



Department of
State Health Services

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Back Safety: Exercise and Ergonomics 15 min.

They say you never notice the parts of your body until they hurt. This video stresses the importance of back safety training and discusses not only the risks involved in everyday body movement, but also the ways to prevent those risks from turning into debilitating back injuries. This back safety video presentation stresses a proactive approach including proper health through exercise and ergonomics safety. Information is offered on how to properly move through each day without adding undue strain and stress on the body. Viewers will be shown a range of basic stretching techniques as well as other methods and tips for safe lifting and healthy movement. Things such as a safety squat, ergonomic lifting, back injury prevention, stretching techniques and general OSHA lifting training are all covered in detail.

Back Safety for the Contractor: Stretch and Flex 13 min.

This excellent back safety training video focuses on the concerns of the contractor. Major topics covered include lifting safety around the jobsite as well as general construction back safety rules in dealing with different job situations and equipment. A truly unique and fantastic back training video.

Back Safety: Proper Lifting Procedures 16 min.

Back injuries frequently occur in the workplace during lifting. The tips and techniques provided in this video will offer alternatives to lifting or carrying and will show the benefits of using helpful tools like dollies and carts to prevent back injuries. Viewers will learn the necessary step-by-step safety procedures to prepare the body for safe lifting as well as instruction on how to properly lift under any circumstance.

Backhoe Operator's Safety and Responsibility 7 min.

Backhoe operators are skilled professionals who need skilled training to perform their job safely. This backhoe training video gives backhoe operators the basics on how to safely operate and maintain their backhoe on a daily basis. Video includes instruction on pre-trip inspections and maintenance checks. Viewers will be shown how to maintain control and avoid damage during loading, digging, refueling as well as during times when the backhoe is parked and not in use. Backhoe safety is the name of the game.

Backing Up Procedures for School Bus Drivers 20 min.

Understanding how to safely and effectively back up a school bus is one of the most important things a bus driver must learn. In this video, backing procedures for a number of backing techniques will be shown in a step-by-step format. An essential for any school bus driver.

The Basics of Working with Electricity 13 min.

This phenomenal electrical safety training video imparts the basics electrical safety knowledge through the use of three modules. The three sections of the video are: how electricity works, how your body reacts to electricity, and how to stay safe around electricity. By using many different charts and graphs and filming in multiple locations, this is a safety video that is applicable to anyone, anywhere.

Bed Bugs: Identify, Remove and Prevent 9 min.

Nobody wants to wake up with bug bites on their arms or to find their sheets riddled with dead bugs. This video attempts to train the viewer on the reality of bed bugs and how to prevent them. It covers daily inspections, as well as more intense maintenance inspections. Geared towards both housekeeping and maintenance staff, this video is a must have for any hotel.

Bloodborne Pathogens Training 21 min.

Due to the seriousness of diseases transmitted through the blood, bloodborne pathogen exposure awareness and safety training is an acute topic that is required by bloodborne pathogens OSHA training. This bloodborne pathogens video covers the various diseases that can spread and the different fluids that can spread them. It covers proper personal protective equipment training for contact with such fluids as well as a recent update from OSHA that is necessary for each employee to know about.

Box Cutter Safety 8 min.

One of the most commonly used and least often safely used tools is the box cutter. This utility knife safety training video aims to make safe use of box cutters the norm, rather than the exception through many visual examples of safe usage. Whether it is knife safety, razor blade safety, or box cutter safety that you are after, the knife safety tips on this box cutter safety training video will surely emphasize box cutter safety in the workplace.

Bus Persons: Safety and Responsibility 9 min.

In 9.5 minutes this restaurant video covers 16 essential safety concerns unique to restaurant training, and more narrowly, unique to a bus person. Topics covered include: kitchen safety, waiter training, food safety and hygiene, hostess training, dishwasher safety, teamwork, maintaining a clean uniform, cuts, burns, chemicals, MSDS, PPE, slips, trips, falls, safety awareness, spill prevention, spill clean-up, lifting safety, back safety, pushing and not pulling wheeled equipment, and of course, busboy safety. This kitchen safety video doesn't skirt over the information either, it addresses the context and issues pertinent to each subject.

Carbon Monoxide: Safety and Awareness 10 min.

This film is 'THE' film to watch regarding carbon monoxide. It identifies potential hazards, safe practices, and the symptoms and levels for CO poisoning.

Cause and Effect of Slips, Trips and Falls 11 min.

Slips trips and falls account for 20% of all workers compensation claims. Imagine being able to say that you single-handedly cut the workers compensation budget by 20%, it would be nice wouldn't it? This fall safety training video states that 100% of all slip trip and fall accidents are preventable and are the result of safety rules and guidelines being ignored. This film covers slip trip fall safety as well as ladder safety and good housekeeping safety. Even 20% of your forklift accidents are due to the operator falling when they are getting on or off the industrial truck.

Chainsaw Safety 13 min.

Public works and other occupations often use chain saws in tree trimming, landscaping maintenance, brush control, and home use. There are many risks involved requiring proper instructions on safe procedures. Includes instruction on how to use the proper daily safety precautions during use of cut off saws on the job. Covers use of proper PPE and machine guarding. Outlines safety procedure from pre-use inspection all the way to shutdown. Gives viewers the information they need to know for each operator to remain responsible for their own safety by following safe operating practices.

Chemicals, Supplies and Equipment: Safety for Custodial Services and Maintenance Personnel 12 min.

Conforms to the OSHA requirements for custodial and maintenance staff for MSDS training, accident prevention, chemical safety and labeling, and electrical safety. It is a quick informative video that talks at the level of the viewer and provides safety information for most custodial procedures.

The Consequences of Driving Under the Influence? 10 min.

Ever wondered what really goes on in a police sobriety check? This video shows a cop going through the different field sobriety checks with a man suspected of being under the influence. Also it shows the consequences of driving drunk, both in your personal and professional life.

Cop Talk: The Do's and Don'ts of a Car Stop 20 min.

You know that sinking feeling that you get when you see blue and red lights flashing in your rear view mirror? Well, cops feel the same way when pulling you over. This traffic stop video explains the do's and don'ts of car stops so that the ticketing situation is as painless and safe as possible for all of those involved. Whether dealing with an unmarked police car, going to traffic court, or being pulled over in an area with no shoulder, this video aims to end the mystery and teach the viewer what cops are expecting during a traffic stop.

Defensive Driving: I Could See It Coming 14 min.

After automobile accidents, phrases like “I didn’t see them coming” or, “they came out of nowhere” are common. This defensive driving video can provide driving education on how to correct a range of common driving mistakes, as well as teaches drivers the importance of awareness on the road. It covers such topics as: safety cushions, inclement weather, visual road scanning, stopping distance, pre-trip inspections, avoiding distracted driving, and much more. A must have for any manager whose employees are on the road, and a must see for any driver.

Defensive Driving Skills for School Bus Drivers 20 min.

School bus drivers must understand and know how to assess many conditions for safety and then drive safely in them. This program will teach drivers how to assess a variety of weather and road conditions for safety as well as how to achieve safety while sharing the road with other vehicles.

Defensive Driving: When Good Weather Goes Bad 16 min.

Inclement weather can have a dramatic effect on driving conditions. This presentation provides an overview of the various dangers that driving in bad weather poses when the weather changes suddenly. Viewers will be shown how to handle their vehicles in winter ice, bright sun, winds, snow, rain and will also see an overview of the general safety measures drivers must abide by such as vehicle braking distance or truck stopping distance. Each weather condition and risk is coupled with safety tips and methods to prevent unsafe incidents and is available for defensive driving online training.

Demolition Safety 12 min.

This presentation gives an overview of the demolition process and outlines many of the safety measures that contribute to public and employee safety during demolition. Material touches on a number of areas including stairways, ladders, crane safety and fall protection. Emphasizes that safety is the mission and all involved in the process must take responsibility for their own safety and protect nearby structures.

Diet and Disease: How to Maintain Good Health 11 min.

Healthy employees show up to work more often and get more work done than unhealthy ones. This health safety training video teaches employees about the world of healthy living. The online health and safety program covers many eating topics as well as common behaviors to avoid.

Disaster Preparedness: Hurricanes, Tornadoes and Floods 15 min.

Regardless of WHERE you live, there is a potential for a disaster situation. This film covers emergency and evacuation procedures for the three most common catastrophes in the United States. In addition, it reviews emergency preparedness procedures that are common to all three circumstances, as well as many other extreme conditions.

Dishwasher Persons: Safety and Responsibility 10 min.

In 9.5 minutes this restaurant video covers 16 essential safety concerns unique to restaurant training, and more narrowly, to those of a dishwasher. Topics covered include: kitchen safety, waiter training, food safety and hygiene, hostess training, dishwasher safety, teamwork, maintaining a clean uniform, teamwork, slips, trips, falls, PPE, cuts, burns, chemicals, how to read a chemical label, MSDS, electrical safety, electrical cords and plugs, back safety, lifting safety, and bus tub limits. This kitchen safety video doesn’t skirt over the information either, it addresses the context and issues pertinent to each subject.

Distracted Driving: Real Accidents, Real Stories 16 min.

We will follow the personal stories of workers and their families whose lives have been affected by distracted driving accident. Each story is unique, yet the common thread is the far-reaching impact of becoming distracted for even one second on the road. The distractions discussed include cell phones, paperwork and on-board computers, among others. Each story becomes a teaching scenario WHERE viewers will learn through distracted drivers training, the actions that could have prevented each incident. These realistic situations have a strong impact and make the lessons in this driving safety course easy for viewers to identify with and learn from.

Distracted Driving: Real Accidents, Real Stories II 15 min.

Currently, 20% of all crashes are related to distracted driving. In this powerful production, gut wrenching and life changing testimonials are illustrated to the audience. Covered in this film are how conversations can become a distraction to the driver and create a moment of inattention. Also included are two tragic stories of people and their families whose lives were impacted with fatalities due to the driver using a cell phone and the other using a navigation system while

driving. Information is presented throughout the program to teach the professional driver how to choose alternative behaviors to avoid becoming a part of this growing statistic.

Driving a School Bus in the Fog, Wind and Rain 24 min.

Fog, wind and rain can pose serious dangers to school bus drivers who are unprepared for driving in these conditions. In this video, bus drivers will be given helpful hints and innovative techniques that can be used while driving in extreme weather conditions. The video is arranged in five sections focused on things like proper vehicle maintenance, additional safety issues that the driver faces in harsh weather conditions.

Driving Distractions of the Everyday Driver 18 min.

In this driving safety training video, viewers will become familiar with common driver distractions like cell phone driving, from creating unsafe situations on the road, and how to prevent them from affecting their safe driving practices. Topics covered include: safe and effective use of comfort controls, GPS technology and cell phones, as well as how to handle additional unexpected distractions inside and outside of the vehicle.

Driving Distractions of the Professional Driver 15 min.

This distracted driving training video will help to improve safety among those who drive your fleet. In this presentation on how professional drivers can prepare for safe driving, drivers will learn how to refine their driving skills while on the road. The material covered in this driving safety training video displays the host of possible distractions professional drivers face and how to avoid them. Safety practices like pre-trip planning, knowing how to handle unexpected inclement weather and handling everyday driving hazards on the job are just a few of the practices covered.

Driving Safely in the Hazards of Winter 12 min.

Driving conditions in the winter months can be full of treacherous hazards including, winter ice, poor visibility, strong winds, snow, rain, and more. This safe driving video discusses each weather condition and the risks involved with driving in each. Important snow driving tips are also given. Viewers will learn how to prevent unsafe incidents, starting with awareness, and how to generally stay safe behind the wheel despite the imminent dangers that every driver must face in the cold months.

Driving Safely in Winter Conditions 18 min.

This quality driver's education video depicts winter driving hazards with footage in real winter conditions in all climates. This safe driving video instructs the viewer how to recognize hazards and avoid auto accidents. This driving training video also covers driving safely in all types of inclement weather, including: winter ice, sleet, snow, rain, wind, sun glare, and even special tips to navigate roads after the first rain of the season.

Driving Safely: Reason on the Road 15 min.

This video utilizes the S.A.F.E. system to emphasize defensive driving safety. It shows drivers the importance of alertness and time for the proper planning and execution of their driving maneuvers. It also outlines how distracted driving and bad weather driving can make planning and safety more challenging. This safety driving video also warns the viewer against texting while driving, eating while driving, and covers road rage online. A fast-paced, engaging ride -- this film is a great fit for any driver.

Drowsy Driving: It's Your Wake Up Call 20 min.

This incredibly loaded program is filled with important information for the professional drivers who travels both short and long distances as a part of their workday. While addressing the 100,000+ crashes that occur each year from drowsy driving, the viewer will be taught on how to effectively identify and manage driver fatigue. Also covered in the film are; lack of sleep, stress, diet, medications, micro naps, night driving and grave yard shifts and the sleepy feeling when returning to the work after lunch.

Drug Free Workplace: Employee Edition 35 min.

In this EAP video ex-substance abusers and their co-workers share their story on creating and maintaining a drug free workplace program. This EAP online / EAP training video will help to establish drug free workplace training as a major part of your company's overall EAP program.

Drug Free Workplace: Supervisor's Edition 33 min.

This EAP online / EAP training video covers a supervisor's view and responsibility in identifying, creating and enforcing a drug free workplace program. This video has become a standard in the realm of employee assistance programs.

A DUI Story...What If? 28 min.

The National Highway Safety Organizations alcohol accident statistics show that 30% of weekday automobile accidents and 51% of weekend accidents are alcohol related. This presentation shows us just how dramatically a DUI affects the lives of family members and friends, the physical effects of alcohol consumption, and how easy it is for a few drinks to turn into life-altering devastation once a person gets behind the wheel.

Earthquake Preparedness and Safety 12 min.

Surprisingly enough an earthquake can occur in many places besides California, that coupled with the fact that earthquakes occur without warning make earthquake preparedness an important part of any emergency plan. The video teaches what to expect during an earthquake, how to react during an earthquake, and what to do following an earthquake, such as meeting in the assigned assembly area and expecting aftershocks.

Effective Communication between Management and Employees 21 min.

Communication is essential for a company to run smoothly and efficiently. Both management and labor need to be able to express what they mean, and to get their needs across to the other. A common management deficiency is not recognizing the need to communicate which could be solved by commonly sharing the company news with employees. These are the types of situations addressed and corrected in this excellent video.

An Effective Safety Committee 18 min.

This excellent safety training video details the in's and out's of safety committee membership. Topics covered include what a safety committee structure is, its purpose and objectives, safety committee guidelines, safety committee responsibilities, safety committee mission statements, how to construct a safety committee charter, safety committee topics of discussion, and each members responsibility within the group. Through accident history review and keeping an open mind to solutions to safety issues, the Safety Improvement Process is a great template to tackle any problem.

Electrical Safety Basics 10 min.

Electrical accidents account for thousands of workplace fatalities each year! This electrical safety video is designed as a basic overview for employees not accustomed to electrical work or given in-depth electrical training. It covers voltages, circuit breakers, power tool safety, as well as explaining how electricity works and the importance of a 'ground'.

Electrical Safety for the Construction Worker 28 min.

First off, this construction oriented electrical safety training video covers just about anything that you can think of related to electrical safety on a jobsite, but for comprehensiveness sake everything in the life of an electron is covered. The electrical safety video starts out with talk of how the electricity is generated and talks of how it is transferred to the public. Topics such as electrical injuries, calling ahead before digging, power lines (both overhead and underground), confined spaces, lockout tagout, hot work safety, electrocution safety, approach boundaries, temporary wiring, GCFI's, AEGCP, electrical cords and power tools. Like stated earlier, most topics are covered.

Emergency Evacuation: Plan, Process and Procedures 12 min.

Setting up an emergency evacuation plan is an important job, as is putting the plan into practice. This video looks to instruct all who watch it as to the importance of these seldom use, but valuable tasks. Also covered is setting an assembly area, what to do during an emergency, and types of situations that warrant emergency preparedness.

Emergency First Aid 19 min.

Wouldn't you like each of your employees to have some base knowledge to be able to help those going through a medical emergency? In this short, 19 minute first aid training video many of the most common emergency situations are covered, coupled with how to properly attend to the injured person in each situation. Cardio Pulmonary Resuscitation, the Heimlich maneuver, properly placing and maintaining a tourniquet, and much more are taught thoroughly throughout this first aid online program.

Emergency Preparedness: A Supervisor's Role 32 min.

Using the methods in this DVD, supervisors will learn how to prepare their employees for sudden disasters including earthquakes, flooding, hurricanes, poor weather conditions, chemical spills, vapor exposure, workplace violence, arson

and employee sabotage -- whether these occur under natural, accidental, or intentional circumstances. The presentation provides supervisors with the knowledge and tools necessary to ensure that each employee is accounted for and knows how to evacuate safely. This training will educate on taking the safe actions necessary to put a business back in operation as quickly as possible after any emergency.

Emergency Preparedness: An Employee's Responsibility 22 min.

This presentation teaches employees how to take responsibility for their own safety in emergency situations WHERE weather conditions, natural disasters, employee violence, arson, robberies and even terrorism occur at work. The program shows that these harsh realities do happen and stresses the importance of individual responsibility, communication, awareness and taking the proper actions for each given situation. These guidelines will enhance confidence in employees and prepare them for nearly any emergency situation they may face in the workplace.

Emergency Preparedness: The Chemical and Biological Threat 18 min.

The fact that we are at war with terror does not mean that we have no chance of being attacked in America. This video educates the viewer on the different kinds of biological and chemical attacks that could be used against us, as well as proper protection and awareness for each. A very interesting and informative video, this 20 min. film uses real photos and facts to get it's point across.

Ergonomics for the 21st Century 14 min.

When we usually come into a place of work we try and fit ourselves to our surroundings, even though this is backwards. Employees need to tailor their work-stations to themselves as much as possible to help cut down on developing a repetitive strain injury. This program covers workplace ergonomics in many environments, as well as teaches about carpal tunnel syndrome symptoms and desk stretches that can be done to help prevent it. This would be a great video for any employee to watch as its motto is 'fit the workstation to the person'.

Eye Protection 11 min.

Eye injuries are something that we would all want to avoid, so why do so many eye injuries occur? The answer: Not wearing the proper eye protection. It may be uncomfortable, or in some way irritate your vision, but having that vision at the end of the day should be job number one. This film gives many reasons as to why proper eye protection equipment is not worn, and attempts to make an impact in doing away with the apathy and complacency that many of us feel at work.

Fall Protection: Preparation, Application and Safety 19 min.

85% of on-the-job falls result in lost work time, and even a short fall can cause serious injury or even death. This fall protection program teaches what you need to know about fall protection safety when working from any height. The fall protection training is highlighted further by an overview of fall protection equipment such as harnesses, lanyards, and d-rings.

Fire Extinguishers: Ready to Respond 13 min.

What could be more boring than fire extinguisher training? Not this video! Every year fires in the workplace cause thousands of employee injuries. Fires also cause millions of dollars in damage to personal and company property. Use this upbeat video to teach your employees how to use the P.A.S.S. procedure and the right extinguisher for each kind of fire. The confidence of gaining the proper knowledge through this video can help the panic and confusion usually common to most fire emergencies.

First Aid Training for School Bus Drivers 26 min.

This program is a must for any school bus driver. Being prepared for any eventuality is one of the responsibilities of school bus drivers. This program will train bus drivers on the basics of first aid in a range of situations including those involving bleeding and shock, open injuries and wounds, safely moving victims, and recovery positions for both conscious and unconscious victims. Drivers will be shown how to protect themselves as they are helping the injured persons as well as how to create and follow an emergency action plan for their bus and students which includes knowing which authorities to call and what information they will need to give to the authorities.

Flammable Liquid Safety 9 min.

Working with flammable liquids is an everyday task for all of us (gasoline), but do we really know the dangers? This film looks to educate the viewer on the hazards of working with flammable liquids and the proper ways to handle and store them. It is a good video for all employees.

Fleet Shop Safety: Acid Batteries and Jump Starting 12 min.

Great training for anyone handling acid batteries. Program explains battery construction, personal safety, battery storage, and charging batteries. It also covers proper jump start procedures as well as many overlooked details such as putting a damp rag over the battery to be charged to reduce hydrogen leakage and explosion possibilities.

Food Service Sanitation and Hygiene Safety 10 min.

Remember that time at the fast food restaurant that you saw that guy wipe his nose with his hand and then immediately grab your food to bring it to you? Help your food service institution hold a higher standard through the use of this training video. Topics covered include: bacteria growth, insect and rodent control, food handling, temperature controls, sanitation training, and of course personal hygiene.

Forklift Safety: Real Accidents, Real Stories 12 min.

Throughout this forklift safety video, viewers will be introduced to the OSHA standard 1910.178, which governs powered industrial truck training, including forklift training -- the focus of this presentation. Viewers will hear thought-provoking stories of real forklift accidents and the far-reaching effects such incidents can have. In the midst of these stories, the video will discuss preventing injuries, accidents and property damage during the use of fork lift truck training, why this is necessary -- and most of all, how to stay safe and in compliance with the corresponding OSHA powered industrial truck operator training standard. After hearing the real stories presented, employees will see the impact of how ignoring general forklifts safety and awareness procedures as well as OSHA standards can be fatal. Employees will walk away with a sense of the importance of following the forklift training program.

Forklift Safety: The Triangle of Stability 10 min.

This forklift safety video educates forklift operators on how to safely maneuver their vehicles. It focuses on all aspects of forklift stability, including the stability triangle, working with different surfaces, carrying loads properly, proper braking techniques, preventing property damage, and how to move through any environment safely. General, easy-to-remember tips for safe everyday use of forklifts will also be offered in this lift truck safety training video. After watching this presentation, operators will know what to be aware of when they operate their forklift, and how to avoid dangers in their working environments.

Forklift Safety: What's Wrong with This Picture? 9 min.

In this humorous forklift training video the viewer is presented with scenes featuring a forklift in use and is asked to identify what the forklift operator was doing wrong. It actually can make you laugh, and makes good points to complacent workers. The information included in this forklift safety video is designed to meet OSHA standards for powered industrial truck training.

Good Housekeeping on the Jobsite 10 min.

In this video, we will follow a messy employee as he learns the importance of good housekeeping -- the hard way. We will see how quickly an everyday mess can create a number of risks. Various specific hazards of poor housekeeping will be outlined and followed by prevention techniques for each. Examples of topics include flammable storage, chemical safety, MSDS labeling, and chemical safety. Viewers will walk away with a sense of how important good housekeeping is for everyone in the workplace and how a little prevention goes a long way.

A Good Samaritan's Guide to First Aid 50 min.

Program meets Red Cross, American Heart Association and OSHA standards for Basic First Aid. Includes bleeding, animal bites, stings, shock, fainting, strokes, and other required topics. Each topic is separated by a stop sign, allowing you to stop the video and provide hands-on demonstrations or testing.

Hand Injury Prevention 12 min.

Hand injuries constitute 75% of industrial injuries that cause partial disability and 1/3 of workplace injuries. Every year there are 16 million hand injuries, and in fact every 32 sec. a hand injury occurs. Use this hand safety video to stamp out complacency and cut down on the rate of hand injuries at your place of work. Keep hand injury prevention at the forefront with the information on this hand video that contains insight to PPE training, ergonomics safety and general hand injury safety awareness.

Hazard Communication: It's Your Right to Know 22 min.

When working in the presence of hazardous substances, employees have the right to know what hazardous materials they are around and what their particular hazards are. This is usually accomplished through hazard communication training and MSDS training. A range of relevant hazard communication information is covered in this OSHA online training presentation including what your `right to know` is as an employee, an overview of the different categories of hazardous substances, all about the label hazardous materials need to display, proper hazardous chemical storage procedures, how to remain in compliance with OSHA hazard communication standard 29 CFR 1910.1200 and an excellent introduction to OSHA safety standards in approved labeling requirements, including: MSDS, NFPA and HMIS labeling formats.

Hazard Communication: Understanding the OSHA Standard 12 min.

This hazard communication film strives to educate the viewer on the `Right to Know` OSHA standard. The film explains the labeling system on hazardous chemicals and breaks down material safety data sheets for employees interacting with such chemicals. The film is applicable to many environments and even touches on the DOT requirements for hazcom as well as an excellent section on MSDS training.

Hazardous Materials: Spills and Cleanup 14 min.

Hazardous materials are a part of many work situations. They are found in many different types of facilities and on many job sites... from manufacturing and construction to retail and office environments. This brief, fast-paced video reviews spill hazards like explosions and ionizing radiation; explains the do's and don'ts of spill cleanup procedures; and discusses who is involved in spill cleanup and who to notify in the event of a spill.

Heat Stress: Real Accidents, Real Stories 15 min.

Viewers will learn while listening to a set of attention-grabbing personal accounts of incidents when safety was neglected in high temperature situations, both indoors and outdoors. Includes commentary on what workers need to know about heat stress symptoms and prevention. Viewers will gain an understanding of the many hazards of working in the heat, including dehydration, heat cramps, heat stroke vs. heat exhaustion and teaches how to potentially minimize these hazards through proper heat stress training.

Heat Stress: Staying Healthy, Working Safely 14 min.

Over 20% of heat stroke victims die regardless of their health or age. The information in this video provides general safety instruction to anyone who works in a hot environment, whether that environment is an indoor or outdoor area. This presentation covers the various types of heat stress, what their symptoms are, how the body operates in a hot environment, what workers can do to prevent heat stress from occurring and what measures to take if they recognize heat stress symptoms in themselves or a coworker.

High Speed Collisions: The Effects on the Brain 25 min.

This powerful driving safety video follows the story of Annette, an intelligent lab technician, and the car accident that changed her life. This driver's training video covers the effects of all types of auto collisions on the human brain; and how even a little damage to certain brain tissues can have lasting negative effects. This is a great and impactful film for any driver.

How to Safely Evacuate a School Bus 21 min.

A video that uses cognitive and dramatic techniques to demonstrate best evacuation practices. A re-enacted bus accident shows the students responsibilities when a driver is incapacitated. Drills for all door types are covered: rear, side and split.

Hydrogen Sulfide Safety Training 18 min.

Hydrogen Sulfide, or H₂S, can be found in many different environments, from petroleum sites, to the city streets. Use this informative video to figure out what hydrogen sulfide is, who is at the greatest risk of illness by inhalation, WHERE it can be found, why it can be deadly, and how to protect yourself when exposed to higher levels of the gas. Also covered is respirator safety, contingency plans for overexposure at a site, and SO₂, or sulfur dioxide.

Hypothermia Prevention 13 min.

Surprisingly, hypothermia can develop in almost any environment. Hypothermia is a fall in body temp to below 95 degrees and is even possible if too much time is spent in 80 degree water. This video looks to dispel the myths and inform the viewer about how hypothermia and frostbite can develop and how to care for an afflicted individual through some excellent winter safety tips.

Ignorance, Harassment or Etiquette: A Beautiful Office 21 min.

Beware! This over the top comedy is designed to reach Gen-X'ers on sensitive topics.

Intervention Strategies for School Bus Drivers 20 min.

Bus drivers relate to this video that emphasizes behavior modification techniques that can be easily implemented. Highlights include making students accountable and communicating with parents, plus: how to modify students' behavior; use of positive reinforcement; effective verbal intervention strategies.

Job Safety and Worker Orientation 13 min.

This video has it all! In 13 short minutes it covers basic new employee orientation training on housekeeping, personal protective equipment (PPE), fall protection, vehicle safety, excavations, electrical hazards, hazardous materials, material handling, and substance abuse. While visually geared towards the construction industry, the information can be applicable to all blue collar environments and would be a great new employee orientation safety video for onboarding new employees.

Killer Bees, Wasps and Spiders 36 min.

Knowing how to react to a spider bite or a bee sting can save you hours of pain and possibly your life. This video is so comprehensive that it covers everything from bee stinger removal (use your fingernail not your fingers) to spider bite prevention (such as checking your shoes before putting them on). Everything that you will need to protect yourself as much as possible from stings and bites is on this film.

Kitchen Safety and Orientation Training 10 min.

This comprehensive video covers all of the main topics that you would want to cover in orientation or refresher training. Topics include: knife safety, hazard communication, good housekeeping, slips trips and falls, and personal protective equipment need for various kitchen duties. A phenomenal and quick video.

Ladder Safety 9 min.

Ladders are one of the most commonly used pieces of equipment. Regardless of whether you work in an office or on a construction site, a ladder is most likely on the premises. This video guides the viewer through the proper selection and use of many different types of ladders, including: step ladders, 'A' ladders, extension ladders, straight ladders and platform ladders.

Landscaping Equipment: Safety and Maintenance 14 min.

This landscaping training video covers commonly used equipment and safe landscaping practices. The landscaping online program covers the general safety rules to follow when operating mowers, cutters, knives, trimmers, and weed eaters. Also it covers safety when dealing with chemicals and hazardous materials associated with this industry.

Lead Safety 15 min.

Even despite recent regulations regarding lead safety, lead is present in our lives more than the average person realizes. Use this video to teach the proper procedures on maintaining a safe environment when dealing with lead, and ways to minimize its impact on each employee.

Lifting and Stretching: A Back Owner's Guide 18 min.

Maintaining the 'power position' is the main theme of this lifting and stretching safety training program. There are three natural curves in every person's spine, that when kept in line, are the biggest help to reducing back strain. This back safety video provides three rules to utilize when lifting safely with maximum safety: keep the object close and the curves in your spine, build a bridge between you and the object, and always go feet first. Also covered is warm up and preventative exercises to help your body be ready for strenuous movement.

Lifting Safely: Cranes, Chains, Slings and Hoists 11 min.

Pendant, or hand controlled, overhead cranes or hoists are one of the most useful aids for material handling in the workplace today. This is an excellent crane safety training program for anyone using overhead cranes/jib hoists. Every person who works near or with cranes should understand the basic safety rules. Designed for anyone operating hoists or cranes, this OSHA crane safety video explains sling angles, safety techniques, crane rigging safety and inspection procedures. Anyone operating this equipment must be trained, so this crane safety video meets OSHA training requirements.

Lockout / Tagout Safety for Affected Employees 7 min.

This lockout tagout safety video is geared towards employees affected by lockout tagout procedures rather than employees utilizing the lockout tagout procedure for maintenance. It teaches the employees the purpose behind locking and tagging out and explains the various types of locks and tags and their purposes.

Lockout / Tagout: Taking Control 18 min.

This is a phenomenal lockout tagout training video detailing the ins and outs of lockout tagout procedures in a construction environment. It provides a step by step process for shutting off power and the releasing energy from any source on the jobsite. Despite the construction atmosphere, this film would be beneficial to anyone who works around hazardous energy and needs to be warned of lockout tagout safety.

Machine Guards: Safety and Responsibility 8 min.

The original concept designs for most machines did not include guarding, in fact every guard that you see has been developed for the task of protecting workers. This video touches on machine guarding dos and don'ts including such topics as lockout/tagout. It is a great, quick film that puts the proper emphasis on respecting machine guards, no-matter the situation.

Managing the Anger to Prevent the Violence 16 min.

Unfortunately, no workplace is immune from violence. But, knowing the truth about workplace violence is the first step in handling it safely and in maintaining a safe and productive workplace. Viewers will learn how to identify the common warning signs of a situation on the brink of danger. Focus is placed on prevention of negative incidents through positive actions, awareness and effective communication.

A Million Excuses... 10 min.

This online training safety video strikes a blow to the heart of complacency. In the main part of this health safety video, dozens of typical excuses for why safety guidelines or safety equipment are ignored are each answered and rebutted. This safety training video keeps the viewer's attention with it's off the wall responses and workplace safety guideline that are conveyed to the viewer. All around, this occupational health and safety training program is an important health and safety video.

Mosquitoes: What You Need To Know About the West Nile Virus 8 min.

It is not well known that something as minor as a mosquito bite can have adverse effects on your health. This film teaches how mosquitoes can infect a person with diseases such as the West Nile Virus, how the mosquitoes transfer the virus, and steps to prevention, including: getting rid of or sanitizing standing water.

New Employee Orientation 14 min.

It would be difficult to pack more information into a 14 minute film. This film clearly explains, unsafe acts, drug and alcohol policies, machine guards, lockout/tagout, electrical safety, PPE, fire prevention, ladder safety, hazcom and msds, good housekeeping policies, slip trip and fall prevention, lifting safety, and ends with a quick talk on safety awareness. You would be hard pressed to find a new employee orientation video with more information.

New Employee Safety and Orientation Training 13 min.

Designed for the purpose of helping new employees to acclimate to workplace safety and OSHA guidelines, this DVD is packed with OSHA-friendly terms and safety procedures for new employees. It includes information on the use of personal protective equipment (PPE), hazard communication (Hazcom), the need and right to know of all possible hazardous substances on site (MSDS), good housekeeping, proper labeling and handling of hazardous substances in the workplace, and bloodborne pathogens exposure training. The presentation starts employees on the road to achieving the utmost safety and OSHA compliance in their new workplace. Also in Spanish.

New Rules: OSHA Log 300 12 min.

As OSHA is the government agency looking out for the workplace safety training of employees and passing out fines to companies, it is important to keep up with their federally mandated rules. The new OSHA 300 log is a change to record keeping procedures and is detailed in this short OSHA DVD.

Office Ergonomic Principals 14 min.

The slogan to this ergonomics video is 'making the job fit the person, rather than the person fit the job.' This recent ergonomics video on office ergonomics covers just about every common office ergonomics situation with proposed tips and techniques to add less pressure and stress to your body throughout the work day. This ergonomics video will help lower repetitive strain injuries, increase carpal tunnel exercises, promote computer workstation ergonomics and help in the creation of an ergonomic standard ergonomics checklist of each person's job to solidify company workstation ergonomics.

Office Safety Basics 8 min.

This short 8 minute film touches on many office safety subjects, including some lesser known hazards. It covers many situations that could lead to a slip or a trip, such as an open drawer or a spill. It also touches on lifting and ergonomic safety, as well as knowing the emergency exits in case of a fire.

Order Picker Safety 9 min.

Order pickers are one of the few machines that allow you to move at great heights, which raises the level of familiarity and training needed to safely operate the machine. This order picker safety video teaches operators how to safely utilize order pickers and use fall protection through live action simulations.

OSHA's Inspection and Citation Process 14 min.

If you fall under OSHA, then use this film to train your staff. With such valuable information as the fact that you can reject any OSHA inspection and request that they instead get a search warrant (giving you time to make adjustments in the case of a surprise inspection), not volunteering information during the inspection, not admitting verbally during the inspection that violations occurred, and the fact that while OSHA inspectors can legally interview any workers on site, they don't have to answer any questions, this film is valuable to all managers and supervisors. While it is filmed at a construction location, the same rules and principals apply, no matter the environment that you work in.

Personal Protective Equipment: Your Last Line of Defense! 19 min.

Get great advice on PPE from the employees themselves in this essential PPE training video. Hear different workers in different environments talk about the importance of PPE, typical (bogus) excuses for not wearing it, and how no matter the circumstances they won't stand for a workplace with unsafe employees. Also heavily covered is proper donning and fitting of Personal Protective Equipment from your head to your toes.

Pesticide Safety 28 min.

An incredibly simple and detailed pesticide safety video. This film consists of two sections: a pesticide handler section, and a section for those who work around pesticides. Information includes: restricted entry Intervals, PPE, chemical labeling, herbicide warnings, insecticide rules and more are covered in this in-depth program.

Power Tool Safety 13 min.

Don't let your familiarity with power tools let you ignore the safety rules specific to each tool. This film is a great reminder for maintenance or construction-site employees.

Powered Pallet Jack Safety 7 min.

The powered pallet jack safety training video successfully illustrates the unique operation of a powered pallet jack including maneuvering. Topics included in this online powered pallet jack training program walkie and walkie-rider safety, load stability, and preuse inspection.

Pre-Trip Inspection: A Circle of Safety 12 min.

This pre trip inspection video discusses the importance of pre-trip inspections. It shows that pre-trip vehicle inspections are a necessary part of every work day before a vehicle is in operation and explains why each point of inspection is checked, and how the inspection can ensure driver safety before the work day even begins. This pre-trip video stresses the importance of the pre-trip safety inspection so that each driver can take responsibility for knowing their own vehicle and how to keep it safe.

Preventing Hand and Wrist Injuries 5 min.

Think about all the wonderful things that your hands and wrists do for you. WHERE would you be without them? Use this quick 5 min. safety training wrist video to heighten awareness in regards to hand and wrist injuries. Cover hand injury prevention, wrist security and general hand injury safety with this compact safety training wrist and hand video.

Preventing Slips, Trips and Falls 11 min.

A fantastic film that shows how to prevent slips trips and falls in a number of different settings. From grease build-up on entryway mats, to getting in or out of high trucks, this safety training video is for anyone.

Proper Lifting, Carrying and Manual Handling of Materials in the Construction Industry 10 min.

This quick 10 minute safe lifting video covers all aspects of safe material handling on a jobsite. Whether lifting by hand, or with a piece of machinery designed to lift heavier objects, this film covers them all. It also covers proper safe storage of different types of materials. This back safety video is a great safe lifting video for anyone working in a construction atmosphere.

Proper Inspection and Use of Scaffolds 13 min.

This excellent scaffolding training video gives you the very in-depth rules to a scaffold pre-use inspection, and shows video of a team correctly inspecting a scaffold at a jobsite. All of the correct measurements are given, no matter what job you are performing from the scaffold. Phenomenal scaffolding safety tips are given for proper usage of a scaffold, even covering things that you would never think of. The video culminates in a quiz designed to test how well the viewer paid attention to the film.

Protect Yourself against Bloodborne Pathogens 12 min.

The focus of this OSHA bloodborne pathogens training video is on three main points: awareness, PPE, and safe work practices. Blood borne pathogens awareness is focused on is by using universal precautions training, or by assuming that any blood that you come in contact with is infected with transmittable blood borne diseases or blood borne viruses. The PPE section focuses on wearing the right PPE in a situation with blood, and matching the type of PPE to the situation encountered. Essentially, you need to have an OSHA bloodborne pathogens exposure control plan. The maintaining safe work practices section details proper decontamination of any area touched by blood; whether it is the clothes that are worn, or the area of the accident. This bloodborne pathogens video also covers proper disposal practices as well as many other bloodborne pathogens safety issues.

Protecting Your Hearing 13 min.

This slightly humorous film emphasizes the importance of hearing protection through the example an elderly couple that worked in loud environments. One wore their hearing protection, the other didn't. This film makes a great point as to how important hearing conservation training can be, and even shows the correct way to insert ear plugs (trust me it is different than you would think). Make sure that proper attention is given to hearing conservation training and the PPE training associated with it.

Respiratory Protection: Maintaining and Using Respirators 12 min.

This intense 12 minute respiratory protection program covers everything you need to know about safely using respirators. Topics include: fit testing training, proper respirator selection, pressure checks, pre-use inspection, and many more OSHA respirator training subjects. This is an excellent, fast paced SCBA video.

Restaurant Safety and Orientation Training 13 min.

A great restaurant safety training film that many restaurant chains use as a new employee standard. In 13 min. it covers everything from knife safety, to preventing slips trips and falls, to fire prevention (including using the P.A.S.S. procedure for fire extinguishers).

Road Rage: Changing Your Attitude 16 min.

Road rage is most often due to an inability to control one's anger and frustrations behind the wheel. Use this film to help your employees realize how to better control their emotions, minimize the road rage, and manage anger constructively when faced with road rage. Viewers will be shown the various actions that often cause drivers to get angry, and how to deal with them so they don't become dangerous incidents.

Road Rage: Highway Havoc 22 min.

Of the 40,000 traffic accidents each year, 1/3 of collisions and 2/3 of deaths are due to road rage. As if those staggering figures weren't enough to prove the importance of this issue, road rage incidents increase at about 8% each year. Use this film to help your employees discover the reasons that they may lose control of their emotions at the wheel, and to cut down on the driving actions that push others to a road rage state.

Rumors, Gossip and Company Confidentiality 18 min.

This film is fantastic! Don't let the age of this video fool you, it gives many example how rumors and gossip can be detrimental to a business. Also covered is confidentiality and privacy issues.

Safe Lifting for Office Workers 8 min.

This lifting safety training video was developed for office workers who need to be trained in safe lifting techniques. The back safety video educates on how the back functions, and using safe lifting techniques. Help your employees learn the OSHA lifting techniques and make sure that they are lifting safely from now on.

The Safe Loading and Unloading of Delivery Vehicles 16 min.

Delivery drivers are in the top 10 of the most dangerous jobs in America, according to the U.S. Bureau of Labor Statistics. Because delivery drivers spend most of their time working alone, knowledge and responsibility for their own safety is imperative to incident prevention. This presentation serves to train delivery drivers on how to be responsible for their own safety as they move through their day, deliver goods, and load or unload their vehicles. Viewers will learn delivery driver risks, how to prepare and secure a load, safely remove the load at delivery, and what to be aware of during loading and delivery. Tips on topics such as ergonomics safety, material handling safety and hand truck safety will be offered to teach the balance between safety and efficient completion of everyday delivery duties.

Safe Operation, Use and Care of Knives in the Kitchen 8 min.

Knife use is essential in any kitchen, so proper use of these potentially dangerous tools is important. Wearing the proper gloves, sanitation issues, and box cutter safety are also mentioned. A superb short film! A must see for anyone working with or around knives.

The Safe Operation and Use of Fire Extinguishers 8 min.

This production is a simple and informative portable fire extinguisher training video program. The information on this fire extinguisher video teaches about classes of fire extinguishers, as well as using the fire extinguisher PASS procedure to extinguish fires before they get out of hand. Make sure that fire extinguisher safety is at the forefront of everyone's mind by using the information on this fire extinguisher video to know what type of safety fire extinguisher is needed for each type of fire.

The Safe Operation and Use of Hand and Power Tools 13 min.

Most people are so comfortable with hand and power tools that they don't take safety into consideration when using them. Use this video to remind them of some of the lesser known safety guidelines regarding tools from wrenches to power drills.

The Safe Operation and Use of Motor Vehicles 19 min.

This film looks to point out many of the lesser known safety issues drivers face out on the road. This includes coverage of on/off ramp safety, choosing the safest lane in which to drive, tool roads, as well as pedestrian and crosswalk safety. This drivers training online safety video is an informative film with real life example footage of things like following too closely, vehicle braking distance, distractions while driving and many other poor driving habits.

Safe Operation and Use of Pneumatic Tools 6 min.

This film helps to train employees on proper safe pneumatic tool safety. Whether using a nail gun, a drill, a grinder, or any other tool connected to compressed air, this video is for you.

The Safe Operation and Use of Welding and Cutting Equipment 9 min.

In addition to being a phenomenal welding and cutting safety video, this welding safety video touches on required PPE for welding, as well as how to weld and how exactly welding works. It also touches on what to do in welding emergency situations.

The Safe Use and Operation of Utility Carts 9 min.

Utility carts are presumably one of the safest means of transportation, often utilized for various purposes within many organizations. However, without proper training and implementation of inspection routines, these otherwise efficient carts can result in accidents involving property damage and serious personal injury. This engaging training video will instruct viewers on how to specifically avoid these dangerous misfortunes. Providing crucial information to either new, or

experienced utility cart drivers, “The Safe Use and Operation of Utility Carts,” will present safety practices, critical knowledge and inspection precautions that should be used by all authorized utility cart operators.

Safe Turning for School Bus Drivers 25 min.

In this presentation, school bus drivers will be shown effective real-example based strategies and methods for effective turning techniques while driving their school bus. This is an important training video for any school bus driver, as effective turning is one of the most integral parts of operating a school bus safely.

Safety Awareness: Real Accidents, Real Stories 14 min.

This high impact, graphic production has injured workers tell their story on how they became complacent and got hurt. It also displays dramatic pictures of actual injuries of mangled arms, hands, and legs to show employees what can happen if they do not pay attention to safety in the workplace.

Safety Awareness II: Real Accidents, Real Stories 18 min.

Safety is an integral part of any job. In this safety training video we will follow the personal stories of workers who have experienced the life altering results of lack of general safety awareness at work. Each story gives us a different perspective and will show just how important it is to stay aware and in compliance with safety procedures at all times. Viewers will learn the importance of safety training as well as the use of personal protective equipment (PPE), general safety awareness and environmental awareness in the workplace. Most of all this video gets to the root of most safety accidents: becoming complacent.

Safety Awareness: The Most Horrifying Accidents You`ve Ever Seen... 9 min.

This safety training video is not for the faint of heart. As the title suggests, this safety video uses shocking and graphic photos and video to get the message of safety awareness across to employees. Safety topics that were ignored and resulted in the accidents shown on the film are: PPE training, good housekeeping, ladder safety, chemical safety (Hazcom training), and of course, safety awareness and complacency issues.

Safety Guidelines for Every Employee 11 min.

Designed for the purpose of helping employees to acclimate to workplace safety and OSHA guidelines, this safety video is packed with OSHA-friendly terms and safety procedures for new employees. It includes information on the use of personal protective equipment (PPE), hazard communication (Hazcom), the need and right to know of all possible hazardous substances on site (MSDS), good housekeeping, proper labeling and handling of hazardous substances in the workplace, and bloodborne pathogens exposure training. The health safety video starts employees on the road to achieving the utmost safety and OSHA compliance in their workplace.

Safety Orientation for Custodial Services and Maintenance Personnel 12 min.

Every topic that you could wish to orient a new maintenance employee to is mentioned in this short 12 minute video. PPE, MSDS, electrical safety, ladder safety, drug abuse issues, machine guarding, lifting, unsafe acts, fire prevention, back and lifting safety, and even safety awareness is covered. This is a great new employee training tool, and is perfect for new hire onboarding.

Safety Orientation for School Bus Drivers 22 min.

Every bus driver has the potential to face an emergency crisis at some point in their career. This video is designed to prepare school bus drivers for the multitude of possible emergencies that they may face on the job, including bus evacuation, intervention strategies, how to safely cross students, and how to diffuse violent situations.

Slips, Trips and Falls: Stranger Than Friction... 20 min.

Slips trips and falls in the workplace are the cause of most incidents and injuries. In this story, we will follow a day in the life of Jim, an average guy who has no idea what he`s about to learn. As we follow Jim through an often humorous day, he learns the difference between slips trips and falls as well as how awareness, proper attention to surroundings and correct usage of safety tools can be the difference between a regular day and a life-altering situation. After this interesting adventure, viewers will have an understanding of the many ways they can prevent themselves and their coworkers from slips trips and falls.

Spanish Phrases for Job Site Safety 13 min.

This Fantastic safety training video educated non-Spanish speakers with the Spanish for the essential job site safety phrases. It is very engaging and requires repetition of the terms for better memory.

Spanish Phrases for Safety: Personal Protective Equipment 13 min.

This great safety training film educates non-Spanish speakers on the proper Spanish names for each piece of personal protective equipment. It is very engaging and requires verbal repetition from the viewer. Think of it as a safety communication video that will help you make sure that everyone is safe.

Stairways, Ladders and Safety 14 min.

Every year thousands are injured and hundreds die on ladders and stairways, so use this video to keep the accidents at your job to a minimum. Also covered are building your own stairways, ladders, and guardrails to fit your unique needs.

Stress Management 19 min.

A doctor talks for 20 minutes about the issue of stress. This could be the most important film that you ever buy. Stress can factor in to any conceivable problem that happens at work and proper identification and handling of stress and various stressors is of paramount importance.

Taking Control of Workplace Violence 16 min.

This video is designed to increase knowledge and awareness of how to control the risk of violence in the workplace. Viewers will be trained on how to spot early warning signs, root causes, managing the conflict resolution process, as well as how to handle workplace violence immediately in order to diffuse troubled situations and provide pre-emptive help for employees who are at risk. Additional topics include: effective hiring and firing procedures, how to use internal and external resources to resolve conflict, and much more.

The Top 25 OSHA Violations 9 min.

Protect your employees and your company by watching this OSHA safety program. This OSHA safety DVD has the potential to be more important than all of your other OSHA training videos and become one of the most essential OSHA safety training videos in your OSHA video collection or OSHA training online program. Look over the 25 most cited OSHA safety topics violations in a different way than before with this OSHA safety video.

The Top Five Things You Need To Know about The Flu 15 min.

In “The Top Five Things You Need to Know about the Flu”, viewers will be taken on a tour of the top five most effective ways to avoid the flu during flu season, and beyond. The reality of the flu will be discussed along with the reality of each individual’s ability to prevent it. After watching this presentation, employees will have the tools necessary to take more responsibility for their own health and likely prevent the flu from affecting themselves and those around them.

Training On the Selection and Use of Respirators 10 min.

This is the most thorough SCBA video on respiratory protection program on the market. It covers donning, doffing, fit-testing training (including how to do a pressure test), proper selection, emergency procedures, seal check, atmosphere guidelines, types of respirators, filters and cartridge canisters, and much more.

Tree Trimming Safety: Avoiding the Hazards through Proper Training 18 min.

Avoid the costly and dangerous hazards that generally accompany tree trimming by using this phenomenal tree trimming safety training video. Insights into situations such as making sure that there is a job briefing prior to, and a safety program tailored to each job done. Other tree trimming tips covered are the unique PPE that tree trimmers must wear, the minimum number of employees to a tree trimming team (and their specific jobs) as well as general chainsaw safety training including a proper pre-use inspection.

Trenching and Shoring: Meeting the Requirements 13 min.

Trenching and shoring are essential tools during any excavation. This in-depth video focuses on OSHA-regulated safety measures and covers on protection from hazards with water accumulation and hazardous atmospheres, and the design of support, shield, and other protective systems.

Trucks, Vans and Other Delivery Vehicles 16 min.

This highly effective driving training video gives drivers training on how to safely operate delivery vehicles before, during and after a delivery. Topics covered include pre-trip inspections, proper truck backing, loading dock safety, proper

turning techniques, truck stopping distance and how to improve bad driving habits. Proper truck driving techniques for vehicles carrying heavy loads and/or passengers in inclement weather and hazardous road conditions are demonstrated. Awareness, practicality and common sense are emphasized in the driving safety tips given.

Violence Prevention on the School Bus 22 min.

Actual events are depicted in this brand new video. Bus drivers will learn skills that can be used to save lives on a school bus such as: how to respond to a hijacking; what are the warning signs; types of preventative measures that can be taken; how students can help alert the driver to potential violence from other students.

What Employees Need To Know About Sexual Harassment 16 min.

Statistics show that 30% female employees are sexually harassed each year. This film looks to define what sexual harassment is, how to avoid it, and what to do when confronted with it.

What is Workplace Discrimination? 13 min.

Federal law demands that all employees must be hired, rewarded or reprimanded strictly based on job qualifications and job performance without regard to race, age, sex disability, religion or national origin. Most people believe this is the right thing to do...or do they? The reality is, discrimination, especially subtle discrimination, and harassment are still common occurrences in your workplace.

Why Dogs Attack... 18 min.

If residential routes are part of your job, then this film is a must see. It covers how to spot an aggressive dog, how to prevent yourself from getting bit, and steps to avoid dogs during your route.

Working Safely in Cold Weather 15 min.

Working safely in cold weather requires more than just the right clothing. This presentation provides viewers with detailed information on how to safely work in cold weather conditions. It will explain how the systems of the body differ in cold conditions, how to spot frostbite and other cold-related illness, as well as how to properly dress and work in the cold months. Prevention is emphasized as viewers are shown signs of distress to look for in themselves or their coworkers and how to safely handle such situations with essential winter safety tips.

Workplace Harassment, Discrimination and Respect 16 min.

Harassment and discrimination are an unfortunate reality in the workplace and are best combated by educating workers on awareness and respectful communication. This presentation will provide employees with tools and examples of how to handle workplace harassment or discrimination in a confidential and professional way. This DVD educates employees on examples of discrimination, harassment and respectful vs. disrespectful behavior. Types of harassment and discrimination covered are: origin, race, religion, culture, age and gender.

Workplace Violence: The Myths and the Mystery 16 min.

Violence: Unfortunately, no workplace is immune to it. But, knowing the truth about workplace violence is the first step in handling it safely and in maintaining a safe and productive workplace. This presentation will dispel any myths surrounding workplace violence and will provide the information that every worker needs to know to remain safe among their coworkers. Viewers will learn how to identify the common warning signs of a situation on the brink of danger. Focus is placed on prevention of negative incidents through positive actions, awareness and effective communication.

WSI: Bloodborne Pathogens 15 min.

Follow two experienced workplace safety investigators as they make their way through an investigation of a serious bloodborne pathogen exposure. In this compelling WSI episode, as we watch the story unfold, we will learn how simple it is for some simple forgetfulness to create serious health and safety issues in regards to bloodborne pathogens training. Both occupational bloodborne pathogens exposure and unanticipated bloodborne exposure will be discussed as well as prevention through knowledge, training, proper use of personal protective equipment (PPE), good housekeeping and bloodborne pathogen exposure awareness.

WSI: Groundskeeping Safety 19 min.

After a frightening incident, expert workplace investigators are called to crack the case. In the midst of the story, viewers will learn about the hazards of exposure to the various machinery and elements of outdoor work environments. In this landscaping online video, emphasis is placed on working in the elements and how to recognize, prevent and handle heat

stress situations. Basically, this is a landscaping video that specializes on preventing complacency from entering into landscaping training.