



TEXAS DEPARTMENT OF STATE HEALTH SERVICES

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October 28, 2015

To: Local Mental Health Authorities (LMHAs)
Executive Directors
Children's Mental Health Directors
Behavioral Health Directors
Value Options
North Texas Behavioral Health Authority (NTBHA)
Home and Community Based – Adult Mental Health Providers (HCBS-AMH)

From: Trina Ita, Director 
Mental Health and Substance Abuse Division, Program Services Section II

Re: Person Centered Recovery Planning Training (PCRP)

Purpose

To clarify information provided on October 13, 2015 in Broadcast message #216 Person Centered Recovery. The University of Texas Health Science Center San Antonio (UTHSCSA) is the organization that the Texas Department of State Health Services (DSHS) has partnered with to coordinate and host Person Centered Recovery Planning Trainings. (UTHSCSA)

Overview

Home and Community Based Services-Adult Mental Health (HCBS-AMH) has partnered with University of Texas Health Science Center San Antonio (UTHSCSA) to coordinate and host Person-Centered Recovery Planning (PCRP) trainings. These trainings are particularly relevant for HCBS-AMH providers to meet training requirements and community mental health providers interested in learning about PCRP practices. Exposure to these trainings will build a basic foundation in PCRP practices, assist providers in adopting a person-centered approach to delivering services, and positively impact the quality of care adults and children receive.

UTHSCSA will host six in person trainings in FY16. Each in-person trainings will accommodate a maximum of 30 individuals. Training slots will be delegated in accordance with the following prioritization:

1. Current HCBS-AMH providers and those who have expressed interested in becoming HCBS-AMH providers through submission of an HCBS-AMH open enrollment application, as PCRP is a training requirement of the HCBS-AMH program;
2. Providers interested in learning more about PCRP, but have not applied to become an HCBS-AMH provider. Due to the high demand for these trainings, only one representative from each provider in this category will be registered on a first come first serve basis until the training is full.

HCBS-AMH Program and PCRP

The HCBS-AMH program is designed to provide home and community-based services to adults 18 years of age or older that have a diagnosis of a serious mental illness, and have spent 3 out of the past 5 years, cumulatively or consecutively, in a psychiatric inpatient facility. The HCBS-AMH program provides an array of services, appropriate to each individual's needs, to enable individuals to live and experience successful tenure in his or her community.

Each HCBS-AMH participant will choose a recovery manager (RM) to coordinate and collaborate needed services. The RM will utilize PCRP to develop the individual recovery plan. PCRP is a centerpiece of the HCBS-AMH program and is a collaborative approach in which the individual leads their recovery planning process and works in partnership with providers and natural supports to develop a recovery oriented plan of care.

PCR Training Dates and Prerequisites

The Centralized Training Infrastructure for Evidence-based Practices (CTI-EBP) through UTHSCSA will coordinate registration for these trainings. DSHS recently confirmed the date of the first training to ensure Dr. Janis Tandora could be present for the first PCR training. The first training date is listed below and additional training dates will be posted on the CTI-EBP as these dates become available.

Registration: www.centralizedtraining.com

Dates: November 12th and 13th, 2015

Location: The Hogg Foundation
3001 Lake Austin Boulevard.
Austin, TX 78703

Prerequisites: All participants must complete the following two PCR online modules available through the PCR section of the CTI-EBP at <https://tango.uthscsa.edu/cttesting/>. (2.5 hours of Continuing Education Credits provided):

- Module 1: "Introduction to Recovery and Recovery-Oriented Practices"
 - Provides an introduction to recovery and an overview of recovery-oriented practices
- Module 2: "Introduction to Peer Support"
 - Defines peer support and examines the role peer supporters have played in the recovery movement

For questions or to request further information regarding HCBS-AMH or PCR training, please contact Kristin Shilson at Kristin.Shilson@dshs.state.tx.us.