



## TEXAS DEPARTMENT OF STATE HEALTH SERVICES

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***Broadcast MSG BHP #95***

March 21, 2013

To: State Hospitals

From: Ross Robinson, Director  
Community Mental Health and Substance Abuse Division, Program Services

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Re: Clarification of CBT Broadcast Distributed March 10<sup>th</sup>, 2013

### **Summary**

This is a follow up correspondence to clarify Broadcast MSG BHP #92 dated March 10<sup>th</sup>, 2013 regarding Cognitive Behavioral Therapy (CBT) competency requirements.

The competency requirements for CBT are for Local Mental Health Authorities (LMHA), their contracted providers and NorthSTAR. The state hospitals are not required to comply with the specific parameters as set forth in the competency policy that was attached to the aforementioned broadcast message.

Should you require additional clarification, please contact Trina Ita at [Trina.Ita@dshs.state.tx.us](mailto:Trina.Ita@dshs.state.tx.us) or 512.206.5081.