East Texas

The East Texas region corresponds to Texas Public Health Regions 4 and 5, and includes the following counties.

Anderson	Harrison	Newton	Shelby
Angelina	Henderson	Orange	Smith
Bowie	Hopkins	Panola	Titus
Camp	Houston	Polk	Trinity
Cass	Jasper	Rains	Tyler
Cherokee	Jefferson	Red River	Upshur
Delta	Lamar	Rusk	Van Zandt
Franklin	Marion	Sabine	Wood
Gregg	Morris	SanAugustine	
Hardin	Nacogdoces	San Jacinto	