

Understanding the Circle of Support

When we engage the full circle of community support, we increase opportunities to “move the needle” and decrease sleep-related infant deaths. When everyone works together, parents and caregivers receive the support they need.

Facilitators: Reinforce use of the **Let's Talk - Circle of Support** document with community educators to help identify others in their community that may benefit from the Let's Talk training.

Community Educators: Encourage parents and caregivers to identify their individual circles of support and to share their plans for safe infant sleep with everyone in that circle. This will help to empower them to ask for resources based on their identified needs no matter where they are in their parenting journey.

The **Let's Talk Circle of Support** is a system of people, information, and resources related to a person. It can include many types of organizations. It may change based on the needs of the person and available resources.

Let's Talk - Safe Infant Sleep

Share information and resources within your circle of support to increase safe infant sleep practices.

Adapted from the Circle of Care model by Price & Lou (2013)

Circle of Support

Caregivers - Who in my community can I provide information to about safe infant sleep?

Community Educators - Who can I work with to share resources about safe infant sleep?

Before Baby

Beyond

Before Baby

Beyond

Your Circle of Support

Around Birth

After Birth

Around Birth

After Birth

Let's Talk - Safe Infant Sleep

Share information and resources within your circle of support to increase safe infant sleep practices.