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Services

**Texas Department of State  
Health Services**

# Transition to Adulthood Learning Collaborative (TALC)

1<sup>st</sup> Quarter Meeting, FY22

November 2, 2021

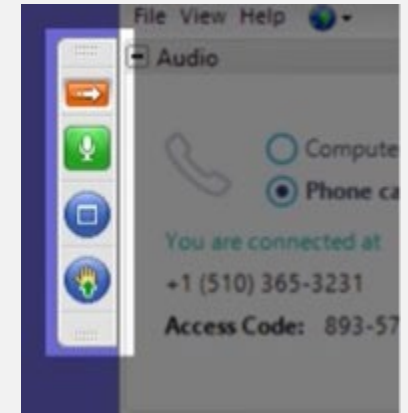
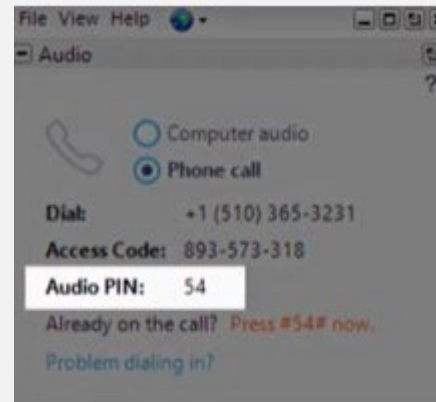


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# Housekeeping

- All lines are in listen only mode
  - To speak, click the raise hand icon and the organizer will unmute your line
- If your computer does not have a mic, please use the phone for audio (phone is preferred)
  - Dial audio pin to enable audio
- Use the Question box to:
  - Communicate with organizers
  - Ask the speaker a question
  - Get help with technical difficulties
- Today's call will be recorded
- Agenda and PDF of slides are available in the Handouts section



# Join the TALC!

To be added to our Transition to Adulthood Learning Collaborative and receive invitations to future meetings, please email Ivy Goldstein at [ivy.goldstein@dshs.texas.gov](mailto:ivy.goldstein@dshs.texas.gov)

# Agenda

- Presentation, *The Peer Mentorship Program, Baylor College of Medicine Transition Clinic*
- Presentation, *Tour of the TEAs New Transition & Employment Guide*
- Child & Adolescent Health Branch (CAHB) Updates
- Opportunities, Upcoming Events, New Resources & Publications
- TALC Member Updates
- Adjourn

# Peer Mentorship for Young Adults with Intellectual/Developmental Disabilities (IDD) Transitioning to Adult Care

Angie Panzica, LMSW

Camille Maya, BS, DDA

Ellen Fremion, MD

Jordan Kemere, MD, MS

**Baylor**  
College of  
Medicine

For more information: Contact [ellen.fremion@bcm.edu](mailto:ellen.fremion@bcm.edu)

# Financial Disclosure

- *Financial Support for the Transition to Adult Care Mentorship Program for Individuals with Developmental Disabilities project is provided by the Texas Council for Developmental Disabilities, with Federal funds\* made available by the United States Department of Health and Human Services, Administration on Intellectual and Developmental Disabilities. \*\$92,782 (73%) DD funds; \$34,537 (27%) non-federal resources.*

## Goals of the Peer Mentorship Program

- Provide an introductory level course to increase knowledge and skills in independently navigating adult healthcare and community supports relevant for adults with IDD
- Practice goal setting, problem solving, and self-advocacy skills
- Provide an opportunity to build trusting relationships and community for adults with IDD.

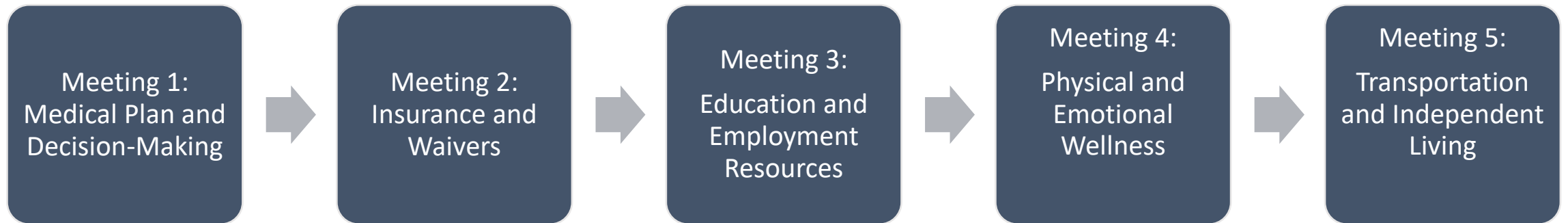


# Mentorship Orientation

- 5 mentors and 10 mentees are selected
  - Mentors
    - An adult with a developmental disability who was actively navigating their own health care and community resources with little to no assistance. They need to have a coaching mindset.
  - Mentees
    - An adult with a developmental disability not yet navigating independently, but with potential to grow. Their caregiver needs to agree to support their independence development.
- Mentors and mentees complete [mentoringcentral.net](https://mentoringcentral.net) online training
- Mentors receive training on active listening and problem solving
- Both receive training on healthy boundaries and goal setting

# Mentorship Program Overview

- Group meetings with mentors and mentees are once per month
- Group meetings consisted of a mentor presentation, community guest presenter, and breakout mentorship groups for goal setting
- 2 weeks after each meeting: mentor and mentees by phone to follow up on goals



# Mentor Huddles

- 30 minutes before the group meeting, mentors meet to discuss successes and challenges with helping their mentees meet their goals
- We review a mentoring tip for the day:

## Session 1

- **Creating a mentorship environment**



## Session 2

- **Supporting Goal Setting**



## Session 3

- **Review Active listening and Problem Solving**



## Session 4

- **Staying on track with your goals**



## Session 5

- **Promoting self-advocacy and mentoring beyond the program**

## Measurements used:

- Waisman Activities of Daily Living (W-ADL) Scale
- General Self-Efficacy Scale
- Transition Readiness Assessment Questionnaire (TRAQ)

1. Maenner, et al. Disabil Health J. 2013

2. Schwarzer, R., & Jerusalem, M. Generalized Self-Efficacy scale.1995.

3. Wood, et al. Transition Readiness Assessment Questionnaire (TRAQ). 2014

# Personnel and Cost

<b>Roles</b>	<b>Description</b>	<b>Hours per month (\$15/hr/6 mo)</b>	<b>Total cost</b>
Organizer	-helps with recruitment, surveys, meeting IT	10 hours per month = 10x15x6	900
Facilitator (can be 1-2 self-advocate(s))	-sends out meeting reminders, coaches mentors on presenting, runs the meeting	15-20 hrs per month =20x15x6x2	3600 (for 2)
Mentors (5 self-advocates)	-paid for training, meeting prep, meeting attendance, follow up with mentees	5-10 hrs per month = 10x15x6x5	4500
		<b>Total Max</b>	<b>\$9000</b>

# The Texas Education Authority's (TEA) Transition & Employment Guide

Elizabeth Danner

Educational Specialist – Secondary Transition Services

Education Service Center Region 13



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# Child and Adolescent Health Branch (CAHB) Updates



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# Child and Adolescent Health Branch

- Manager and CSHCN Director: [Audrey.Young@dshs.texas.gov](mailto:Audrey.Young@dshs.texas.gov)
- Project Coordinator, CSHCN Systems Development Group: [Cassandra.Johnson@dshs.texas.gov](mailto:Cassandra.Johnson@dshs.texas.gov)
- State CSHCN Health Coordinator: [Ivy.Goldstein@dshs.Texas.gov](mailto:Ivy.Goldstein@dshs.Texas.gov)
- State Adolescent Health Coordinator: Open position
- State Child Health Coordinator: [Claire.Niday@dshs.texas.gov](mailto:Claire.Niday@dshs.texas.gov)
- Family Engagement Specialist: [Eric.Childress@dshs.Texas.gov](mailto:Eric.Childress@dshs.Texas.gov)
- Program Specialist for Branch: [Megan.Holter@dshs.texas.gov](mailto:Megan.Holter@dshs.texas.gov)
- Administrative Assistant: [Tammy.vela@dshs.texas.gov](mailto:Tammy.vela@dshs.texas.gov)



# Join our Team!

We have two opportunities to join our program in Austin. Follow the links below for the full job descriptions.

- [CSHCN Community Resources Coordinator](#)
- [State Adolescent Health Coordinator](#)

PLEASE share with others you think may be interested.

Thank you!

# Opportunities, Upcoming Events, New Resources & Publications



# Conferences

- 2021 East Texas Transition Conference featuring Temple Grandin
  - November 5<sup>th</sup> **(This Friday!)**
  - Virtual and FREE
  - Register [HERE](#)

**EAST TEXAS  
TRANSITION  
CONFERENCE  
2021**

**FRIDAY  
NOVEMBER 5<sup>th</sup>  
8:00 a.m.- 4:30 p.m.**

**ONE-DAY  
ONLINE  
CONFERENCE**

**ABOUT CONFERENCE**  
This free conference focuses on the transition of youth with different abilities into adulthood.

**Social Work CEUs  
and Education CPEs  
Available**

**REGISTRATION**  
[www.etxtc.com](http://www.etxtc.com)

**SPONSORED IN PART BY**

**For more information visit the website at [www.etxtc.com](http://www.etxtc.com) or email [sdorsey@cprcil.org](mailto:sdorsey@cprcil.org)**

**Dr. Jackie Reavis**  
Keynote

**Dr. Temple Grandin**  
Conference Spotlight

ACCESS HealthPartners ELOOM

# Health Care Transition Research

- **Health Care Transition Research Consortium is seeking self-advocates and parents** to collaborate with interdisciplinary professionals on a project to foster advances in the science and practice of health care transition.
  - For those interested in learning more about this proposed project, please contact either Cecily Betz ([cbetz@chla.usc.edu](mailto:cbetz@chla.usc.edu)) or Maria Ferris ([maria\\_ferris@med.unc.edu](mailto:maria_ferris@med.unc.edu)) for more information.

# Opportunity Knocks!

- The **Center for Advancing Policy on Employment for Youth (CAPE)** is seeking youth with **disabilities between the ages of 16 and 24** to participate in a working group with 25 state leaders.
- The **Youth and State Leaders Working Group** will discuss issues that youth with disabilities face during their transition to adulthood. The selected youth will work with state leaders to improve youth with disabilities' transition from high school to employment or post-secondary education.
- [Learn about participating in the youth and state leaders working group](#)

# Adolescent Health Initiative Connection Session

- [Adolescent Health Initiative 2021 Connection Session](#), *Racial Equity in Adolescent Health Care: Developing an Anti-Racist Practice*
  - November 17, 11 am – 3:30 pm (CT)
  - Virtual
  - Registration opens August 17<sup>th</sup>
  - Designed to support learning around adolescent health and its many intersections for an interdisciplinary audience of health care professionals, including physicians, nurses, social workers, health center managers, and other youth-serving community professionals
  - Continuing education credits will be available for attending

# Workshops

- Disability Employment Workshop Series: Practical Skills for Workplace Preparation. Register for both sessions [HERE](#)
  - **Interview Preparation**  
Nov. 17, 2021 | 11 AM to 12:15 PM  
This session will cover interview do's and don'ts, how to practice and prepare for an interview, disability status disclosure, requesting accommodations, interview attire, and post-interview steps for success
  - **Professionalism in the Workplace**  
December 15, 2021 | 11 AM to 12:15 PM  
The last session of the workshop series will discuss professional attire, accommodation requests, workplace expectations, and strategies for professional development.

# Survey for Adults with Disabilities

- **COVID–19 Vaccination Survey for Texas Adults with Disabilities**
  - Survey will collect information on the perceptions and experiences of adults with disabilities about COVID-19 vaccination.
  - Must live in Texas AND be an an adult (18+) with a disability OR be a caregiver to an adult with a disability.
  - Link to survey is [HERE](#)
  - For a paper version of the survey, please email [smagana@austin.utexas.edu](mailto:smagana@austin.utexas.edu). Texas Center for Disability Studies at UT Austin will mail the paper survey to your preferred address.
  - All responses are confidential
  - **Your Voice Matters!**



# Family Engagement

- Texas Parent to Parent (TxP2P)
  - [South Texas Virtual Conference](#)
    - Friday, November 12th, 2021  
10 AM - 2:10 PM
    - Register [HERE to register](#) and download session descriptions [HERE](#)
  - Family Support open calls via Zoom- For families to discuss what is going on and see if the TxP2P community can help with resources and ideas. Or, just hang out to connect with other families.

In English:	In Spanish:
Wednesdays at 11 am (CT)	Wednesdays at 1 pm (CT)
Register <a href="#">HERE</a>	Register <a href="#">HERE</a>
- To reach the Family Support Program, call (737) 484-9044

# Upcoming Conference

- 2022 Virtual Central Texas African American Family Support Conference - registration is [open now](#).
  - Learn about mental health, intellectual and developmental disabilities, and substance use disorders
  - February 8-9, 2022

# Health Care Transition

- [What is Health Care Transition? HCT 101](#)
  - Got Transition's new animated video created in close collaboration with young adults from Wisconsin, a real "for youth/young adults, by youth/young adults" project. Please share widely!
- [Transition Activities for At-Home Learning](#)
  - The Student-Centered Transitions Network compiled ideas on how families can help support their child's transition to life after high school.

# Recreation for Adults & Families

- Morgan's Wonderland Camp
  - Opening in 2022
  - The 1<sup>st</sup> camp where EVERYONE can play
  - For ALL ages and abilities
  - Summer camp fun all year-round
  - Zip lines, archery, climbing walls, swimming, and more
- Applications are open!
  - <https://morganswonderlandcamp.com/>



# The Arc of the United States

- The Arc's Center for Future Planning [new videos](#):
  - Special Needs Trusts and ABLE Accounts: How are They Different?
  - Pooled Special Needs Trusts
- View all their videos [HERE](#)

# Texas Health Steps

- New Online Learning Module:
  - [Social Isolation and Loneliness: Effects on Children and Adolescents](#)  
Learn about the causes and effects of social isolation and loneliness, along with recommendations for addressing them with teens and their families.

# New Publications

- Journal of Adolescent Health, [Healthcare Access and Utilization for Young Adults With Disability: U.S., 2014–2018](#) (Abstract)
- Psychiatric Rehabilitation Journal, [Factors that hinder or facilitate the continuous pursuit of education, training, and employment among young adults with serious mental health conditions](#)

# Worth Repeating

- [Genetics of Adult Intellectual Disability Research Study | BCM-HGSC](#)
  - Researchers at the Human Genome Sequencing Center at Baylor College of Medicine want to learn about the genes underlying intellectual disability. For more information, [www.hgsc.bcm.edu](http://www.hgsc.bcm.edu)
- [UNT ELEVAR - Empower, Learn, Excel, enVision, Advance, Rise](#)
  - University of N. Texas, 4 year inclusive postsecondary education program for students with I/DD
  - Vision- To empower young adults with I/DD who want to continue post secondary education to become self-determined, independent, and health adults readied for integrated competitive employment
  - Begins Fall 2021 with ~ 5 students (applications were due 2/1/21)
  - **Program will expand to 10 -12 students in 2022-23**



# Adult Caregiver Research Study

- Purpose: To learn if there are racial/ethnic disparities in COVID-19 for caregivers of adults with intellectual and developmental disabilities (IDD)
- Who is eligible? Family caregivers of adults (18 years and older) with IDD and are dependent on the caregiver daily needs such as dressing, bathing, food preparation, safety/supervision, and/or medical care
- What's involved? Completing a 15 -20 minute online survey:
  - English: <https://redcap.link/kltk5mk>
  - Spanish: <https://redcap.link/9z9ez439>
- \$20 gift card for completing the survey
- For more information, please contact Dr. Larry Laufman,
  - Email: [llaufman@bcm.edu](mailto:llaufman@bcm.edu)
  - Phone: (713) 798-2854

Baylor  
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MARGARET M. & ALBERT M. ALDRIDGE  
DEPARTMENT OF  
MEDICINE  
TRANSITION  
MEDICINE

# TALC Member Updates



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Two training programs at Texas A&M University –  
APPLICATIONS OPEN FOR SUMMER 2022 AND FALL 2022



# Work and College Opportunities (W.A.C.O.)



# Work and College Opportunities (W.A.C.O.) Program

- The WACO program is a 5-week program held in the summer on A&M campus for young adults with a disability.
- Participants receive development and instruction in professionalism, self-determination, self-advocacy, teamwork, assistive technology, independent living skills, and other related areas connected to employment and college attendance while participating in a paid work experience.



# 5 Week Summer Work And College Opportunities Training



**Virtual Option**



**In-Person Option**

**These two options run concurrently**



# Website:

<https://cdd.tamu.edu/education/waco-project/>



# Horticultural Options in Plant Sciences (H.O.P.S.)





# Horticultural Options in Plant Sciences (H.O.P.S.) Project

- The HOPS Project is a **two semester** (approximately 32 weeks) training program.
- The **purpose** of the program is to provide instruction and support to individuals with disabilities to **gain the necessary skills and experiences in work readiness** in order to successfully transition into competitive integrated employment **in the horticulture industry.**



# Horticultural Options in Plant Sciences (H.O.P.S.) Training

*Three training tracks, Floral Design, Landscape Management, Greenhouse/Nursery*

Earn industry recognized credentials in one of the three career fields below.

Career Fields (Areas of Concentration)  
*Choose One (1)*

## Floral Design

- Floral Artist
- Floral Clerk
- Floral Specialist
- Florist, Flower Shop Laborer
- Wedding Decorator

## Landscape Management

- Grounds Maintenance Specialist
- Gardener
- Landscape Specialist
- Landscape Technician

## Greenhouse/Nursery

- Greenhouse Technician
- Harvester
- Plant Nursery Technician
- Orchard Worker
- Propagation Specialist
- Farm Laborer



# Website Address:

<https://cdd.tamu.edu/education/hops-program/>



# CONTACT

***Dr. Xuan (Jade) Wu***

***jade.wu@ag.tamu.edu***

***Luis Castillo***

***Luis.Castillo@ag.tamu.edu***



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# TRANSITION AND RELATED EVENTS TO SUPPORT TRANSITION NEEDS

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Presentation to HHSC, Transition to Adulthood Learning Collaborative

November 4, 2021



The University of Texas at Austin

**Texas Center for Disability Studies**

# TEX4S

*educate. empower. employ. excel.*

- E4Texas is a post-secondary opportunity for people with or without a disability, who are over the age of 18, who have a high school diploma, and are employment-focused.
- The E4Texas 3-semester experience combines classroom instruction with practical career building experiences, independent living skills, and self-determination.
- During the course, students will learn the main aspects of independent living, will receive their caretaker certification, and will be supported as they find jobs in their final semester.



# How Can I Apply?

You can fill out an [application](#) on our website for the [E4Texas Program](#).  
You can also find an FAQ document on our website as well!



# TEX4S

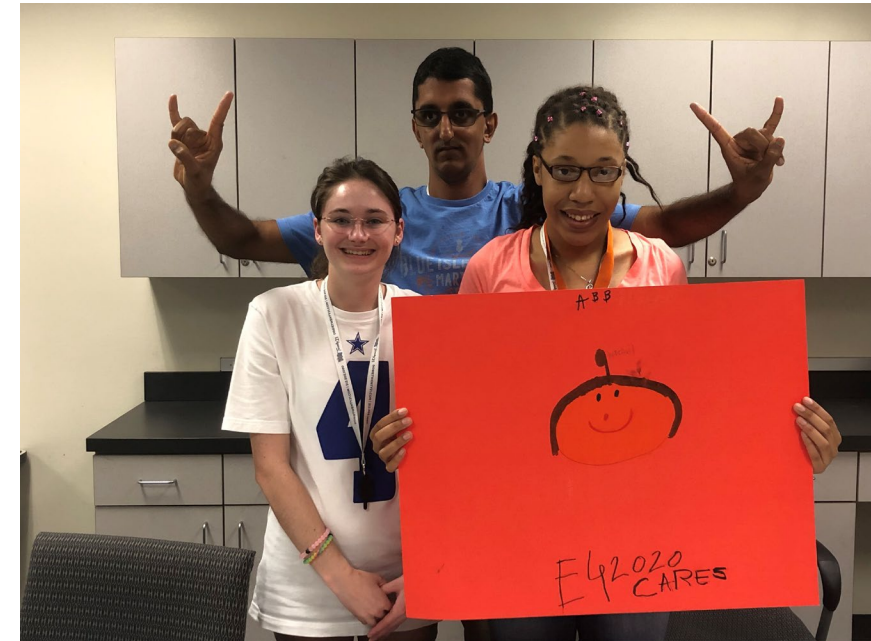
educate. empower. employ. excel.

## Want to learn more?

Contact the program coordinators today:

[Joe Tate](mailto:joetate@utexas.edu) at joetate@utexas.edu

[Jigna Patel](mailto:jigna.patel@utexas.edu) at jigna.patel@utexas.edu





# THE TEXAS CENTER FOR DISABILITY STUDIES

## E4TEXAS VIRTUAL OPEN HOUSE

**When: Thur Nov. 18, 2021  
7 - 8 P.M. CST**

Want to learn more about the E4Texas post-secondary program at the University of Texas-Austin? Interested in hearing personal testimonies from current E4Texas students? Attend the E4Texas Virtual Open House to learn more and ask questions about how you can apply to this transition program!

Registration link: [https://utexas.zoom.us/webinar/register/WN\\_SabPu2BETgfvYXdYbXm4Q](https://utexas.zoom.us/webinar/register/WN_SabPu2BETgfvYXdYbXm4Q)

Have questions, contact: [Jigna Patel](mailto:jigna.patel@utexas.edu) at [jigna.patel@utexas.edu](mailto:jigna.patel@utexas.edu)

# Genetics Educational Webinars

Next Event:

Person Centered Practices, Laura Buckner, M.Ed., LPC, Mom

Date: Dec 8, 2021

Time: noon

Register: [Contact Susan](#)

## Need:

Families and professionals are not aware of available genetics services or testing, nor resources for the ongoing care of individuals. There is a limited number of practicing geneticists clustered in urban regions of the state, leaving unmet needs across the state of Texas.

## Aim:

Educational Webinars: Information for health professionals including nurses, social workers, licensed psychological counselors, early childhood intervention providers and teachers regarding genetic/genomic testing, treatment, and services in Texas.

Community Seminars: Information to increase the parent or caregiver's knowledge about their child's medical condition, provide means to advocate, provide access to available resources, and increase the ability to access naturally existing and/or external supports.

More info: Susan Fernbach [fernbach@bcm.edu](mailto:fernbach@bcm.edu)



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Texas Center for Disability Studies

# AUTISM CONSORTIUM OF TEXAS

You're invited to attend the next Autism Consortium of Texas meeting.

Dr. Fabiola Vargas Londoño will be presenting

“Impact of Training with and without Cultural Adaptations on Latino Caregivers of Children with Autism.”



Nov. 18 | 5 p.m. CST

Register today!

<https://tinyurl.com/ACT-Nov>

This meeting will offer 1 CEU.



The University of Texas at Austin

Texas Center for Disability Studies

Steve Hicks School of Social Work

# THANK YOU!!

<https://disabilitystudies.utexas.edu/>

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Ph. [512-232-0758](tel:512-232-0758)  
[nzuna@austin.utexas.edu](mailto:nzuna@austin.utexas.edu)

# Next Meeting Dates

## **Medical Home Learning Collaborative**

Wednesday, January 12, 2022, 10 am – 11:30 am CT

*(date subject to change)*

## **Transition to Adulthood Learning Collaborative**

February, 2022, 12 pm – 1:30 pm CT

*(exact date to be determined)*

# Please remember...

We value your feedback!

**Please take our post-call survey.**

To be added to our Transition to Adulthood Learning Collaborative and receive invitations to future meetings email:

- [ivy.goldstein@dshs.texas.gov](mailto:ivy.goldstein@dshs.texas.gov)

**Thank You!**