

The State of the State TEXAS FACTS

preventing traumatic brain injury

THE SCOPE OF INJURY

- > An estimated 1.7 million people sustain a traumatic brain injury (TBI) each year in the United States, of whom 52,000 die.
- > TBI is a contributing factor to a third (30.5%) of all injury-related deaths in the United States.
- > In 2007, 4,165 people died as a result of a TBI in Texas. More than 16,000 were hospitalized.
- > In Texas, the 2007 rate of hospitalization for TBI was greatest for those older than 75 years and for those less than 1 year of age, of whom the primary cause was fall. The second leading cause was motor vehicle collision, of which rates were highest for those 18-44 years of age.
- > In 2007, males were more than 3 times as likely to die and nearly 1.5 times as likely to be hospitalized from a TBI than females.



RESOURCES AVAILABLE

Brain Injury Association of America (BIA)
<http://www.biausa.org/>

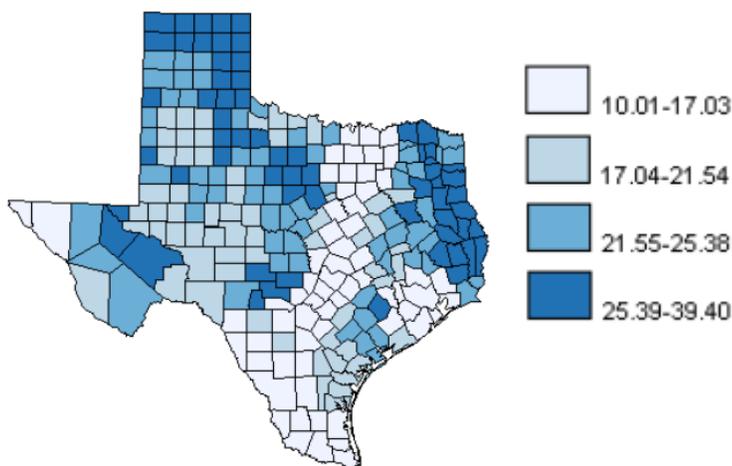
Brain Trauma Foundation (BTF)
<http://www.braintrauma.org/>

Texas Health and Human Services Commission - Office of Acquired Brain Injury
http://www.hhsc.state.tx.us/hhsc_projects/abj/index.shtml

FACT FACT

Because complications due to TBI are often not readily apparent, traumatic brain injury is often referred to as the "silent epidemic."

2000-2006, Texas
Smoothed Death Rates per 100,000 Population
Traumatic Brain Injury, All Intents, All Races, All Ethnicities, Both Sexes, All Ages
Annualized Crude Rate for Texas: 16.53



Reports for All Ages include those of unknown age.
* Rates based on 20 or fewer deaths may be unstable. These rates are suppressed for counties (see legend above); such rates in the title have an asterisk.
Rates appearing in this map have been geospatially smoothed.

Produced by: Office of Statistics & Programming, National Center for Injury Prevention & Control, CDC
Data Sources: NCHS National Vital Statistics System for numbers of deaths; US Census Bureau for population estimates.



Contact CDC
Centers for Disease Control and Prevention
National Center for Injury Prevention and Control
(NCIPC)
1-800-CDC-INFO (232-4636)
TTY: 1-888-232-6348
www.cdc.gov/Injury



Contact TEXAS DEPARTMENT OF STATE
HEALTH SERVICES
Environmental and Injury Epidemiology
and Toxicology Unit
(512) 458-7111
FAX: (512) 458-7666
www.dshs.state.tx.us/injury

WHAT CAN YOU DO?

To help prevent traumatic brain injury:

- Always wear a seatbelt when you are an occupant of a vehicle
- Use an appropriate child safety seat
- Never drive under the influence of drugs or alcohol
- Wear a helmet when participating in contact sports
- Provide adequate lighting near stairs for people with difficulty walking or poor vision
- Keep walking pathways clear of obstacles