



## TEXAS DEPARTMENT OF STATE HEALTH SERVICES

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**TO:** Executive Directors, Local Mental Health Authorities  
Executive Director, Texas Council of Community MHMR Centers  
Chief Executive Officer, North Texas Behavioral Health Authority  
Chief Executive Officer, ValueOptions of Texas, Inc.

**FROM:** Trina Ita, Director   
Mary Sowder, Director   
Department of State Health Services, Mental Health and Substance Abuse  
Division, Program Services Sections

Sonja Gaines, MBA, Associate Commissioner  
Health and Human Services Commission, Office of Mental Health Coordination

**SUBJECT:** Request to Add Resource to your Organizations Website

The Health and Human Services Commission (HHSC) Office of Mental Health Coordination has developed a Texas Mental Health website with the goal of providing information, resources, and direction to Texas residents who may have mental health or substance use related needs or who want to support someone who does. The website includes helpful information such as a treatment locator, helpful mobile applications, a behavioral health activities calendar, and important numbers to connect Texans with immediate help including 2-1-1 and The Veterans Crisis Line. In addition, the website includes useful tools and information about the following:

- Mental Health Services
- Substance Use
- Veterans Resources
- Education and Support
- Children and Families
- Speak Your Mind Texas

The Department of State Health Services in collaboration with the Office of Mental Health Coordination is requesting that all Local Mental Health Authorities (LMHA), North Texas Behavioral Health Authority, ValueOptions and associated Specialty Provider Networks place the following link: <http://mentalhealthtx.org/> as a resource on their websites.

Additionally, we encourage you to utilize the website as a resource through your call centers and eligibility process as there may be instances when there are individuals seeking assistance who may not be eligible for services within an LMHA or Specialty Provider Network (SPN). It is

recommended that this website also be used as a resource to augment any other referrals the LMHA or SPN might provide in those circumstances. In doing so, it is hoped that the resources and information offered through the website facilitate early intervention and access to care and supports. We would also encourage service providers to continue to provide updated information to the treatment locator site and/or for new providers to provide their contact information to that site so that it may be used as a viable tool for those accessing services. For service locator updates, please email: [locator@smdi.com](mailto:locator@smdi.com).

If you have any questions please contact Kathleen Hubbard at 512-206-5334 or [kathleen.hubbard@dshs.state.tx.us](mailto:kathleen.hubbard@dshs.state.tx.us).