



TEXAS DEPARTMENT OF STATE HEALTH SERVICES

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To: Local Mental Health Authorities (LMHAs)
Executive Directors
Children's Mental Health Directors
Behavioral Health Directors
North Texas Behavioral Health Authority (NTBHA)

From: Trina Ita, Director 
Mental Health and Substance Abuse Division, Program Services Section II
Mary Sowder, Director 
Mental Health and Substance Abuse Division, Program Services Section I

Re: Policy Clarification: Billing Targeted Case Management (TCM) for Youth in Residential Treatment Centers (RTC)

Purpose

The purpose of this broadcast message is to provide policy clarification regarding the provision of Mental Health Targeted Case Management (TCM) to youth in a private residential treatment center (RTC).

DSHS will continue to seek policy clarification regarding TCM provided to children residing in Waco Center for Youth (WCY) and TCM provided to both children and adults in public or private Institution for Mental Disease (IMD).

Scope

This policy clarification applies to youth in private RTC placements, including youth admitted to RTCs through the Department of State Health Services (DSHS)/Department of Family and Protective Services (DFPS) RTC Project.

The policy clarification does not apply to TCM provided to both children and adults in an IMD or TCM provided in WCY.

Background/Summary

In accordance with the Medicaid State Plan TCM providers, including Local Mental Health Authorities (LMHA), are able to bill Medicaid for the service prior to the youth's discharge from a private RTC.

In accordance with the Texas Administrative Code Rule §412.414, a billable event is a face-to-face contact during which the case manager provides a TCM service to an individual who is

Medicaid eligible; or a Legally Authorized Representative (LAR) on behalf of a youth who is Medicaid eligible.

YES Waiver Considerations

In anticipation of discharge from a private RTC, the youth may be enrolled in Texas Resilience and Recovery (TRR) and receive TCM. Youth residing in private RTCs may be eligible to receive Youth Empowerment Services (YES) waiver program services upon discharge from the RTC and return to a home and community based setting.

Billing Guidelines

LMHAs, the traditional providers of TCM, can deliver and bill Medicaid for TCM to youth preparing to exit an RTC using place of service code 9 (other) and successfully bill Medicaid for these services.

For questions regarding the YES Waiver, please contact Jennifer Martinez at JenniferM.Martinez@dshs.state.tx.us or (512) 838-4358.

For questions regarding the DSHS/DFPS RTC Project, please contact Lillian Stengart at Lillian.Stengart@dshs.state.tx.us or (512) 838-4328.