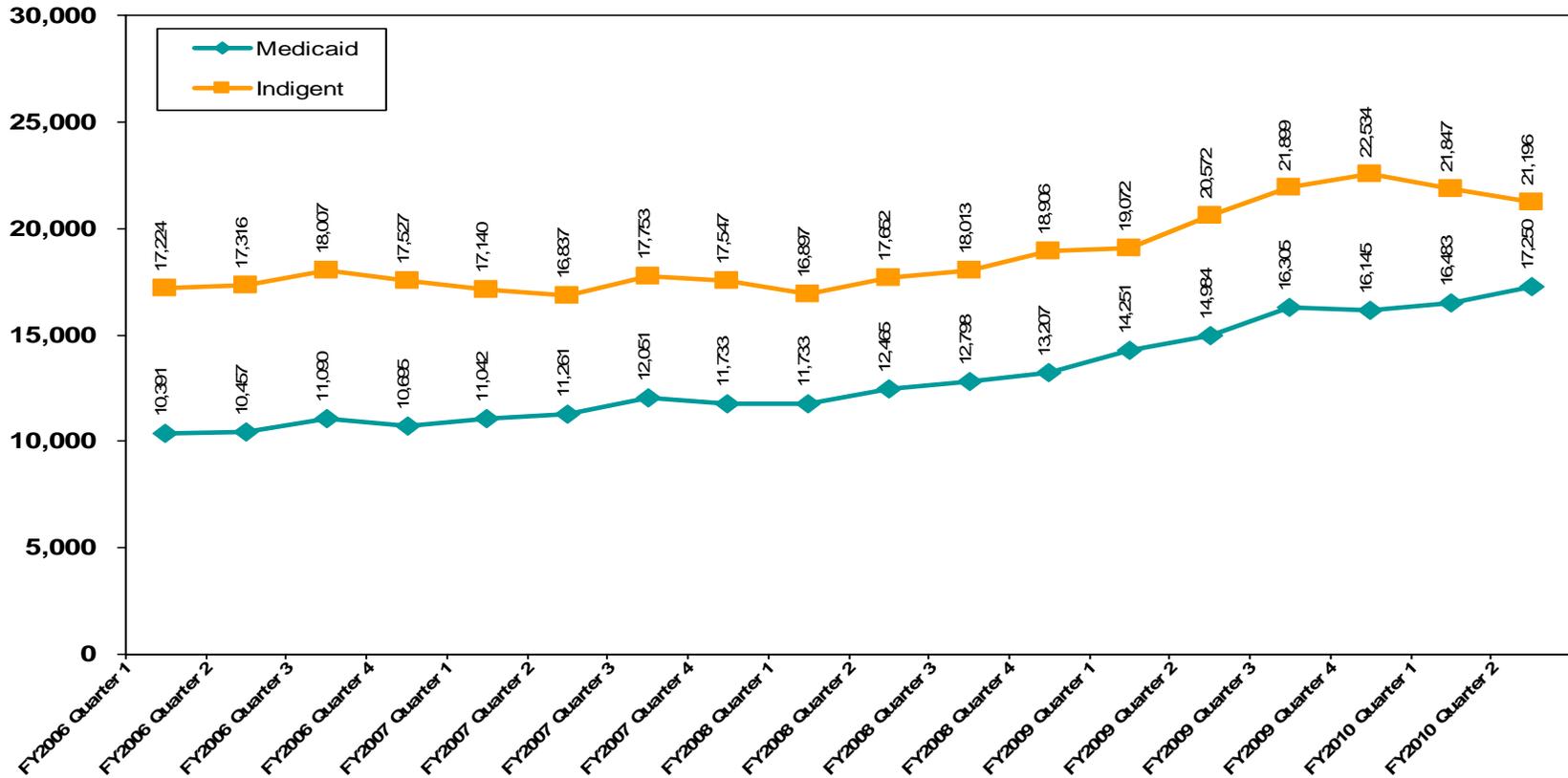
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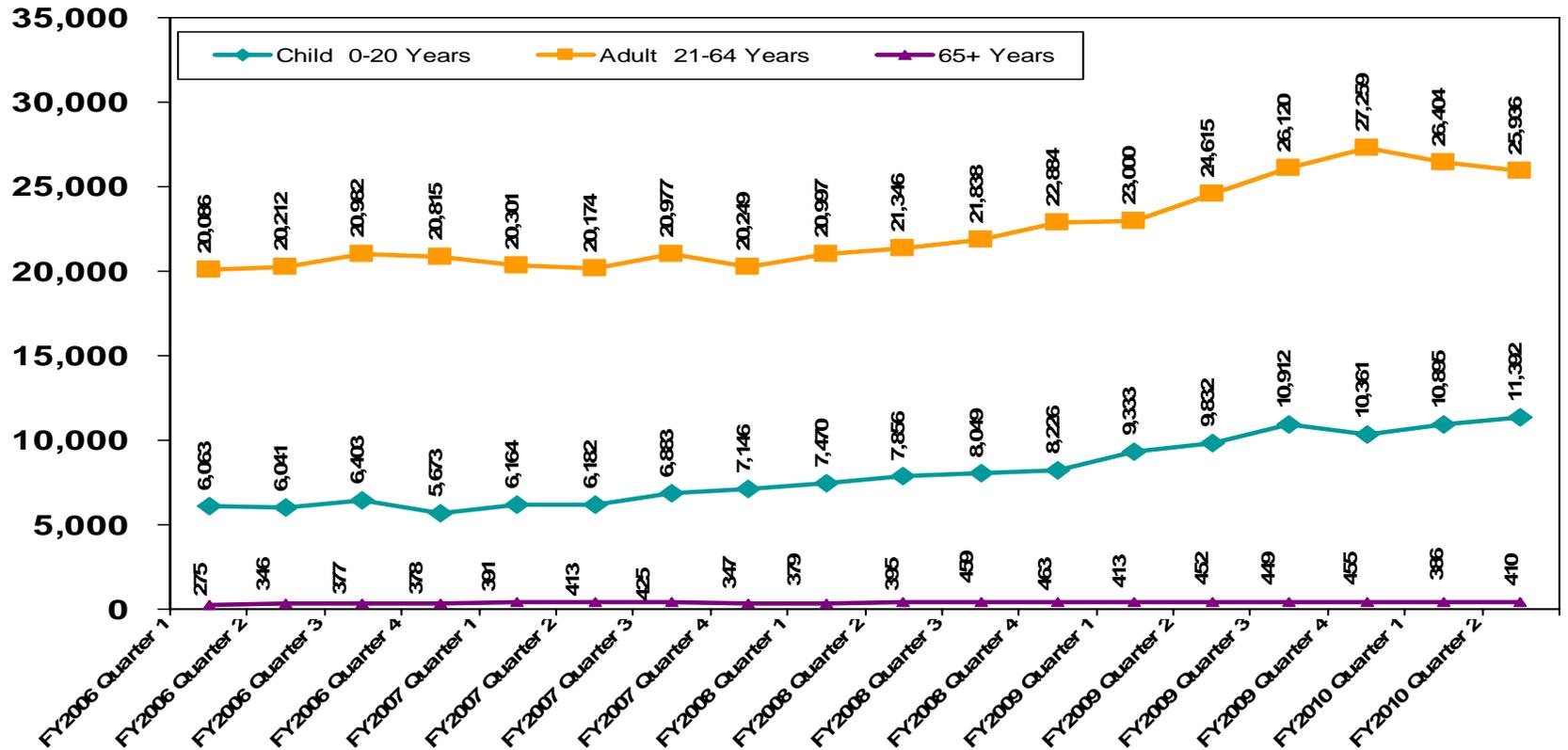
Figure 1.1. Quarterly Medicaid vs. Indigent persons served



Source: DSHS NorthSTAR Data Warehouse.

Note: NorthSTAR data has 90-day delay due to claims lag.

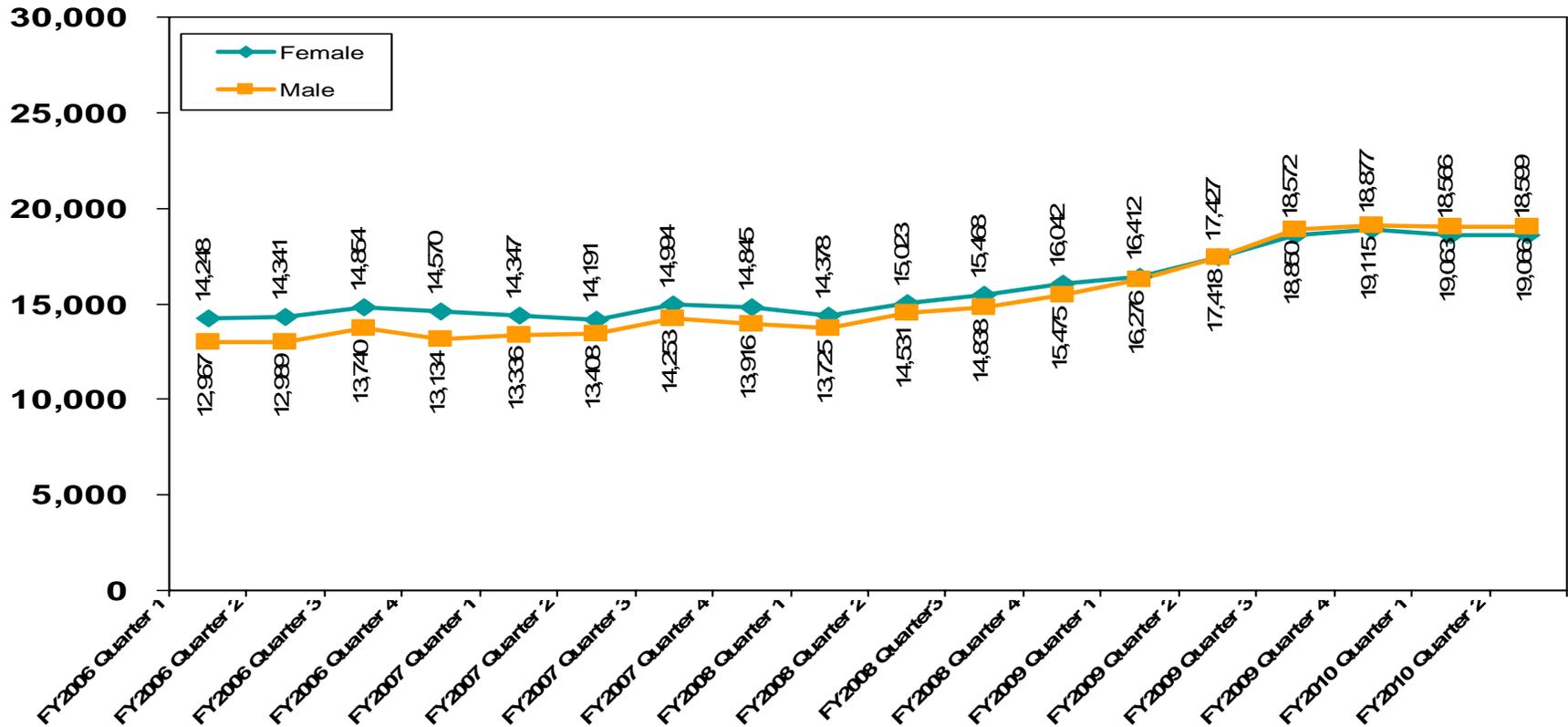
Figure 1.2. Quarterly persons served by age group



Source: DSHS NorthSTAR Data Warehouse.

Note: NorthSTAR data has 90-day delay due to claims lag.

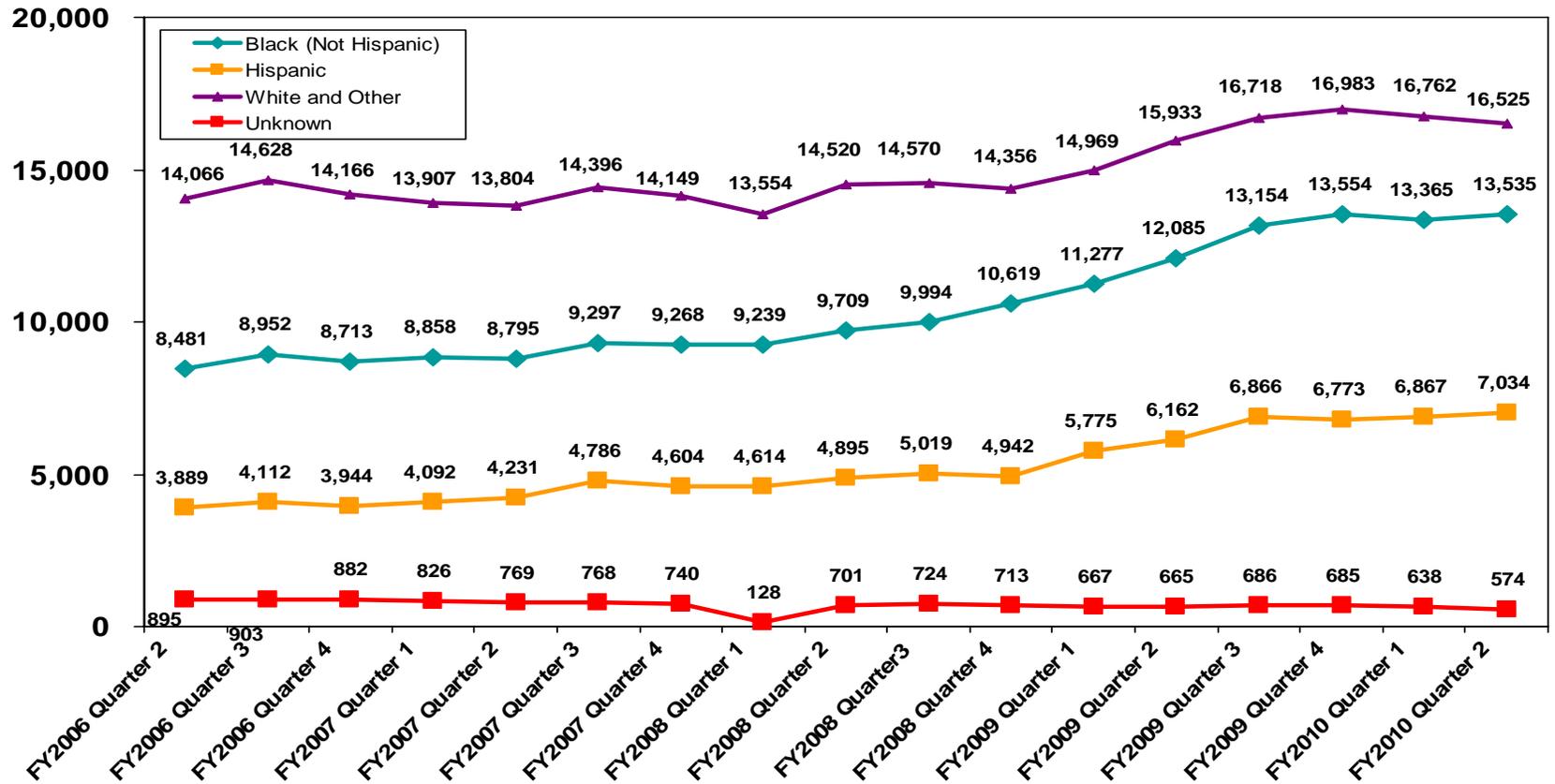
Figure 1.3. Quarterly persons served by gender



Source: DSHS NorthSTAR Data Warehouse.

Note: NorthSTAR data has 90-day delay due to claims lag.

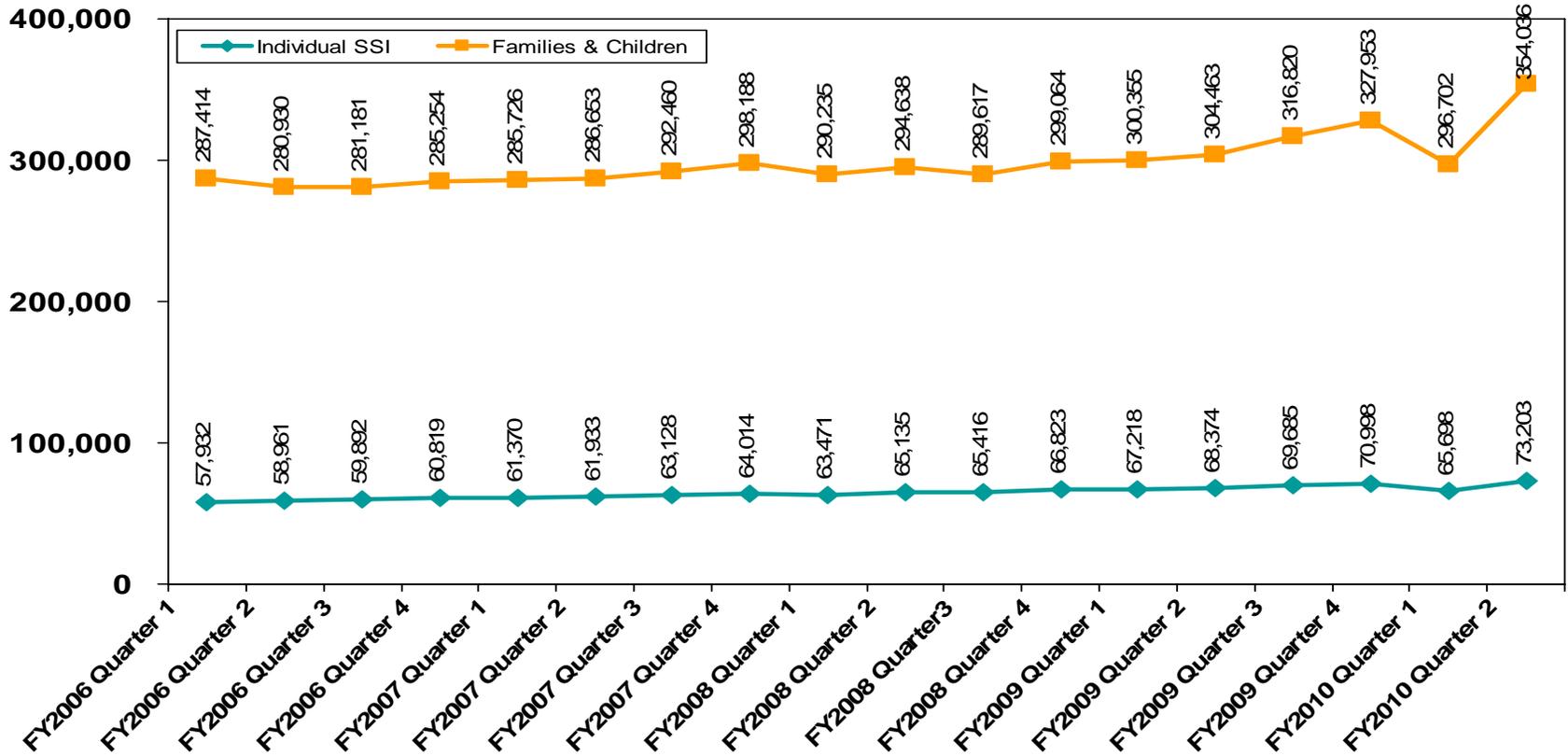
Figure 1.4. Quarterly persons served by ethnicity



Source: DSHS NorthSTAR Data Warehouse.

Note: NorthSTAR data has 90-day delay due to claims lag.

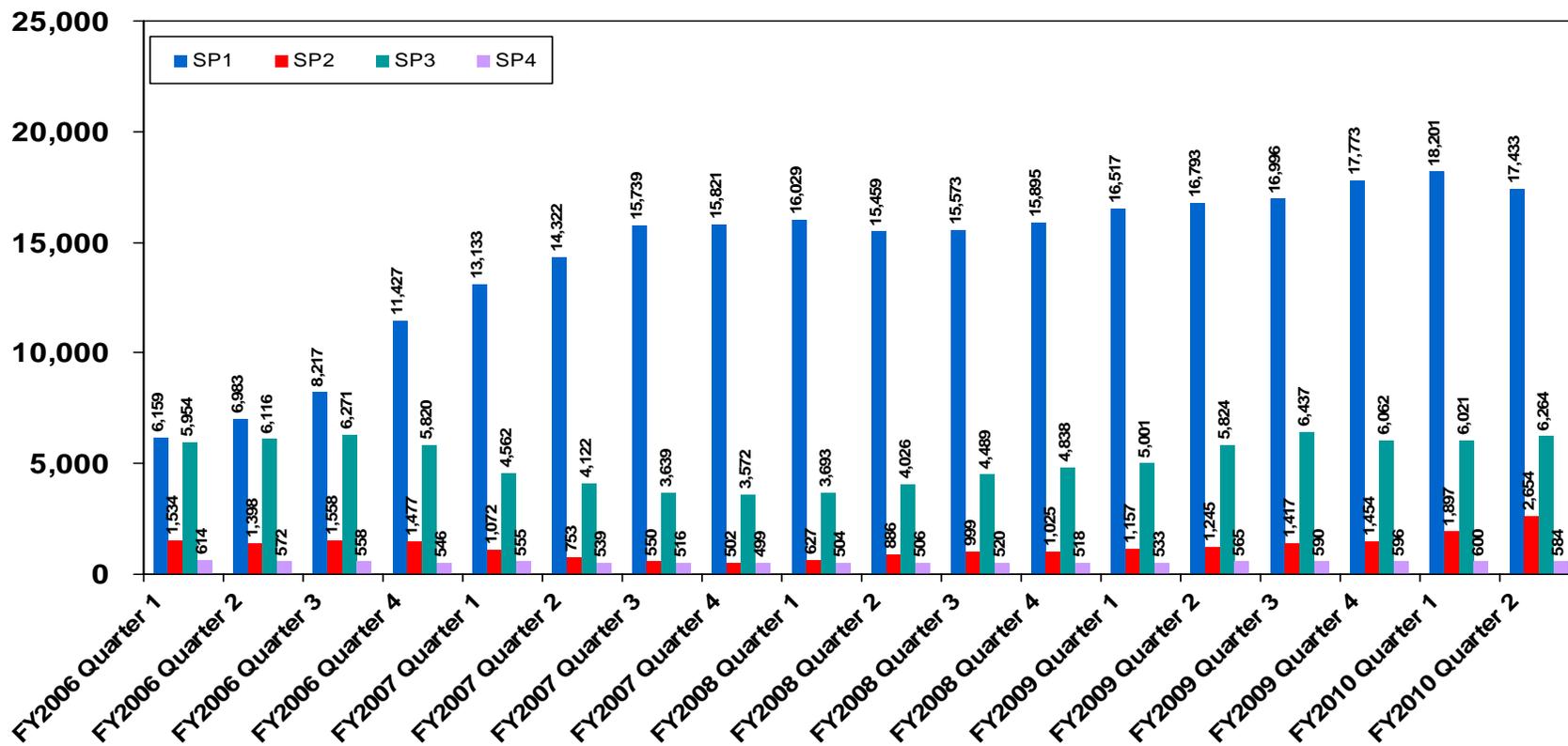
Figure 2.1. Average monthly Medicaid enrollment



Source: DSHS NorthSTAR Data Warehouse.

Note: NorthSTAR data has 90-day delay due to claims lag.

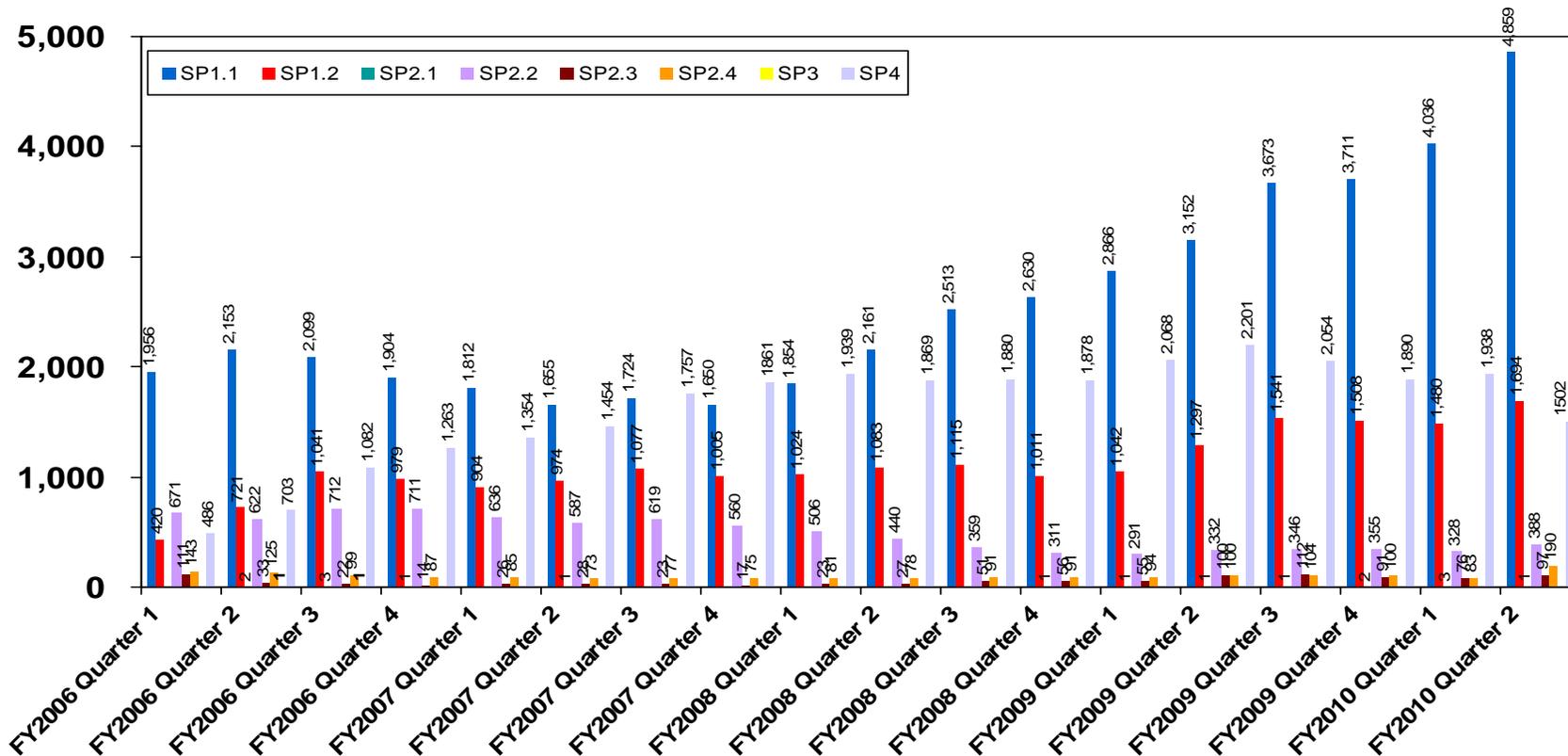
Figure 3.1. Unduplicated quarterly adult authorized Service Package (SP) trend



Source: DSHS NorthSTAR Data Warehouse.

Note: NorthSTAR data has 90-day delay due to claims lag.

Figure 3.2. Unduplicated quarterly child authorized Service Package (SP) Trend



Source: DSHS NorthSTAR Data Warehouse.

Note: NorthSTAR data has 90-day delay due to claims lag.