



## TEXAS DEPARTMENT OF STATE HEALTH SERVICES

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**TO:** Executive Directors, Behavioral Health Directors, and Utilization Managers  
Local Mental Health Authorities (LMHAs)  
North Texas Behavioral Health Authority (NTBHA) and Value Options

**FROM:** Ross Robinson, Section Director *RW*  
Community Mental Health and Substance Abuse Division, Program Services

**RE:** Texas Resilience and Recovery Utilization Management Guidelines  
Adult Mental Health Services  
Children's Mental Health Services

The Department of State Health Services has released the Fiscal Year 2014 Texas Resilience and Recovery (TRR) Utilization Management Guidelines for Adult Mental Health Services and Children's Mental Health Services.

Effective September 1, 2013, all contractors will follow the guidelines outlined in the FY2014 TRR Utilization Management Guidelines.

Please review the attached guidelines and provide them to salient staff at your center. The UM Guidelines are posted on the DSHS website: <http://www.dshs.state.tx.us/mhsa/trr/um/>.

Please direct any questions or comments for Adult Utilization Management Guidelines to Robert Dole, LCSW at [Robert.Dole@dshs.state.tx.us](mailto:Robert.Dole@dshs.state.tx.us) or Carmen Bliss, LMSW at [Carmen.Bliss@dshs.state.tx.us](mailto:Carmen.Bliss@dshs.state.tx.us) for Children's Utilization Management Guidelines questions.