



TEXAS DEPARTMENT OF STATE HEALTH SERVICES

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August 28, 2013

To: Executive Director
Behavioral Health Directors
Information Technology Directors
Local Mental Health Authorities (LMHAs)
NorthSTAR Specialty Provider Networks (SPNs)
ValueOptions

From: Thomas Best, Deputy Assistant Commissioner, Mental Health and Substance Abuse

Re: Transitioning to Texas Resilience and Recovery, Uniform Assessment, and Reporting to Clinical Management for Behavioral Health Services (CMBHS)

The Department of State Health Services (DSHS) is on schedule to transition to Texas Resilience and Recovery, to implement an updated Uniform Assessment, and for providers to submit data to CMBHS.

All dates below refer to Calendar Year 2013.

Beginning September 1st:

- Local Mental Health Authorities and the NorthSTAR Specialty Provider Network should begin using the levels of care contained in the Texas Resilience and Recovery Utilization Management Guidelines. Questions should be directed to trr@dshs.state.tx.us.
- All new assessments, including Intake and Update Assessments, must be conducted using the updated Uniform Assessment that includes the Adult Needs and Strengths Assessment (ANSA) for adults 18 and over and the Child and Adolescent Needs and Strengths (CANS) assessment for children and youth aged 17 and younger. All clinicians administering CANS or ANSA assessments must be certified. DSHS has made available web-based training for staff at LMHAs and the SPNs to obtain certification. Clinicians who have not been CANS/ANSA certified should contact their clinical director for further instructions. Clinicians at NorthSTAR providers may also contact ValueOptions.

County of residence synchronization will be delayed:

- CARE County of Residence-CMBHS will be out of sync with CARE when a non-NorthSTAR client moves to a different county and the address change is done in CARE online. CARE will be out of sync with CMBHS when a non-NorthSTAR client moves to a

different county and the address change is done in CMBHS online. Until DSHS releases a patch, authorized providers should make county of residence changes in CARE.

August 31st is the last date for Texas Recommended Assessment Guidelines (TRAG)-based uniform assessments.

All TRAG-based uniform assessments and all corrections to TRAG-based assessments must be **entered into or received** (if batched) by CARE **no later than 6:00pm, September 6th**. Uniform assessments received by CARE **after 6:00pm, September 6th will not** be processed.

All LMHAs must begin using the CANS or ANSA on September 1st. Beginning September 3rd, LMHAs that have **not** modified their local information systems to include the new uniform assessments may enter the data into CMBHS to determine a recommended level of care (data will NOT be saved in CMBHS, but a completed assessment may be printed). Assessment data must be reentered and saved in the CMBHS web interface between September 9th and 23rd.

LMHAs using local systems that **have been modified** to include the CANS and ANSA may use their local system to estimate a level of care and either batch data to CMBHS beginning September 2nd (it will be held and processed beginning September 9th, in date order received) or enter data manually into CMBHS' web interface **beginning September 9th**.

All NorthSTAR SPNs must begin using the CANS or ANSA on September 1st. From September 3rd through September 8th, SPNs using the CMBHS web interface may enter client profiles, diagnosis, financial eligibility, and financial eligibility attachments. CANS or ANSA assessments data should be entered into CMBHS to determine a recommended level of care (data will not be saved in CMBHS, but a copy of the completed assessment may be printed). CANS or ANSA data must be reentered and saved in the CMBHS web interface between September 9th and 23rd.

From September 2nd through September 8th, SPNs that are batching data may batch client profiles, diagnosis, financial eligibility, and financial eligibility attachments for processing. CANS and ANSA assessment data may be batched but will not be processed by CMBHS until September 9th. CANS and ANSA assessment data may be entered into the local system and a recommended level of care calculated. Beginning September 9th, client profiles, diagnosis, financial eligibility, financial eligibility attachments, and assessments may be batched and will be processed by CMBHS.

For all providers, all assessments conducted between September 1st and 8th must be submitted in "closed complete" status no later than September 23rd.

Questions about data exchange should be directed to cmbhs.dataexchange@dshs.state.tx.us.

For CMBHS navigation training or for other help on CMBHS, please contact the CMBHS helpline at 1-866-806-7806.