

HIV-Positive Adults in Care in Texas, Medical Monitoring Project, 2009-2014

The Medical Monitoring Project (MMP)

- MMP is a surveillance system funded by the Centers for Disease Control and Prevention and implemented by local health departments. It collects behavioral and medical data about HIV-positive adults receiving medical care in the United States.
- From 2009 to 2014, Texas and Houston MMP sites interviewed 2,679 HIV-positive adults receiving care in Texas. Their responses reflect their experiences during the 12 months before their interview, unless otherwise noted. All data presented are weighted.
- The information in this fact sheet can guide policy decisions, resource allocation, and evaluation of treatment and prevention initiatives.

Characteristics of HIV-Positive Adults in Care in Texas, 2009-2014

- 74% were male, 24% were female, and 2% were transgender
- 50% were men who have sex with men
- 37% were black/African-American, 30% were Hispanic or Latino, and 30% were white
- 27% had been diagnosed with HIV less than 5 years at the time of their interview
- 28% had private insurance, 43% had public insurance only, 23% had Ryan White coverage only, and 5% were uninsured
- 43% had a household income at or below the poverty line
- 6% experienced homelessness

HIV Treatment and Prevention Measures among HIV-Positive Adults in Care in Texas, Medical Monitoring Project, 2009-2014*

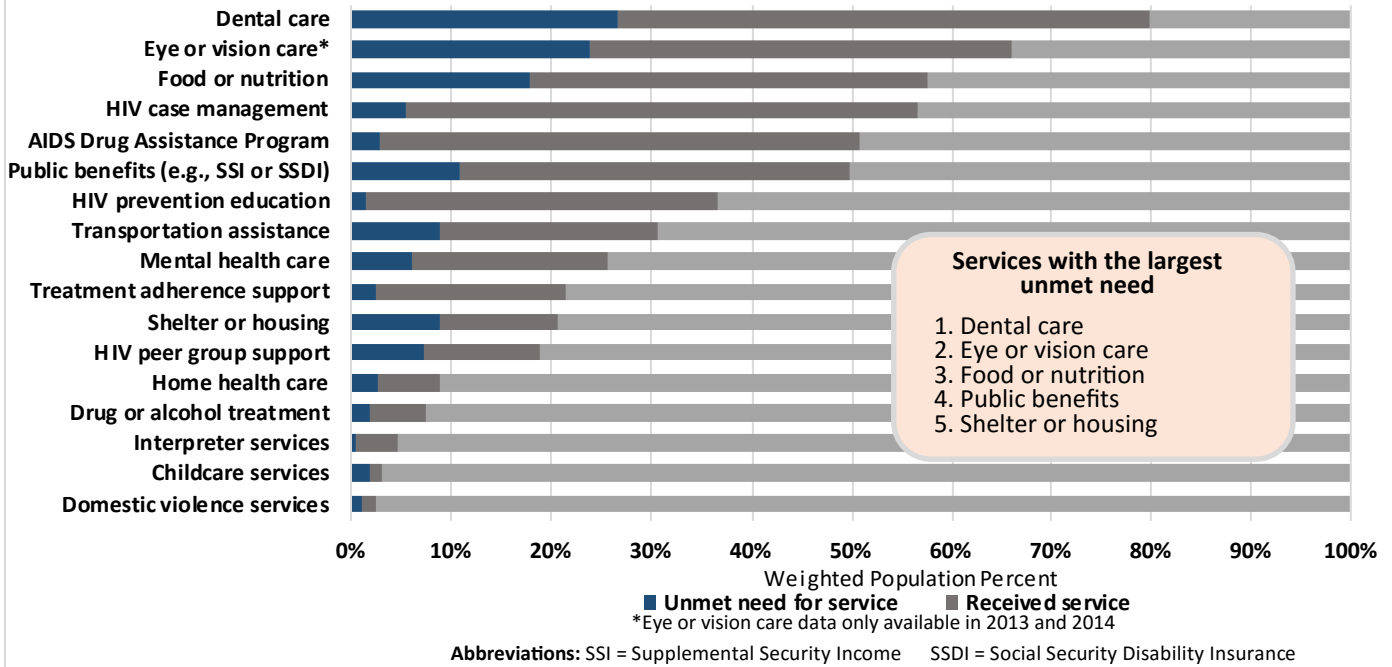
Characteristic	Prescription of ART ^{1,2} (%)	ART Dose Adherence ^{3,4} (%)	Sustained Viral Suppression ^{5,6} (%)	Receipt of Condoms ^{7,8} (%)	HIV Prevention Counseling ^{9,7} (%)
Total	91	84	67	49	40
Age					
18-29 years	82	75	41	64	58
30-39 years	89	82	61	54	44
40-49 years	92	85	67	49	39
≥50 years	94	85	78	42	32
Gender					
Male	92	85	69	50	39
Female	90	80	61	46	42
Transgender	91	72	68	50	34
Race/Ethnicity					
Black/African-American	88	81	59	51	47
Hispanic/Latino	93	85	72	58	42
White	92	85	72	38	28
Insurance					
Any Private Insurance	91	86	73	34	33
Public Insurance Only	93	84	66	53	40
Ryan White Coverage Only	95	81	69	62	45
Uninsured	58	80	38	48	46
Sexual Behavior					
MSM ⁸	90	84	67	50	38
MSW ⁹	92	87	65	46	38
WSM ¹⁰	90	79	58	45	42

*All data are from the past 12 months unless specified otherwise; ¹Antiretroviral therapy; ²Documented in the medical record; ³Self-reported; ⁴Past three days;

⁵All viral loads in past 12 months undetectable or <200 copies/ml; ⁶Received free condoms, not counting those given by a friend, relative, or sex partner;

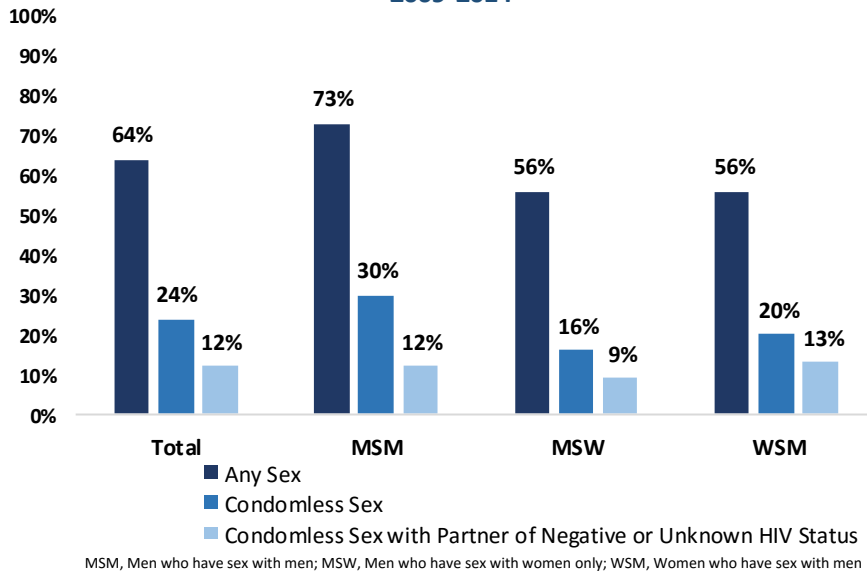
⁷Given by a healthcare provider; ⁸Men who have sex with men; ⁹Men who have sex with women only; ¹⁰Women who have sex with men

Met and Unmet Needs for Services among HIV-Positive Adults in Care in Texas, Medical Monitoring Project, 2009 – 2014



Behavioral and Clinical Characteristics

Sexual Behavior in the Past 12 Months among HIV-Positive Adults in Care in Texas, Medical Monitoring Project, 2009-2014



Notes: any sex = any oral, anal, or vaginal sex from 2009 to 2013, but in 2014 oral sex was excluded; condomless sex = vaginal or anal sex without a condom; condomless sex with HIV-negative or unknown-status partner=engaged in condomless sex with an HIV-negative partner or a partner whose status was unknown; all sexual behavior information is self-reported.

Documentation of MMP methods can be found here: http://www.cdc.gov/hiv/pdf/HSSR_MMP_2010-PDF01.pdf

Substance Use¹

- 36% were current smokers
- 18% engaged in binge drinking²
- 2% used injection drugs³

¹Self-reported

²Binge drinking is defined for men as 5 or more drinks in a sitting in the past 30 days and for women as 4 or more drinks in a sitting in the past 30 days.

³Past 12 months

STD Testing Among Sexually Active Persons in the Past 12 Months

- 59% were tested for syphilis
- 26% were tested for gonorrhea
- 28% were tested for chlamydia

Influenza Vaccination in the Past 12 Months

- 79% received an influenza vaccine

Questions? Contact us:

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Texas Department of State Health Services



<http://www.cdc.gov/hiv/statistics/systems/mmp/>

<https://www.dshs.texas.gov/hivstd/>