TEXAS DEPARTMENT OF STATE HEALTH SERVICES

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COMMISSIONER

Broadcast Message #114

August 26, 2013

To: Executive Directors, Behavioral Health Directors, and Utilization Managers
Local Mental Health Authorities (LMHAs)
North Texas Behavioral Health Authority (NTBHA) and Value Options

From: Ross Robinson, Section Director
Community Mental Health and Substance Abuse Division, Program Services

Re: Illness Management and Recovery Technical Assistance Calls

In September 2013, the Department of State Health Services (DSHS) will initiate technical assistance calls to provide Local Mental Health Authorities (LMHAs) with guidance and support in the implementation of Illness Management and Recovery (IMR), an evidence-based psychosocial rehabilitation practice.

Background

In an effort to support evidence-based practices, DSHS offered four statewide live trainings in IMR during Fiscal Year (FY) 2013. Additionally, since July 2013, DSHS has made available an online certification course in IMR. Training in IMR was required in the FY 2013 contract. However, certification is not mandatory at this time. More information about IMR is available at the Substance Abuse and Mental Health Services Administration (SAMHSA) website: http://store.samhsa.gov/product/Illness-Management-and-Recovery-Evidence-Based-Practices-EBP-KIT/SMA09-4463

Next Steps

As centers continue to implement what they learned from their IMR training, DSHS will support these efforts with monthly technical assistance calls. A significant component of the Technical Assistance Calls will be quarterly supervision from IMR expert Harry Cunningham, MSW.

Potential Dates for Support Call

Please choose from the possible dates and times:

- Monthly – Every fourth Wednesday of the Month from 1-2 pm (central time)
- Monthly – Every third Wednesday of the Month from 1-2 pm (central time)
- Monthly – Every second Friday of the Month from 1-2 pm (central time)

DSHS looks forward to offering support and guidance as we begin these Technical assistance calls. Please respond with your input regarding the dates and times listed above along with any general questions to Robert.Dole@dshs.state.tx.us or 512/206-5016 by September 16, 2013.